

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

## Event 1 Girls 11-12 400 LC Meter Freestyle

Name	Age Team	Finals Time
1 Dunlinson, Kate L	12 Bridgend Cty	4:57.68
2 Blake, Ffion	12 Co Cardiff	5:03.23
3 Demery, Porsche	11 Swansea Aq	5:04.78
4 Griffiths-Cole, Carys S	12 Bridgend Cty	5:14.92
5 Velasco, Mikayla	12 Co Cardiff	5:16.21
6 Coleman, Harriet F	12 Torfaen D	5:17.09
7 Gronow, Mia	12 Bridgend Cty	5:23.33
8 John, Emilia V	11 Co Cardiff	5:25.63
9 Pritchard, Mia	12 Co Cardiff	5:26.89
10 Cull, Harriett	11 Co Cardiff	5:28.73
11 Beynon, Gracie L	11 Bridgend Cty	5:35.97
12 Thomas, Nyla	12 Neath	5:41.56
13 O'Mahoney, Kaitlin	11 Neath	5:44.79
14 Bridgewater, Mia	11 Torfaen D	5:57.46
15 Williams, Georgia	12 NexusValleys	5:58.24
16 Woods, Kathryn	12 Brecon	6:00.67
17 Lawler, Sadie	11 Neath	6:06.64
18 Lewis, Hollie	11 Bridgend SC	6:10.56
19 Cooper, Megan	11 Neath	6:10.67
20 Evans, Ella	11 Co Cardiff	6:11.79
21 Willis, Meghan R	11 Torfaen D	6:20.95
22 Daly, Kirsten E	12 Bridgend Cty	6:22.09
23 Cole, Grace E	12 Bridgend Cty	6:28.34
24 James, Jennifer	12 Pontypridd	6:32.95
25 Jenkins, Bethany	12 Bridgend SC	6:33.12
26 Cousins, Trinity E	12 Co Cardiff	6:40.67
27 Townsend, Skye S	11 Co Cardiff	6:45.19
--- Davies, Sophie G	11 Co Cardiff	DQ

## Event 1 Girls 13-14 400 LC Meter Freestyle

Name	Age Team	Finals Time
1 Morgan, Bethan E	14 Bridgend Cty	4:45.48
2 Erasmus, Charlotte P	14 Torfaen D	4:47.92
3 Whitelock, Carys L	14 Torfaen D	4:51.70
4 Bond, Sasha	14 Rct Squad	4:55.15
5 Stork, Niamh	14 Co Cardiff	4:57.40
6 Brassington, Sophie	13 Co Cardiff	5:03.84
7 Baker, Alyssa R	14 Torfaen D	5:06.72
8 Manley, Olivia	13 Co Cardiff	5:10.35
9 Hamm, Elli-May	13 Bridgend Cty	5:11.02
10 Greenslade, Holly J	13 Torfaen D	5:12.16
11 Adams, Jaimee R	13 Co Cardiff	5:15.42
12 Davies, Tegan M	14 Bridgend Cty	5:16.50
13 Phillips, Amelia	14 Monnow	5:22.06
14 Skene, Deryn	14 Co Cardiff	5:24.74
15 Hetherington, Verity	13 NexusValleys	5:25.44
16 Jones, Isabelle	14 Torfaen D	5:28.74
17 Jones, Emilia A	14 Bridgend Cty	5:32.53
18 Francis-Parker, Tesni	13 Co Newport	5:33.84
19 Williams, Mali	13 Rct Squad	5:39.20
20 Thomas, Madison A	13 NexusValleys	5:55.75
21 Dawkins, Freya	13 Co Cardiff	5:57.24

## Event 1 Girls 15 &amp; Over 400 LC Meter Freestyle

Name	Age Team	Finals Time
1 Smith, Mia	15 Torfaen D	5:03.49
2 Davies, Lois J	15 Co Cardiff	5:12.06
3 Froley, Megan R	15 Bridgend Cty	5:27.35
4 Powell, Neve M	15 Co Newport	5:55.48

## Event 2 Boys 11-12 400 LC Meter IM

Name	Age Team	Finals Time
1 Martin, Luc A	12 Bridgend Cty	6:08.13
2 Southwood, Charlie M	12 Torfaen D	6:12.39
3 Rescigno, Alberto	12 Co Cardiff	6:14.65
4 Bamborough, Jack	11 Co Cardiff	6:24.62
5 Jones, Joseph T	12 NexusValleys	6:30.42
6 Froley, Iwan C	11 Bridgend Cty	6:54.62
7 Bloomfield, William J	12 Bridgend Cty	6:56.34

## Event 2 Boys 13-14 400 LC Meter IM

Name	Age Team	Finals Time
1 Geysen-Holley, Max	13 Co Cardiff	5:13.54
2 O'Brien, Joshua C	13 Co Cardiff	5:14.14
3 Barnett, Jacob	13 Co Cardiff	5:48.29

## Event 2 Boys 15 &amp; Over 400 LC Meter IM

Name	Age Team	Finals Time
1 Davies, Joseph M	16 Torfaen D	5:11.69

## Event 3 Girls 9-10 200 LC Meter Breaststroke

Name	Age Team	Finals Time
1 Owen, Gracie	10 Merthyr Tydf	3:28.80
2 Jones, Evie	10 Merthyr Tydf	3:32.37
3 Owen, Kessie E	10 NexusValleys	3:36.34
4 Gardener, Hannah B	9 Bridgend Cty	3:38.98
5 Dacey, Mollie M	10 Co Cardiff	3:40.34
6 Solosy, Zahara E	10 Co Newport	4:00.77
7 Bendon, Megan	10 Cwmbarn	4:09.08
8 Bennett, Anja L	10 NexusValleys	4:14.13
9 Scurlock, Poppy	10 Co Cardiff	4:14.33
10 Lewis, Orla Rose	9 Co Cardiff	4:16.25
11 Williams, Eva	10 Rhondda	4:20.49
12 Moseley, Olivia G	10 NexusValleys	4:24.05
13 Barnfield, Daisy R	10 Bridgend Cty	4:26.70
14 Cull, Pollyanna	9 Co Cardiff	4:40.10
15 Guth, Tatjana D	10 Co Newport	5:05.36
--- Bevan, Ellie	9 Bridgend SC	DQ
--- Higgs, Cerys	9 Co Cardiff	DQ
--- Abude, Zarah	10 Rhondda	DQ

## Event 3 Girls 11-12 200 LC Meter Breaststroke

Name	Age Team	Finals Time
1 Croke, Carys S	11 Torfaen D	3:01.00
2 Gilligan, Gracie	11 Neath	3:02.12
3 Davies, Sophie G	11 Co Cardiff	3:06.45
4 Dunlinson, Kate L	12 Bridgend Cty	3:07.86
5 Salmon, Gwen	11 Rct Squad	3:11.00
6 Gibson, Hannah L	12 Chepstow	3:14.58
7 Hughes, Cari	12 NexusValleys	3:15.64
8 Davis, Freya	11 Rct Squad	3:21.50
9 Gronow, Mia	12 Bridgend Cty	3:21.60
10 Evans, Lili M	11 Co Newport	3:29.12
11 Beach, Mia	11 Rhondda	3:29.35
12 Jones, Ella N	11 Torfaen D	3:32.00
13 Bridgewater, Mia	11 Torfaen D	3:32.64
14 Vincent, Caitlyn E	12 Pontypridd	3:32.88
15 Daly, Kirsten E	12 Bridgend Cty	3:36.93
16 Duggan, Emily A	12 Co Cardiff	3:38.52
17 Haddrell, Eva Lily	11 Rct Squad	3:46.57
18 Avraam, Neve E	11 Bridgend Cty	3:46.62
19 Reeves, Lacey	11 Rhondda	3:47.82
20 Lewis, Hollie	11 Bridgend SC	3:49.33

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 3 Girls 11-12 200 LC Meter Breaststroke)**

Name	Age Team	Finals Time
21 Jarvis, Saffi	12 Monnow	3:50.39
22 Gruffydd, Mali P	11 Co Cardiff	3:52.22
23 Jacklin, Isabelle F	11 NexusValleys	3:54.28
24 Woods, Kathryn	12 Brecon	3:55.07
25 Lewis, Cara	11 Bridgend SC	3:56.01
26 Brassington, Lucy	11 Co Cardiff	3:56.72
27 Potter, Elin H	12 Co Cardiff	4:08.54
28 Stacey, Martha E	11 Torfaen D	4:09.16
29 Cousins, Trinity E	12 Co Cardiff	4:09.33
30 Payne, Amalie M	11 Torfaen D	4:16.31
31 Gardener, Louise R	12 Bridgend Cty	4:32.46
--- Townsend, Skye S	11 Co Cardiff	DQ

**Event 3 Girls 13-14 200 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Moriarty, Erin	13 Co Cardiff	2:59.24
2 Fowler, Jasmine S	13 Torfaen D	2:59.79
3 Stork, Niamh	14 Co Cardiff	3:00.82
4 Lewis, Abigail	13 Neath	3:07.19
5 Cook, Seren M	14 Bridgend Cty	3:09.16
6 Evans, Caitlin	13 Neath	3:09.58
7 Hamm, Elli-May	13 Bridgend Cty	3:10.73
8 Page, Lauren-Ann	13 Co Cardiff	3:14.15
9 Jones, Emilia A	14 Bridgend Cty	3:15.07
10 Greenslade, Holly J	13 Torfaen D	3:15.33
11 Meek, Emily	14 Rct Squad	3:17.87
12 Stevens, Ruby	13 Co Cardiff	3:18.90
13 Jones, Isabelle	14 Torfaen D	3:29.84
14 Hale, Chloe	13 Haverfordwest	3:31.60
15 Bateman, Grace	13 Bridgend Cty	3:33.37
16 Skene, Deryn	14 Co Cardiff	3:40.04
17 Howells-Aitken, Neve H	13 Co Cardiff	3:59.25

**Event 3 Girls 15 & Over 200 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Jones, Cerys	15 Co Cardiff	3:28.56
2 Powell, Neve M	15 Co Newport	3:30.83

**Event 4 Boys 9-10 50 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Mills, Ioan R	10 Torfaen D	38.21
2 George, Alexander D	10 Torfaen D	40.64
3 Gilligan, Alfie	9 Neath	41.65
4 Rosser, Ellis R	10 Torfaen D	42.19
5 Buczylo, Fabian	10 Pontypridd	44.89
6 Cobbe, Thomas	10 Co Cardiff	46.62
7 Bryant, Tomos G	10 Bridgend Cty	47.47
8 Robbins, Llyr O	10 Co Cardiff	47.64
9 Caddy, Michael	9 Merthyr Tydf	48.29
10 Morris, Finlay	10 Bridgend SC	50.52
11 Watkins, Oscar K	10 Co Newport	53.71
12 Edwards, Ross K	9 Co Cardiff	54.33
13 Evans, Brody	10 Rhondda	1:03.77
14 Ballantyne, Alex	9 Bridgend SC	1:08.58
--- Davies, Aled R	9 Torfaen D	DQ

**Event 4 Boys 11-12 50 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Davies, Evan M	12 Co Newport	34.43
2 Martin, Luc A	12 Bridgend Cty	35.60
3 Rescigno, Alberto	12 Co Cardiff	35.91

4 Bamborough, Jack	11 Co Cardiff	37.77
5 Caddy, Alexander	12 Merthyr Tydf	38.96
6 Stevens, Henry A	12 Co Cardiff	38.97
7 Newton, James L	12 Torfaen D	39.11
8 Williams, Harry	12 Monnow	39.19
9 Lale, Harvey C	12 Torfaen D	39.44
10 Watkins, Will	11 Bridgend SC	39.74
11 Lewis, Morgan	11 Bridgend SC	40.22
12 Jones, Joseph T	12 NexusValleys	40.36
13 Hughes, Owen	12 Monnow	40.42
14 Davies, Adam	11 NexusValleys	44.63
15 Mamedov, Ravid	11 Co Cardiff	47.22
16 Lewis, Riley	12 Brecon	48.26
17 Aylen, James E	11 Bridgend Cty	48.76
18 Williams, Ben J	11 Rct Squad	54.27
19 James, Jack	11 Abertillery	54.38
20 Hornung, Gruff	11 Co Cardiff	1:05.02
--- Fenn-Ellis, Cohen S	11 Torfaen D	DQ
--- Cackett, Raphael	12 Monnow	DQ

**Event 4 Boys 13-14 50 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Merriman, Ben W	14 Torfaen D	30.52
2 Newton, Oscar	13 Torfaen D	32.12
3 Hughes, Owen g	14 Rhondda	32.52
4 Fowler, Joseph	13 Rct Squad	33.61
5 Coulson, Evan T	13 Torfaen D	34.81
6 Power, Connor H	14 Abergavenny	35.08
7 Dumaoal, Martin Vince	13 Co Cardiff	36.77
8 Jones, Garyn	14 Neath	36.80
9 McGuinness, Charlie D	13 Torfaen D	36.99
10 Evans, Emrys	13 Co Cardiff	37.89
11 Tasker, Gethin	14 Rct Squad	38.38
12 Painter, Morgan	13 Co Cardiff	38.61
13 John, Alexander	14 Rct Squad	40.46
14 Davey, Harry R	13 Torfaen D	46.49

**Event 4 Boys 15 & Over 50 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Wells, Lewis	15 Neath	29.22
2 Rosser, Alex W	22 Torfaen D	29.44
3 Salmon, Carwyn	15 Rct Squad	29.89
4 Jones, Jacob	15 Rct Squad	30.20
5 Weber, Cynan	18 Rhondda	30.88
6 Mullins, Joshua	18 Merthyr Tydf	31.44
7 Stacey, Joseph W	15 Torfaen D	32.44
8 Tan, Nicholas	15 Pontypridd	32.46
9 Belcher, Rhys A	15 Co Newport	33.39
10 Roberts, Dafydd	15 NexusValleys	35.04
11 Hughes, Dylan	16 Monnow	49.62
12 Williams, Dylan R	15 Torfaen D	1:03.76

**Event 5 Girls 9-10 50 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Powell, Ava L	10 Torfaen D	39.35
*2 Crawshay-Williams, Emily J	10 Torfaen D	40.95
*2 Jones, Evie	10 Merthyr Tydf	40.95
4 Sherrard, Emme I	9 Abergavenny	41.97
5 Dacey, Mollie M	10 Co Cardiff	42.94
6 Davies, Seren E	10 Bridgend Cty	43.50
7 Pani, Isabella C	10 Co Cardiff	44.61
8 Downing, Emma	10 Abergavenny	45.32
9 Parfitt, Lucy F	10 Co Cardiff	45.41

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 5 Girls 9-10 50 LC Meter Backstroke)**

Name	Age Team	Finals Time
10 Solosy, Zahara E	10 Co Newport	45.66
11 Evans, Gwennan	9 Co Newport	46.23
12 Jala, Eliana	10 Rhondda	46.24
13 Jenkins, Alice	10 Bridgend SC	46.31
14 Rees, Mylee B	10 Co Cardiff	46.42
15 Buckland, Eleanor H	10 Co Cardiff	46.63
16 Owen, Kessie E	10 NexusValleys	46.74
17 Arlow, Grace E	9 Torfaen D	47.14
18 Knight, Bethan R	9 Torfaen D	47.42
19 Jones, Gabrielle M	10 Torfaen D	48.54
20 Jones, Lola H	10 Torfaen D	48.98
21 Thomas, Caitlyn	10 Neath	49.25
*22 Loosmore, Martha B	9 Co Cardiff	49.40
*22 Gambold, Georgia T	9 Rhondda	49.40
24 Davies, Shannon L	10 Torfaen D	50.16
25 Watkins, Amy	9 Bridgend SC	50.24
26 Carter-Head, Lexi G	10 Co Cardiff	50.43
27 Hancock, Ruby C	10 NexusValleys	50.51
28 FitzGerald, Mali J	9 Bridgend Cty	50.73
29 Barnfield, Daisy R	10 Bridgend Cty	51.47
30 Taylor, Maisie K	9 Bridgend Cty	51.62
31 Higgs, Cerys	9 Co Cardiff	52.70
32 Moseley, Olivia G	10 NexusValleys	52.81
33 Wardell, Cari G	9 Co Cardiff	52.85
34 Williams, Eva	10 Rhondda	53.71
35 Cull, Pollyanna	9 Co Cardiff	54.30
36 Poole, Naomi D	9 Rhondda	54.78
37 Davies, Lily A	9 Bridgend Cty	55.36
38 Guth, Tatjana D	10 Co Newport	55.71
39 Newton, Florence E	9 Torfaen D	56.02
40 Thompson, Lacey S	10 Torfaen D	57.07
41 Bennett, Anja L	10 NexusValleys	58.16
42 Hamm, Ava L	9 Bridgend Cty	58.19
43 Shephard, Kate	9 Rhondda	1:00.87
44 Bevan, Ellie	9 Bridgend SC	1:01.82

**Event 5 Girls 11-12 50 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Davies, Sophie G	11 Co Cardiff	34.65
2 Blake, Ffion	12 Co Cardiff	35.38
3 Badman, Phoebe	12 Rct Squad	36.39
4 Thomas, Ffion	12 Neath	36.52
5 Salmon, Gwen	11 Rct Squad	37.59
*6 John, Emilia V	11 Co Cardiff	37.62
*6 Wright, Pippa	12 Rct Squad	37.62
8 Edwards, Nanci G	12 Torfaen D	38.61
9 Beynon, Gracie L	11 Bridgend Cty	38.68
10 Griffiths-Cole, Carys S	12 Bridgend Cty	38.86
11 Pritchard, Mia	12 Co Cardiff	38.87
12 Velasco, Mikayla	12 Co Cardiff	39.18
13 Vincent, Caitlyn E	12 Pontypridd	39.32
14 Thomas, Nyla	12 Neath	39.41
15 Staples-Vvind, Kaiyah-Jade	11 Co Cardiff	39.68
16 Lewis, Grace E	12 Torfaen D	40.20
17 Woodward, Angharad	11 Neath	40.30
18 Davies, Eleri G	12 Co Newport	40.33
19 Phillips, Daisy	12 Monnow	40.65
20 Duggan, Emily A	12 Co Cardiff	40.67
21 Dubberley, Anwen	12 Rct Squad	40.77
22 Evans, Mari	11 Rct Squad	41.13

23 Williams, Ellise F	12 Rhondda	41.15
24 Buckland, Sophie	12 Co Cardiff	41.30
25 Beach, Mia	11 Rhondda	41.67
26 Avraam, Neve E	11 Bridgend Cty	41.80
27 Gibson, Hannah L	12 Chepstow	41.90
28 Jones, Ella N	11 Torfaen D	42.14
29 Morgan, Alisha	12 Rct Squad	42.28
30 Price, Bethan	11 Bridgend SC	42.57
31 Adams, Isabelle E	12 Torfaen D	42.94
32 Winter, Callie M	11 Co Cardiff	42.96
33 Brassington, Lucy	11 Co Cardiff	43.66
34 Reeves, Lacey	11 Rhondda	43.76
35 Hughes, Cari	12 NexusValleys	43.78
36 Haddrell, Eva Lily	11 Rct Squad	44.32
37 Blake, Emily	11 Co Cardiff	44.42
38 Scourfield, Ruby R	12 Bridgend Cty	44.43
39 Evans, Ella	11 Co Cardiff	44.52
40 Jenkins, Bethany	12 Bridgend SC	44.69
41 Goss, Eden	11 Bridgend SC	45.09
42 Dutton, Lois	12 Rhondda	45.33
43 Stacey, Martha E	11 Torfaen D	45.51
44 Daly, Kirsten E	12 Bridgend Cty	45.52
45 Willis, Meghan R	11 Torfaen D	45.53
46 Lewis, Cara	11 Bridgend SC	45.95
47 Bridgewater, Mia	11 Torfaen D	46.01
48 Cole, Grace E	12 Bridgend Cty	46.30
49 Tarpey, Niamh A	11 Bridgend Cty	46.51
50 Chakraborty, Diya	11 Co Cardiff	46.62
51 Cousins, Trinity E	12 Co Cardiff	47.05
52 Jacklin, Isabelle F	11 NexusValleys	47.26
53 Payne, Amalie M	11 Torfaen D	47.74
54 Smith, Amelia H	11 Co Cardiff	48.01
55 Hughes, Ellie	11 Rct Squad	50.17
56 Leach, Imogen R	11 Rhondda	50.26
57 Townsend, Skye S	11 Co Cardiff	50.78
58 Medcraft, Isabelle M	11 Co Cardiff	51.28
59 Lawrence, Holly	12 Bridgend SC	51.30
60 Niavarani, Liana	11 Co Cardiff	51.39
61 Cheeseman, Rhyannon E	11 Co Cardiff	52.83

**Event 5 Girls 13-14 50 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Marchant, Rhiannon	14 Rct Squad	32.96
2 Bond, Sasha	14 Rct Squad	34.40
3 Jones, Neve	13 Neath	35.38
4 Fowler, Jasmine S	13 Torfaen D	35.57
5 Emes, Eleanor J	13 Torfaen D	35.68
6 Phillips, Amelia	14 Monnow	35.80
7 Illman, Lili D	13 Torfaen D	36.27
8 Moriarty, Erin	13 Co Cardiff	36.30
9 Davies, Tegan M	14 Bridgend Cty	36.40
10 Greenslade, Holly J	13 Torfaen D	36.66
11 Skene, Deryn	14 Co Cardiff	36.99
12 James, Ffion	14 Rct Squad	37.30
13 Davies, Helena	13 Neath	37.41
14 Johnson, Rachel	13 Neath	37.62
15 Price, Ffion	14 Brecon	37.87
16 Erasmus, Charlotte P	14 Torfaen D	38.19
17 Thompson, Ryleigh	14 Rhondda	38.42
18 Thomas, Abigail	13 Neath	38.82
19 Williams, Mali	13 Rct Squad	39.20
20 Beckett, Cerys S	14 Brecon	39.68

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 5 Girls 13-14 50 LC Meter Backstroke)**

Name	Age Team	Finals Time
21 White, Seren	13 Rct Squad	39.75
22 Beach, Dion	13 Rhondda	40.05
23 Adams, Jaimee R	13 Co Cardiff	40.07
24 Thomas, Nansi	13 Co Cardiff	40.32
25 Jones, Isabelle	14 Torfaen D	40.37
26 Hale, Chloe	13 Haverfordwest	41.18
27 Page, Lauren-Ann	13 Co Cardiff	41.47
28 Priday, Ella M	13 Co Cardiff	41.72
29 Jones, Emilia A	14 Bridgend Cty	42.09
30 Dawkins, Freya	13 Co Cardiff	42.87
31 Thomas, Madison A	13 NexusValleys	43.62
32 Davies, Sarah K	14 Torfaen D	43.80
33 Leconte, Seren	14 Rct Squad	44.43
34 Howells-Aitken, Neve H	13 Co Cardiff	46.55

**Event 5 Girls 15 & Over 50 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Addecott, Ffion H	17 Rct Squad	36.27
2 Smith, Mia	15 Torfaen D	36.40
3 Lewis, Becky	15 Rct Squad	41.06

**Event 6 Boys 9-10 100 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Mills, Ioan R	10 Torfaen D	1:25.41
2 Rosser, Ellis R	10 Torfaen D	1:29.69
3 George, Alexander D	10 Torfaen D	1:32.04
4 Buczylo, Fabian	10 Pontypridd	1:35.13
5 Robbins, Llyr O	10 Co Cardiff	1:38.13
6 Dumaal, Marc Rhys A	9 Co Cardiff	1:43.88
7 Morgan, Harri D	9 Co Cardiff	1:45.50
8 Morris, Hari A	10 Co Cardiff	1:45.56
9 Williams, Samuel M	10 Co Cardiff	1:46.51
10 Gilligan, Alfie	9 Neath	1:46.60
11 Edwards, Ross K	9 Co Cardiff	1:46.67
12 Caddy, Michael	9 Merthyr Tydf	1:47.01
13 Bryant, Tomos G	10 Bridgend Cty	1:48.76
14 Davies, Aled R	9 Torfaen D	1:49.90
15 Woodward, Cullen G	10 Bridgend Cty	1:50.22
16 Davies, Thomas W	10 Co Cardiff	1:51.07
17 Ballantyne, Alex	9 Bridgend SC	1:53.07
18 De Leon, Russel D	10 Rhondda	1:53.32
19 Hughes, Gene M	9 Torfaen D	1:55.80
20 Williams, Thomas	10 Bridgend SC	1:56.62
--- Cobbe, Thomas	10 Co Cardiff	DQ

**Event 6 Boys 11-12 100 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Lee, Tristan	12 Co Cardiff	1:13.72
2 Lee, Ethan	12 Co Cardiff	1:13.90
3 Martin, Luc A	12 Bridgend Cty	1:23.12
4 Jones, Rhys M	12 Rct Squad	1:23.72
5 Morgan, Lewis R	12 Bridgend Cty	1:23.99
6 Bamborough, Jack	11 Co Cardiff	1:24.50
7 Davies, Evan M	12 Co Newport	1:26.15
8 Price, Ellis	12 Pontypridd	1:29.08
9 Aylen, James E	11 Bridgend Cty	1:30.88
10 Watkins, Will	11 Bridgend SC	1:31.46
11 Lewis, Morgan	11 Bridgend SC	1:33.82
12 Davies, Adam	11 NexusValleys	1:38.13
13 Mamedov, Ravid	11 Co Cardiff	1:38.71
14 Fenn-Ellis, Cohen S	11 Torfaen D	1:39.25

15 Hornung, Gruff	11 Co Cardiff	1:41.67
16 Williams, Owen	11 Co Cardiff	1:46.10
17 Drew, William	11 Rct Squad	1:49.12
18 De Leon, Ralf D	12 Rhondda	1:50.60
--- Newton, James L	12 Torfaen D	DQ
--- Cackett, Raphael	12 Monnow	DQ
--- Morley, Samuel R	11 Torfaen D	DQ

**Event 6 Boys 13-14 100 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Merriman, Ben W	14 Torfaen D	1:07.22
2 Coulson, Evan T	13 Torfaen D	1:16.03
3 Newton, Oscar	13 Torfaen D	1:18.05
4 Dumaal, Martin Vince	13 Co Cardiff	1:20.27
5 Rosser, Dewi J	13 Torfaen D	1:20.28
6 Tasker, Gethin	14 Rct Squad	1:21.57
7 Thornton, Douglass	14 Neath	1:21.74
8 Watkins, William J	13 Co Newport	1:22.27
9 Painter, Morgan	13 Co Cardiff	1:24.81
10 Evans, Emrys	13 Co Cardiff	1:28.82
11 McGuinness, Charlie D	13 Torfaen D	1:29.21
12 Davey, Harry R	13 Torfaen D	1:38.33

**Event 6 Boys 15 & Over 100 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Wells, Lewis	15 Neath	1:08.54
2 Salmon, Carwyn	15 Rct Squad	1:09.39
3 Napper, Keenan	19 Rhondda	1:11.70
4 Lloyd, Rhys	17 Rct Squad	1:15.52
5 Belcher, Rhys A	15 Co Newport	1:17.82
6 Hughes, Dylan	16 Monnow	1:47.68

**Event 7 Boys 9-10 200 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Mruk, Lucas J	10 Torfaen D	2:40.74
2 Rosser, Ellis R	10 Torfaen D	2:44.85
3 George, Alexander D	10 Torfaen D	2:46.58
4 Prickett, Thomas L	10 Co Cardiff	3:04.47
5 Page, Harry	9 Co Cardiff	3:08.79
6 Robbins, Llyr O	10 Co Cardiff	3:12.88
7 Morris, Hari A	10 Co Cardiff	3:33.25
8 Morgan, Harri D	9 Co Cardiff	3:35.48
9 Ballantyne, Alex	9 Bridgend SC	3:41.91
10 De Leon, Russel D	10 Rhondda	3:52.94

**Event 7 Boys 11-12 200 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Lee, Tristan	12 Co Cardiff	2:16.29
2 Lee, Ethan	12 Co Cardiff	2:22.75
3 Williams, Cai M	12 Bridgend Cty	2:30.96
4 Bamborough, Jack	11 Co Cardiff	2:32.85
5 Martin, Luc A	12 Bridgend Cty	2:34.55
6 Lale, Harvey C	12 Torfaen D	2:37.41
7 Stevens, Henry A	12 Co Cardiff	2:42.18
8 Mruk, Keian J	12 Torfaen D	2:43.28
9 Williams, Harry	12 Monnow	2:43.35
10 Jones, Joseph T	12 NexusValleys	2:43.92
11 Davies, Evan M	12 Co Newport	2:46.44
12 Newton, James L	12 Torfaen D	2:47.23
13 Henschell, Logan	11 Co Cardiff	2:51.24
14 Temby, Jacob	11 Co Cardiff	2:51.27
15 Montgomery, Sammy	11 Fishguard	2:52.24
16 Froy, Iwan C	11 Bridgend Cty	2:53.82

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 7 Boys 11-12 200 LC Meter Freestyle)**

Name	Age Team	Finals Time
17 Bloomfield, William J	12 Bridgend Cty	2:54.37
18 Price, Ellis	12 Pontypridd	2:54.66
19 Hunter, Rauley L	12 Co Cardiff	2:55.85
20 Davies, Adam	11 NexusValleys	2:56.01
21 Watkins, Will	11 Bridgend SC	3:00.13
22 Drew, William	11 Rct Squad	3:23.53
23 Williams, Owen	11 Co Cardiff	3:24.20
24 Mamedov, Ravid	11 Co Cardiff	3:28.19
25 De Leon, Ralf D	12 Rhondda	3:43.70

**Event 7 Boys 13-14 200 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Rosser, Dewi J	13 Torfaen D	2:16.50
2 Newton, Oscar	13 Torfaen D	2:19.67
3 Woodsford, William	13 Co Cardiff	2:26.14
4 Coulson, Evan T	13 Torfaen D	2:32.22
5 Watkins, William J	13 Co Newport	2:32.25
6 McGuinness, Charlie D	13 Torfaen D	2:34.67
7 Dumaoal, Martin Vince	13 Co Cardiff	2:39.10
8 Jones, Garyn	14 Neath	2:42.59
9 Thornton, Douglass	14 Neath	2:44.96
10 Davies, Zachary A	13 Torfaen D	2:45.78
11 John, Alexander	14 Rct Squad	2:46.27
12 Evans, Emrys	13 Co Cardiff	2:46.64
--- Painter, Morgan	13 Co Cardiff	DQ

**Event 7 Boys 15 & Over 200 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Broom, Dylan H	17 Torfaen D	2:03.00
2 Rosser, Alex W	22 Torfaen D	2:04.93
3 Price, Dafydd T	18 Torfaen D	2:05.87
4 Wallace, Joshua	17 Bridgend SC	2:20.20
5 Edwards, Nathaniel H	15 Torfaen D	2:24.45
6 Hughes, Dylan	16 Monnow	3:33.01
7 Williams, Dylan R	15 Torfaen D	3:53.65

**Event 8 Girls 9-10 200 LC Meter IM**

Name	Age Team	Finals Time
1 Owen, Gracie	10 Merthyr Tydf	2:58.89
2 Jones, Evie	10 Merthyr Tydf	3:02.44
3 Gardener, Hannah B	9 Bridgend Cty	3:06.21
4 Kay, Isabelle	10 Rct Squad	3:09.36
5 Powell, Ava L	10 Torfaen D	3:22.10
6 Owen, Kessie E	10 NexusValleys	3:24.14
7 Coombes, Cerys	10 Bridgend Cty	3:28.24
8 Solosy, Zahara E	10 Co Newport	3:31.72
9 Davies, Seren E	10 Bridgend Cty	3:39.19
10 Downing, Emma	10 Abergavenny	3:40.40
11 Jala, Eliana	10 Rhondda	3:42.22
12 Arlow, Grace E	9 Torfaen D	3:43.77
13 Parfitt, Lucy F	10 Co Cardiff	3:46.22
14 Scurlock, Poppy	10 Co Cardiff	3:46.56
15 Lewis, Orla Rose	9 Co Cardiff	3:52.68
16 Higgs, Cerys	9 Co Cardiff	3:55.87
17 Evans, Porscha	10 Co Cardiff	3:56.24
18 Evans, Gwennan	9 Co Newport	3:56.29
19 Miles, Megan	10 Fishguard	3:58.55
20 Rees, Mylee B	10 Co Cardiff	4:01.77
21 Moseley, Olivia G	10 NexusValleys	4:02.02
22 Thomas, Caitlyn	10 Neath	4:02.31
23 Bennett, Anja L	10 NexusValleys	4:02.66

24 Hancock, Ruby C	10 NexusValleys	4:03.16
25 Abude, Zarah	10 Rhondda	4:03.50
26 Davies, Shannon L	10 Torfaen D	4:03.67
27 Buckland, Eleanor H	10 Co Cardiff	4:04.53
28 Thomas, Hannah L	9 NexusValleys	4:15.83
29 Cull, Pollyanna	9 Co Cardiff	4:15.84
30 Loosmore, Martha B	9 Co Cardiff	4:17.37
31 Thompson, Lacey S	10 Torfaen D	4:20.39
32 O'Connell, Cerys E	10 NexusValleys	4:27.04
33 Bevan, Ellie	9 Bridgend SC	5:18.49
--- Guth, Tatjana D	10 Co Newport	DQ
--- Dacey, Mollie M	10 Co Cardiff	DQ

**Event 8 Girls 11-12 200 LC Meter IM**

Name	Age Team	Finals Time
1 Broder, Libby R	12 Torfaen D	2:35.26
2 Dunglinson, Kate L	12 Bridgend Cty	2:40.28
3 Croke, Carys S	11 Torfaen D	2:41.13
4 Blake, Ffion	12 Co Cardiff	2:43.29
5 Gilligan, Gracie	11 Neath	2:46.17
6 Velasco, Mikayla	12 Co Cardiff	2:47.56
7 Watkins, Amelia M	11 Torfaen D	2:48.27
8 Davies, Sophie G	11 Co Cardiff	2:48.79
9 Griffiths-Cole, Carys S	12 Bridgend Cty	2:49.95
10 Cull, Harriett	11 Co Cardiff	2:50.65
11 Salmon, Gwen	11 Rct Squad	2:51.89
12 Gronow, Mia	12 Bridgend Cty	2:51.99
13 Francombe, Romy	12 Bridgend Cty	2:55.23
14 Elias, Anya	12 Co Cardiff	2:55.29
15 Evans, Lili M	11 Co Newport	2:55.61
16 John, Emilia V	11 Co Cardiff	2:56.78
17 Staples-Vvind, Kaiyah-Jade	11 Co Cardiff	2:58.60
18 Jones, Jessica	12 Torfaen D	3:00.50
19 Vincent, Caitlyn E	12 Pontypridd	3:01.24
20 Edwards, Nanci G	12 Torfaen D	3:04.05
21 Davis, Freya	11 Rct Squad	3:06.04
22 Avraam, Neve E	11 Bridgend Cty	3:07.69
23 Barclay, Caitlin I	12 Co Cardiff	3:07.94
24 O'Mahoney, Kaitlin	11 Neath	3:09.06
25 Duggan, Emily A	12 Co Cardiff	3:09.41
26 Woodward, Angharad	11 Neath	3:10.02
27 Jones, Ella N	11 Torfaen D	3:10.82
28 Woods, Kathryn	12 Brecon	3:11.03
29 Lewis, Hollie	11 Bridgend SC	3:12.04
30 Beach, Mia	11 Rhondda	3:14.11
31 Bridgewater, Mia	11 Torfaen D	3:14.29
32 Winter, Callie M	11 Co Cardiff	3:14.54
33 Lawler, Sadie	11 Neath	3:16.94
34 Stamp, Laylah	12 Co Cardiff	3:17.51
35 Rankin, Carys	11 Co Cardiff	3:17.53
36 Phillips, Daisy	12 Monnow	3:17.91
37 Mulford, Eleri	12 Pontypridd	3:18.06
38 Coulson, Evie G	12 Torfaen D	3:18.12
39 Lewis, Grace E	12 Torfaen D	3:18.31
40 Anderson, Holly	12 Co Cardiff	3:18.43
41 Gruffydd, Mali P	11 Co Cardiff	3:18.95
42 Buckland, Sophie	12 Co Cardiff	3:19.45
43 Evans, Ella	11 Co Cardiff	3:24.24
44 Brassington, Lucy	11 Co Cardiff	3:24.43
45 Daly, Kirsten E	12 Bridgend Cty	3:24.82
46 Price, Bethan	11 Bridgend SC	3:29.18
47 Willis, Meghan R	11 Torfaen D	3:30.31

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 8 Girls 11-12 200 LC Meter IM)**

Name	Age Team	Finals Time
48 Knight, Megan M	11 Torfaen D	3:31.50
49 Goss, Eden	11 Bridgend SC	3:33.14
50 Reeves, Lacey	11 Rhondda	3:33.44
51 Jarvis, Saffi	12 Monnow	3:34.78
52 Blake, Emily	11 Co Cardiff	3:36.13
53 Jenkins, Bethany	12 Bridgend SC	3:37.80
54 Dutton, Lois	12 Rhondda	3:39.00
55 Jacklin, Isabelle F	11 NexusValleys	3:41.78
56 Cole, Grace E	12 Bridgend Cty	3:44.04
57 Smith, Amelia H	11 Co Cardiff	3:44.09
58 Payne, Amalie M	11 Torfaen D	3:44.86
59 Townsend, Skye S	11 Co Cardiff	3:45.31
60 Cousins, Trinity E	12 Co Cardiff	3:46.60
61 Tarpey, Niamh A	11 Bridgend Cty	3:52.19
62 Leach, Imogen R	11 Rhondda	4:01.79
63 Gardener, Louise R	12 Bridgend Cty	4:02.19
64 Chakraborty, Diya	11 Co Cardiff	4:06.32
65 Cheeseman, Rhyannon E	11 Co Cardiff	4:15.88

**Event 8 Girls 13-14 200 LC Meter IM**

Name	Age Team	Finals Time
1 Rowe, Rhiannon M	14 Torfaen D	2:36.48
2 Evans, Bethan	14 Neath	2:37.36
3 Rosser, Cerys A	14 Torfaen D	2:38.15
4 Illman, Lili D	13 Torfaen D	2:39.42
5 Fowler, Jasmine S	13 Torfaen D	2:41.03
6 Stork, Niamh	14 Co Cardiff	2:41.05
7 Marchant, Rhiannon	14 Rct Squad	2:41.30
8 Whitelock, Carys L	14 Torfaen D	2:41.51
9 Moriarty, Erin	13 Co Cardiff	2:45.62
10 Lewis, Abigail	13 Neath	2:47.80
11 Adams, Jaimee R	13 Co Cardiff	2:49.22
12 Evans, Caitlin	13 Neath	2:50.11
13 Hamm, Elli-May	13 Bridgend Cty	2:50.48
14 Cook, Seren M	14 Bridgend Cty	2:51.83
15 Jones, Neve	13 Neath	2:51.84
16 Clayton, Karys L	13 Torfaen D	2:52.24
17 Greenslade, Holly J	13 Torfaen D	2:52.25
18 Manley, Olivia	13 Co Cardiff	2:52.80
19 Davies, Tegan M	14 Bridgend Cty	2:53.87
20 Phillips, Amelia	14 Monnow	2:56.21
21 Price, Ffion	14 Brecon	2:56.98
22 Skene, Deryn	14 Co Cardiff	2:57.38
23 Johnson, Rachel	13 Neath	2:58.30
24 Francis-Parker, Tesni	13 Co Newport	2:58.35
25 Roberts, Alysia	13 Co Cardiff	2:58.64
26 Jones, Emilia A	14 Bridgend Cty	2:59.73
27 Lunn, Cerys	14 Co Cardiff	2:59.83
28 Holley, Rebecca	13 Co Cardiff	3:00.67
29 White, Seren	13 Rct Squad	3:01.13
30 Hetherington, Verity	13 NexusValleys	3:01.96
31 Beach, Dion	13 Rhondda	3:03.09
32 Thomas, Grace C	14 Co Newport	3:03.50
33 Hale, Chloe	13 Haverfordwest	3:04.13
34 Bateman, Grace	13 Bridgend Cty	3:06.13
35 Thomas, Nansi	13 Co Cardiff	3:09.82
36 Thomas, Abigail	13 Neath	3:09.88
37 Dawkins, Freya	13 Co Cardiff	3:16.04
38 Anthony, Gabrielle	13 Rct Squad	3:21.48
39 Thomas, Madison A	13 NexusValleys	3:27.57

40 Williams, Roxy	14 Rct Squad	3:28.69
41 Davies, Sarah K	14 Torfaen D	3:29.11
42 Howells-Aitken, Neve H	13 Co Cardiff	3:32.02
43 Thomas, Sophie	14 Rhondda	3:39.85

**Event 8 Girls 15 & Over 200 LC Meter IM**

Name	Age Team	Finals Time
1 Warrender, Meggan	17 Torfaen D	2:29.71
2 Jones, Ruby	15 Torfaen D	2:38.16
3 Davies, Lois J	15 Co Cardiff	2:52.53
4 Frole, Megan R	15 Bridgend Cty	2:54.12
5 Jones, Cerys	15 Co Cardiff	2:56.71
6 Powell, Neve M	15 Co Newport	3:06.09

**Event 9 Boys 9-10 50 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Mruk, Lucas J	10 Torfaen D	49.14
2 Buczylo, Fabian	10 Pontypridd	49.17
3 Prickett, Thomas L	10 Co Cardiff	49.31
4 George, Alexander D	10 Torfaen D	52.55
5 Rosser, Ellis R	10 Torfaen D	54.94
6 Davies, Aled R	9 Torfaen D	55.29
7 Robbins, Llyr O	10 Co Cardiff	56.07
8 Haines, William E	9 Co Cardiff	56.55
9 Cobbe, Thomas	10 Co Cardiff	56.86
10 Watkins, Oscar K	10 Co Newport	57.65
11 Morris, Finlay	10 Bridgend SC	58.52
12 Gilligan, Alfie	9 Neath	58.79
13 Lewis, Cian	9 Neath	59.64
14 Hughes, Gene M	9 Torfaen D	1:00.11
15 Evans, Brody	10 Rhondda	1:00.94
16 Montgomery, Oliver	9 Fishguard	1:00.99
17 Bryant, Tomos G	10 Bridgend Cty	1:01.18
18 Edwards, Ross K	9 Co Cardiff	1:02.53
19 Hetherington, Trystan T	9 NexusValleys	1:04.15
20 Morris, Hari A	10 Co Cardiff	1:06.02
21 Woodward, Cullen G	10 Bridgend Cty	1:06.06
22 Giles, Brodie	9 Bridgend SC	1:06.50
23 Caddy, Michael	9 Merthyr Tydf	1:07.13
24 Roberts, Zac	9 Neath	1:20.13
--- Williams, Samuel M	10 Co Cardiff	DQ

**Event 9 Boys 11-12 50 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Martin, Luc A	12 Bridgend Cty	38.84
2 Caddy, Alexander	12 Merthyr Tydf	41.66
3 Hughes, Owen	12 Monnow	41.74
4 John, Finlay	12 Rct Squad	42.12
5 Lale, Harvey C	12 Torfaen D	42.33
6 Bamborough, Jack	11 Co Cardiff	43.96
7 Williams, Cai M	12 Bridgend Cty	43.98
8 Morris, Lucas	12 Bridgend SC	44.07
9 Williams, Harry	12 Monnow	44.31
10 Hunter, Rauley L	12 Co Cardiff	44.41
11 Southwood, Charlie M	12 Torfaen D	45.73
12 Jones, Rhys M	12 Rct Squad	45.79
13 Davies, Evan M	12 Co Newport	46.02
14 Williams, Luke T	11 Co Newport	46.20
15 Nyom, Jack	11 Bridgend SC	47.65
16 Temby, Jacob	11 Co Cardiff	48.35
17 Jones, Joseph T	12 NexusValleys	48.99
18 Newton, James L	12 Torfaen D	49.76
19 Montgomery, Sammy	11 Fishguard	50.72

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 9 Boys 11-12 50 LC Meter Breaststroke)**

Name	Age Team	Finals Time
20 Henschell, Logan	11 Co Cardiff	51.80
21 Cackett, Raphael	12 Monnow	52.10
22 Williams, Ben J	11 Rct Squad	53.32
23 Mamedov, Ravid	11 Co Cardiff	53.45
24 Watkins, Will	11 Bridgend SC	53.84
25 Davies, Adam	11 NexusValleys	53.87
26 Fenn-Ellis, Cohen S	11 Torfaen D	54.43
27 Aylen, James E	11 Bridgend Cty	56.58
28 Hornung, Gruff	11 Co Cardiff	1:00.94
29 James, Jack	11 Abertillery	1:01.02
30 Sewel, Finn J	11 Bridgend Cty	1:02.44
31 Morley, Samuel R	11 Torfaen D	1:03.61

**Event 9 Boys 13-14 50 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Power, Connor H	14 Abergavenny	36.46
2 Geysen-Holley, Max	13 Co Cardiff	36.51
3 Rosser, Dewi J	13 Torfaen D	36.71
4 Woodsford, William	13 Co Cardiff	38.44
5 Lloyd, Angus	13 Co Cardiff	40.91
6 Pourdalir, Masih	14 Co Newport	42.76
7 Newton, Oscar	13 Torfaen D	43.55
8 John, Alexander	14 Rct Squad	43.61
9 Tasker, Gethin	14 Rct Squad	43.88
10 McGuinness, Charlie D	13 Torfaen D	44.76
11 Dumaol, Martin Vince	13 Co Cardiff	44.87
12 Painter, Morgan	13 Co Cardiff	45.26
13 Davey, Harry R	13 Torfaen D	47.93
14 Evans, Emrys	13 Co Cardiff	51.46
--- Thornton, Douglass	14 Neath	DQ

**Event 9 Boys 15 & Over 50 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Napper, Keenan	19 Rhondda	33.48
2 Davies, Joseph M	16 Torfaen D	34.72
3 Mullins, Joshua	18 Merthyr Tydf	38.56
4 Tan, Nicholas	15 Pontypridd	39.09
5 Weber, Cynan	18 Rhondda	39.44
6 Roberts, Dafydd	15 NexusValleys	42.49
7 Lloyd, Rhys	17 Rct Squad	42.60
8 Stacey, Joseph W	15 Torfaen D	43.16
9 Edwards, Nathaniel H	15 Torfaen D	45.90

**Event 10 Girls 9-10 100 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Owen, Gracie	10 Merthyr Tydf	1:26.28
2 Jones, Evie	10 Merthyr Tydf	1:30.53
3 Gardener, Hannah B	9 Bridgend Cty	1:35.60
4 Dacey, Mollie M	10 Co Cardiff	1:39.44
5 Sherrard, Emme I	9 Abergavenny	1:40.68
6 Coombes, Cerys	10 Bridgend Cty	1:46.22
7 Parfitt, Lucy F	10 Co Cardiff	2:00.42
8 Moseley, Olivia G	10 NexusValleys	2:02.02
9 Lewis, Orla Rose	9 Co Cardiff	2:04.54
10 Thomas, Caitlyn	10 Neath	2:06.98
11 Szychowicz, Latoyah	10 Co Cardiff	2:09.00
12 Bennett, Anja L	10 NexusValleys	2:09.77
13 Higgs, Cerys	9 Co Cardiff	2:12.93
14 Guth, Tatjana D	10 Co Newport	2:40.05

**Event 10 Girls 11-12 100 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Broder, Libby R	12 Torfaen D	1:11.11
2 Lewis, Lowri	12 Neath	1:17.80
3 Badman, Phoebe	12 Rct Squad	1:18.55
4 Dunglinson, Kate L	12 Bridgend Cty	1:19.64
5 Beynon, Gracie L	11 Bridgend Cty	1:23.47
6 Evans, Lili M	11 Co Newport	1:24.32
7 Velasco, Mikayla	12 Co Cardiff	1:24.44
8 Gronow, Mia	12 Bridgend Cty	1:24.56
9 Francombe, Romy	12 Bridgend Cty	1:25.98
10 Barclay, Caitlin I	12 Co Cardiff	1:26.86
11 Thomas, Ffion	12 Neath	1:27.30
12 Avraam, Neve E	11 Bridgend Cty	1:28.16
13 Pritchard, Mia	12 Co Cardiff	1:28.76
14 Vincent, Caitlyn E	12 Pontypridd	1:31.36
15 Anderson, Holly	12 Co Cardiff	1:32.59
16 Evans, Mari	11 Rct Squad	1:34.69
17 Morgan, Alisha	12 Rct Squad	1:37.10
18 Hughes, Cari	12 NexusValleys	1:37.27
19 Stamp, Laylah	12 Co Cardiff	1:37.56
20 Davies, Sophie G	11 Co Cardiff	1:37.67
21 Duggan, Emily A	12 Co Cardiff	1:37.68
22 Lloyd, Ffion H	12 Pontypridd	1:39.91
23 Knight, Megan M	11 Torfaen D	1:46.92
24 Evans, Ella	11 Co Cardiff	1:47.35
25 Reeves, Lacey	11 Rhondda	1:51.78
26 Townsend, Skye S	11 Co Cardiff	1:56.79
27 Dutton, Lois	12 Rhondda	1:59.69
28 Cheeseman, Rhyannon E	11 Co Cardiff	2:28.90

**Event 10 Girls 13-14 100 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Baker, Alyssa R	14 Torfaen D	1:08.77
2 Bond, Sasha	14 Rct Squad	1:13.81
3 Rowe, Rhiannon M	14 Torfaen D	1:13.92
4 Adams, Jaimee R	13 Co Cardiff	1:13.95
5 Morgan, Bethan E	14 Bridgend Cty	1:15.49
6 Illman, Lili D	13 Torfaen D	1:15.66
7 Fowler, Jasmine S	13 Torfaen D	1:17.21
8 Moriarty, Erin	13 Co Cardiff	1:18.24
9 Coombes, Emmie	13 Rct Squad	1:24.16
10 Skene, Deryn	14 Co Cardiff	1:25.67
11 Roberts, Alysia	13 Co Cardiff	1:25.96
12 Francis-Parker, Tesni	13 Co Newport	1:26.24
13 Williams, Mali	13 Rct Squad	1:29.93
14 Davies, Helena	13 Neath	1:30.02
15 Beckett, Cerys S	14 Brecon	1:30.29
16 Thomas, Nansi	13 Co Cardiff	1:30.99
17 Dawkins, Freya	13 Co Cardiff	1:35.61
18 Hale, Chloe	13 Haverfordwest	1:36.33
19 Thompson, Ryleigh	14 Rhondda	1:36.34
20 White, Seren	13 Rct Squad	1:37.64
21 Howells-Aitken, Neve H	13 Co Cardiff	1:44.71
22 Leconte, Seren	14 Rct Squad	1:47.41
23 Williams, Roxy	14 Rct Squad	1:50.66
24 Thomas, Madison A	13 NexusValleys	1:57.35

**Event 10 Girls 15 & Over 100 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Watson, Freya H	18 Torfaen D	1:04.83
2 Harbisher, Natalie	25 Newquay	1:09.61

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 10 Girls 15 & Over 100 LC Meter Butterfly)**

Name	Age Team	Finals Time
3 Smith, Mia	15 Torfaen D	1:18.35
4 Frole, Megan R	15 Bridgend Cty	1:20.94
5 Lewis, Becky	15 Rct Squad	1:21.86
6 Davies, Lois J	15 Co Cardiff	1:27.88
7 Powell, Neve M	15 Co Newport	1:30.94

**Event 11 Boys 11-12 200 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Williams, Cai M	12 Bridgend Cty	3:02.25
2 Jones, Joseph T	12 NexusValleys	3:33.85

**Event 11 Boys 13-14 200 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Geysen-Holley, Max	13 Co Cardiff	2:29.53
2 Fowler, Joseph	13 Rct Squad	3:05.68

**Event 11 Boys 15 & Over 200 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Price, Dafydd T	18 Torfaen D	2:23.18

**Event 12 Girls 9-10 200 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Owen, Gracie	10 Merthyr Tydf	2:59.07
2 Jones, Evie	10 Merthyr Tydf	2:59.58
3 Crawshay-Williams, Emily J	10 Torfaen D	3:04.71
4 Kay, Isabelle	10 Rct Squad	3:05.74
5 Gardener, Hannah B	9 Bridgend Cty	3:08.03
6 Powell, Ava L	10 Torfaen D	3:10.54
7 Dacey, Mollie M	10 Co Cardiff	3:12.09
8 Davies, Seren E	10 Bridgend Cty	3:24.13
9 Pani, Isabella C	10 Co Cardiff	3:25.32
10 Mulford, Ffion J	10 Pontypridd	3:26.75
11 Evans, Porscha	10 Co Cardiff	3:29.10
12 Smith, Summer	10 Rct Squad	3:30.82
13 Higgs, Cerys	9 Co Cardiff	3:55.34
14 Guth, Tatjana D	10 Co Newport	4:37.99

**Event 12 Girls 11-12 200 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Broder, Libby R	12 Torfaen D	2:39.78
2 Dunglison, Kate L	12 Bridgend Cty	2:40.32
3 Croke, Carys S	11 Torfaen D	2:41.66
4 Davies, Sophie G	11 Co Cardiff	2:44.99
5 Blake, Ffion	12 Co Cardiff	2:47.34
6 Gilligan, Gracie	11 Neath	2:49.32
7 Gronow, Mia	12 Bridgend Cty	2:49.51
8 Badman, Phoebe	12 Rct Squad	2:51.79
9 Thomas, Ffion	12 Neath	2:53.63
10 Beynon, Gracie L	11 Bridgend Cty	2:54.86
11 Willmore, Isabella R	12 Co Newport	2:56.44
12 Edwards, Nanci G	12 Torfaen D	2:57.47
13 Pritchard, Mia	12 Co Cardiff	2:59.50
14 Staples-Vvind, Kaiyah-Jade	11 Co Cardiff	3:00.92
15 Wright, Pippa	12 Rct Squad	3:02.67
16 O'Mahoney, Kaitlin	11 Neath	3:03.32
17 Woodward, Angharad	11 Neath	3:03.37
18 Velasco, Mikayla	12 Co Cardiff	3:03.82
19 Barclay, Caitlin I	12 Co Cardiff	3:04.38
20 Lawler, Sadie	11 Neath	3:05.95
21 Dubberley, Anwen	12 Rct Squad	3:06.93
22 Winter, Callie M	11 Co Cardiff	3:08.06
23 Coulson, Evie G	12 Torfaen D	3:12.25

24 Williams, Ellise F	12 Rhondda	3:13.72
25 Avraam, Neve E	11 Bridgend Cty	3:14.35
26 Duggan, Emily A	12 Co Cardiff	3:15.61
27 Haddrell, Eva Lily	11 Rct Squad	3:15.90
28 Gruffydd, Mali P	11 Co Cardiff	3:17.60
29 Buckland, Sophie	12 Co Cardiff	3:18.50
30 Evans, Ella	11 Co Cardiff	3:21.86
31 Knight, Megan M	11 Torfaen D	3:24.01
32 Loxton, Holly	12 Co Cardiff	3:24.73
33 James, Jennifer	12 Pontypridd	3:25.32
34 Reilly, Manon	11 Rct Squad	3:31.77
35 Cole, Grace E	12 Bridgend Cty	3:32.81
36 Gardener, Louise R	12 Bridgend Cty	3:44.21
37 Cousins, Trinity E	12 Co Cardiff	3:58.44

**Event 12 Girls 13-14 200 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Evans, Bethan	14 Neath	2:31.61
2 Rowe, Rhiannon M	14 Torfaen D	2:35.68
3 Marchant, Rhiannon	14 Rct Squad	2:37.00
4 Davies, Cerys	13 Rct Squad	2:42.00
5 Greenslade, Holly J	13 Torfaen D	2:44.44
6 Davies, Tegan M	14 Bridgend Cty	2:45.08
7 Jones, Neve	13 Neath	2:46.82
8 Lewis, Abigail	13 Neath	2:48.84
9 Manley, Olivia	13 Co Cardiff	2:50.42
10 Cook, Seren M	14 Bridgend Cty	2:52.89
11 Lunn, Cerys	14 Co Cardiff	2:58.36
12 Hetherington, Verity	13 NexusValleys	3:00.59
13 Thomas, Madison A	13 NexusValleys	3:20.99
14 Samir, Alexandra	13 Neath	4:10.06

**Event 12 Girls 15 & Over 200 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Warrender, Meggan	17 Torfaen D	2:28.67
2 Addecott, Ffion H	17 Rct Squad	2:44.09
3 Powell, Neve M	15 Co Newport	3:21.69

**Event 13 Boys 9-10 100 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Prickett, Thomas L	10 Co Cardiff	1:46.18
2 Buczylo, Fabian	10 Pontypridd	1:52.34
3 De Leon, Russel D	10 Rhondda	1:56.75
4 Brock, Freddy	9 Pontypridd	1:57.03
5 Williams, Samuel M	10 Co Cardiff	2:05.71
6 Bryant, Tomos G	10 Bridgend Cty	2:07.44
7 Haines, William E	9 Co Cardiff	2:08.51
8 Evans, Brody	10 Rhondda	2:09.72
9 Montgomery, Oliver	9 Fishguard	2:11.58
10 Edwards, Ross K	9 Co Cardiff	2:13.07
11 Lewis, Cian	9 Neath	2:13.32
12 Hughes, Gene M	9 Torfaen D	2:14.79
13 Woodward, Cullen G	10 Bridgend Cty	2:15.82
14 Morris, Hari A	10 Co Cardiff	2:20.92

**Event 13 Boys 11-12 100 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Lee, Tristan	12 Co Cardiff	1:20.05
2 Martin, Luc A	12 Bridgend Cty	1:26.21
3 Lee, Ethan	12 Co Cardiff	1:32.68
4 Lale, Harvey C	12 Torfaen D	1:34.57
5 Caddy, Alexander	12 Merthyr Tydf	1:34.94
6 Williams, Cai M	12 Bridgend Cty	1:36.75



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**(Event 13 Boys 11-12 100 LC Meter Breaststroke)**

Name	Age Team	Finals Time
7 Stevens, Henry A	12 Co Cardiff	1:37.43
8 Williams, Harry	12 Monnow	1:38.12
9 Davies, Evan M	12 Co Newport	1:39.58
10 Hughes, Owen	12 Monnow	1:39.87
11 Lynch-Warden, Matthew	12 Monnow	1:41.29
12 Morris, Lucas	12 Bridgend SC	1:42.21
13 Lewis, Morgan	11 Bridgend SC	1:42.72
14 Probert, James	12 Co Cardiff	1:45.92
15 Williams, Luke T	11 Co Newport	1:46.29
16 Davies, Samuel	12 Co Cardiff	1:46.99
17 De Leon, Ralf D	12 Rhondda	1:47.26
18 Froley, Iwan C	11 Bridgend Cty	1:48.27
19 Temby, Jacob	11 Co Cardiff	1:48.47
20 Nyom, Jack	11 Bridgend SC	1:48.74
21 Hunter, Rauley L	12 Co Cardiff	1:48.84
22 Price, Ellis	12 Pontypridd	1:54.43
23 Watkins, Will	11 Bridgend SC	1:56.96
24 Mamedov, Ravid	11 Co Cardiff	1:58.27
25 Aylen, James E	11 Bridgend Cty	2:00.70
26 Fenn-Ellis, Cohen S	11 Torfaen D	2:05.35
27 Sewel, Finn J	11 Bridgend Cty	2:10.14
28 Hornung, Gruff	11 Co Cardiff	2:15.15
--- Williams, Owen	11 Co Cardiff	DQ

**Event 13 Boys 13-14 100 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Tong, Solomon M	14 Co Cardiff	1:23.55
2 Power, Connor H	14 Abergavenny	1:24.23
3 Woodsford, William	13 Co Cardiff	1:24.34
4 Rosser, Dewi J	13 Torfaen D	1:24.59
5 Lloyd, Angus	13 Co Cardiff	1:28.73
6 Pourdalir, Masih	14 Co Newport	1:35.36
7 McGuinness, Charlie D	13 Torfaen D	1:35.89
8 Dumaal, Martin Vince	13 Co Cardiff	1:36.46
9 Jones, Garyn	14 Neath	1:41.02
10 Evans, Emrys	13 Co Cardiff	1:43.98
11 Davey, Harry R	13 Torfaen D	1:48.48
--- Painter, Morgan	13 Co Cardiff	DQ
--- John, Alexander	14 Ret Squad	DQ

**Event 13 Boys 15 & Over 100 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Napper, Keenan	19 Rhondda	1:14.56
2 Davies, Joseph M	16 Torfaen D	1:15.94
3 Weber, Cynan	18 Rhondda	1:26.14
4 Mullins, Joshua	18 Merthyr Tydf	1:27.11

**Event 14 Girls 9-10 50 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Jones, Evie	10 Merthyr Tydf	34.70
2 Powell, Ava L	10 Torfaen D	35.01
3 Sherrard, Emme I	9 Abergavenny	35.45
4 Owen, Kessie E	10 NexusValleys	36.22
5 Kay, Isabelle	10 Ret Squad	36.71
6 Dacey, Mollie M	10 Co Cardiff	36.94
7 Crawshay-Williams, Emily J	10 Torfaen D	36.96
8 Downing, Emma	10 Abergavenny	37.66
9 Solosy, Zahara E	10 Co Newport	37.85
10 Pani, Isabella C	10 Co Cardiff	38.25
11 Jones, Lola H	10 Torfaen D	38.45
12 Jenkins, Alice	10 Bridgend SC	39.05

13 Lewis, Daisy	9 Bridgend SC	39.14
14 Szychowicz, Latoyah	10 Co Cardiff	39.60
15 Rees, Mylee B	10 Co Cardiff	39.75
16 Patterson, Grace	9 Bridgend SC	41.25
17 Smith, Summer	10 Ret Squad	41.49
18 Knight, Bethan R	9 Torfaen D	41.77
19 Evans, Gwennan	9 Co Newport	42.01
20 Hancock, Ruby C	10 NexusValleys	42.65
21 Thomas, Hannah L	9 NexusValleys	42.66
22 FitzGerald, Mali J	9 Bridgend Cty	42.95
23 Abude, Zarah	10 Rhondda	42.96
24 Parfitt, Lucy F	10 Co Cardiff	43.12
25 Davies, Shannon L	10 Torfaen D	43.50
26 Loosmore, Martha B	9 Co Cardiff	43.78
27 Thomas, Caitlyn	10 Neath	44.12
28 Taylor, Maisie K	9 Bridgend Cty	44.15
29 Miles, Megan	10 Fishguard	44.25
30 Jones, Gabrielle M	10 Torfaen D	44.27
31 Carter-Head, Lexi G	10 Co Cardiff	44.69
32 Marshall, Ffion H	9 Co Cardiff	44.95
33 Buckland, Eleanor H	10 Co Cardiff	45.10
34 Barnfield, Daisy R	10 Bridgend Cty	45.27
35 O'Connell, Cerys E	10 NexusValleys	45.48
36 Wardell, Cari G	9 Co Cardiff	46.24
37 Poole, Naomi D	9 Rhondda	46.35
38 Higgs, Cerys	9 Co Cardiff	46.45
39 Gambold, Georgia T	9 Rhondda	46.96
40 Shephard, Kate	9 Rhondda	48.06
41 Newton, Florence E	9 Torfaen D	48.13
42 Thompson, Lacey S	10 Torfaen D	48.15
43 Davies, Lily A	9 Bridgend Cty	48.44
44 Hamm, Ava L	9 Bridgend Cty	49.98
45 Guth, Tatjana D	10 Co Newport	50.21
46 Davies, Josie-May	9 Rhondda	52.79

**Event 14 Girls 11-12 50 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Dunglinson, Kate L	12 Bridgend Cty	29.79
2 Broder, Libby R	12 Torfaen D	30.03
3 Lewis, Lowri	12 Neath	30.13
4 Blake, Ffion	12 Co Cardiff	30.76
5 Offside, Poppy L	11 Co Newport	30.84
6 Griffiths-Cole, Carys S	12 Bridgend Cty	31.19
7 Thomas, Nyla	12 Neath	32.49
8 Francombe, Romy	12 Bridgend Cty	32.52
9 Willmore, Isabella R	12 Co Newport	32.72
10 Thomas, Ffion	12 Neath	32.81
11 Pritchard, Mia	12 Co Cardiff	32.84
12 Lewis, Hollie	11 Bridgend SC	32.99
13 Elias, Anya	12 Co Cardiff	33.00
14 Beynon, Gracie L	11 Bridgend Cty	33.52
15 Davies, Sophie G	11 Co Cardiff	33.63
16 Davies, Eleri G	12 Co Newport	33.65
17 Evans, Lili M	11 Co Newport	33.66
18 Davis, Freya	11 Ret Squad	34.30
19 Edwards, Nanci G	12 Torfaen D	34.40
20 Jones, Jessica	12 Torfaen D	34.42
21 Vincent, Caitlyn E	12 Pontypridd	34.43
22 Staples-Vvind, Kaiyah-Jade	11 Co Cardiff	34.59
*23 Adams, Isabelle E	12 Torfaen D	34.66
*23 Stamp, Laylah	12 Co Cardiff	34.66
25 Evans, Mari	11 Ret Squad	35.02

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**(Event 14 Girls 11-12 50 LC Meter Freestyle)**

Name	Age Team	Finals Time
26 Avraam, Neve E	11 Bridgend Cty	35.45
27 Duggan, Emily A	12 Co Cardiff	35.60
28 Wright, Pippa	12 Rct Squad	35.63
29 Daly, Kirsten E	12 Bridgend Cty	36.44
30 Jenkins, Bethany	12 Bridgend SC	36.50
31 Dubberley, Anwen	12 Rct Squad	36.65
32 Morgan, Alisha	12 Rct Squad	36.66
33 Cousins, Trinity E	12 Co Cardiff	36.85
34 Coulson, Evie G	12 Torfaen D	36.98
35 Anderson, Holly	12 Co Cardiff	37.09
36 Loxton, Holly	12 Co Cardiff	37.27
37 Evans, Ella	11 Co Cardiff	37.41
38 Price, Bethan	11 Bridgend SC	37.78
39 Williams, Ellise F	12 Rhondda	37.95
40 Willis, Meghan R	11 Torfaen D	38.26
*41 Scourfield, Ruby R	12 Bridgend Cty	38.40
*41 Winter, Callie M	11 Co Cardiff	38.40
43 Stacey, Martha E	11 Torfaen D	38.48
44 Jones, Mia	11 Merthyr Tydf	38.62
45 Blake, Emily	11 Co Cardiff	38.76
46 Knight, Megan M	11 Torfaen D	39.05
47 Buckland, Sophie	12 Co Cardiff	39.06
48 Haddrell, Eva Lily	11 Rct Squad	39.76
49 Dutton, Lois	12 Rhondda	39.82
50 Goss, Eden	11 Bridgend SC	40.08
51 Smith, Amelia H	11 Co Cardiff	40.20
52 Leach, Imogen R	11 Rhondda	40.47
53 Tarpey, Niamh A	11 Bridgend Cty	40.80
54 Cole, Grace E	12 Bridgend Cty	40.83
55 Payne, Amalie M	11 Torfaen D	41.22
56 Lawrence, Holly	12 Bridgend SC	41.44
57 Chakraborty, Diya	11 Co Cardiff	41.79
58 Niavarani, Liana	11 Co Cardiff	41.93
59 Reilly, Manon	11 Rct Squad	42.77
60 Hughes, Ellie	11 Rct Squad	42.83
61 Medcraft, Isabelle M	11 Co Cardiff	42.89
62 Cheeseman, Rhyannon E	11 Co Cardiff	45.92
63 Vaughan, Breanna	12 Abergavenny	50.09

**Event 14 Girls 13-14 50 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Marchant, Rhiannon	14 Rct Squad	29.77
2 Rosser, Cerys A	14 Torfaen D	30.01
3 Johnson, Rachel	13 Neath	30.41
4 Emes, Eleanor J	13 Torfaen D	31.00
5 Greenslade, Holly J	13 Torfaen D	31.03
6 James, Ffion	14 Rct Squad	31.17
7 Davies, Lauren M	14 Bridgend Cty	31.18
8 Lewis, Abigail	13 Neath	32.14
9 Lunn, Cerys	14 Co Cardiff	32.67
10 Hamer, Charlotte M	14 Torfaen D	32.81
11 Jones, Emilia A	14 Bridgend Cty	32.87
12 Thompson, Ryleigh	14 Rhondda	32.90
13 Thomas, Nansi	13 Co Cardiff	32.94
14 Price, Ffion	14 Brecon	33.03
15 Evans, Caitlin	13 Neath	33.04
16 Davies, Helena	13 Neath	33.19
17 Francis-Parker, Tesni	13 Co Newport	33.21
18 Thomas, Grace C	14 Co Newport	33.31
19 Beach, Dion	13 Rhondda	33.33

20 Davies, Cerys	13 Rct Squad	33.44
21 Williams, Mali	13 Rct Squad	33.89
22 Coombes, Emmie	13 Rct Squad	34.28
23 Thomas, Abigail	13 Neath	34.30
24 White, Seren	13 Rct Squad	34.42
25 Hale, Chloe	13 Haverfordwest	34.48
26 Jones, Isabelle	14 Torfaen D	34.64
27 Davies, Sarah K	14 Torfaen D	34.72
28 Priday, Ella M	13 Co Cardiff	34.95
29 Dawkins, Freya	13 Co Cardiff	35.07
30 Anthony, Gabrielle	13 Rct Squad	36.02
31 Thomas, Sophie	14 Rhondda	36.32
32 Leconte, Seren	14 Rct Squad	37.33

**Event 14 Girls 15 & Over 50 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Lovell, Madison R	15 Torfaen D	28.39
2 Watson, Freya H	18 Torfaen D	28.91
3 Jones, Ruby	15 Torfaen D	29.92
4 Smith, Mia	15 Torfaen D	31.31
5 Jones, Cerys	15 Co Cardiff	32.06
6 Lewis, Becky	15 Rct Squad	33.83
7 Addecott, Ffion H	17 Rct Squad	33.88
8 Powell, Neve M	15 Co Newport	34.56

**Event 15 Boys 9-10 100 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Mills, Ioan R	10 Torfaen D	1:16.80
2 Rosser, Ellis R	10 Torfaen D	1:18.68
3 Mruk, Lucas J	10 Torfaen D	1:19.29
4 Buczylo, Fabian	10 Pontypridd	1:22.95
5 Prickett, Thomas L	10 Co Cardiff	1:23.55
6 Cobbe, Thomas	10 Co Cardiff	1:25.36
7 Gilligan, Alfie	9 Neath	1:27.40
8 Bryant, Tomos G	10 Bridgend Cty	1:34.82
9 Brock, Freddy	9 Pontypridd	1:35.81
10 Williams, Thomas	10 Bridgend SC	1:36.06
11 De Leon, Russel D	10 Rhondda	1:37.70
12 Haines, William E	9 Co Cardiff	1:38.64
13 Morris, Hari A	10 Co Cardiff	1:39.87
14 Davies, Thomas W	10 Co Cardiff	1:42.32
15 Hetherington, Trystan T	9 NexusValleys	1:42.55
16 Dumaoal, Marc Rhys A	9 Co Cardiff	1:43.07
17 Woodward, Cullen G	10 Bridgend Cty	1:43.65
18 Lewis, Cian	9 Neath	1:44.21
19 Williams, Samuel M	10 Co Cardiff	1:45.92
20 Hughes, Gene M	9 Torfaen D	1:51.65
21 Roberts, Zac	9 Neath	2:08.30

**Event 15 Boys 11-12 100 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Lee, Tristan	12 Co Cardiff	1:03.70
2 Lee, Ethan	12 Co Cardiff	1:05.28
3 John, Finlay	12 Rct Squad	1:07.23
4 Martin, Luc A	12 Bridgend Cty	1:09.96
5 Williams, Cai M	12 Bridgend Cty	1:10.11
6 Southwood, Charlie M	12 Torfaen D	1:11.02
7 Newton, James L	12 Torfaen D	1:14.68
8 Caddy, Alexander	12 Merthyr Tydf	1:14.98
9 Williams, Harry	12 Monnow	1:15.29
10 Davies, Evan M	12 Co Newport	1:15.43
11 Montgomery, Sammy	11 Fishguard	1:15.78
12 Jones, Joseph T	12 NexusValleys	1:16.20

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**(Event 15 Boys 11-12 100 LC Meter Freestyle)**

Name	Age Team	Finals Time
13 Hunter, Rauley L	12 Co Cardiff	1:16.39
14 Mruk, Keian J	12 Torfaen D	1:16.52
15 Cackett, Raphael	12 Monnow	1:17.06
16 Watkins, Will	11 Bridgend SC	1:19.27
17 Hughes, Owen	12 Monnow	1:20.32
18 Morris, Lucas	12 Bridgend SC	1:20.64
19 Temby, Jacob	11 Co Cardiff	1:21.20
20 Henschell, Logan	11 Co Cardiff	1:21.27
21 Probert, James	12 Co Cardiff	1:23.54
22 Lynch-Warden, Matthew	12 Monnow	1:23.93
23 Davies, Samuel	12 Co Cardiff	1:25.39
24 Williams, Luke T	11 Co Newport	1:26.96
25 Mamedov, Ravid	11 Co Cardiff	1:29.75
26 Aylen, James E	11 Bridgend Cty	1:30.56
27 Williams, Ben J	11 Rct Squad	1:31.28
28 Hornung, Gruff	11 Co Cardiff	1:32.15
29 De Leon, Ralf D	12 Rhondda	1:32.43
30 Fenn-Ellis, Cohen S	11 Torfaen D	1:34.00
31 Drew, William	11 Rct Squad	1:34.51
32 Williams, Owen	11 Co Cardiff	1:34.95
33 James, Jack	11 Abertillery	1:36.44
34 Sewel, Finn J	11 Bridgend Cty	1:49.69

**Event 15 Boys 13-14 100 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Tong, Solomon M	14 Co Cardiff	59.68
2 Rosser, Dewi J	13 Torfaen D	1:02.62
3 Newton, Oscar	13 Torfaen D	1:03.22
4 Woodsford, William	13 Co Cardiff	1:06.97
5 Fowler, Joseph	13 Rct Squad	1:07.80
6 Tasker, Gethin	14 Rct Squad	1:08.35
7 Watkins, William J	13 Co Newport	1:09.90
8 Dumaoal, Martin Vince	13 Co Cardiff	1:12.73
9 Evans, Emrys	13 Co Cardiff	1:12.74
10 Thornton, Douglass	14 Neath	1:12.85
11 McGuinness, Charlie D	13 Torfaen D	1:13.63
12 Painter, Morgan	13 Co Cardiff	1:14.05
13 John, Alexander	14 Rct Squad	1:15.34
14 Davies, Zachary A	13 Torfaen D	1:15.40
15 Jones, Garyn	14 Neath	1:17.01
16 Davey, Harry R	13 Torfaen D	1:23.96

**Event 15 Boys 15 & Over 100 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Rosser, Alex W	22 Torfaen D	57.15
2 Broom, Dylan H	17 Torfaen D	57.17
3 Davies, Joseph M	16 Torfaen D	58.07
4 Napper, Keenan	19 Rhondda	58.59
5 Wells, Lewis	15 Neath	1:01.03
6 Jones, Jacob	15 Rct Squad	1:01.42
7 Wallace, Joshua	17 Bridgend SC	1:02.24
8 Stacey, Joseph W	15 Torfaen D	1:02.82
9 Weber, Cynan	18 Rhondda	1:04.23
10 Tan, Nicholas	15 Pontypridd	1:04.66
11 Roberts, Dafydd	15 NexusValleys	1:04.97
12 Edwards, Nathaniel H	15 Torfaen D	1:05.96
13 Lloyd, Rhys	17 Rct Squad	1:08.83
14 Hughes, Dylan	16 Monnow	1:33.35

**Event 16 Boys 11-12 400 LC Meter Freestyle**

Name	Age Team	Finals Time
1 John, Finlay	12 Rct Squad	5:05.44
2 McLain, Archie	12 Heads Valley	5:14.02
3 Williams, Cai M	12 Bridgend Cty	5:14.60
4 Southwood, Charlie M	12 Torfaen D	5:31.02
5 Rescigno, Alberto	12 Co Cardiff	5:33.89
6 Caddy, Alexander	12 Merthyr Tydf	5:45.11
7 Frole, Iwan C	11 Bridgend Cty	6:01.67
8 Lewis, Morgan	11 Bridgend SC	6:04.80
9 Jones, Harrison L	12 Bridgend Cty	6:09.98
10 Henschell, Logan	11 Co Cardiff	6:11.04
11 Davies, Adam	11 NexusValleys	6:16.11
12 Bloomfield, William J	12 Bridgend Cty	6:17.98
13 Norton, Caleb	12 Rhondda	6:39.38
14 Adams, Ronan	11 Bridgend SC	6:51.03
15 Williams, Owen	11 Co Cardiff	7:08.00

**Event 16 Boys 13-14 400 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Barnett, Jacob	13 Co Cardiff	4:58.23
2 Isaacs, Tomos	14 Rct Squad	5:01.83
3 Coulson, Evan T	13 Torfaen D	5:12.41
4 Lynch-Warden, Elliot	14 Monnow	5:14.88
5 Watkins, William J	13 Co Newport	5:28.24
6 Evans, Emrys	13 Co Cardiff	5:46.34
7 Rees, Garyn	14 Rhondda	5:50.09
8 Durrant, Toben	13 Co Cardiff	5:59.74
9 Thornton, Douglass	14 Neath	6:06.10

**Event 16 Boys 15 & Over 400 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Richards, Owen T	18 Torfaen D	4:24.75
2 Wallace, Joshua	17 Bridgend SC	5:02.99
3 Rees, Brandon	18 Rhondda	5:10.00

**Event 17 Girls 11-12 400 LC Meter IM**

Name	Age Team	Finals Time
1 Dunglison, Kate L	12 Bridgend Cty	5:39.06
2 Gronow, Mia	12 Bridgend Cty	5:58.74
3 Pritchard, Mia	12 Co Cardiff	6:03.37
4 Cull, Harriett	11 Co Cardiff	6:05.07
5 Griffiths-Cole, Carys S	12 Bridgend Cty	6:07.47
6 Francombe, Romy	12 Bridgend Cty	6:12.44
7 John, Emilia V	11 Co Cardiff	6:13.65
8 Beynon, Gracie L	11 Bridgend Cty	6:15.42
9 Evans, Lili M	11 Co Newport	6:20.84
10 Hughes, Cari	12 NexusValleys	6:27.11
11 McDonagh, Emily M	11 Bridgend Cty	6:31.02
12 Henshall, Chloe M	12 Co Cardiff	6:33.21
13 Gruffydd, Mali P	11 Co Cardiff	7:03.89
14 Arnold, Jessica	11 Cwmbran	7:31.06

**Event 17 Girls 13-14 400 LC Meter IM**

Name	Age Team	Finals Time
1 Rowe, Rhiannon M	14 Torfaen D	5:28.96
2 Stride, Tamzin I	14 Torfaen D	5:36.33
3 Fowler, Jasmine S	13 Torfaen D	5:41.74
4 Bond, Sasha	14 Rct Squad	5:45.26
5 Davies, Cerys	13 Rct Squad	6:08.13
--- Hamm, Elli-May	13 Bridgend Cty	DNF

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## Event 17 Girls 15 &amp; Over 400 LC Meter IM

Name	Age Team	Finals Time
1 Cox, Emily V	15 Bridgend Cty	5:56.49
2 Froley, Megan R	15 Bridgend Cty	6:14.85
3 Powell, Neve M	15 Co Newport	6:35.39

## Event 18 Boys 9-10 200 LC Meter Breaststroke

Name	Age Team	Finals Time
1 Page, Harry	9 Co Cardiff	3:40.02
2 Cozma, Sam	9 Co Cardiff	3:45.55
3 Hole, Ethan	10 Co Cardiff	4:00.66
4 De Leon, Russel D	10 Rhondda	4:20.40
5 Lewis, Cian	9 Neath	4:31.64
6 Morris, Hari A	10 Co Cardiff	4:59.61
--- Bentley, Logan	9 Cwmbran	DQ
--- Morgan, Harri D	9 Co Cardiff	DQ

## Event 18 Boys 11-12 200 LC Meter Breaststroke

Name	Age Team	Finals Time
1 Lee, Tristan	12 Co Cardiff	2:55.86
2 Rogers, Logan A	12 Neath	3:12.13
3 Lee, Ethan	12 Co Cardiff	3:15.02
4 Lale, Harvey C	12 Torfaen D	3:24.04
5 Warman-Powell, Iolo R	12 Torfaen D	3:35.79
6 Davies, Gavin	11 Co Newport	3:44.39
7 De Leon, Ralf D	12 Rhondda	3:53.16
8 Price, Ellis	12 Pontypridd	3:54.45
9 Coombes, Oliver	11 Co Cardiff	3:59.39
10 Adams, Ronan	11 Bridgend SC	4:06.07
11 Aylen, James E	11 Bridgend Cty	4:17.38
12 Williams, Owen	11 Co Cardiff	4:19.25
13 Sewel, Finn J	11 Bridgend Cty	4:30.04
14 Burke, Elliott W	12 Co Newport	4:37.90
--- Bloomfield, William J	12 Bridgend Cty	DQ

## Event 18 Boys 13-14 200 LC Meter Breaststroke

Name	Age Team	Finals Time
1 Woodsford, William	13 Co Cardiff	2:59.39
2 Lloyd, Angus	13 Co Cardiff	3:11.93
3 Dumaal, Martin Vince	13 Co Cardiff	3:23.25
4 Painter, Morgan	13 Co Cardiff	3:29.32
5 McNally, Rhys	14 Bridgend SC	3:33.20
6 Williams, Evan	13 Rhondda	3:38.94
7 Durrant, Toben	13 Co Cardiff	3:45.48
8 White, Alex	13 Rhondda	3:54.78

## Event 18 Boys 15 &amp; Over 200 LC Meter Breaststroke

Name	Age Team	Finals Time
1 Davies, Joseph M	16 Torfaen D	2:44.34
2 Napper, Keenan	19 Rhondda	2:51.72
3 Yates, Luke	15 Bridgend SC	3:11.95

## Event 19 Girls 9-10 50 LC Meter Butterfly

Name	Age Team	Finals Time
1 Owen, Gracie	10 Merthyr Tydf	36.07
2 Jones, Evie	10 Merthyr Tydf	38.95
3 Gardener, Hannah B	9 Bridgend Cty	39.66
4 Crawshay-Williams, Emily J	10 Torfaen D	39.96
5 Pani, Isabella C	10 Co Cardiff	45.62
6 Owen, Kessie E	10 NexusValleys	47.20
7 Jala, Eliana	10 Rhondda	47.57
8 Scurlock, Poppy	10 Co Cardiff	48.63
9 Parfitt, Lucy F	10 Co Cardiff	48.79

10 Poole, Naomi D	9 Rhondda	50.54
11 Davies, Shannon L	10 Torfaen D	51.53
12 Wardell, Cari G	9 Co Cardiff	52.59
13 Buckland, Eleanor H	10 Co Cardiff	53.24
14 Evans, Porscha	10 Co Cardiff	53.54
15 Higgs, Cerys	9 Co Cardiff	54.17
16 Boyce, Bryony H	9 Co Cardiff	54.64
17 Hancock, Ruby C	10 NexusValleys	55.16
18 Thomas, Caitlyn	10 Neath	55.84
19 Evans, Gwennan	9 Co Newport	57.66
20 Shephard, Kate	9 Rhondda	58.07
21 Cull, Pollyanna	9 Co Cardiff	59.46
22 John, Evie	9 Rct Squad	59.52
23 Brady, Grace	9 Rct Squad	1:00.16
24 Guth, Tatjana D	10 Co Newport	1:02.25
25 O'Connell, Cerys E	10 NexusValleys	1:08.18
--- Rees, Mylee B	10 Co Cardiff	DQ
--- Thompson, Lacey S	10 Torfaen D	DQ
--- Gambold, Georgia T	9 Rhondda	DQ

## Event 19 Girls 11-12 50 LC Meter Butterfly

Name	Age Team	Finals Time
1 Broder, Libby R	12 Torfaen D	31.78
2 Badman, Phoebe	12 Rct Squad	35.17
3 Thomas, Ffion	12 Neath	35.83
4 Beynon, Gracie L	11 Bridgend Cty	36.21
5 Beach, Mia	11 Rhondda	37.02
6 Avraam, Neve E	11 Bridgend Cty	37.13
7 Vincent, Caitlyn E	12 Pontypridd	37.36
8 Thomas, Nyla	12 Neath	37.60
9 Francombe, Romy	12 Bridgend Cty	38.45
10 Anderson, Holly	12 Co Cardiff	38.46
11 Hughes, Cari	12 NexusValleys	39.25
12 Davies, Sophie G	11 Co Cardiff	39.41
13 McDonagh, Emily M	11 Bridgend Cty	39.71
14 Edwards, Nanci G	12 Torfaen D	39.80
15 Lewis, Hollie	11 Bridgend SC	40.12
16 Jones, Jessica	12 Torfaen D	40.33
17 Johnson, Alexandra	11 Heads Valley	40.90
18 Price, Bethan	11 Bridgend SC	41.52
19 Jones, Ella N	11 Torfaen D	41.62
20 Dubberley, Anwen	12 Rct Squad	41.66
21 Buckland, Sophie	12 Co Cardiff	41.78
22 Millan, Seren L	12 Bridgend Cty	41.92
23 Coulson, Evie G	12 Torfaen D	42.16
24 Lloyd, Thea	11 NexusValleys	42.61
25 Griffiths, Darcy	12 Neath	43.79
26 Williams, Georgia	12 NexusValleys	44.32
27 Carre, Jasmine M	11 Rct Squad	44.35
28 Winter, Callie M	11 Co Cardiff	44.48
29 Scourfield, Ruby R	12 Bridgend Cty	44.80
30 Daly, Kirsten E	12 Bridgend Cty	45.00
31 Jones, Sinead	12 Brecon	45.35
32 Stacey, Martha E	11 Torfaen D	46.25
33 Goss, Eden	11 Bridgend SC	47.02
34 Jones, Mia	11 Merthyr Tydf	47.34
35 Knight, Megan M	11 Torfaen D	47.56
36 James, Dempsey	12 Neath	48.85
37 Reilly, Manon	11 Rct Squad	49.36
38 Cole, Grace E	12 Bridgend Cty	50.44
39 Smith, Amelia H	11 Co Cardiff	52.34
40 Jones, Jaicee	11 Rct Squad	54.35

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 19 Girls 11-12 50 LC Meter Butterfly)**

Name	Age Team	Finals Time
41 Chakraborty, Diya	11 Co Cardiff	55.21
42 Cheeseman, Rhyannon E	11 Co Cardiff	58.82
43 Medcraft, Isabelle M	11 Co Cardiff	1:01.18
44 Coles, Teagan	11 Rct Squad	1:04.00
--- Lewis, Grace E	12 Torfaen D	DQ

**Event 19 Girls 13-14 50 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Rowe, Rhiannon M	14 Torfaen D	32.61
2 Fowler, Jasmine S	13 Torfaen D	32.66
3 Rosser, Cerys A	14 Torfaen D	33.04
4 Adams, Jaimee R	13 Co Cardiff	33.44
5 Davies, Lauren M	14 Bridgend Cty	34.82
6 Clayton, Karys L	13 Torfaen D	35.34
7 Williams, Mali	13 Rct Squad	35.39
8 Hale, Chloe	13 Haverfordwest	35.41
9 Evans, Caitlin	13 Neath	35.69
10 Thomas, Grace C	14 Co Newport	36.17
11 Roberts, Alysia	13 Co Cardiff	36.48
*12 Francis-Parker, Tesni	13 Co Newport	37.30
*12 Thompson, Ryleigh	14 Rhondda	37.30
14 Jones, Olivia N	14 Rhondda	37.31
15 Beach, Dion	13 Rhondda	38.09
16 Thomas, Abigail	13 Neath	38.66
17 Thomas, Nansi	13 Co Cardiff	39.13
18 Meek, Emily	14 Rct Squad	39.86
19 Hetherington, Verity	13 NexusValleys	40.44
20 Sutton, Darcy G	13 Co Cardiff	41.07
21 Priday, Ella M	13 Co Cardiff	41.62
22 Davies, Sarah K	14 Torfaen D	43.99
23 Jeremiah, Ruby	13 Rhondda	45.83
24 Davies, Nicole	14 Brecon	49.17
25 Hughson, Lottie	13 Brecon	53.65
--- Davies, Rhiannon	14 Bridgend SC	DQ

**Event 19 Girls 15 & Over 50 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Jones, Ruby	15 Torfaen D	32.04
2 Jones, Cerys	15 Co Cardiff	34.82
3 Cox, Emily V	15 Bridgend Cty	35.51
4 Lewis, Becky	15 Rct Squad	36.90
5 Athwal, Jasmine K	16 Torfaen D	36.95
6 Holder, Nia	17 Abergavenny	38.04
7 James, Ilenia	16 NexusValleys	42.63

**Event 20 Boys 9-10 50 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Mills, Ioan R	10 Torfaen D	38.07
2 Cozma, Sam	9 Co Cardiff	41.57
3 West, Dexter	9 Fishguard	42.14
4 Cobbe, Thomas	10 Co Cardiff	43.45
5 Davies, Iwan H	10 Co Cardiff	44.00
6 Brock, Freddy	9 Pontypridd	45.31
7 Gilligan, Alfie	9 Neath	46.18
8 Hole, Ethan	10 Co Cardiff	46.63
9 Fernon, Cai	10 Rct Squad	46.66
10 Page, Harry	9 Co Cardiff	46.82
11 Bryant, Tomos G	10 Bridgend Cty	46.98
12 Watkins, Oscar K	10 Co Newport	47.97
13 Montgomery, Oliver	9 Fishguard	48.65
14 Edwards, Ross K	9 Co Cardiff	49.03

15 Morris, Hari A	10 Co Cardiff	49.33
16 Ballantyne, Alex	9 Bridgend SC	49.36
17 Dumaoal, Marc Rhys A	9 Co Cardiff	49.89
18 Caddy, Michael	9 Merthyr Tydf	50.17
19 Woodward, Cullen G	10 Bridgend Cty	51.30
20 Hetherington, Trystan T	9 NexusValleys	52.54
21 Warman-Powell, Ioan G	9 Torfaen D	55.10
22 Giles, Brodie	9 Bridgend SC	55.20
23 Roberts, Zac	9 Neath	1:02.52

**Event 20 Boys 11-12 50 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Martin, Luc A	12 Bridgend Cty	36.93
2 Davies, Evan M	12 Co Newport	37.12
3 Lale, Harvey C	12 Torfaen D	37.93
4 Montgomery, Sammy	11 Fishguard	39.04
5 Jones, Harrison L	12 Bridgend Cty	39.32
6 Watkins, Will	11 Bridgend SC	40.13
7 Aylen, James E	11 Bridgend Cty	41.53
8 Warman-Powell, Iolo R	12 Torfaen D	41.61
9 Ferguson, Flynn	12 Neath	42.14
10 Davies, Gavin	11 Co Newport	42.21
11 Henschell, Logan	11 Co Cardiff	42.99
12 Norton, Caleb	12 Rhondda	43.30
13 Nyom, Jack	11 Bridgend SC	44.41
14 Davies, Adam	11 NexusValleys	45.13
15 Mamedov, Ravid	11 Co Cardiff	45.54
16 Hornung, Gruff	11 Co Cardiff	46.03
17 Coombes, Oliver	11 Co Cardiff	47.03
18 Williams, Owen	11 Co Cardiff	48.87
19 Sewel, Finn J	11 Bridgend Cty	59.02

**Event 20 Boys 13-14 50 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Thornton, Douglass	14 Neath	35.07
2 Woodsford, William	13 Co Cardiff	35.32
3 Isaacs, Tomos	14 Rct Squad	35.52
4 Tasker, Gethin	14 Rct Squad	35.60
5 Coulson, Evan T	13 Torfaen D	36.33
6 Johnson, Frederick	13 Heads Valley	38.24
7 Painter, Morgan	13 Co Cardiff	38.41
8 Watkins, William J	13 Co Newport	39.52
9 Ferguson, Lucas	14 Neath	39.88
10 Hughes, Owen g	14 Rhondda	40.14
11 Evans, Emrys	13 Co Cardiff	40.38
12 Durrant, Toben	13 Co Cardiff	40.60
13 Williams, Evan	13 Rhondda	43.87
14 White, Alex	13 Rhondda	45.29
15 Pourdalir, Masih	14 Co Newport	46.70
16 Rees, Garyn	14 Rhondda	47.50

**Event 20 Boys 15 & Over 50 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Wells, Lewis	15 Neath	31.50
2 Stacey, Joseph W	15 Torfaen D	33.23
3 Jones, Jacob	15 Rct Squad	33.84
4 Tan, Nicholas	15 Pontypridd	34.42
5 Lloyd, Rhys	17 Rct Squad	34.77
6 Belcher, Rhys A	15 Co Newport	35.36
7 Roberts, Dafydd	15 NexusValleys	36.68
8 Edwards, Nathaniel H	15 Torfaen D	38.40

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

## Event 21 Girls 9-10 100 LC Meter Backstroke

Name	Age Team	Finals Time
1 Taylor, Theodora A	10 Torfaen D	1:19.74
2 Jones, Evie	10 Merthyr Tydf	1:25.63
3 Owen, Gracie	10 Merthyr Tydf	1:25.94
4 Crawshay-Williams, Emily J	10 Torfaen D	1:27.69
5 Sherrard, Emme I	9 Abergavenny	1:29.53
6 Gardener, Hannah B	9 Bridgend Cty	1:29.62
7 Evans, Porscha	10 Co Cardiff	1:37.07
8 Pani, Isabella C	10 Co Cardiff	1:37.93
9 Owen, Kessie E	10 NexusValleys	1:40.01
10 Knight, Bethan R	9 Torfaen D	1:41.38
11 Rees, Mylee B	10 Co Cardiff	1:41.80
12 Smith, Summer	10 Rct Squad	1:42.32
13 Szychowicz, Latoyah	10 Co Cardiff	1:43.38
14 Arlow, Grace E	9 Torfaen D	1:43.55
15 Evans, Gwennan	9 Co Newport	1:43.99
16 Buckland, Eleanor H	10 Co Cardiff	1:46.03
17 Jones, Lola H	10 Torfaen D	1:46.31
18 Parfitt, Lucy F	10 Co Cardiff	1:47.32
19 Boyce, Bryony H	9 Co Cardiff	1:47.52
20 Miles, Megan	10 Fishguard	1:48.26
21 Barnfield, Daisy R	10 Bridgend Cty	1:48.66
22 Taylor, Maisie K	9 Bridgend Cty	1:48.87
23 FitzGerald, Mali J	9 Bridgend Cty	1:48.99
24 Lewis, Orla Rose	9 Co Cardiff	1:50.60
25 Thomas, Caitlyn	10 Neath	1:50.85
26 Watkins, Amy	9 Bridgend SC	1:51.50
27 Higgs, Cerys	9 Co Cardiff	1:51.61
28 Jones, Gabrielle M	10 Torfaen D	1:53.39
29 Davies, Chloe	9 Bridgend SC	1:53.93
30 Williams, Eva	10 Rhondda	1:56.92
31 Davies, Lily A	9 Bridgend Cty	1:57.93
32 Guth, Tatjana D	10 Co Newport	1:58.29
33 Thomas, Evie R	9 NexusValleys	2:00.13
34 O'Connell, Cerys E	10 NexusValleys	2:00.23
35 John, Evie	9 Rct Squad	2:00.73
36 Hamm, Ava L	9 Bridgend Cty	2:06.59
--- Cull, Pollyanna	9 Co Cardiff	DQ

## Event 21 Girls 11-12 100 LC Meter Backstroke

Name	Age Team	Finals Time
1 Lewis, Lowri	12 Neath	1:14.47
2 Davies, Sophie G	11 Co Cardiff	1:15.44
3 Dunglinson, Kate L	12 Bridgend Cty	1:15.78
4 Watkins, Amelia M	11 Torfaen D	1:17.26
5 Blake, Ffion	12 Co Cardiff	1:17.69
6 Gilligan, Gracie	11 Neath	1:19.58
7 Badman, Phoebe	12 Rct Squad	1:21.79
8 Thomas, Ffion	12 Neath	1:21.86
9 Beynon, Gracie L	11 Bridgend Cty	1:22.57
10 Griffiths-Cole, Carys S	12 Bridgend Cty	1:22.88
11 Edwards, Nanci G	12 Torfaen D	1:23.61
12 Francombe, Romy	12 Bridgend Cty	1:23.86
13 Woodward, Angharad	11 Neath	1:25.31
14 Lawler, Sadie	11 Neath	1:26.63
15 Jones, Jessica	12 Torfaen D	1:27.11
16 Thomas, Nyla	12 Neath	1:28.16
17 Johnson, Alexandra	11 Heads Valley	1:28.25
18 Avraam, Neve E	11 Bridgend Cty	1:28.84
19 Winter, Callie M	11 Co Cardiff	1:28.94

*20 McDonagh, Emily M	11 Bridgend Cty	1:29.55
*20 Lewis, Grace E	12 Torfaen D	1:29.55
22 Davis, Freya	11 Rct Squad	1:29.87
23 Dubberley, Anwen	12 Rct Squad	1:29.88
24 Lloyd, Ffion H	12 Pontypridd	1:30.44
25 Haddrell, Eva Lily	11 Rct Squad	1:31.88
26 Adams, Isabelle E	12 Torfaen D	1:32.31
27 Henshall, Chloe M	12 Co Cardiff	1:32.41
28 Anderson, Holly	12 Co Cardiff	1:33.79
29 Jones, Sinead	12 Brecon	1:34.24
30 Buckland, Sophie	12 Co Cardiff	1:34.70
31 James, Jennifer	12 Pontypridd	1:35.29
32 Reilly, Manon	11 Rct Squad	1:35.49
33 Lloyd, Thea	11 NexusValleys	1:36.33
34 Knight, Megan M	11 Torfaen D	1:36.61
35 Price, Bethan	11 Bridgend SC	1:36.87
36 Davies, Gracie	11 Bridgend SC	1:38.42
37 Goss, Eden	11 Bridgend SC	1:38.75
38 Cole, Grace E	12 Bridgend Cty	1:39.06
39 Smith, Amelia H	11 Co Cardiff	1:40.20
40 Tarpey, Niamh A	11 Bridgend Cty	1:42.46
41 Scourfield, Ruby R	12 Bridgend Cty	1:43.27
42 Jones, Jaicee	11 Rct Squad	1:45.42
43 Lawton, Skyla-Eve E	12 Torfaen D	1:45.98
44 Chakraborty, Diya	11 Co Cardiff	1:46.62
45 Gardener, Louise R	12 Bridgend Cty	1:47.70
46 Cheeseman, Rhyannon E	11 Co Cardiff	2:03.04
--- Gronow, Mia	12 Bridgend Cty	DQ
--- Carre, Jasmine M	11 Rct Squad	DQ

## Event 21 Girls 13-14 100 LC Meter Backstroke

Name	Age Team	Finals Time
1 Evans, Bethan	14 Neath	1:10.84
2 Marchant, Rhiannon	14 Rct Squad	1:12.17
3 Nowell, Gabriella J	13 Torfaen D	1:14.52
4 Davies, Tegan M	14 Bridgend Cty	1:16.55
5 Clayton, Karys L	13 Torfaen D	1:17.03
6 Jones, Neve	13 Neath	1:17.24
7 Fowler, Jasmine S	13 Torfaen D	1:17.42
8 Roberts, Alysia	13 Co Cardiff	1:21.00
9 Davies, Lauren M	14 Bridgend Cty	1:24.06
10 Adams, Jaimee R	13 Co Cardiff	1:24.99
11 Lunn, Cerys	14 Co Cardiff	1:25.35
12 Williams, Mali	13 Rct Squad	1:27.32
13 Thomas, Nansi	13 Co Cardiff	1:28.82
14 Thomas, Abigail	13 Neath	1:28.90
15 Hale, Chloe	13 Haverfordwest	1:29.71
16 Davies, Sarah K	14 Torfaen D	1:37.10
17 Jeremiah, Ruby	13 Rhondda	1:37.95
18 Briley, Rachel	13 Chepstow	1:51.28

## Event 21 Girls 15 &amp; Over 100 LC Meter Backstroke

Name	Age Team	Finals Time
1 Warrender, Meggan	17 Torfaen D	1:09.86
2 Smith, Mia	15 Torfaen D	1:18.19
3 Cox, Emily V	15 Bridgend Cty	1:18.72
4 Lewis, Becky	15 Rct Squad	1:28.74
5 Holton, Meg	15 Abergavenny	1:30.47
6 Powell, Neve M	15 Co Newport	1:32.00

## Event 22 Girls 9-10 200 LC Meter Freestyle

Name	Age Team	Finals Time
1 Taylor, Theodora A	10 Torfaen D	2:32.76

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

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**(Event 22 Girls 9-10 200 LC Meter Freestyle)**

Name	Age Team	Finals Time
2 Owen, Gracie	10 Merthyr Tydf	2:37.74
3 Jones, Evie	10 Merthyr Tydf	2:43.05
4 Sherrard, Emme I	9 Abergavenny	2:47.34
5 Gardener, Hannah B	9 Bridgend Cty	2:49.03
6 Crawshay-Williams, Emily J	10 Torfaen D	2:53.71
7 Owen, Kessie E	10 NexusValleys	2:56.33
8 Pani, Isabella C	10 Co Cardiff	3:12.43
9 Jenkins, Alice	10 Bridgend SC	3:14.63
10 Scurlock, Poppy	10 Co Cardiff	3:16.01
11 Jala, Eliana	10 Rhondda	3:22.69
12 Boyce, Bryony H	9 Co Cardiff	3:25.56
*13 Hancock, Ruby C	10 NexusValleys	3:26.61
*13 Higgs, Cerys	9 Co Cardiff	3:26.61
15 Thomas, Hannah L	9 NexusValleys	3:27.65
16 Thomas, Caitlyn	10 Neath	3:28.33
17 Davies, Chloe	9 Bridgend SC	3:37.52
18 Nithsdale, Katie	10 NexusValleys	3:44.21
19 FitzGerald, Mali J	9 Bridgend Cty	3:50.99
20 Guth, Tatjana D	10 Co Newport	3:58.03
21 Thomas, Evie R	9 NexusValleys	4:01.27

**Event 22 Girls 11-12 200 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Broder, Libby R	12 Torfaen D	2:16.33
2 Dunglison, Kate L	12 Bridgend Cty	2:23.49
3 Blake, Ffion	12 Co Cardiff	2:26.49
4 Lewis, Lowri	12 Neath	2:26.86
5 Griffiths-Cole, Carys S	12 Bridgend Cty	2:27.51
6 Coleman, Harriet F	12 Torfaen D	2:27.71
7 Gronow, Mia	12 Bridgend Cty	2:31.42
8 Davies, Sophie G	11 Co Cardiff	2:32.34
9 Merchant, Anna-Rose	12 Bridgend Cty	2:34.36
10 Pritchard, Mia	12 Co Cardiff	2:34.72
11 Gilligan, Gracie	11 Neath	2:36.07
12 Francombe, Romy	12 Bridgend Cty	2:36.20
13 O'Mahoney, Kaitlin	11 Neath	2:37.90
14 Beynon, Gracie L	11 Bridgend Cty	2:38.07
15 Pengelly, Leia	12 Rct Squad	2:39.39
16 Thomas, Ffion	12 Neath	2:40.03
17 Hughes, Cari	12 NexusValleys	2:40.51
18 Edwards, Nanci G	12 Torfaen D	2:41.05
19 Salmon, Gwen	11 Rct Squad	2:41.85
20 Vincent, Caitlyn E	12 Pontypridd	2:42.68
21 Thomas, Nyla	12 Neath	2:43.45
22 Jones, Ella N	11 Torfaen D	2:43.49
23 Woodward, Angharad	11 Neath	2:43.61
24 Lewis, Hollie	11 Bridgend SC	2:45.18
25 Avraam, Neve E	11 Bridgend Cty	2:45.75
26 McDonagh, Emily M	11 Bridgend Cty	2:47.81
27 Williams, Georgia	12 NexusValleys	2:50.32
28 Beach, Mia	11 Rhondda	2:50.87
*29 Loxton, Holly	12 Co Cardiff	2:51.60
*29 Jones, Sinead	12 Brecon	2:51.60
31 Coulson, Evie G	12 Torfaen D	2:51.69
32 Rankin, Carys	11 Co Cardiff	2:52.57
33 Johnson, Alexandra	11 Heads Valley	2:52.85
34 Lawler, Sadie	11 Neath	2:53.03
35 James, Dempsey	12 Neath	2:55.44
36 Gruffydd, Mali P	11 Co Cardiff	2:56.06
37 Winter, Callie M	11 Co Cardiff	2:58.98

38 Willis, Meghan R	11 Torfaen D	3:00.50
39 Lloyd, Ffion H	12 Pontypridd	3:01.04
40 Daly, Kirsten E	12 Bridgend Cty	3:01.51
41 Millan, Seren L	12 Bridgend Cty	3:06.17
42 Reeves, Lacey	11 Rhondda	3:06.83
43 Cole, Grace E	12 Bridgend Cty	3:09.48
44 Townsend, Skye S	11 Co Cardiff	3:14.86
45 Davies, Gracie	11 Bridgend SC	3:15.48
46 Scourfield, Ruby R	12 Bridgend Cty	3:17.10
47 Everson-Baker, Amelia J	11 Torfaen D	3:17.38
48 Reilly, Manon	11 Rct Squad	3:18.34
49 Lawson, Sophie J	12 Co Cardiff	3:20.94
50 Tarpey, Niamh A	11 Bridgend Cty	3:24.37
51 Jones, Jaicee	11 Rct Squad	3:39.74

**Event 22 Girls 13-14 200 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Rosser, Cerys A	14 Torfaen D	2:16.29
2 Evans, Bethan	14 Neath	2:19.45
3 Bond, Sasha	14 Rct Squad	2:20.04
4 Stork, Niamh	14 Co Cardiff	2:20.22
5 Morgan, Bethan E	14 Bridgend Cty	2:20.98
6 Marchant, Rhiannon	14 Rct Squad	2:21.24
7 Adams, Jaimee R	13 Co Cardiff	2:26.17
8 Baker, Alyssa R	14 Torfaen D	2:26.39
9 Manley, Olivia	13 Co Cardiff	2:27.25
10 Lewis, Abigail	13 Neath	2:28.56
11 Greenslade, Holly J	13 Torfaen D	2:29.33
12 Johnson, Rachel	13 Neath	2:29.86
13 Davies, Tegan M	14 Bridgend Cty	2:30.49
14 Hetherington, Verity	13 NexusValleys	2:31.93
15 Davies, Cerys	13 Rct Squad	2:31.99
16 Jones, Emilia A	14 Bridgend Cty	2:34.98
17 Hamer, Charlotte M	14 Torfaen D	2:35.52
18 Jones, Neve	13 Neath	2:35.97
19 Page, Lauren-Ann	13 Co Cardiff	2:39.39
20 Jones, Isabelle	14 Torfaen D	2:40.95
21 Sturdy, Lauren	13 Rct Squad	2:42.10
22 Roberts, Alysia	13 Co Cardiff	2:42.60
23 Bateman, Grace	13 Bridgend Cty	2:43.57
24 Jones, Olivia N	14 Rhondda	2:44.59
25 Thomas, Nansi	13 Co Cardiff	2:44.60
26 Beach, Dion	13 Rhondda	2:46.25
27 Thomas, Abigail	13 Neath	2:46.72
28 Thomas, Madison A	13 NexusValleys	2:47.50
29 Hale, Chloe	13 Haverfordwest	2:52.90
30 Davies, Rhiannon	14 Bridgend SC	2:55.04
31 Jeremiah, Ruby	13 Rhondda	3:11.42
32 Samir, Alexandra	13 Neath	3:35.71

**Event 22 Girls 15 & Over 200 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Lovell, Madison R	15 Torfaen D	2:09.82
2 Watson, Freya H	18 Torfaen D	2:14.40
3 Jones, Ruby	15 Torfaen D	2:16.78
4 Smith, Mia	15 Torfaen D	2:22.75
5 Edwards, Maddie	15 NexusValleys	2:24.82
6 Cox, Emily V	15 Bridgend Cty	2:26.88
7 Frolley, Megan R	15 Bridgend Cty	2:27.26
8 Jones, Cerys	15 Co Cardiff	2:35.62
9 James, Ilenia	16 NexusValleys	2:48.23
10 Powell, Neve M	15 Co Newport	2:48.25

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

## Event 23 Boys 9-10 200 LC Meter IM

Name	Age Team	Finals Time
1 Mills, Ioan R	10 Torfaen D	3:06.37
2 Cozma, Sam	9 Co Cardiff	3:07.03
3 Mruk, Lucas J	10 Torfaen D	3:07.72
4 West, Dexter	9 Fishguard	3:22.21
5 Rosser, Ellis R	10 Torfaen D	3:22.72
6 Davies, Iwan H	10 Co Cardiff	3:39.24
7 Bryant, Tomos G	10 Bridgend Cty	3:40.20
8 Gilligan, Alfie	9 Neath	3:40.93
9 Brock, Freddy	9 Pontypridd	3:45.51
10 De Leon, Russel D	10 Rhondda	3:59.34
11 Fernon, Cai	10 Rct Squad	4:01.85
12 Edwards, Ross K	9 Co Cardiff	4:02.48
13 Watkins, Oscar K	10 Co Newport	4:04.82
14 Morris, Hari A	10 Co Cardiff	4:07.65
15 Morgan, Harri D	9 Co Cardiff	4:11.04
16 Dumaal, Marc Rhys A	9 Co Cardiff	4:22.21
--- Hole, Ethan	10 Co Cardiff	DQ
--- Cobbe, Thomas	10 Co Cardiff	DQ

## Event 23 Boys 11-12 200 LC Meter IM

Name	Age Team	Finals Time
1 Lee, Tristan	12 Co Cardiff	2:34.97
2 Lee, Ethan	12 Co Cardiff	2:39.85
3 McLain, Archie	12 Heads Valley	2:50.24
4 Southwood, Charlie M	12 Torfaen D	2:52.82
5 Sheppard, Rhydian	11 Co Cardiff	2:55.26
6 Lale, Harvey C	12 Torfaen D	2:57.10
7 Morgan, Lewis R	12 Bridgend Cty	2:58.48
8 Stevens, Henry A	12 Co Cardiff	3:02.62
9 Caddy, Alexander	12 Merthyr Tydf	3:05.69
10 Mruk, Keian J	12 Torfaen D	3:06.84
11 Warman-Powell, Iolo R	12 Torfaen D	3:07.33
12 Froley, Iwan C	11 Bridgend Cty	3:11.53
13 Lewis, Morgan	11 Bridgend SC	3:11.96
14 Montgomery, Sammy	11 Fishguard	3:11.99
15 Newton, James L	12 Torfaen D	3:14.37
16 Price, Ellis	12 Pontypridd	3:15.04
17 Davies, Gavin	11 Co Newport	3:15.40
18 Jones, Harrison L	12 Bridgend Cty	3:19.64
19 Davies, Adam	11 NexusValleys	3:27.84
20 Aylen, James E	11 Bridgend Cty	3:32.39
21 Coombes, Oliver	11 Co Cardiff	3:32.77
22 Lynch-Warden, Matthew	12 Monnow	3:32.95
23 Mamedov, Ravid	11 Co Cardiff	3:36.76
24 De Leon, Ralf D	12 Rhondda	3:48.28
25 Adams, Ronan	11 Bridgend SC	3:53.98
26 Hornung, Gruff	11 Co Cardiff	4:16.90
--- Rogers, Logan A	12 Neath	DQ

## Event 23 Boys 13-14 200 LC Meter IM

Name	Age Team	Finals Time
1 Merriman, Ben W	14 Torfaen D	2:25.62
2 Geysen-Holley, Max	13 Co Cardiff	2:28.04
3 Rosser, Dewi J	13 Torfaen D	2:41.36
4 Isaacs, Tomos	14 Rct Squad	2:42.32
5 Woodsford, William	13 Co Cardiff	2:44.19
6 Newton, Oscar	13 Torfaen D	2:46.25
7 Lloyd, Angus	13 Co Cardiff	2:53.61
8 Dumaal, Martin Vince	13 Co Cardiff	2:55.79
9 Lynch-Warden, Elliot	14 Monnow	2:56.22

10 Johnson, Frederick	13 Heads Valley	2:58.76
11 Painter, Morgan	13 Co Cardiff	2:59.08
12 Tasker, Gethin	14 Rct Squad	3:01.93
13 Rees, Garyn	14 Rhondda	3:06.62
14 Evans, Emrys	13 Co Cardiff	3:06.97
15 McNally, Rhys	14 Bridgend SC	3:09.65
16 Durrant, Toben	13 Co Cardiff	3:13.37
17 Williams, Evan	13 Rhondda	3:15.43

## Event 23 Boys 15 &amp; Over 200 LC Meter IM

Name	Age Team	Finals Time
1 Richards, Owen T	18 Torfaen D	2:19.33
2 Broom, Dylan H	17 Torfaen D	2:20.99
3 Davies, Joseph M	16 Torfaen D	2:25.94
4 Salmon, Carwyn	15 Rct Squad	2:25.99
5 Rees, Brandon	18 Rhondda	2:39.65
6 Jones, Finlay M	17 Rhondda	2:45.15
7 Belcher, Rhys A	15 Co Newport	2:48.41
8 Roberts, Dafydd	15 NexusValleys	2:53.71
9 Edwards, Nathaniel H	15 Torfaen D	2:54.06

## Event 24 Girls 9-10 50 LC Meter Breaststroke

Name	Age Team	Finals Time
1 Owen, Gracie	10 Merthyr Tydf	47.27
2 Owen, Kessie E	10 NexusValleys	48.06
3 Gibson, Mari E	10 Co Cardiff	50.14
4 Miles, Megan	10 Fishguard	51.50
5 Lewis, Daisy	9 Bridgend SC	51.57
6 Abude, Zarah	10 Rhondda	52.39
7 Pani, Isabella C	10 Co Cardiff	52.68
8 Jenkins, Alice	10 Bridgend SC	53.10
9 Knight, Bethan R	9 Torfaen D	54.23
10 Rees, Mylee B	10 Co Cardiff	54.99
11 Cull, Pollyanna	9 Co Cardiff	55.12
12 Scurlock, Poppy	10 Co Cardiff	55.32
13 Lewis, Orla Rose	9 Co Cardiff	55.41
14 Carter, Bella	10 Monnow	56.26
15 Arlow, Grace E	9 Torfaen D	56.81
16 Jala, Eliana	10 Rhondda	57.07
17 Williams, Eva	10 Rhondda	57.38
18 Parfitt, Lucy F	10 Co Cardiff	57.48
19 Thomas, Hannah L	9 NexusValleys	58.29
20 Barnfield, Daisy R	10 Bridgend Cty	58.80
21 Jones, Gabrielle M	10 Torfaen D	59.00
22 Smith, Summer	10 Rct Squad	59.01
23 Griffiths, Daisy	9 NexusValleys	59.19
24 Brady, Grace	9 Rct Squad	1:00.89
25 Taylor, Maisie K	9 Bridgend Cty	1:01.11
26 Altordai, Yume	9 Co Cardiff	1:01.29
27 Guth, Tatjana D	10 Co Newport	1:01.31
28 Buckland, Eleanor H	10 Co Cardiff	1:01.38
29 Evans, Gwennan	9 Co Newport	1:01.48
30 Nithsdale, Katie	10 NexusValleys	1:02.60
31 Thompson, Lacey S	10 Torfaen D	1:02.87
32 Higgs, Cerys	9 Co Cardiff	1:03.43
33 Hancock, Ruby C	10 NexusValleys	1:03.89
34 Wardell, Cari G	9 Co Cardiff	1:03.94
35 Thomas, Caitlyn	10 Neath	1:04.07
36 Davies, Shannon L	10 Torfaen D	1:04.37
37 Shephard, Kate	9 Rhondda	1:05.34
38 John, Evie	9 Rct Squad	1:05.37
39 Gambold, Georgia T	9 Rhondda	1:05.39



## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 24 Girls 9-10 50 LC Meter Breaststroke)**

Name	Age Team	Finals Time
40 Carter-Head, Lexi G	10 Co Cardiff	1:05.72
41 Newton, Florence E	9 Torfaen D	1:06.20
42 Poole, Naomi D	9 Rhondda	1:07.49
43 Hamm, Ava L	9 Bridgend Cty	1:08.59
44 Davies, Lily A	9 Bridgend Cty	1:09.50
45 Thomas, Evie R	9 NexusValleys	1:10.77
46 Davies, Josie-May	9 Rhondda	1:11.84
47 Watkins, Amy	9 Bridgend SC	1:12.45
--- Jones, Lola H	10 Torfaen D	DQ

**Event 24 Girls 11-12 50 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Davies, Sophie G	11 Co Cardiff	40.02
2 Croke, Carys S	11 Torfaen D	40.58
3 Gibson, Hannah L	12 Chepstow	40.80
4 Merchant, Anna-Rose	12 Bridgend Cty	40.81
5 Salmon, Gwen	11 Rct Squad	40.94
*6 Dunglison, Kate L	12 Bridgend Cty	41.37
*6 Hughes, Cari	12 NexusValleys	41.37
8 Davis, Freya	11 Rct Squad	41.62
9 Pritchard, Mia	12 Co Cardiff	42.89
10 Vincent, Caitlyn E	12 Pontypridd	44.28
11 Rankin, Carys	11 Co Cardiff	46.43
12 Beach, Mia	11 Rhondda	46.55
13 Daly, Kirsten E	12 Bridgend Cty	46.63
14 Thomas, Ffion	12 Neath	47.20
15 McDonagh, Emily M	11 Bridgend Cty	47.92
16 Lloyd, Thea	11 NexusValleys	47.95
17 Haddrell, Eva Lily	11 Rct Squad	48.09
18 Jones, Ella N	11 Torfaen D	48.20
19 Millan, Seren L	12 Bridgend Cty	48.63
20 Williams, Ellise F	12 Rhondda	48.72
21 Edwards, Nanci G	12 Torfaen D	48.85
22 Avraam, Neve E	11 Bridgend Cty	49.01
23 Pengelly, Leia	12 Rct Squad	49.05
24 Loxton, Holly	12 Co Cardiff	49.42
25 Winter, Callie M	11 Co Cardiff	49.97
26 James, Dempsey	12 Neath	50.27
27 Dubberley, Anwen	12 Rct Squad	50.28
28 Jones, Mia	11 Merthyr Tydf	50.61
29 Lewis, Cara	11 Bridgend SC	50.77
30 Anderson, Holly	12 Co Cardiff	50.78
31 Griffiths, Darcy	12 Neath	50.97
32 Jones, Sinead	12 Brecon	50.99
33 Jarvis, Saffi	12 Monnow	51.07
34 Lawson, Sophie J	12 Co Cardiff	51.23
35 Buckland, Sophie	12 Co Cardiff	51.32
36 Lawton, Skyla-Eve E	12 Torfaen D	52.45
37 Williams, Seren	11 Rhondda	53.31
38 Morgan, Jessica M	11 Bridgend Cty	53.69
39 Stacey, Martha E	11 Torfaen D	53.76
40 Medcraft, Isabelle M	11 Co Cardiff	53.85
41 Smith, Amelia H	11 Co Cardiff	53.98
42 Adams, Isabelle E	12 Torfaen D	54.13
43 Griffiths, Lacey	11 Neath	55.60
44 Scourfield, Ruby R	12 Bridgend Cty	56.19
45 Niavarani, Liana	11 Co Cardiff	57.17
46 Cheeseman, Rhyannon E	11 Co Cardiff	57.74
47 Everson-Baker, Amelia J	11 Torfaen D	57.86
48 Townsend, Skye S	11 Co Cardiff	57.92

49 Tarpey, Niamh A	11 Bridgend Cty	58.39
50 Reilly, Manon	11 Rct Squad	58.46
51 Carre, Jasmine M	11 Rct Squad	58.50
52 Gardener, Louise R	12 Bridgend Cty	58.79
53 Cole, Grace E	12 Bridgend Cty	58.80
54 Knight, Megan M	11 Torfaen D	1:00.10
55 Vaughan, Breanna	12 Abergavenny	1:00.53
56 Chakraborty, Diya	11 Co Cardiff	1:01.33
57 Coles, Teagan	11 Rct Squad	1:04.83
58 Jones, Jaicee	11 Rct Squad	1:09.38
--- Price, Bethan	11 Bridgend SC	DQ

**Event 24 Girls 13-14 50 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Fowler, Jasmine S	13 Torfaen D	38.16
2 Nowell, Gabriella J	13 Torfaen D	39.94
3 Cook, Seren M	14 Bridgend Cty	41.04
4 Stork, Niamh	14 Co Cardiff	41.26
5 Meek, Emily	14 Rct Squad	41.68
6 James, Ffion	14 Rct Squad	42.21
7 Greenslade, Holly J	13 Torfaen D	42.42
8 Manley, Olivia	13 Co Cardiff	42.65
*9 Evans, Caitlin	13 Neath	42.87
*9 Roberts, Alysia	13 Co Cardiff	42.87
11 Beach, Dion	13 Rhondda	42.97
12 Jones, Emilia A	14 Bridgend Cty	43.91
13 Jones, Isabelle	14 Torfaen D	43.97
14 Hale, Chloe	13 Haverfordwest	44.33
15 Adams, Jaimee R	13 Co Cardiff	44.36
16 Thomas, Abigail	13 Neath	44.82
17 Anthony, Gabrielle	13 Rct Squad	45.86
18 Hamer, Charlotte M	14 Torfaen D	45.98
19 Sutton, Darcy G	13 Co Cardiff	46.22
20 Sturdy, Lauren	13 Rct Squad	46.61
21 Bateman, Grace	13 Bridgend Cty	46.65
22 Francis-Parker, Tesni	13 Co Newport	47.07
23 Davies, Rhiannon	14 Bridgend SC	48.75
24 Thomas, Madison A	13 NexusValleys	51.06
25 Jeremiah, Ruby	13 Rhondda	52.95
26 Hughson, Lottie	13 Brecon	57.17
27 Davies, Nicole	14 Brecon	1:06.68

**Event 24 Girls 15 & Over 50 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 McRae, Mair K	16 Torfaen D	36.01
2 Jones, Ruby	15 Torfaen D	39.76
3 Smith, Mia	15 Torfaen D	40.99
4 Athwal, Jasmine K	16 Torfaen D	42.68
5 Jones, Cerys	15 Co Cardiff	43.17
6 Holton, Meg	15 Abergavenny	45.88
7 Cox, Emily V	15 Bridgend Cty	46.40
8 Lewis, Becky	15 Rct Squad	55.68

**Event 25 Boys 9-10 100 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Mills, Ioan R	10 Torfaen D	1:35.20
2 Davies, Iwan H	10 Co Cardiff	2:04.77
3 Hole, Ethan	10 Co Cardiff	2:07.81
--- De Leon, Russel D	10 Rhondda	DQ

**Event 25 Boys 11-12 100 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Lee, Ethan	12 Co Cardiff	1:17.13

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 25 Boys 11-12 100 LC Meter Butterfly)**

Name	Age Team	Finals Time
2 Lee, Tristan	12 Co Cardiff	1:17.27
3 John, Finlay	12 Rct Squad	1:19.78
4 Martin, Luc A	12 Bridgend Cty	1:21.58
5 Sheppard, Rhydian	11 Co Cardiff	1:27.98
6 Davies, Evan M	12 Co Newport	1:29.89
7 Froley, Iwan C	11 Bridgend Cty	1:35.79
8 Lewis, Morgan	11 Bridgend SC	1:40.52
9 Jones, Harrison L	12 Bridgend Cty	1:45.87
10 Coombes, Oliver	11 Co Cardiff	1:53.51
11 De Leon, Ralf D	12 Rhondda	2:03.25

**Event 25 Boys 13-14 100 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Merriman, Ben W	14 Torfaen D	1:06.20
2 Edwards, Sam C	13 NexusValleys	1:16.30
3 Isaacs, Tomos	14 Rct Squad	1:16.98
4 Fowler, Joseph	13 Rct Squad	1:17.82
5 Hughes, Owen g	14 Rhondda	1:19.13
6 Rees, Garyn	14 Rhondda	1:26.78
7 John, Alexander	14 Rct Squad	1:27.15
8 Williams, Evan	13 Rhondda	1:32.50
9 Durrant, Toben	13 Co Cardiff	1:35.37
10 Jones, Garyn	14 Neath	1:36.14
11 Evans, Emrys	13 Co Cardiff	1:38.35
--- Painter, Morgan	13 Co Cardiff	DQ

**Event 25 Boys 15 & Over 100 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Rees, Brandon	18 Rhondda	1:02.67
2 Salmon, Carwyn	15 Rct Squad	1:09.58
3 Wells, Lewis	15 Neath	1:10.10
4 Stacey, Joseph W	15 Torfaen D	1:13.59
5 Tan, Nicholas	15 Pontypridd	1:17.52
6 Yates, Luke	15 Bridgend SC	1:19.83

**Event 26 Girls 9-10 200 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Jones, Evie	10 Merthyr Tydf	3:19.79
2 Owen, Gracie	10 Merthyr Tydf	3:25.01

**Event 26 Girls 11-12 200 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Broder, Libby R	12 Torfaen D	2:35.92
2 Cull, Harriett	11 Co Cardiff	2:52.98
3 Dunglison, Kate L	12 Bridgend Cty	2:53.01
4 Badman, Phoebe	12 Rct Squad	2:57.17
5 Gronow, Mia	12 Bridgend Cty	3:13.59
6 Henshall, Chloe M	12 Co Cardiff	3:21.90

**Event 26 Girls 13-14 200 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Baker, Alyssa R	14 Torfaen D	2:36.45
2 Bond, Sasha	14 Rct Squad	2:46.60
3 Lunn, Cerys	14 Co Cardiff	3:17.28

**Event 26 Girls 15 & Over 200 LC Meter Butterfly**

Name	Age Team	Finals Time
1 Froley, Megan R	15 Bridgend Cty	3:09.31
2 Holder, Nia	17 Abergavenny	3:21.65

**Event 27 Boys 9-10 200 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Rosser, Ellis R	10 Torfaen D	3:11.64
2 Hole, Ethan	10 Co Cardiff	3:38.12
3 De Leon, Russel D	10 Rhondda	3:47.44
4 Dumaoal, Marc Rhys A	9 Co Cardiff	3:48.21
5 Ballantyne, Alex	9 Bridgend SC	3:50.97
6 Morgan, Harri D	9 Co Cardiff	3:51.38

**Event 27 Boys 11-12 200 LC Meter Backstroke**

Name	Age Team	Finals Time
1 John, Finlay	12 Rct Squad	2:37.38
2 Southwood, Charlie M	12 Torfaen D	2:53.04
3 Sheppard, Rhydian	11 Co Cardiff	2:57.12
4 Jones, Rhys M	12 Rct Squad	2:57.28
5 Morgan, Lewis R	12 Bridgend Cty	3:01.43
6 Montgomery, Sammy	11 Fishguard	3:02.07
7 Stevens, Henry A	12 Co Cardiff	3:02.60
8 Jones, Harrison L	12 Bridgend Cty	3:03.64
9 Price, Ellis	12 Pontypridd	3:05.64
10 Warman-Powell, Iolo R	12 Torfaen D	3:13.16
11 Mamedov, Ravid	11 Co Cardiff	3:30.60
12 De Leon, Ralf D	12 Rhondda	3:56.27

**Event 27 Boys 13-14 200 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Edwards, Sam C	13 NexusValleys	2:39.18
2 Isaacs, Tomos	14 Rct Squad	2:40.01
3 Newton, Oscar	13 Torfaen D	2:50.54
4 Watkins, William J	13 Co Newport	3:01.97
5 McNally, Rhys	14 Bridgend SC	3:03.99
6 Rees, Garyn	14 Rhondda	3:09.81

**Event 27 Boys 15 & Over 200 LC Meter Backstroke**

Name	Age Team	Finals Time
1 Belcher, Rhys A	15 Co Newport	2:46.32
2 Lloyd, Rhys	17 Rct Squad	2:47.81

**Event 28 Girls 9-10 100 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Taylor, Theodora A	10 Torfaen D	1:28.18
2 Gardener, Hannah B	9 Bridgend Cty	1:42.11
3 Owen, Kessie E	10 NexusValleys	1:48.48
4 Gibson, Mari E	10 Co Cardiff	1:52.34
5 Powell, Ava L	10 Torfaen D	1:52.68
6 Abude, Zarah	10 Rhondda	1:57.52
7 Lewis, Daisy	9 Bridgend SC	1:58.83
8 Williams, Eva	10 Rhondda	1:58.92
9 Cull, Pollyanna	9 Co Cardiff	1:59.33
10 Barnfield, Daisy R	10 Bridgend Cty	1:59.52
11 Knight, Bethan R	9 Torfaen D	1:59.70
12 Rees, Mylee B	10 Co Cardiff	1:59.90
13 Lewis, Orla Rose	9 Co Cardiff	1:59.96
14 Scurlock, Poppy	10 Co Cardiff	2:00.48
15 Parfitt, Lucy F	10 Co Cardiff	2:01.21
16 Szychowicz, Latoyah	10 Co Cardiff	2:03.13
17 Arlow, Grace E	9 Torfaen D	2:06.71
18 Griffiths, Daisy	9 NexusValleys	2:06.90
19 Marshall, Ffion H	9 Co Cardiff	2:08.27
20 Thomas, Hannah L	9 NexusValleys	2:09.87
21 Higgs, Cerys	9 Co Cardiff	2:10.26
22 Jones, Gabrielle M	10 Torfaen D	2:10.73
23 Davies, Hannah	10 Monnow	2:13.26

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 28 Girls 9-10 100 LC Meter Breaststroke)**

Name	Age Team	Finals Time
24 Patterson, Grace	9 Bridgend SC	2:15.08
25 Guth, Tatjana D	10 Co Newport	2:20.94
26 Bevan, Ellie	9 Bridgend SC	2:26.16
27 Davies, Josie-May	9 Rhondda	2:34.06
28 Watkins, Amy	9 Bridgend SC	2:45.73

**Event 28 Girls 11-12 100 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Croke, Carys S	11 Torfaen D	1:25.97
2 Davies, Sophie G	11 Co Cardiff	1:26.26
3 Gilligan, Gracie	11 Neath	1:27.48
4 Dunglison, Kate L	12 Bridgend Cty	1:29.43
5 Gibson, Hannah L	12 Chepstow	1:30.88
6 Merchant, Anna-Rose	12 Bridgend Cty	1:31.46
7 Davis, Freya	11 Rct Squad	1:31.97
8 Watkins, Amelia M	11 Torfaen D	1:33.74
9 Beynon, Gracie L	11 Bridgend Cty	1:35.28
10 Beach, Mia	11 Rhondda	1:38.32
11 Daly, Kirsten E	12 Bridgend Cty	1:40.37
12 Lloyd, Thea	11 NexusValleys	1:42.14
13 Rankin, Carys	11 Co Cardiff	1:42.17
14 Jones, Ella N	11 Torfaen D	1:43.17
15 Avraam, Neve E	11 Bridgend Cty	1:44.13
16 Lewis, Hollie	11 Bridgend SC	1:45.03
17 Lloyd, Ffion H	12 Pontypridd	1:45.32
18 Millan, Seren L	12 Bridgend Cty	1:46.41
19 James, Dempsey	12 Neath	1:47.27
20 McDonagh, Emily M	11 Bridgend Cty	1:47.41
21 Lewis, Cara	11 Bridgend SC	1:49.20
22 Jarvis, Saffi	12 Monnow	1:50.98
23 Reeves, Lacey	11 Rhondda	1:51.53
24 Gruffydd, Mali P	11 Co Cardiff	1:52.15
25 Winter, Callie M	11 Co Cardiff	1:52.40
26 Smith, Amelia H	11 Co Cardiff	1:52.72
27 Lawton, Skyla-Eve E	12 Torfaen D	1:55.00
28 Jones, Sinead	12 Brecon	1:55.90
29 Medcraft, Isabelle M	11 Co Cardiff	1:56.56
30 Williams, Seren	11 Rhondda	1:59.52
31 Adams, Isabelle E	12 Torfaen D	2:00.37
32 Scourfield, Ruby R	12 Bridgend Cty	2:03.41
33 Townsend, Skye S	11 Co Cardiff	2:06.83
34 Cheeseman, Rhyannon E	11 Co Cardiff	2:07.11
35 Cole, Grace E	12 Bridgend Cty	2:07.12
36 Chakraborty, Diya	11 Co Cardiff	2:13.45
37 Carre, Jasmine M	11 Rct Squad	2:13.60
38 Vaughan, Breanna	12 Abergavenny	2:21.99
--- James, Jennifer	12 Pontypridd	DQ

**Event 28 Girls 13-14 100 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 Fowler, Jasmine S	13 Torfaen D	1:23.98
2 Lewis, Abigail	13 Neath	1:26.41
3 Cook, Seren M	14 Bridgend Cty	1:28.67
4 Evans, Caitlin	13 Neath	1:30.32
5 Meek, Emily	14 Rct Squad	1:32.08
6 Jones, Emilia A	14 Bridgend Cty	1:32.63
7 James, Ffion	14 Rct Squad	1:35.76
8 Adams, Jaimee R	13 Co Cardiff	1:37.23
9 Sutton, Darcy G	13 Co Cardiff	1:38.62
10 Thomas, Abigail	13 Neath	1:39.90

11 Davies, Cerys	13 Rct Squad	1:40.80
12 Sturdy, Lauren	13 Rct Squad	1:44.17
13 Thomas, Madison A	13 NexusValleys	1:55.27

**Event 28 Girls 15 & Over 100 LC Meter Breaststroke**

Name	Age Team	Finals Time
1 McRae, Mair K	16 Torfaen D	1:19.30
2 Edwards, Maddie	15 NexusValleys	1:27.95
3 Cox, Emily V	15 Bridgend Cty	1:34.60
4 Powell, Neve M	15 Co Newport	1:37.14
5 Holton, Meg	15 Abergavenny	1:43.15
6 James, Ilenia	16 NexusValleys	1:43.72

**Event 29 Boys 9-10 50 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Mruk, Lucas J	10 Torfaen D	33.90
2 Rosser, Ellis R	10 Torfaen D	34.10
3 Cozma, Sam	9 Co Cardiff	34.35
4 Cobbe, Thomas	10 Co Cardiff	36.88
5 West, Dexter	9 Fishguard	37.06
6 Gilligan, Alfie	9 Neath	37.25
7 Davies, Iwan H	10 Co Cardiff	39.47
8 Brock, Freddy	9 Pontypridd	40.99
9 Bryant, Tomos G	10 Bridgend Cty	41.11
10 Montgomery, Oliver	9 Fishguard	41.15
11 Watkins, Oscar K	10 Co Newport	42.21
12 Hetherington, Trystan T	9 NexusValleys	42.63
13 Hole, Ethan	10 Co Cardiff	43.13
14 Fernon, Cai	10 Rct Squad	43.41
15 Ballantyne, Alex	9 Bridgend SC	44.17
16 Lewis, Cian	9 Neath	45.78
17 Woodward, Cullen G	10 Bridgend Cty	46.74
18 Warman-Powell, Ioan G	9 Torfaen D	47.30
19 Roberts, Zac	9 Neath	55.32
20 Giles, Brodie	9 Bridgend SC	56.38

**Event 29 Boys 11-12 50 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Davies, Evan M	12 Co Newport	31.73
2 Morgan, Lewis R	12 Bridgend Cty	32.12
3 Rogers, Logan A	12 Neath	33.20
4 Watkins, Will	11 Bridgend SC	33.73
5 Ferguson, Flynn	12 Neath	33.77
*6 Mruk, Keian J	12 Torfaen D	33.78
*6 Temby, Jacob	11 Co Cardiff	33.78
8 Newton, James L	12 Torfaen D	34.00
9 Stevens, Henry A	12 Co Cardiff	34.22
10 Davies, Gavin	11 Co Newport	34.24
11 Montgomery, Sammy	11 Fishguard	34.41
12 Jones, Rhys M	12 Rct Squad	35.07
13 Warman-Powell, Iolo R	12 Torfaen D	35.10
14 Jones, Harrison L	12 Bridgend Cty	35.25
15 Nyom, Jack	11 Bridgend SC	36.86
16 Lynch-Warden, Matthew	12 Monnow	37.14
17 Mamedov, Ravid	11 Co Cardiff	38.65
18 Hornung, Gruff	11 Co Cardiff	39.22
19 Aylen, James E	11 Bridgend Cty	40.12
20 Burke, Elliott W	12 Co Newport	43.18
21 Sewel, Finn J	11 Bridgend Cty	49.30

**Event 29 Boys 13-14 50 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Newton, Oscar	13 Torfaen D	28.67

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 29 Boys 13-14 50 LC Meter Freestyle)**

Name	Age Team	Finals Time
2 Rosser, Dewi J	13 Torfaen D	29.57
3 Hughes, Owen g	14 Rhondda	30.07
4 Johnson, Frederick	13 Heads Valley	30.32
5 Watkins, William J	13 Co Newport	30.46
6 Fowler, Joseph	13 Rct Squad	30.89
7 Tasker, Gethin	14 Rct Squad	31.31
8 Isaacs, Tomos	14 Rct Squad	31.75
9 Lynch-Warden, Elliot	14 Monnow	31.95
10 Ferguson, Lucas	14 Neath	32.19
11 Jones, Garyn	14 Neath	32.84
12 Pourdalir, Masih	14 Co Newport	34.46
13 John, Alexander	14 Rct Squad	34.74
14 Williams, Evan	13 Rhondda	35.10
15 White, Alex	13 Rhondda	35.67

**Event 29 Boys 15 & Over 50 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Broom, Dylan H	17 Torfaen D	26.53
2 Wells, Lewis	15 Neath	26.81
3 Davies, Joseph M	16 Torfaen D	27.23
4 Jones, Jacob	15 Rct Squad	27.30
5 Stacey, Joseph W	15 Torfaen D	28.34
6 Weber, Cynan	18 Rhondda	28.68
7 Thomas, Jack	15 Bridgend SC	29.04
8 Roberts, Dafydd	15 NexusValleys	29.15
9 Tan, Nicholas	15 Pontypridd	29.47
10 Belcher, Rhys A	15 Co Newport	30.60
11 Lloyd, Rhys	17 Rct Squad	30.96
12 Edwards, Nathaniel H	15 Torfaen D	31.62

**Event 30 Girls 9-10 100 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Taylor, Theodora A	10 Torfaen D	1:10.66
2 Owen, Gracie	10 Merthyr Tydf	1:14.31
3 Sherrard, Emme I	9 Abergavenny	1:16.69
4 Jones, Evie	10 Merthyr Tydf	1:17.18
5 Gardener, Hannah B	9 Bridgend Cty	1:17.63
6 Powell, Ava L	10 Torfaen D	1:18.25
7 Crawshay-Williams, Emily J	10 Torfaen D	1:19.81
8 Jenkins, Alice	10 Bridgend SC	1:24.80
9 Owen, Kessie E	10 NexusValleys	1:24.95
10 Lewis, Daisy	9 Bridgend SC	1:28.64
11 Jones, Lola H	10 Torfaen D	1:28.76
12 Pani, Isabella C	10 Co Cardiff	1:30.19
13 Scurlock, Poppy	10 Co Cardiff	1:30.90
14 Rees, Mylee B	10 Co Cardiff	1:32.15
15 Smith, Summer	10 Rct Squad	1:32.86
16 Szychowicz, Latoyah	10 Co Cardiff	1:32.99
17 Patterson, Grace	9 Bridgend SC	1:33.39
18 Carter, Bella	10 Monnow	1:34.12
19 Parfitt, Lucy F	10 Co Cardiff	1:34.61
20 Newton, Florence E	9 Torfaen D	1:35.43
21 Davies, Chloe	9 Bridgend SC	1:37.50
22 Knight, Bethan R	9 Torfaen D	1:38.61
23 Barnfield, Daisy R	10 Bridgend Cty	1:38.93
24 Thomas, Caitlyn	10 Neath	1:39.26
25 Nithsdale, Katie	10 NexusValleys	1:39.65
26 Higgs, Cerys	9 Co Cardiff	1:40.00
27 Taylor, Maisie K	9 Bridgend Cty	1:40.30
28 Abude, Zarah	10 Rhondda	1:41.41

29 Lewis, Orla Rose	9 Co Cardiff	1:42.69
30 Poole, Naomi D	9 Rhondda	1:43.31
31 Brady, Grace	9 Rct Squad	1:43.36
32 Jones, Gabrielle M	10 Torfaen D	1:43.55
33 FitzGerald, Mali J	9 Bridgend Cty	1:43.71
34 Altordai, Yume	9 Co Cardiff	1:44.49
35 O'Connell, Cerys E	10 NexusValleys	1:46.38
36 Watkins, Amy	9 Bridgend SC	1:50.79
37 Guth, Tatjana D	10 Co Newport	1:56.22
38 Davies, Lily A	9 Bridgend Cty	1:58.52
39 Davies, Josie-May	9 Rhondda	2:08.36
40 Bevan, Ellie	9 Bridgend SC	2:08.50

**Event 30 Girls 11-12 100 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Broder, Libby R	12 Torfaen D	1:03.90
2 Lewis, Lowri	12 Neath	1:06.06
3 Griffiths-Cole, Carys S	12 Bridgend Cty	1:06.98
4 Blake, Ffion	12 Co Cardiff	1:07.02
5 Coleman, Harriet F	12 Torfaen D	1:07.66
6 Davies, Sophie G	11 Co Cardiff	1:08.44
7 Gronow, Mia	12 Bridgend Cty	1:09.77
8 Offside, Poppy L	11 Co Newport	1:09.84
9 Thomas, Ffion	12 Neath	1:11.32
10 Watkins, Amelia M	11 Torfaen D	1:11.35
11 Merchant, Anna-Rose	12 Bridgend Cty	1:11.77
12 Francombe, Romy	12 Bridgend Cty	1:11.91
13 Beynon, Gracie L	11 Bridgend Cty	1:12.58
14 Thomas, Nyla	12 Neath	1:13.40
15 O'Mahoney, Kaitlin	11 Neath	1:14.21
16 Edwards, Nanci G	12 Torfaen D	1:15.10
17 Woodward, Angharad	11 Neath	1:15.63
18 McDonagh, Emily M	11 Bridgend Cty	1:16.51
19 Jones, Ella N	11 Torfaen D	1:16.52
20 Avraam, Neve E	11 Bridgend Cty	1:16.68
21 Lewis, Hollie	11 Bridgend SC	1:17.02
22 Dubberley, Anwen	12 Rct Squad	1:17.18
23 Coulson, Evie G	12 Torfaen D	1:18.33
24 Williams, Georgia	12 NexusValleys	1:18.36
25 Jones, Sinead	12 Brecon	1:19.17
26 Gibson, Hannah L	12 Chepstow	1:19.29
27 Griffiths, Darcy	12 Neath	1:19.89
28 Lawler, Sadie	11 Neath	1:19.90
29 Rankin, Carys	11 Co Cardiff	1:20.01
30 Beach, Mia	11 Rhondda	1:20.17
31 Adams, Isabelle E	12 Torfaen D	1:20.48
32 Daly, Kirsten E	12 Bridgend Cty	1:21.96
33 Winter, Callie M	11 Co Cardiff	1:22.15
34 James, Dempsey	12 Neath	1:22.57
35 Haddrell, Eva Lily	11 Rct Squad	1:23.40
36 Williams, Ellise F	12 Rhondda	1:23.53
37 Lewis, Cara	11 Bridgend SC	1:23.65
38 Morgan, Jessica M	11 Bridgend Cty	1:24.11
39 Millan, Seren L	12 Bridgend Cty	1:24.33
40 Knight, Megan M	11 Torfaen D	1:24.77
41 Davies, Gracie	11 Bridgend SC	1:25.21
42 Lloyd, Thea	11 NexusValleys	1:25.61
43 Reeves, Lacey	11 Rhondda	1:25.81
44 Carre, Jasmine M	11 Rct Squad	1:26.90
45 Stacey, Martha E	11 Torfaen D	1:27.26
46 Cole, Grace E	12 Bridgend Cty	1:28.28
47 Smith, Amelia H	11 Co Cardiff	1:28.34

## Torfaen Dolphins Long Course Meet 2019 - 15/06/2019 to 16/06/2019

## Results

**(Event 30 Girls 11-12 100 LC Meter Freestyle)**

Name	Age Team	Finals Time
48 Jarvis, Saffi	12 Monnow	1:30.15
49 Scourfield, Ruby R	12 Bridgend Cty	1:30.41
50 Townsend, Skye S	11 Co Cardiff	1:30.93
51 Gardener, Louise R	12 Bridgend Cty	1:31.88
52 Everson-Baker, Amelia J	11 Torfaen D	1:32.37
53 Reilly, Manon	11 Rct Squad	1:32.41
54 Chakraborty, Diya	11 Co Cardiff	1:36.56
55 Griffiths, Lacey	11 Neath	1:37.82
56 Williams, Seren	11 Rhondda	1:39.06
57 Lawton, Skyla-Eve E	12 Torfaen D	1:40.47
58 Coles, Teagan	11 Rct Squad	1:41.34
59 Hughes, Ellie	11 Rct Squad	1:41.55
60 Cheeseman, Rhyannon E	11 Co Cardiff	1:49.34
--- Johnson, Alexandra	11 Heads Valley	DQ

**Event 30 Girls 13-14 100 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Marchant, Rhiannon	14 Rct Squad	1:02.58
2 Morgan, Bethan E	14 Bridgend Cty	1:02.97
3 Bond, Sasha	14 Rct Squad	1:05.07
4 Rosser, Cerys A	14 Torfaen D	1:05.65
5 Evans, Bethan	14 Neath	1:06.11
6 Nowell, Gabriella J	13 Torfaen D	1:07.53
7 Manley, Olivia	13 Co Cardiff	1:07.83
8 Johnson, Rachel	13 Neath	1:08.13
9 Lewis, Abigail	13 Neath	1:08.54
10 Adams, Jaimee R	13 Co Cardiff	1:08.74
11 James, Ffion	14 Rct Squad	1:09.01
12 Jones, Emilia A	14 Bridgend Cty	1:10.62
13 Lunn, Cerys	14 Co Cardiff	1:11.00
14 Jones, Neve	13 Neath	1:11.58
15 Thomas, Nansi	13 Co Cardiff	1:12.11
16 Beach, Dion	13 Rhondda	1:12.42
17 Meek, Emily	14 Rct Squad	1:13.30
18 Jones, Isabelle	14 Torfaen D	1:13.45
19 Hamer, Charlotte M	14 Torfaen D	1:13.81
20 Sturdy, Lauren	13 Rct Squad	1:14.57
21 Jones, Olivia N	14 Rhondda	1:14.64
22 Priday, Ella M	13 Co Cardiff	1:15.12
23 Thomas, Madison A	13 NexusValleys	1:16.80
24 Thomas, Abigail	13 Neath	1:18.30
25 Anthony, Gabrielle	13 Rct Squad	1:21.00
26 Davies, Nicole	14 Brecon	1:28.90
27 Hughson, Lottie	13 Brecon	1:32.75

**Event 30 Girls 15 & Over 100 LC Meter Freestyle**

Name	Age Team	Finals Time
1 Warrender, Meggan	17 Torfaen D	1:02.04
2 Jones, Ruby	15 Torfaen D	1:04.46
3 Cox, Emily V	15 Bridgend Cty	1:05.89
4 Smith, Mia	15 Torfaen D	1:07.12
5 Jones, Cerys	15 Co Cardiff	1:10.62
6 Lewis, Becky	15 Rct Squad	1:13.91
7 Athwal, Jasmine K	16 Torfaen D	1:14.69
8 Powell, Neve M	15 Co Newport	1:16.21