



Welcome to The Welsh Festival of Swimming Swansea Meet

**City of Swansea Aquatics are hosting the gala on behalf of
Swim Wales**

Saturday 7th to Monday 9th August 2021



Thank you to the officials, technical team and the numerous volunteers for all their help before and during the meet.

Clubs competing at
The Welsh Festival of Swimming Swansea Meet

Aberavon SC
Bridgend County Swim Squad
Buckley SC
Celtic Dolphins
Chirk Dragons
Clwb Nofio Bangor Swim Club
City of Cardiff SC
City of Newport SC
City of Swansea Aquatics
Conwy
Heads of the Valley SC
Holywell
Llanelli ASC
Merthyr SC
Neath ASC
Newtown SC
Nexus Valley
Nofio Clwyd
Nofio Sir Gar
Pembrokeshire County
Penyrheol SC
RCT Performance
Swansea University
Swim Gwynedd
Torfaen Dolphins
Welshpool Sharks
Wrexham
Wexford Swim Club

Swansea Festival of Swimming

7th – 9th August 2021

Festival Timeline

Please note that in the following timeline most of the original sessions as published in the meet information pack have been split into 2 “mini” sessions. e.g. The original Session 1 is now 2 “mini” sessions 1A and 1B.

The change here is to ensure that we comply with Welsh Government and Wales National Pool operating requirements regarding the number of swimmers and officials on the poolside at any given time.

Day	Session	Warm Up	Start	Finish
Saturday	1A	8.00 – 8.30	8.40	9.30
	1B	10.00 – 10.30	10.40	11.55
	2	12.40 – 1.10	1.20	2.35
	3A	3.20 – 4.00	4.10	4.45
	3B	5.15 – 5.55	6.05	6.55
Sunday	4A	8.00 – 8.30	8.40	9.50
	4B	10.20 – 10.50	11.00	12.05
	5	12.45 – 1.15	1.25	2.25
	6A	3.10 – 3.50	4.00	4.25
	6B	4.55 – 5.35	5.45	6.30
Monday	7A	8.00 – 8.30	8.40	9.10
	7B	9.40 – 10.10	10.20	11.15
	8	12.00 – 12.30	12.40	1.20
	9A	2.05 – 2.45	2.55	3.20
	9B	3.50 – 4.30	4.40	5.30

Swansea Festival of Swimming
7th - 9th August
Updated Programme of Events (23/07/21)

Please note that in the following schedule most of the original sessions as published in the meet information pack have been split into 2 "mini" sessions. e.g. The original Session 1 is now 2 "mini" sessions 1A and 1B. This change is to ensure that we comply with Welsh Government and Wales National Pool operating requirements regarding the number of swimmers and officials on the poolside at any given time.

Saturday 7th August				Sunday 8th August				Monday 9th August			
Session 1A				Session 4A				Session 7A			
101	Girls	13/14	200 IM	201	Boys	13/14	200 Breaststroke	301	Boys	13/14	100 Freestyle
102	Boys	13/14	200 Backstroke	202	Girls	13/14	200 Breaststroke	302	Girls	13/14	100 Freestyle
103	Girls	13/14	200 Backstroke	203	Boys	13/14	200 Freestyle				
				204	Girls	13/14	200 Freestyle				
Session 1B				Session 4B				Session 7B			
104	Boys	13/14	100 Butterfly	205	Boys	13/14	100 Backstroke	303	Boys	13/14	100 Breaststroke
105	Girls	13/14	100 Butterfly	206	Girls	13/14	100 Backstroke	304	Girls	13/14	100 Breaststroke
106	Boys	13/14	400 Freestyle	207	Boys	13/16	400 IM	305	Boys	13/14	200 Butterfly
107	Girls	13/14	400 Freestyle	208	Girls	13/16	400 IM	306	Girls	13/14	200 Butterfly
								307	Boys	13/14	200 IM
Session 2				Session 5				Session 8			
110	Girls	15/16	200 IM	210	Boys	15/16	200 Breaststroke	310	Boys	15/16	100 Freestyle
111	Boys	15/16	200 Backstroke	211	Girls	15/16	200 Breaststroke	311	Girls	15/16	100 Freestyle
112	Girls	15/16	200 Backstroke	212	Boys	15/16	200 Freestyle	312	Boys	15/16	100 Breaststroke
113	Boys	15/16	100 Butterfly	213	Girls	15/16	200 Freestyle	313	Girls	15/16	100 Breaststroke
114	Girls	15/16	100 Butterfly	214	Boys	15/16	100 Backstroke	314	Boys	15/16	200 Butterfly
115	Boys	15/16	400 Freestyle	215	Girls	15/16	100 Backstroke	315	Girls	15/16	200 Butterfly
116	Girls	15/16	400 Freestyle								
Session 3A				Session 6A				Session 9A			
120	Women	17/Ov	200 IM	220	Men	13/Ov	50 Butterfly	320	Men	13/Ov	50 Backstroke
121	Men	13/Ov	50 Freestyle	221	Women	13/Ov	50 Butterfly	321	Women	13/Ov	50 Backstroke
122	Women	13/Ov	50 Freestyle	222	Men	17/Ov	200 Breaststroke	322	Men	17/Ov	100 Freestyle
123	Men	17/Ov	200 Backstroke	223	Women	17/Ov	200 Breaststroke				
124	Women	17/Ov	200 Backstroke								
Session 3B				Session 6B				Session 9B			
125	Men	13/Ov	50 Breaststroke	224	Men	17/Ov	200 Freestyle	323	Women	17/Ov	100 Freestyle
126	Women	13/Ov	50 Breaststroke	225	Women	17/Ov	200 Freestyle	324	Men	17/Ov	100 Breaststroke
127	Men	17/Ov	100 Butterfly	226	Men	17/Ov	100 Backstroke	325	Women	17/Ov	100 Breaststroke
128	Women	17/Ov	100 Butterfly	227	Women	17/Ov	100 Backstroke	326	Men	17/Ov	200 Butterfly
129	Men	17/Ov	400 Freestyle	228	Men	17/Ov	400 IM	327	Women	17/Ov	200 Butterfly
130	Women	17/Ov	400 Freestyle	229	Women	17/Ov	400 IM	328	Men	15/Ov	200 IM

Invitation to the Festival of Swimming WNPS Virtual Briefing

Thursday 5th 7-8pm via Zoom

All attendees are invited to attend a virtual briefing for the Festival of Swimming taking place in Swansea at the Wales National Pool. The briefing will take you through the new procedures including lateral flow testing and onsite protocols. There will be an opportunity to ask questions.

Aquatic Development is inviting you to a scheduled Zoom meeting.
Join Zoom Meeting

<https://swimming.zoom.us/j/87584384425>

Meeting ID: 875 8438 4425

Passcode: 114178

One tap mobile

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+44 131 460 1196 The United Kingdom

Meeting ID: 875 8438 4425

Passcode: 114178

Find your local number: **<https://swimming.zoom.us/u/keAFLlfbmj>**

ACCESS FOR THE EVENT: Clubs are to access the competition through the side entrance on the right of the Wales National Pool. Clubs are requested to arrive and organise their swimmers competing in each session so that they check in together. Swimmers are required to queue maintaining a 2m distance and have their lateral flow test results ready. Swimmers are to arrive beach ready and remain within the main pool hall environment.

MARSHALLING: Swimmers will be called to marshalling by the announcer. It is the responsibility of the swimmer/coaches to ensure that they attend marshalling once called. Swimmers will be directed through marshalling.

SPECTATORS: There are NO SPECTATORS permitted, but Swim Wales are providing a streaming service of the event.

EVENT PROTOCOLS: Please refer to the Festival of Swimming document and follow the protocols set out.

This applies to all participants – swimmers, coaches, officials and City of Swansea Aquatics volunteers and timing operator team as detailed covering:

1. Lateral Flow Testing (LFT) Protocols
2. Track and Trace (T&T) Protocols
3. Social Distancing Protocols
4. Masks

Swim Wales, City of Swansea Aquatics and Wales National Pool have undertaken the risk assessment as detailed.

COACH PASSES: No physical coach passes will be issued.

20 or less swimmers per session – 1 coach

20 or more swimmers per session – 2 coaches

No other club personnel poolside

WARM UP TIMES: TBC

Clubs have been allocated the following lanes for warm up across the weekend. Please refer to the warm up structure.

Coaches must ensure that their teams are supervised during warm up.

Coaches and swimmers disregarding health and safety instructions

will be excluded from the warm up.

Please ensure that all swimmers exit the pool at the side and do not climb out over the timing pads as this cause damage to the pads and lead to delays in the meet.

DATA PROTECTION: Submission of entries implies consent to the holding of any personal data collected and used by City of Swansea Aquatics in accordance with the Data Protection Act 1998 and General Data Protection Regulations (GDPR) May 2018. These details may be made public before, during or after the meet. All data will be recorded privately, securely stored and disposed of when no longer needed. You have the right to view your personal data and request its deletion under GDPR.

We look forward to welcoming you to The Welsh Festival of Swimming Swansea 2021



Event Delivery Protocols – Festival of Swimming

August 7-9th Wales National Pool Swansea

1. Lateral Flow Testing (LFT) Protocols

All attendees of a Swim Wales competition/event must adhere to the following LFT protocols:

- Attendees are required to self-administer a lateral flow test within 24 hours before arrival - these can be ordered from the NHS on the link below: <https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests>
- Complete the lateral flow test as per instructions, taking specific notice of the length of time required to leave the test before reading the results
- The result of the LFT must be reported to the NHS COVID reporting system <https://www.gov.uk/report-covid19-result>
- This produces a text notifying of your negative result; this must be shown on the door at arrival
- This process must be completed by everyone in attendance, for each day of attendance, lack of evidence of a negative test will result in no entry the venue
- Non-swimmers (coaches, officials, volunteers, timing operator, announcer etc.) will be given a wristband which must be worn each day
- If your result is positive, you should not leave home and should arrange an NHS PCR test as per Government guidance
- If you have any illness symptoms, do not enter the environment without discussion with your Swim Wales point of contact
- If you have come into contact with anyone with known Coronavirus, do not enter the environment

2. Track and Trace (T&T) Protocol

All attendees of a Swim Wales competition/event must adhere to the following T&T protocols:

- All attendees will be required to 'check in' to the event using the NHS COVID-19 app-a QR code will be available on site

3. Social Distancing Protocol

All attendees of a Swim Wales competition/event must adhere to the following social distancing protocols:

- All attendees must take all reasonable measures to ensure a safe distance of 2 metres is maintained between any persons on the premises
- If you are required to wait to enter the premises, ensure a safe distance of 2 metres is maintained

4. Mask/PPE

All attendees of a Swim Wales competition/event must adhere to the following protocols:

- Masks or appropriate PPE must be worn whilst inside the premises at all times
- Masks may be removed by participants for the purposes for racing/entering the water only