

South East Wales Regional Championships - 01/02/2019 to 10/02/2019

Results

Event 1 Boys 12 Year Olds 1500 SC Meter Freestyle				
Name	Age	Team	Finals Time	
1 Lewis Morgan	12	Bridgend Cty	21:03.35	
	36.98	40.25	41.64	41.99
	41.77	41.64	42.58	42.42
	42.08	41.55	42.38	42.19
	42.18	42.00	42.46	42.31
	43.75	43.12	41.70	43.05
	43.09	41.88	42.63	43.12
	43.55	43.32	42.92	42.53
	41.97	40.30		
2 Tobie Cribb	12	Caerphilly	23:14.18	
	39.97	45.88	46.69	46.57
	46.45	46.91	46.74	47.07
	46.45	47.25	47.92	46.98
	46.73	46.68	47.65	46.83
	46.87	46.69	46.83	46.64
	46.75	46.77	46.90	46.84
	47.73	46.57	47.25	45.76
	46.10	43.71		
Event 1 Boys 13 Year Olds 1500 SC Meter Freestyle				
Name	Age	Team	Finals Time	
1 Adam Steven	13	Co Newport	19:45.19	
2 Archie McLain	13	Heads Valley	20:27.52	
	35.30	39.21	40.33	41.55
	40.93	41.11	40.99	41.35
	41.53	40.98	41.25	41.24
	40.35	41.96	41.24	41.75
	41.40	40.84	41.74	40.67
	41.03	42.15	41.54	41.35
	40.96	41.26	42.31	41.77
	40.90	38.53		
3 Jack Rees-Jones	13	Merthyr Tydf	20:34.88	
4 Zachary Davies	13	Torfaen D	22:02.69	
	35.22	41.23	43.79	44.66
	43.15	44.46	44.29	44.90
	44.72	44.43	44.67	43.64
	44.48	44.52	45.26	44.86
	45.77	44.30	46.29	44.58
	45.67	45.58	45.53	45.26
	43.40	45.81	44.30	43.65
	43.05	41.22		
Event 1 Boys 14 Year Olds 1500 SC Meter Freestyle				
Name	Age	Team	Finals Time	
1 Max Geysen-Holley	14	Co Cardiff	17:45.90	
	31.90	34.88	35.55	35.80
	35.29	35.81	35.44	35.86
	35.31	36.02	36.35	36.05
	35.75	35.41	35.68	35.77
	35.97	36.07	35.66	36.22
	35.81	36.20	35.43	35.27
	36.44	35.49	36.06	35.42
	35.55	33.44		
2 Cian Hughes	14	Co Cardiff	18:11.09	
Event 1 Boys 15-16 1500 SC Meter Freestyle				
Name	Age	Team	Finals Time	
1 Owen Leach	16	Co Cardiff	16:49.36	
	29.31	32.88	32.97	33.29
	33.72	33.25	34.05	33.76
	33.05	33.59	33.97	33.80
	33.99	33.89	33.90	34.16
	34.85	33.64	33.73	34.16
	33.97	34.19	34.16	33.77
	33.94	33.93	34.10	34.25
	34.25	32.84		
2 Dylan Wisden	15	Bridgend Cty	17:23.31	
	31.50	34.15	34.82	34.92
	35.46	35.00	35.49	35.14
	35.14	35.41	35.17	34.78
	35.73	34.97	34.74	35.25
	34.63	35.16	34.94	34.65
	35.09	35.05	35.15	35.24
	34.57	34.46	34.80	34.85
	34.12	32.93		

3 Harley James	14	Co Cardiff	18:11.65	
	31.95	35.60	36.41	36.83
	35.50	35.42	35.85	35.92
	36.08	36.08	35.97	36.21
	36.27	36.03	35.72	36.24
	36.63	36.77	36.78	37.02
	37.52	37.39	37.53	37.62
	37.68	37.54	37.37	37.34
	36.79	35.59		
4 Dewi Rosser	14	Torfaen D	19:20.63	
	32.22	36.00	36.43	37.56
	37.90	37.73	38.21	37.97
	38.97	38.79	38.93	39.07
	37.68	39.26	39.98	39.02
	39.91	39.98	39.91	39.79
	41.01	39.98	39.45	39.32
	40.21	40.25	40.23	39.08
	38.17	37.62		
5 James Ingram	14	Heads Valley	20:11.30	
	33.73	37.97	1:18.86	40.23
	40.12	40.53	2:42.80	41.04
	41.34	2:02.53	41.03	40.74
	1:21.13	40.51	41.23	41.29
	41.04	41.84	40.86	41.05
	41.36	1:20.07		

6 Owen Griffiths	14	Merthyr Tydf	22:43.68	
	37.16	40.48	42.17	43.49
	44.02	44.27	45.26	44.04
	46.35	46.20	46.98	47.84
	47.61	46.13	46.12	47.39
	49.08	47.34	47.23	45.85
	46.31	45.32	46.54	48.18
	47.57	44.86	47.28	47.26
	44.99	40.36		

Event 1 Boys 15-16 1500 SC Meter Freestyle				
Name	Age	Team	Finals Time	
1 Owen Leach	16	Co Cardiff	16:49.36	
	29.31	32.88	32.97	33.29
	33.72	33.25	34.05	33.76
	33.05	33.59	33.97	33.80
	33.99	33.89	33.90	34.16
	34.85	33.64	33.73	34.16
	33.97	34.19	34.16	33.77
	33.94	33.93	34.10	34.25
	34.25	32.84		
2 Dylan Wisden	15	Bridgend Cty	17:23.31	
	31.50	34.15	34.82	34.92
	35.46	35.00	35.49	35.14
	35.14	35.41	35.17	34.78
	35.73	34.97	34.74	35.25
	34.63	35.16	34.94	34.65
	35.09	35.05	35.15	35.24
	34.57	34.46	34.80	34.85
	34.12	32.93		

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(Event 1 Boys 15-16 1500 SC Meter Freestyle)

Name	Age	Team	Finals Time	
3 Ellis Young	16	Co Cardiff	18:13.36	
30.14	33.62	34.36	35.02	
34.96	35.41	35.85	36.52	
36.93	36.97	36.84	37.32	
36.95	36.94	37.33	37.04	
37.33	37.35	37.39	37.53	
37.52	37.22	37.66	38.49	
37.39	38.11	37.54	36.64	
36.03	34.96			
4 Rhys Nixon	16	Co Cardiff	18:24.00	
5 Hari Elias	15	Co Cardiff	18:52.37	
32.38	37.13	37.74	37.49	
37.62	37.80	37.61	37.97	
38.11	37.98	37.87	37.94	
37.97	38.05	37.49	38.07	
37.74	37.42	38.35	38.14	
38.39	38.50	37.78	38.55	
38.27	38.42	38.01	38.24	
38.97	36.37			
6 Callum Thomas	16	Co Cardiff	18:57.30	
7 Benjamin Hastings	15	Co Newport	20:21.81	
32.24	37.67	38.86	40.12	
40.17	40.79	40.64	41.42	
40.86	41.20	41.60	41.50	
41.09	41.24	41.52	41.25	
41.47	41.53	41.68	42.18	
41.57	42.04	41.45	42.40	
41.84	42.22	42.22	40.41	
41.56	37.07			
8 Dylan Havard	15	Heads Valley	20:28.90	
9 Thomas Williams	16	Rhondda	20:45.06	

Event 1 Boys 17 & Over 1500 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Szymon Wojcik	17	Bridgend Cty	17:31.39	
30.80	34.01	34.56	35.27	
35.24	35.05	35.58	35.28	
35.62	35.35	35.24	34.91	
35.19	35.10	34.75	35.16	
35.80	35.81	35.74	35.09	
35.32	35.30	35.45	35.78	
35.27	35.70	35.27	34.64	
35.19	33.92			
2 Joseph Davies	17	Torfaen D	17:31.61	
29.09	33.15	33.93	34.17	
33.62	34.28	34.64	34.52	
34.56	35.24	35.57	34.56	
35.86	35.53	35.45	36.00	
36.02	36.32	36.31	35.12	
36.35	35.13	36.17	36.14	
35.70	35.75	36.47	35.69	
35.95	34.32			

3 Dafydd Price	19	Torfaen D	18:10.44	
29.41	33.34	33.48	33.99	
34.08	34.48	34.78	35.55	
36.13	36.35	36.45	37.06	
37.03	37.50	37.59	37.22	
38.21	37.86	37.49	38.59	
37.03	38.29	38.20	38.18	
37.96	37.84	37.99	36.57	
36.84	34.95			
4 Lewys John	19	Rct Squad	18:13.64	
30.41	33.76	34.25	35.06	
35.00	35.80	35.75	35.89	
36.40	36.56	36.78	36.83	
37.14	37.30	36.98	36.51	
37.25	37.45	37.29	37.97	
37.35	37.78	38.36	38.00	
37.39	38.20	37.74	37.73	
36.25	34.46			
5 Danny Chim	18	Bridgend Cty	18:58.26	
30.40	34.36	35.66	36.19	
37.07	37.44	38.09	37.94	
38.62	38.94	39.28	38.73	
38.82	38.71	38.32	38.97	
38.38	39.14	38.50	39.14	
39.02	38.80	39.18	39.57	
39.23	38.88	38.28	38.33	
37.94	36.33			
6 Ryan Steven	17	Co Newport	19:12.42	
32.18	36.32	36.33	36.57	
36.78	36.94	37.17	37.34	
37.65	37.94	38.74	38.78	
39.26	39.10	39.32	39.85	
39.52	39.31	39.85	39.73	
39.66	40.01	39.81	39.76	
39.99	39.54	39.20	39.16	
38.84	37.77			
7 Finlay Jones	17	Rhondda	19:56.38	
32.00	37.45	37.77	38.62	
39.40	39.30	40.02	40.38	
40.46	39.64	40.16	41.76	
41.44	40.26	40.73	40.76	
41.08	40.37	40.45	41.29	
39.51	40.49	39.94	40.47	
41.11	39.84	40.22	40.04	
38.62	42.80			

Event 2 Girls 11 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Gracie Owen	11	Merthyr Tydf	10:57.92	
34.90	39.63	40.95	41.82	
41.86	41.42	42.00	42.13	
42.01	42.31	42.30	41.62	
42.22	42.29	41.36	39.10	
2 Evie Jones	11	Merthyr Tydf	11:51.14	
37.29	42.45	44.85	45.84	
45.52	46.04	46.59	45.37	
46.37	44.67	45.82	44.65	
45.57	44.44	44.79	40.88	

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(Event 2 Girls 11 Year Olds 800 SC Meter Freestyle)

Name	Age	Team	Finals Time	
3 Ella Jones	11	Caerphilly	11:52.67	
			38.33	42.42
			43.24	43.73
			45.38	44.77
			45.67	45.54
			46.21	46.63
			44.50	46.20
			46.01	46.67
			45.83	41.54

Event 2 Girls 12 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Harriet Coleman	12	Torfaen D	10:58.82	
			36.29	40.62
			40.21	41.33
			41.66	42.17
			42.69	42.81
			42.02	43.01
			42.78	40.23
			42.07	42.30
			41.20	37.43
2 Bailey Briggs	12	Heads Valley	11:18.72	
			37.79	41.66
			42.56	42.70
			42.90	42.99
			43.32	43.39
			43.32	42.91
			42.78	43.05
			43.33	43.46
			42.88	39.68
3 Carys Williams	12	Merthyr Tydf	11:51.61	
			39.89	44.39
			44.74	45.03
			45.40	45.80
			45.42	46.36
			45.33	45.08
			45.16	44.34
			45.64	44.64
			43.21	41.18
--- Saranna Ashman	12	Cwmbran	x13:22.71	
			41.06	47.19
			51.34	52.06
			52.19	50.82
			51.88	51.24
			51.31	53.45
			51.94	52.22
			49.65	51.06
			50.30	45.00
--- Jessica Arnold	12	Cwmbran	DQ	
			10.2 A swimmer did not cover the whole distance - DNF	
			42.51	

Event 2 Girls 13 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Phoebe Williams-Jones	13	Co Cardiff	9:54.84	
			32.58	36.09
			36.71	37.48
			37.66	37.81
			38.10	38.28
			38.09	38.06
			38.20	38.03
			37.35	37.58
			37.05	35.77
2 Libby Broder	13	Torfaen D	9:55.93	
			32.29	35.83
			37.15	1:15.45
			37.85	37.94
			37.96	38.46
			37.63	1:15.87
			37.80	1:51.70
3 Ruby Stevens	13	Co Cardiff	10:14.26	
			34.54	37.21
			38.51	38.51
			39.21	38.95
			38.98	38.98
			39.39	39.63
			39.07	39.52
			39.19	39.04
			37.81	35.94
4 Georgia Iles	13	Co Cardiff	10:22.86	
			34.28	38.34
			39.16	39.61
			39.19	39.67
			39.78	39.97
			39.50	39.73
			39.66	39.51
			38.59	40.06
			39.00	36.81
5 Carys Griffiths-Cole	13	Bridgend Cty	10:25.38	
			34.38	37.30
			39.02	39.90
			40.29	40.20
			40.17	40.37
			39.84	39.89
			40.16	40.63
			40.12	39.51
			38.60	35.00

6 Olivia Manley	13	Co Cardiff	10:39.43	
			34.13	39.35
			39.81	40.07
			40.10	40.64
			40.73	41.07
			40.90	40.66
			41.33	41.35
			40.97	40.83
			40.39	37.10
7 Mia Gronow	13	Bridgend Cty	10:39.46	
			34.80	38.73
			39.93	40.29
			40.50	39.95
			40.59	40.32
			41.19	41.13
			41.16	41.15
			40.39	40.71
			40.34	38.28
8 Holly Greenslade	13	Torfaen D	10:40.99	
			33.88	39.42
			41.11	41.10
			41.29	41.62
			40.95	41.19
			40.86	40.42
			40.86	40.29
			40.93	40.14
			39.72	37.21
9 Mikayla Velasco	13	Co Cardiff	10:56.63	
			36.85	40.95
			41.46	41.28
			41.06	42.02
			41.88	41.79
			41.42	42.84
			41.30	41.81
			42.47	40.47
			40.39	38.64

Event 2 Girls 14 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Isobel Stevens	14	Co Newport	9:29.41	
			32.19	34.87
			35.09	35.55
			35.75	35.89
			35.97	35.68
			35.96	36.45
			36.42	36.52
			36.09	36.10
			36.20	34.68
2 Arwen Stephens	14	Co Cardiff	9:29.70	
			32.92	36.29
			36.26	36.58
			36.39	36.11
			35.93	35.62
			36.29	35.19
			35.73	35.81
			36.11	35.55
			35.83	33.09
3 Charlotte Erasmus	14	Torfaen D	9:57.89	
			32.64	35.36
			36.52	36.79
			37.10	37.03
			37.19	38.12
			38.18	39.00
			38.84	38.41
			38.87	39.39
			37.81	36.64
4 Polly Marshall	14	Caerphilly	10:00.78	
			33.04	36.54
			37.44	37.75
			38.05	38.27
			38.11	37.93
			38.45	38.31
			38.60	38.56
			38.32	37.72
			37.70	35.99
5 Marie Faulkner	14	Co Cardiff	10:08.64	
			33.88	36.85
			37.85	37.90
			38.69	38.85
			38.76	38.79
			38.80	38.83
			38.83	38.23
			38.60	38.98
			38.46	36.34
6 Eve Hickman	14	Bridgend Cty	10:09.42	
			33.30	37.16
			37.45	38.26
			38.18	38.58
			39.07	38.28
			39.08	38.82
			38.74	38.89
			39.03	38.59
			39.28	36.71
7 Karys Clayton	14	Torfaen D	10:09.81	
			33.02	36.68
			37.15	37.90
			37.96	38.34
			38.89	39.07
			39.43	39.41
			39.13	39.19
			38.99	38.66
			38.82	37.17

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Name	Age	Team	Finals Time	
8 Chloe Jones	14	Bridgend Cty	10:12.94	
			33.00	37.46
			38.90	38.41
			38.93	38.30
			39.12	39.23
			38.96	38.88
			39.76	39.20
			38.91	38.54
			39.15	36.19
9 Rebekah Ramsey	14	Heads Valley	10:20.93	
			32.73	35.96
			38.99	39.64
			39.54	39.37
			39.41	1:19.03
			40.13	39.48
			39.66	39.48
			39.82	39.46
			38.23	
10 Katie Harthill	14	Co Cardiff	10:22.12	
			35.51	38.38
			38.94	38.42
			39.21	38.90
			39.36	39.78
			39.52	39.69
			39.70	39.78
			39.66	39.18
			39.31	36.78
11 Summer Price	14	Heads Valley	10:42.86	
			34.83	38.33
			39.54	39.85
			39.95	41.21
			40.60	40.98
			40.61	41.59
			41.68	40.64
			41.16	42.11
			40.84	38.94
12 Daisy Keigwin	14	Caerphilly	11:16.03	
			35.53	40.12
			42.81	42.07
			44.02	42.98
			44.45	43.70
			44.62	42.21
			41.99	43.93
			43.57	43.59
			41.69	38.75
13 Jessica Sweeney	14	Co Newport	11:29.72	
			36.87	40.91
			42.96	43.63
			43.42	44.26
			44.36	44.27
			43.71	44.85
			44.25	44.29
			43.65	43.77
			43.76	40.76

Event 2 Girls 15-16 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Katie Bamborough	15	Co Cardiff	9:30.74	
			1:07.35	35.77
			36.04	36.09
			36.13	36.12
			36.33	36.47
			36.36	36.19
			36.33	35.67
			36.49	35.51
			33.89	
2 Bethan Morgan	15	Bridgend Cty	9:36.36	
			32.12	36.28
			35.88	36.30
			36.55	36.70
			37.09	35.21
			36.93	37.08
			35.61	36.26
			35.72	36.87
			36.89	34.87
3 Ellie Ward	15	Co Newport	9:42.76	
			32.37	35.72
			36.46	36.64
			36.50	36.74
			36.69	36.79
			36.97	36.85
			36.92	36.93
			36.99	37.09
			37.48	35.62
4 Carys Whitelock	15	Torfaen D	9:44.11	
			33.53	35.88
			36.57	36.67
			36.54	36.45
			36.77	36.89
			36.47	37.23
			36.98	37.52
			37.32	37.30
			37.26	34.73
5 Sasha Bond	15	Rct Squad	9:45.49	
			33.15	36.35
			36.35	36.75
			36.31	36.60
			36.42	36.72
			36.85	37.04
			37.13	37.42
			37.52	37.66
			37.12	36.10

6 Mia Smith	15	Torfaen D	9:57.00	
			32.88	35.73
			36.77	36.74
			37.06	37.62
			37.92	38.09
			38.31	38.25
			38.46	38.49
			37.64	37.44
			39.45	36.15
7 Lois Davies	16	Co Cardiff	9:58.40	
			33.24	36.37
			36.61	36.99
			37.35	37.76
			37.95	38.15
			38.02	38.59
			38.55	37.95
			38.43	38.51
			38.00	35.93
8 Emily Cox	16	Bridgend Cty	10:09.99	
			34.03	36.78
			37.70	38.15
			37.92	38.69
			38.24	38.59
			38.83	38.48
			39.06	38.91
			39.01	38.86
			38.70	38.04
9 Niamh Stork	15	Co Cardiff	10:14.53	
			34.18	37.05
			37.95	38.48
			38.45	39.00
			38.77	38.56
			38.90	39.50
			39.32	39.50
			39.61	39.55
			38.99	36.72
10 Eilir Teagle	15	Merthyr Tydf	10:19.69	
			32.92	36.72
			38.53	38.32
			38.73	39.50
			39.85	40.16
			39.93	40.41
			39.98	39.48
			40.25	39.14
			39.14	36.63
11 Emma Evans	15	Co Cardiff	10:27.23	
			33.80	36.34
			37.53	38.06
			38.78	39.13
			39.55	40.01
			39.99	40.14
			41.00	40.63
			41.15	41.28
			40.63	39.21
12 Cerys Lunn	15	Co Cardiff	10:59.38	
			36.32	40.01
			41.14	41.89
			41.96	42.45
			42.88	42.22
			42.63	42.58
			42.29	42.27
			41.07	41.78
			40.66	37.23
13 Cerys Jones	16	Co Cardiff	11:07.45	
			34.66	39.63
			40.63	41.74
			42.15	42.51
			42.93	43.14
			43.07	42.87
			43.08	42.83
			42.99	42.59
			42.93	39.70
14 Jasmine Bryan	16	Merthyr Tydf	11:41.56	
			36.62	40.97
			43.22	44.32
			43.73	44.75
			45.35	45.12
			45.21	46.69
			44.31	45.85
			45.74	43.89
			44.47	41.32
15 Olivia Jones	15	Rhondda	11:47.93	
			36.52	42.39
			43.95	43.64
			45.05	45.26
			45.22	46.13
			45.39	45.31
			45.63	45.56
			45.53	44.90
			45.44	42.01

Event 2 Girls 17 & Over 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Hannah Jenkins	19	Bridgend SC	9:36.27	
			32.64	35.30
			35.49	36.15
			36.22	36.14
			36.22	36.41
			36.18	36.50
			36.22	36.41
			36.62	36.79
			36.80	36.18

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(Event 2 Girls 17 & Over 800 SC Meter Freestyle)

Name	Age	Team	Finals Time	
2 Mared Arch	17	Co Cardiff	9:40.96	
	33.21	35.43	35.82	36.55
	36.44	36.96	36.84	36.77
	36.77	36.93	36.66	36.94
	37.20	37.03	37.15	34.26
3 Cati Davies	18	Bridgend SC	9:42.87	
	34.04	33.41	35.84	36.42
	36.60	37.00	37.10	37.08
	37.10	36.71	37.18	36.54
	37.37	36.96	37.26	36.26
4 Anya Thomas	17	Co Cardiff	9:53.77	
	35.39	37.43	37.60	37.41
	37.41	37.31	37.35	37.42
	37.63	37.39	37.30	37.55
	37.29	37.66	36.76	34.87
5 Arwen Teagle	18	Merthyr Tydf	11:33.67	
	36.35	40.92	44.11	43.43
	43.73	44.22	44.32	43.66
	44.43	44.14	44.91	44.31
	44.76	44.71	43.82	41.85
6 Emma Harvey	38	Cwmbran	11:46.37	
	36.38	40.45	44.23	44.46
	44.50	45.39	45.93	45.23
	45.22	45.96	45.13	45.20
	45.38	44.90	45.63	42.38
--- Jayne Brown	27	Cwmbran	x12:01.97	
	37.13	42.11	44.42	44.65
	45.78	45.83	46.19	46.36
	46.71	46.85	47.12	46.79
	46.93	46.75	44.60	43.75
--- Ella Deakin	17	Co Newport	DQ	
	10.2 A swimmer did not cover the whole distance - DNF			
	35.53	38.94	40.09	40.20
	40.83			

Event 3 Girls 14 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
*1 Isobel Stevens	14	Co Newport	32.68
*1 Isabel Joseph	14	Co Cardiff	32.68
3 Karys Clayton	14	Torfaen D	33.46
4 Eleanor Emes	14	Torfaen D	34.04
5 Jasmine Fowler	14	Torfaen D	34.14
6 Carys Graville	14	Co Cardiff	34.18
7 Chloe Jones	14	Bridgend Cty	34.33
8 Shauna Reed	14	Torfaen D	34.85

Event 3 Girls 14 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Isabel Joseph	14	Co Cardiff	32.43
2 Isobel Stevens	14	Co Newport	33.15
3 Jasmine Fowler	14	Torfaen D	33.98
4 Karys Clayton	14	Torfaen D	34.08
5 Eleanor Emes	14	Torfaen D	34.26
6 Carys Graville	14	Co Cardiff	34.34
7 Chloe Jones	14	Bridgend Cty	34.52
8 Shauna Reed	14	Torfaen D	34.61
9 Gabriella Nowell	14	Torfaen D	34.92
10 Eleanor Walker	14	Co Newport	35.26

11 Faye O Callaghan	14	Co Cardiff	35.36
12 Hannah Morgan	14	Co Cardiff	35.53
13 Cerys Jones	14	Rct Squad	35.76
14 Imogen Fox	14	Co Cardiff	35.81
15 Katie Harthill	14	Co Cardiff	35.82
16 Xantia Hobrough	14	Co Cardiff	36.03
17 Ffion James	14	Rct Squad	36.90
18 Bethan Moodley	14	Rct Squad	37.36
19 Daisy Keigwin	14	Caerphilly	37.42
20 Marie Faulkner	14	Co Cardiff	37.54
21 Amy Crowley	14	Co Cardiff	37.60
22 Ryleigh Thompson	14	Rhondda	38.01
23 Jessica Brind	14	Co Cardiff	38.34
--- Ella Buchanan	14	Cwmbran	DQ
	6.4 More than one single or double simultaneous arm pull used to initiate t		
--- Cerys Rosser	14	Torfaen D	DQ
	6.3 Totally submerged, (except for first 15m following the start or turn) dur		

Event 3 Girls 15-16 50 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Emma Cottrell	16	Co Cardiff	30.97
2 Hannah Davidson	16	Co Cardiff	31.57
3 Bethan Beynon	16	Co Cardiff	32.13
4 Rosie Domican	15	Co Cardiff	32.65
5 Rhiannon Marchant	15	Rct Squad	32.89
6 Grace Girling	15	Co Cardiff	33.21
7 Saffron Boswall	15	Co Cardiff	33.38
8 Jennifer O Callaghan	15	Co Cardiff	34.05

Event 3 Girls 15-16 50 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Emma Cottrell	16	Co Cardiff	30.95
2 Hannah Davidson	16	Co Cardiff	31.61
3 Bethan Beynon	16	Co Cardiff	32.14
4 Rosie Domican	15	Co Cardiff	32.58
5 Rhiannon Marchant	15	Rct Squad	33.02
6 Saffron Boswall	15	Co Cardiff	33.09
7 Jennifer O Callaghan	15	Co Cardiff	33.18
8 Grace Girling	15	Co Cardiff	33.35
9 Rhiannon Rowe	15	Torfaen D	33.39
10 Katie Bamborough	15	Co Cardiff	33.42
11 Emma Porter	16	Co Newport	33.85
12 Seren Jones	15	Co Cardiff	33.93
13 Sasha Bond	15	Rct Squad	33.98
14 Aoife Tarpey	15	Bridgend Cty	34.30
15 Emma Evans	15	Co Cardiff	34.43
16 Tegan Davies	15	Bridgend Cty	34.47
17 Ashley Thomas	15	Rct Squad	34.56
18 Ellie Ward	15	Co Newport	34.68
19 Laura Willis	16	Monnow	34.83
20 Lois Davies	16	Co Cardiff	34.90
21 Kaycee Napper	16	Rhondda	35.07
22 Niamh Stork	15	Co Cardiff	35.31
23 Deryn Skene	15	Co Cardiff	35.51
24 Ffion Price	15	Brecon	35.73
25 Lauren Davies	15	Bridgend Cty	35.83
26 Jodie Matthews	16	Rct Squad	36.22
27 Nell Thomas	15	Rct Squad	36.40
28 Gwenllian Davies	16	Caerphilly	36.60

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Preliminaries ... (Event 3 Girls 15-16 50 SC Meter Backstroke)

Name	Age	Team	Prelim Time
29 Anna Darwish	16	Co Newport	37.40
30 Cerys Lunn	15	Co Cardiff	38.01
31 Cora Davies	16	Rct Squad	38.28
32 Krysta Southwood	16	Torfaen D	38.51
33 Holly Nash	16	Rhondda	38.76
34 Cerys Vaisey	16	Abertillery	39.12
35 Cerys Geen	16	Co Newport	39.48
36 Becky Lewis	16	Rct Squad	39.54
37 Morgan Sinclair	15	Cwmbran	40.62

Event 3 Girls 17 & Over 50 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Imogen Hunt	21	Bridgend Cty	30.09
2 Katie Rees	21	Co Cardiff	30.43
3 Lauren Williams	22	Torfaen D	31.76
4 Meggan Warrender	18	Torfaen D	32.18
5 Olivia Compton	19	Bridgend Cty	32.22
6 Sophie Morgan	17	Rct Squad	33.01
7 Sophie Snow	17	Co Cardiff	33.71
8 Jessica Rutter	17	Co Cardiff	34.22

Event 3 Girls 17 & Over 50 SC Meter Backstroke

Name	Age	Team	Prelim Time
1 Imogen Hunt	21	Bridgend Cty	30.62
2 Katie Rees	21	Co Cardiff	30.69
3 Lauren Williams	22	Torfaen D	31.62
4 Meggan Warrender	18	Torfaen D	32.24
5 Olivia Compton	19	Bridgend Cty	32.63
6 Sophie Morgan	17	Rct Squad	33.49
7 Sophie Snow	17	Co Cardiff	33.61
8 Jessica Rutter	17	Co Cardiff	33.71
9 Ffion Addecott	17	Rct Squad	34.89
10 Aimee Freegard	17	Rct Squad	35.38
11 Ella Deakin	17	Co Newport	35.45
12 Helen Lewis	17	Merthyr Tydf	35.52
13 Katie Cameron	19	Monnow	36.11
14 Elle Harris-Thomas	17	Torfaen D	36.53
15 Jasmine Athwal	17	Torfaen D	36.69
16 Rhiannon Vaisey	21	Abertillery	37.11

Event 4 Boys 11 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Jack Bamborough	11	Co Cardiff	36.74
2 Lucas Mruk	11	Torfaen D	39.95
3 Oliver Rixon	11	Co Newport	40.72

Event 4 Boys 11 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
1 Jack Bamborough	11	Co Cardiff	36.80
2 Lucas Mruk	11	Torfaen D	40.18
3 Oliver Rixon	11	Co Newport	41.68

Event 4 Boys 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Joseph Parsons	12	Co Cardiff	33.08

2 Charlie Southwood	12	Torfaen D	34.55
3 Toby Preece	12	Co Newport	36.68
4 Alberto Rescigno	12	Co Cardiff	36.93
5 James Newton	12	Torfaen D	38.60
6 Aled Evans	12	Pontypridd	38.67
7 Keian Mruk	12	Torfaen D	39.31
8 Rauley Hunter	12	Co Cardiff	40.54

Event 4 Boys 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
1 Joseph Parsons	12	Co Cardiff	33.65
2 Charlie Southwood	12	Torfaen D	36.16
3 Alberto Rescigno	12	Co Cardiff	38.03
*4 Aled Evans	12	Pontypridd	38.32
*4 Toby Preece	12	Co Newport	38.32
6 James Newton	12	Torfaen D	39.60
7 Rauley Hunter	12	Co Cardiff	39.88
8 Keian Mruk	12	Torfaen D	40.09
--- Evan Leach	12	Rct Squad	DQ
4.4 Start before starting signal			

Event 4 Boys 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Carwyn Jones	13	Co Cardiff	29.75
2 Jacob Barnett	13	Co Cardiff	31.80
3 Tristan Lee	13	Co Cardiff	32.87
4 Joseph Fowler	13	Rct Squad	32.98
5 Ethan Lee	13	Co Cardiff	33.22
6 Morgan Stones	13	Chepstow	34.13
7 Finlay John	13	Rct Squad	35.54
8 Dylan Murphy-Kenny	13	Rct Squad	35.71

Event 4 Boys 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
1 Carwyn Jones	13	Co Cardiff	30.06
2 Jacob Barnett	13	Co Cardiff	31.52
3 Joseph Fowler	13	Rct Squad	32.91
4 Tristan Lee	13	Co Cardiff	32.95
5 Ethan Lee	13	Co Cardiff	33.35
6 Morgan Stones	13	Chepstow	34.34
7 Rhys Townson	13	Monnow	34.38
8 Finlay John	13	Rct Squad	35.43
9 Dylan Murphy-Kenny	13	Rct Squad	36.09
10 Charlie McGuinness	13	Torfaen D	36.73
11 Archie McLain	13	Heads Valley	36.85
12 Emrys Evans	13	Co Cardiff	36.92
13 Luc Martin	13	Bridgend Cty	37.73
14 Harvey Lale	13	Torfaen D	38.56

Event 5 Boys 14 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Rhydian Arch	14	Co Cardiff	1:04.67
31.83	32.84		
2 Benjamin Fox-Wiltshire	14	Co Newport	1:05.21
32.04	33.17		
3 Ben Merriman	14	Torfaen D	1:05.56
32.06	33.50		

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Finals ... (Event 5 Boys 14 Year Olds 100 SC Meter Backstroke)

Name	Age	Team	Finals Time
4 Cian Hughes	14	Co Cardiff	1:07.05
	33.22	33.83	
5 Max Geysen-Holley	14	Co Cardiff	1:08.23
	33.53	34.70	
6 Brandon Keenan	14	Co Newport	1:08.99
	33.70	35.29	
7 Gruffydd Davies	14	Co Cardiff	1:09.74
	33.47	36.27	
8 Samuel McCarthy	14	Co Cardiff	1:10.73
	33.62	37.11	

Event 5 Boys 14 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Rhydian Arch	14	Co Cardiff	1:05.57
	32.02	33.55	
2 Ben Merriman	14	Torfaen D	1:05.67
	32.01	33.66	
3 Benjamin Fox-Wiltshire	14	Co Newport	1:06.30
	32.54	33.76	
4 Cian Hughes	14	Co Cardiff	1:06.73
	32.58	34.15	
5 Brandon Keenan	14	Co Newport	1:08.68
	33.60	35.08	
6 Max Geysen-Holley	14	Co Cardiff	1:09.16
	34.01	35.15	
7 Samuel McCarthy	14	Co Cardiff	1:09.61
	33.30	36.31	
8 Gruffydd Davies	14	Co Cardiff	1:10.26
	34.09	36.17	
9 Evan Coulson	14	Torfaen D	1:12.93
	35.52	37.41	
10 Max Anderson	14	Co Cardiff	1:13.41
	36.07	37.34	
11 Oscar Newton	14	Torfaen D	1:15.19
	36.42	38.77	
12 Tomos Isaacs	14	Rct Squad	1:15.59
	36.26	39.33	
13 Calum Jones	14	Rhondda	1:18.20
	39.11	39.09	
14 Harry Burns	14	Co Cardiff	1:18.44
	38.02	40.42	
15 Noa Griffith	14	Rct Squad	1:19.64
	38.78	40.86	
16 Finley Taylor	14	Bridgend SC	1:20.92
	38.12	42.80	

Event 5 Boys 15-16 100 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Adam Murray	16	Co Cardiff	1:03.38
	30.85	32.53	
2 Jensen Coppen	16	Co Newport	1:07.34
	32.59	34.75	
3 Tyler Collins	16	Rct Squad	1:07.38
	33.15	34.23	
4 Morgan Selby	16	Rct Squad	1:07.85
	32.72	35.13	

5 Joshua Davies	16	Co Cardiff	1:10.64
	34.34	36.30	
6 Solomon Tong	15	Co Cardiff	1:11.23
	35.35	35.88	
7 Danny Jones	16	Co Newport	1:11.81
	34.71	37.10	
8 Thomas Williams	16	Rhondda	1:12.16
	35.18	36.98	

Event 5 Boys 15-16 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Adam Murray	16	Co Cardiff	1:04.16
	31.13	33.03	
2 Jensen Coppen	16	Co Newport	1:07.64
	32.40	35.24	
3 Tyler Collins	16	Rct Squad	1:07.70
	33.44	34.26	
4 Morgan Selby	16	Rct Squad	1:08.18
	33.02	35.16	
5 Danny Jones	16	Co Newport	1:10.36
	34.15	36.21	
6 Joshua Davies	16	Co Cardiff	1:10.74
	34.39	36.35	
7 Solomon Tong	15	Co Cardiff	1:11.33
	34.54	36.79	
8 Thomas Williams	16	Rhondda	1:11.91
	33.78	38.13	
9 Elur Urkola	15	Co Newport	1:12.70
	35.94	36.76	
10 Rhys Nixon	16	Co Cardiff	1:12.91
	35.05	37.86	
--- Jacob Jones	15	Rct Squad	DQ
	6.4 More than one single or double simultaneous arm pull used to initiate t		
	35.67	38.32	

Event 5 Boys 17 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Kameron Clarke	17	Co Cardiff	1:01.55
	29.97	31.58	
2 Tomos Savage-Taylor	17	Heads Valley	1:03.37
	30.58	32.79	
3 Tobias Hunt	18	Bridgend Cty	1:03.92
	30.74	33.18	
4 Dafydd Price	19	Torfaen D	1:04.56
	31.27	33.29	
5 Luke Baker	18	Torfaen D	1:04.81
	31.59	33.22	
6 Ellis Jenkins	17	Rct Squad	1:07.68
	31.69	35.99	
7 Brandon Rees	18	Rhondda	1:08.36
	33.80	34.56	
8 Rhys Lloyd	17	Rct Squad	1:13.51
	35.05	38.46	

Event 5 Boys 17 & Over 100 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Kameron Clarke	17	Co Cardiff	1:01.45
	29.78	31.67	

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Preliminaries ... (Event 5 Boys 17 & Over 100 SC Meter Backstroke)

Name	Age	Team	Prelim Time	
2 Tomos Savage-Taylor	17	Heads Valley	1:03.00	
	30.85	32.15		
3 Luke Baker	18	Torfaen D	1:03.81	
	30.51	33.30		
4 Tobias Hunt	18	Bridgend Cty	1:03.86	
	30.66	33.20		
5 Dafydd Price	19	Torfaen D	1:05.11	
	31.48	33.63		
6 Dan Hall	17	Chepstow	1:05.92	
	32.00	33.92		
7 Brandon Rees	18	Rhondda	1:06.43	
	31.79	34.64		
8 Ellis Jenkins	17	Rct Squad	1:07.84	
	32.16	35.68		
9 Alex Rosser	23	Torfaen D	1:08.34	
	32.49	35.85		
10 Rhys Lloyd	17	Rct Squad	1:13.82	
	35.09	38.73		

Event 6 Girls 14 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	
1 Arwen Stephens	14	Co Cardiff	5:02.74	
	33.19	38.36	39.58	38.65
	41.82	41.74	35.32	34.08
2 Jasmine Fowler	14	Torfaen D	5:35.60	
	35.46	42.49	42.86	43.07
	46.75	46.85	40.75	37.37
3 Carys Graville	14	Co Cardiff	5:36.32	
	36.17	45.34	43.84	41.38
	49.02	48.45	37.97	34.15
4 Eve Hickman	14	Bridgend Cty	5:39.79	
	37.72	45.74	41.79	41.25
	49.11	49.82	37.84	36.52
5 Katie Harthill	14	Co Cardiff	5:41.70	
	36.61	41.37	43.14	42.40
	50.60	51.85	38.60	37.13
6 Marie Faulkner	14	Co Cardiff	5:43.64	
	37.61	46.37	44.78	43.60
	47.50	48.29	38.86	36.63
7 Polly Marshall	14	Caerphilly	5:47.28	
	36.77	45.38	45.52	44.58
	50.24	50.61	37.66	36.52
8 Rebekah Ramsey	14	Heads Valley	5:50.35	
	36.85	44.98	44.79	45.33
	52.39	50.63	37.60	37.78
9 Amy Crowley	14	Co Cardiff	6:01.70	
	37.84	44.49	46.76	47.47
	50.83	51.23	41.75	41.33
--- Imogen Fox	14	Co Cardiff	DQ	
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous				
	37.29	43.71	42.20	42.30
	46.75	48.21	41.06	38.49

Event 6 Girls 15-16 400 SC Meter IM

Name	Age	Team	Finals Time	
1 Jennifer O Callaghan	15	Co Cardiff	5:19.70	
	33.52	40.77	41.61	41.30
	43.30	44.91	37.62	36.67

2 Rhiannon Rowe	15	Torfaen D	5:21.46	
	33.23	38.54	39.88	40.19
	47.67	47.52	38.06	36.37
3 Katie Bamborough	15	Co Cardiff	5:25.61	
	36.45	42.59	39.73	38.23
	49.72	48.63	35.96	34.30
4 Ellie Ward	15	Co Newport	5:26.57	
	35.49	42.64	41.82	42.95
	46.05	46.10	36.60	34.92
5 Isabel Brassington	15	Co Cardiff	5:30.02	
	36.53	43.49	42.78	43.83
	42.22	43.77	38.88	38.52
6 Aoife Tarpey	15	Bridgend Cty	5:36.05	
	37.27	42.34	1:23.98	48.21
	50.18	37.69	36.38	
7 Eilir Teagle	15	Merthyr Tydf	5:36.50	
	34.45	40.28	43.81	41.84
	48.79	49.84	39.62	37.87
8 Niamh Stork	15	Co Cardiff	5:37.38	
	37.89	46.99	41.74	40.25
	47.87	47.95	38.85	35.84
9 Rhiannon Marchant	15	Rct Squad	5:44.00	
	35.10	42.14	41.83	41.38
	51.37	51.20	40.33	40.65
10 Emma Evans	15	Co Cardiff	5:44.05	
	38.13	47.31	43.38	42.91
	48.68	49.98	38.44	35.22
11 Deryn Skene	15	Co Cardiff	6:03.26	
	37.84	47.73	45.96	45.61
	54.28	54.48	38.42	38.94
12 Cerys Lunn	15	Co Cardiff	6:14.64	
	40.52	49.75	48.31	46.91
	52.71	55.07	42.28	39.09
13 Cerys Geen	16	Co Newport	6:16.54	
	37.03	44.23	47.83	46.02
	58.36	59.00	43.19	40.88
14 Olivia Jones	15	Rhondda	6:31.96	
	40.23	51.01	51.65	50.82
	55.10	56.76	43.33	43.06
--- Grace Girling	15	Co Cardiff	DQ	
8.4 Did not touch at turn or finish with both hands or touch not simultaneous				
	36.23	43.76	43.79	41.86
	52.05	50.91	37.59	
--- Hannah Davidson	16	Co Cardiff	DQ	
9.2 Body not returned to breast during freestyle leg before kick or stroke pe				
	33.47	42.28	40.89	39.21
	47.07	49.27	38.21	35.92

Event 6 Girls 17 & Over 400 SC Meter IM

Name	Age	Team	Finals Time	
1 Annaliese Beynon	19	Co Cardiff	5:06.05	
	32.97	38.67	39.24	39.15
	43.29	43.27	34.84	34.62
2 Lili-May Hutchinson	17	Co Cardiff	5:18.30	
	34.66	39.74	41.22	40.26
	44.00	44.88	37.91	35.63
3 Sophie Snow	17	Co Cardiff	5:23.27	
	35.98	41.31	1:22.15	45.70
	45.41	36.90	35.82	
4 Anya Thomas	17	Co Cardiff	5:34.93	
	37.56	40.34	42.70	41.72
	50.77	50.21	36.56	35.07

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Event 7 Boys 11 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	
1 Jack Bamborough	11	Co Cardiff	5:54.00	
			41.47	46.30
			46.02	47.27
			47.32	50.05
			39.25	36.32

Event 7 Boys 13 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time	
1 Charlie McGuinness	13	Torfaen D	5:54.15	
			38.25	46.98
			46.81	45.36
			50.63	51.56
			38.17	36.39
2 Archie McLain	13	Heads Valley	5:54.74	
			38.68	50.52
			44.16	45.53
			50.44	51.50
			37.20	36.71

Event 8 Girls 11 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Amelia Watkins	11	Torfaen D	2:34.50	
			36.04	39.40
			40.88	38.18
2 Gracie Owen	11	Merthyr Tydf	2:35.21	
			35.53	39.62
			40.73	39.33
3 Evie Jones	11	Merthyr Tydf	2:44.93	
			36.55	42.12
			44.59	41.67
4 Ella Jones	11	Caerphilly	2:47.21	
			38.55	42.35
			43.38	42.93
5 Isabelle Kay	11	Rct Squad	2:49.96	
			39.33	43.55
			45.17	41.91
6 Ruby Barrington-Williams	11	Rct Squad	2:57.56	
			42.07	46.45
			46.79	42.25
7 Ella Evans	11	Co Cardiff	2:57.73	
			38.41	44.36
			47.02	47.94
8 Teagan Bick	11	Torfaen D	2:58.49	
			39.66	46.57
			46.71	45.55
9 Eva Lily Haddrell	11	Rct Squad	3:02.90	
			41.64	47.18
			47.58	46.50
10 Megan Bendon	11	Cwmbran	3:05.16	
			41.71	47.33
			48.81	47.31
11 Emily Crawshay-Williams	11	Torfaen D	3:05.58	
			39.45	47.58
			49.69	48.86

Event 8 Girls 12 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Honor Fox	12	Co Cardiff	2:20.50	
			32.83	35.77
			36.37	35.53
2 Carys Croke	12	Torfaen D	2:28.14	
			32.94	36.74
			38.90	39.56
3 Harriet Coleman	12	Torfaen D	2:32.58	
			35.13	38.25
			40.01	39.19
4 Angharad Barr	12	Caerphilly	2:33.37	
			33.78	38.52
			41.03	40.04
5 Sophie Davies	12	Co Cardiff	2:33.48	
			34.98	39.53
			42.09	36.88
6 Lucy Jones	12	Co Newport	2:35.67	
			35.13	39.31
			40.98	40.25
7 Harriett Cull	12	Co Cardiff	2:37.15	
			33.27	41.13
			42.88	39.87
8 Lili Evans	12	Co Newport	2:37.52	
			36.03	40.44
			40.96	40.09
9 Kira Nutt	12	Caerphilly	2:42.04	
			38.79	41.97
			42.25	39.03
10 Poppy Ward	12	Caerphilly	2:42.43	
			36.36	41.22
			43.84	41.01

11 Kaiyah-Jade Staples-Vvind	12	Co Cardiff	2:42.58	
			36.89	41.30
			43.12	41.27
12 Carys Williams	12	Merthyr Tydf	2:44.06	
			38.32	42.89
			42.71	40.14
13 Bailey Briggs	12	Heads Valley	2:44.32	
			37.68	42.27
			42.65	41.72
14 Freya Davis	12	Rct Squad	2:44.70	
			38.07	42.58
			43.46	40.59
15 Caitlin Barclay	12	Co Cardiff	2:45.03	
			38.22	41.83
			43.24	41.74
16 Lillie Jones	12	Co Cardiff	2:46.02	
			37.82	41.68
			43.35	43.17
17 Evie Coulson	12	Torfaen D	2:48.38	
			38.84	43.94
			44.28	41.32
18 Laylah Stamp	12	Co Cardiff	2:48.48	
			38.04	43.83
			44.60	42.01
19 Emilia John	12	Co Cardiff	2:48.87	
			37.27	43.33
			45.28	42.99
20 Mari Evans	12	Rct Squad	2:52.23	
			38.80	44.02
			46.27	43.14
21 Jessica Arnold	12	Cwmbran	2:57.53	
			38.98	45.23
			49.05	44.27
22 Daisy Osborne	12	Brecon	2:58.68	
			39.20	44.30
			44.44	50.74

Event 8 Girls 13 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Sofia Chayka	13	Co Cardiff	2:16.82	
			30.37	34.21
			36.06	36.18
2 Phoebe Williams-Jones	13	Co Cardiff	2:17.03	
			32.50	34.73
			36.18	33.62
3 Libby Broder	13	Torfaen D	2:17.87	
			30.68	1:10.77
			36.42	
4 Lily Johnsey	13	Co Cardiff	2:21.85	
			32.86	36.28
			36.69	36.02
5 Ruby Stevens	13	Co Cardiff	2:22.16	
			33.36	36.21
			36.93	35.66
6 Sophie Brassington	13	Co Cardiff	2:24.13	
			33.29	36.54
			37.83	36.47
7 Mikayla Velasco	13	Co Cardiff	2:25.08	
			33.49	36.61
			38.43	36.55
8 Ffion Blake	13	Co Cardiff	2:25.11	
			33.03	38.84
			38.05	35.19
9 Olivia Manley	13	Co Cardiff	2:27.20	
			33.16	38.02
			38.90	37.12
10 Jaimee Adams	13	Co Cardiff	2:27.79	
			35.11	38.38
			37.97	36.33
11 Georgia Iles	13	Co Cardiff	2:28.90	
			35.04	38.08
			38.25	37.53
12 Holly Greenslade	13	Torfaen D	2:31.44	
			32.29	38.33
			40.78	40.04
13 Mia Pritchard	13	Co Cardiff	2:32.22	
			35.90	39.49
			40.05	36.78
14 Ellie Parsons	13	Chepstow	2:33.34	
			34.72	38.88
			40.91	38.83
15 Leia Pengelly	13	Rct Squad	2:36.04	
			37.85	40.57
			39.41	38.21
16 Anwen Nesham	13	Rct Squad	2:36.95	
			35.76	39.00
			40.51	41.68
17 Seren White	13	Rct Squad	2:38.46	
			37.24	41.20
			41.47	38.55

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(Event 8 Girls 13 Year Olds 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
18 Phoebe Badman	13	Rct Squad	2:38.95
	36.92	40.69	41.81
			39.53
19 Mali Williams	13	Rct Squad	2:41.77
	35.06	41.60	43.31
			41.80
20 Tesni Francis-Parker	13	Co Newport	2:43.77
	36.15	41.22	44.74
			41.66
21 Caitlyn Vincent	13	Pontypridd	2:44.38
	36.11	42.78	44.22
			41.27
22 Holly Anderson	13	Co Cardiff	2:49.73
	39.40	42.77	44.00
			43.56

Event 9 Girls 11 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Amelia Watkins	11	Torfaen D	35.34
2 Megan Titchner	11	Abertillery	36.22
3 Lara Martin	11	Bridgend Cty	38.30
4 Gracie Owen	11	Merthyr Tydf	38.67
5 Mia Beach	11	Rhondda	39.21
6 Izaro Urkola	11	Co Newport	39.65
7 Lexie Johnson	11	Heads Valley	40.84
8 Isabelle Kay	11	Rct Squad	41.33

Event 9 Girls 11 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
1 Amelia Watkins	11	Torfaen D	35.47
2 Megan Titchner	11	Abertillery	36.71
3 Gracie Owen	11	Merthyr Tydf	37.89
4 Lara Martin	11	Bridgend Cty	39.12
5 Mia Beach	11	Rhondda	39.33
6 Izaro Urkola	11	Co Newport	39.36
7 Lexie Johnson	11	Heads Valley	40.12
8 Isabelle Kay	11	Rct Squad	40.81
9 Emily Crawshay-Williams	11	Torfaen D	42.17
10 Mollie Dacey	11	Co Cardiff	42.44
11 Erin Smith	11	Rhondda	42.73
12 Ruby Barrington-Williams	11	Rct Squad	43.54
13 Ella Evans	11	Co Cardiff	43.99
14 Eva Lily Haddrell	11	Rct Squad	44.48

Event 9 Girls 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Carys Croke	12	Torfaen D	32.12
2 Honor Fox	12	Co Cardiff	32.74
3 Gracie Beynon	12	Bridgend Cty	34.36
4 Lili Evans	12	Co Newport	37.17
5 Laylah Stamp	12	Co Cardiff	37.28
6 Caitlin Barclay	12	Co Cardiff	37.34
7 Poppy Offside	12	Co Newport	37.69
8 Megan-Jane Enoch	12	Caerphilly	38.56

Event 9 Girls 12 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
1 Carys Croke	12	Torfaen D	33.09
2 Gracie Beynon	12	Bridgend Cty	33.97
3 Honor Fox	12	Co Cardiff	35.05
4 Caitlin Barclay	12	Co Cardiff	36.96

5 Lili Evans	12	Co Newport	36.98
6 Poppy Offside	12	Co Newport	37.32
7 Megan-Jane Enoch	12	Caerphilly	37.39
8 Laylah Stamp	12	Co Cardiff	37.67
9 Lillie Jones	12	Co Cardiff	37.90
10 Chloe Henshall	12	Co Cardiff	38.37
11 Poppy Ward	12	Caerphilly	38.68
12 Kira Nutt	12	Caerphilly	38.96
13 Emma Nock	12	Monnow	39.55
14 Lucy Grant	12	Co Newport	39.68
15 Emilia John	12	Co Cardiff	39.76
16 Mia Bridgewater	12	Torfaen D	40.23
17 Angharad Barr	12	Caerphilly	41.02
18 Evie Coulson	12	Torfaen D	41.82

Event 9 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Libby Broder	13	Torfaen D	31.90
2 Ruby Stevens	13	Co Cardiff	31.93
3 Jaimee Adams	13	Co Cardiff	33.02
4 Ffion Blake	13	Co Cardiff	33.22
5 Sofia Chayka	13	Co Cardiff	33.58
6 Olivia Manley	13	Co Cardiff	34.50
7 Lily Johnsey	13	Co Cardiff	34.56
8 Megan Rogers	13	Co Cardiff	34.61

Event 9 Girls 13 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
1 Libby Broder	13	Torfaen D	32.44
2 Phoebe Williams-Jones	13	Co Cardiff	32.46
3 Ruby Stevens	13	Co Cardiff	32.71
4 Jaimee Adams	13	Co Cardiff	33.35
5 Ffion Blake	13	Co Cardiff	33.87
6 Sofia Chayka	13	Co Cardiff	34.03
7 Olivia Manley	13	Co Cardiff	34.43
8 Megan Rogers	13	Co Cardiff	34.86
9 Lily Johnsey	13	Co Cardiff	36.03
10 Cerys Davies	13	Rct Squad	36.57
11 Phoebe Badman	13	Rct Squad	36.94
12 Mikayla Velasco	13	Co Cardiff	37.09
13 Megan Evans	13	Co Newport	37.12
14 Alysia Roberts	13	Co Cardiff	37.26
15 Caitlyn Vincent	13	Pontypridd	37.59
16 Madison Davies	13	Chepstow	37.77
17 Anwen Nesham	13	Rct Squad	39.02
18 Tesni Francis-Parker	13	Co Newport	39.42
19 Jessica Jones	13	Torfaen D	39.54
20 Mali Williams	13	Rct Squad	39.68
21 Aratz Urkola	13	Co Newport	39.71
22 Alisha Morgan	13	Rct Squad	39.74
23 Seren White	13	Rct Squad	39.94

Event 10 Boys 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Jack Bamborough	11	Co Cardiff	1:08.59
	33.15	35.44	
2 Lucas Mruk	11	Torfaen D	1:13.03
	34.61	38.42	

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Finals ... (Event 10 Boys 11 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Finals Time
3 Jacob Temby	11	Co Cardiff	1:18.29
	37.21	41.08	
4 Fabian Buczylo	11	Pontypridd	1:21.35
	37.64	43.71	
5 Joshua Wratten	11	Cwmbran	1:26.59
	40.73	45.86	
6 Harri Titchner	11	Abertillery	1:28.75
	42.64	46.11	

Event 10 Boys 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Jack Bamborough	11	Co Cardiff	1:07.56
	33.41	34.15	
2 Lucas Mruk	11	Torfaen D	1:15.73
	36.24	39.49	
3 Jacob Temby	11	Co Cardiff	1:17.60
	36.78	40.82	
4 Fabian Buczylo	11	Pontypridd	1:24.70
	40.94	43.76	
5 Joshua Wratten	11	Cwmbran	1:26.38
	41.14	45.24	
6 Harri Titchner	11	Abertillery	1:28.04
	1:28.04		

Event 10 Boys 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Joseph Parsons	12	Co Cardiff	1:06.95
	32.72	34.23	
2 Charlie Southwood	12	Torfaen D	1:10.68
	34.63	36.05	
3 Toby Preece	12	Co Newport	1:10.99
	34.94	36.05	
4 Evan Leach	12	Rct Squad	1:12.22
	34.45	37.77	
5 Rhys Witchell	12	Co Cardiff	1:12.40
	34.15	38.25	
6 Alberto Rescigno	12	Co Cardiff	1:12.69
	35.63	37.06	
7 Keian Mruk	12	Torfaen D	1:15.85
	35.83	40.02	
8 Ellis Price	12	Pontypridd	1:16.74
	36.27	40.47	

Event 10 Boys 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Joseph Parsons	12	Co Cardiff	1:07.46
	32.65	34.81	
2 Lewis Morgan	12	Bridgend Cty	1:09.70
	1:09.70		
*3 Evan Leach	12	Rct Squad	1:10.94
	34.45	36.49	
*3 Charlie Southwood	12	Torfaen D	1:10.94
	34.51	36.43	
5 Toby Preece	12	Co Newport	1:11.07
	34.56	36.51	
6 Rhys Witchell	12	Co Cardiff	1:12.13
	34.29	37.84	

7 Rauley Hunter	12	Co Cardiff	1:14.63
	36.66	37.97	
8 Alberto Rescigno	12	Co Cardiff	1:15.21
	36.44	38.77	
9 Keian Mruk	12	Torfaen D	1:15.76
	36.35	39.41	
10 Ellis Price	12	Pontypridd	1:16.13
	35.69	40.44	
11 James Newton	12	Torfaen D	1:16.65
	37.50	39.15	
12 Henry Stevens	12	Co Cardiff	1:17.05
	35.52	41.53	
13 Harrison Jones	12	Bridgend Cty	1:17.95
	36.98	40.97	
14 Caleb Norton	12	Rhondda	1:18.88
	38.09	40.79	

Event 10 Boys 13 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Carwyn Jones	13	Co Cardiff	58.73
	28.76	29.97	
2 Adam Steven	13	Co Newport	1:03.26
	30.94	32.32	
3 Tristan Lee	13	Co Cardiff	1:04.04
	30.76	33.28	
4 Ethan Lee	13	Co Cardiff	1:04.95
	31.64	33.31	
5 Jacob Barnett	13	Co Cardiff	1:05.80
	33.08	32.72	
6 Joseph Fowler	13	Rct Squad	1:06.09
	32.25	33.84	
7 Finlay John	13	Rct Squad	1:07.59
	32.86	34.73	
8 Harvey Lale	13	Torfaen D	1:09.01
	32.23	36.78	

Event 10 Boys 13 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Carwyn Jones	13	Co Cardiff	59.85
	28.54	31.31	
2 Adam Steven	13	Co Newport	1:02.27
	29.09	33.18	
3 Tristan Lee	13	Co Cardiff	1:04.96
	31.47	33.49	
4 Joseph Fowler	13	Rct Squad	1:05.84
	32.11	33.73	
5 Ethan Lee	13	Co Cardiff	1:06.41
	32.39	34.02	
6 Jacob Barnett	13	Co Cardiff	1:06.58
	32.81	33.77	
7 Finlay John	13	Rct Squad	1:08.28
	33.07	35.21	
8 Harvey Lale	13	Torfaen D	1:09.07
	32.12	36.95	
9 Luc Martin	13	Bridgend Cty	1:10.31
	33.42	36.89	
10 Morgan Stones	13	Chepstow	1:10.83
	33.81	37.02	

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Preliminaries ... (Event 10 Boys 13 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
11 Owen Price Davies	13	Brecon	1:10.98
	33.06	37.92	
12 Dylan Murphy-Kenny	13	Rct Squad	1:11.00
	34.22	36.78	
13 Evan Winstone	13	Co Cardiff	1:11.72
	34.79	36.93	
14 Zachary Davies	13	Torfaen D	1:12.89
	34.51	38.38	
15 Archie McLain	13	Heads Valley	1:13.11
	35.06	38.05	
16 Charlie Nash	13	Rhondda	1:15.97
	36.01	39.96	
17 Tyler Jones	13	Rhondda	1:17.10
	36.51	40.59	

Event 11 Girls 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Arwen Stephens	14	Co Cardiff	1:05.87
	32.48	33.39	
2 Isobel Stevens	14	Co Newport	1:06.76
	31.29	35.47	
3 Emily Jones	14	Co Newport	1:08.25
	32.36	35.89	
4 Tamzin Stride	14	Torfaen D	1:08.81
	32.54	36.27	
5 Cerys Rosser	14	Torfaen D	1:10.56
	33.04	37.52	
6 Eleanor Walker	14	Co Newport	1:13.23
	33.76	39.47	
7 Katie Harthill	14	Co Cardiff	1:13.39
	34.55	38.84	
8 Cerys Jones	14	Rct Squad	1:13.87
	33.73	40.14	

Event 11 Girls 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Arwen Stephens	14	Co Cardiff	1:06.30
	31.15	35.15	
2 Isobel Stevens	14	Co Newport	1:06.81
	31.61	35.20	
3 Emily Jones	14	Co Newport	1:07.46
	31.80	35.66	
4 Cerys Rosser	14	Torfaen D	1:10.56
	32.53	38.03	
5 Tamzin Stride	14	Torfaen D	1:10.80
	33.10	37.70	
6 Eleanor Walker	14	Co Newport	1:13.26
	34.32	38.94	
7 Cerys Jones	14	Rct Squad	1:14.84
	34.85	39.99	
8 Katie Harthill	14	Co Cardiff	1:14.87
	35.52	39.35	
9 Faye O Callaghan	14	Co Cardiff	1:15.59
	34.91	40.68	
10 Eve Bowen	14	Co Newport	1:15.82
	34.53	41.29	

11 Amy Crowley	14	Co Cardiff	1:17.09
	36.20	40.89	
12 Charlotte Erasmus	14	Torfaen D	1:17.77
	35.33	42.44	
13 Eve Hickman	14	Bridgend Cty	1:19.77
	36.27	43.50	
14 Rebekah Ramsey	14	Heads Valley	1:19.97
	36.73	43.24	
15 Jessica Brind	14	Co Cardiff	1:20.69
	37.42	43.27	
16 Hannah Morgan	14	Co Cardiff	1:23.17
	38.90	44.27	

Event 11 Girls 15-16 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
*1 Madison Lovell	15	Torfaen D	1:07.47
	31.74	35.73	
*1 Alyssa Baker	15	Torfaen D	1:07.47
	32.72	34.75	
3 Rhiannon Rowe	15	Torfaen D	1:10.30
	33.43	36.87	
4 Jennifer O Callaghan	15	Co Cardiff	1:11.40
	33.57	37.83	
*5 Catrin Nicholas	16	Bridgend Cty	1:12.05
	34.00	38.05	
*5 Rhiannon Marchant	15	Rct Squad	1:12.05
	33.39	38.66	
7 Sasha Bond	15	Rct Squad	1:12.29
	33.70	38.59	
8 Ella Minas	15	Rct Squad	1:12.70
	33.38	39.32	

Event 11 Girls 15-16 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
*1 Madison Lovell	15	Torfaen D	1:07.82
	32.24	35.58	
*1 Alyssa Baker	15	Torfaen D	1:07.82
	31.89	35.93	
3 Rhiannon Rowe	15	Torfaen D	1:10.78
	33.66	37.12	
4 Jennifer O Callaghan	15	Co Cardiff	1:10.97
	33.03	37.94	
5 Catrin Nicholas	16	Bridgend Cty	1:12.30
	33.92	38.38	
6 Rhiannon Marchant	15	Rct Squad	1:12.32
	35.05	37.27	
7 Ella Minas	15	Rct Squad	1:12.55
	33.38	39.17	
8 Sasha Bond	15	Rct Squad	1:12.60
	34.41	38.19	
9 Emily Cox	16	Bridgend Cty	1:13.11
	34.55	38.56	
10 Eilir Teagle	15	Merthyr Tydf	1:13.81
	34.60	39.21	
11 Rosie Domican	15	Co Cardiff	1:14.97
	34.88	40.09	
12 Megan Frolely	15	Bridgend Cty	1:15.50
	34.99	40.51	

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Preliminaries ... (Event 11 Girls 15-16 100 SC Meter Butterfly)

Name	Age	Team	Prelim Time
13 Kaycee Napper	16	Rhondda	1:15.67
35.07	40.60		
14 Isabel Brassington	15	Co Cardiff	1:15.99
34.92	41.07		
15 Cerys Jones	16	Co Cardiff	1:16.09
34.27	41.82		
16 Grace Girling	15	Co Cardiff	1:17.13
34.66	42.47		
17 Jodie Matthews	16	Rct Squad	1:19.99
36.48	43.51		
18 Becky Lewis	16	Rct Squad	1:20.02
37.24	42.78		
19 Gwenllian Davies	16	Caerphilly	1:23.50
39.13	44.37		
20 Seren Leconte	15	Rct Squad	1:36.78
43.16	53.62		

Event 11 Girls 17 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Freya Watson	18	Torfaen D	1:03.39
31.07	32.32		
2 Katie Rees	21	Co Cardiff	1:05.11
30.77	34.34		
3 Annaliese Beynon	19	Co Cardiff	1:06.41
30.91	35.50		
4 Megan Nicholas	19	Bridgend Cty	1:06.72
31.31	35.41		
5 Imogen Hunt	21	Bridgend Cty	1:07.03
31.32	35.71		
6 Lili-May Hutchinson	17	Co Cardiff	1:09.24
32.94	36.30		
7 Helen Lewis	17	Merthyr Tydf	1:10.24
32.42	37.82		
8 Olivia Compton	19	Bridgend Cty	1:12.05
32.72	39.33		

Event 11 Girls 17 & Over 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Freya Watson	18	Torfaen D	1:03.43
29.91	33.52		
2 Katie Rees	21	Co Cardiff	1:05.62
30.87	34.75		
3 Annaliese Beynon	19	Co Cardiff	1:07.48
31.01	36.47		
4 Megan Nicholas	19	Bridgend Cty	1:07.52
31.62	35.90		
5 Imogen Hunt	21	Bridgend Cty	1:08.42
31.61	36.81		
6 Lili-May Hutchinson	17	Co Cardiff	1:09.46
32.80	36.66		
7 Helen Lewis	17	Merthyr Tydf	1:10.29
33.14	37.15		
8 Olivia Compton	19	Bridgend Cty	1:11.22
32.30	38.92		
9 Mared Arch	17	Co Cardiff	1:12.59
33.86	38.73		
10 Anya Thomas	17	Co Cardiff	1:13.72
34.33	39.39		

11 Aisha Walters	17	Merthyr Tydf	1:14.76
33.81	40.95		
12 Sophie Morgan	17	Rct Squad	1:16.57
34.32	42.25		
13 Aimee Freegard	17	Rct Squad	1:22.24
36.10	46.14		
14 Elle Harris-Thomas	17	Torfaen D	1:22.58
36.88	45.70		
15 Rebecca Underwood	17	Cwmbran	1:25.59
38.33	47.26		

Event 12 Girls 11 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Evie Jones	11	Merthyr Tydf	6:23.72
41.10	50.13	47.19	46.50
56.47	57.52	43.74	41.07
--- Gracie Owen	11	Merthyr Tydf	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
41.85	52.84	49.42	46.67
55.27	55.27	43.17	40.32

Event 12 Girls 12 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Bailey Briggs	12	Heads Valley	6:17.20
43.99	52.89	46.95	44.90
50.71	52.22	43.45	42.09
2 Caitlin Barclay	12	Co Cardiff	6:17.62
40.64	45.07	46.77	45.95
55.76	58.10	42.84	42.49
3 Carys Williams	12	Merthyr Tydf	6:43.70
45.09	54.22	51.13	50.40
58.22	57.75	44.41	42.48
4 Daisy Osborne	12	Brecon	6:51.20
45.51	1:47.16	53.34	54.51
55.34	49.17	46.17	
5 Niamh Davies	12	Co Cardiff	6:53.60
47.05	1:02.63	48.76	48.57
55.02	57.13	47.41	47.03
--- Emma Nock	12	Monnow	DQ
8.2 Arms not brought forward simultaneously or arms not brought forward			
43.15	53.12	49.84	46.64
50.95	52.23	41.95	40.62
--- Sophie Davies	12	Co Cardiff	DQ
8.4 Did not touch at turn or finish with both hands or touch not simultaneou			
47.88	57.99	43.95	44.52
53.65	54.45	42.81	38.26

Event 12 Girls 13 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Sophie Brassington	13	Co Cardiff	5:19.80
36.76	43.61	39.69	42.09
39.24	42.56	38.79	37.06
2 Ruby Stevens	13	Co Cardiff	5:27.16
35.79	41.18	41.46	40.84
46.87	47.13	38.67	35.22
3 Georgia Iles	13	Co Cardiff	5:39.55
36.93	42.66	45.61	44.71
45.67	47.49	39.06	37.42
4 Jaimee Adams	13	Co Cardiff	5:51.29
36.01	40.35	47.21	45.72
51.16	52.03	40.23	38.58

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(Event 12 Girls 13 Year Olds 400 SC Meter IM)

Name	Age	Team	Finals Time	
5 Ffion Blake	13	Co Cardiff	5:51.34	
	37.19	49.60	43.20	43.40
	50.46	50.37	40.33	36.79
6 Mia Pritchard	13	Co Cardiff	6:09.07	
	41.24	52.13	45.79	45.60
	52.66	52.43	40.66	38.56
7 Alysia Roberts	13	Co Cardiff	6:24.31	
	42.93	52.51	46.43	46.75
	57.08	54.28	42.88	41.45

Event 13 Boys 14 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Rhydian Arch	14	Co Cardiff	2:40.75	
	37.25	41.35	41.03	41.12
2 Max Anderson	14	Co Cardiff	2:43.70	
	36.40	41.21	42.83	43.26
3 Rhys Smart	14	Co Cardiff	2:48.02	
	39.70	43.70	42.33	42.29
4 Evan Sellick	14	Co Newport	2:50.05	
	38.03	44.30	44.26	43.46
5 Joshua O'Brien	14	Co Cardiff	2:50.26	
	39.11	43.82	43.89	43.44
6 Max Geysen-Holley	14	Co Cardiff	2:50.47	
	38.80	43.90	44.85	42.92
7 Samuel McCarthy	14	Co Cardiff	2:56.95	
	39.57	46.94	46.80	43.64
8 Mike Pursey	14	Heads Valley	2:57.02	
	40.00	44.95	46.79	45.28
9 Dewi Rosser	14	Torfaen D	2:57.07	
	39.18	45.29	46.94	45.66

Event 13 Boys 15-16 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Jensen Coppen	16	Co Newport	2:37.83	
	33.89	39.56	40.94	43.44
2 Ellis Young	16	Co Cardiff	2:39.16	
	36.26	40.44	41.08	41.38
3 Carwyn Salmon	16	Rct Squad	2:41.92	
	35.22	40.67	42.57	43.46
4 Kasey Allen-Ridge	15	Co Newport	2:47.98	
	36.97	42.03	44.00	44.98
5 Rhys Nixon	16	Co Cardiff	2:49.06	
	38.71	43.20	43.84	43.31
6 Cadyn Halstead	16	Co Cardiff	2:49.81	
	38.48	43.83	44.47	43.03
7 Logan Clement	15	Rct Squad	2:55.77	
	38.34	44.77	45.62	47.04
8 Benjamin Hastings	15	Co Newport	2:57.02	
	38.88	45.02	46.45	46.67

Event 13 Boys 17 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 James Lewis	21	Co Cardiff	2:21.37	
	32.33	35.93	37.21	35.90
2 Owain Cook	19	Bridgend Cty	2:39.22	
	36.66	40.49	41.25	40.82
3 Daniel Jones	21	Co Cardiff	2:46.06	
	36.54	42.24	43.97	43.31
4 Cynan Weber	18	Rhondda	2:59.86	
	39.59	45.60	47.56	47.11

---	Sam Clegg	18	Brecon	x3:07.78
	40.38	46.02	48.45	52.93

Event 14 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Harley James	14	Co Cardiff	29.52	
2 Samuel McCarthy	14	Co Cardiff	30.02	
3 Rhydian Arch	14	Co Cardiff	30.03	
4 Max Geysen-Holley	14	Co Cardiff	30.19	
5 Ben Merriman	14	Torfaen D	30.52	
6 Cian Hughes	14	Co Cardiff	30.54	
7 Brandon Keenan	14	Co Newport	30.67	
8 Gruffydd Davies	14	Co Cardiff	30.89	

Event 14 Boys 14 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	
1 Harley James	14	Co Cardiff	29.63	
2 Max Geysen-Holley	14	Co Cardiff	30.01	
3 Samuel McCarthy	14	Co Cardiff	30.35	
4 Cian Hughes	14	Co Cardiff	30.47	
5 Rhydian Arch	14	Co Cardiff	30.51	
6 Brandon Keenan	14	Co Newport	30.83	
7 Ben Merriman	14	Torfaen D	30.97	
8 Gruffydd Davies	14	Co Cardiff	31.21	
9 Benjamin Fox-Wiltshire	14	Co Newport	31.40	
10 Garyn Rees	14	Rhondda	31.85	
11 Max Anderson	14	Co Cardiff	32.37	
12 Rhys Smart	14	Co Cardiff	33.92	
13 Freddie Johnson	14	Heads Valley	34.08	
14 Joshua Murray	14	Monnow	34.38	
15 Oscar Newton	14	Torfaen D	34.44	
16 Tomos Isaacs	14	Rct Squad	34.65	
17 Evan Coulson	14	Torfaen D	35.39	
18 Gethin Tasker	14	Rct Squad	39.51	

Event 14 Boys 15-16 50 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Owen Leach	16	Co Cardiff	27.92	
2 Dylan Wisden	15	Bridgend Cty	28.99	
3 Morgan Selby	16	Rct Squad	29.42	
4 Carwyn Salmon	16	Rct Squad	29.51	
5 Jac Wood-Jones	16	Rhondda	29.77	
6 Callum Thomas	16	Co Cardiff	30.54	
7 Jensen Coppen	16	Co Newport	30.56	
8 Tyler Collins	16	Rct Squad	30.72	

Event 14 Boys 15-16 50 SC Meter Butterfly

Name	Age	Team	Prelim Time	
1 Owen Leach	16	Co Cardiff	27.83	
2 Dylan Wisden	15	Bridgend Cty	29.13	
3 Jac Wood-Jones	16	Rhondda	29.71	
4 Carwyn Salmon	16	Rct Squad	29.90	
5 Morgan Selby	16	Rct Squad	30.15	
6 Jensen Coppen	16	Co Newport	30.39	
7 Tyler Collins	16	Rct Squad	30.62	
8 Callum Thomas	16	Co Cardiff	30.81	
9 Kasey Allen-Ridge	15	Co Newport	30.85	

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Preliminaries ... (Event 14 Boys 15-16 50 SC Meter Butterfly)

Name	Age	Team	Prelim Time
10 Jacob Jones	15	Rct Squad	30.96
11 Thillai Sivaramakrishnan	15	Co Newport	31.12
12 Danny Jones	16	Co Newport	31.26
13 Thomas Williams	16	Rhondda	31.62
14 James Watkins	15	Co Newport	31.72
15 Nicholas Tan	15	Pontypridd	32.06
16 Rhys Nixon	16	Co Cardiff	32.08
17 Logan Clement	15	Rct Squad	33.10
18 Arwyn Grant	15	Co Newport	33.89
19 Nathaniel Edwards	15	Torfaen D	33.91
20 Owen Hughes	15	Rhondda	34.06
21 Joseph Stacey	15	Torfaen D	34.28
22 Oliver Kindred	16	Torfaen D	35.36

Event 14 Boys 17 & Over 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Jacob Cook	19	Co Cardiff	26.44
2 Owen Richards	18	Torfaen D	26.72
3 Kieran Garland	17	Co Cardiff	27.38
4 Keenan Napper	20	Rhondda	27.41
5 Luke Baker	18	Torfaen D	27.49
6 Owain Cook	19	Bridgend Cty	27.72
7 Brandon Rees	18	Rhondda	27.81
8 Alex Rosser	23	Torfaen D	28.60

Event 14 Boys 17 & Over 50 SC Meter Butterfly

Name	Age	Team	Prelim Time
1 Owen Richards	18	Torfaen D	26.60
2 Jacob Cook	19	Co Cardiff	26.76
3 Kieran Garland	17	Co Cardiff	27.24
4 Keenan Napper	20	Rhondda	27.49
5 Luke Baker	18	Torfaen D	27.50
6 Brandon Rees	18	Rhondda	27.57
7 Owain Cook	19	Bridgend Cty	28.02
8 Tomos Savage-Taylor	17	Heads Valley	28.06
9 Alex Rosser	23	Torfaen D	28.45
10 Joseph Davies	17	Torfaen D	29.35
11 Elliot Williams	18	Pontypridd	29.50
12 Ellis Jenkins	17	Rct Squad	29.66
13 Dan Hall	17	Chepstow	29.75
14 Szymon Wojcik	17	Bridgend Cty	29.99
15 Finlay Jones	17	Rhondda	30.81
16 Joshua Thomas	18	Merthyr Tydf	30.83
17 Cynan Weber	18	Rhondda	30.97
18 Ryan Steven	17	Co Newport	31.56
19 Sam Clegg	18	Brecon	32.92
20 Rhys Lloyd	17	Rct Squad	35.35

Event 15 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Amelia Watkins	11	Torfaen D	1:33.72
45.70	48.02		
2 Mia Beach	11	Rhondda	1:36.17
45.55	50.62		
3 Ella Jones	11	Caerphilly	1:40.63
47.62	53.01		

4 Lara Martin	11	Bridgend Cty	1:40.68
49.90	50.78		
5 Isabelle Kay	11	Rct Squad	1:42.20
50.09	52.11		
6 Ella Evans	11	Co Cardiff	1:50.37
51.17	59.20		
7 Megan Bendon	11	Cwmbran	1:52.54
52.48	1:00.06		
--- Mollie Dacey	11	Co Cardiff	DQ
7.1 After the start or after each turn single butterfly kick not performed bef			
47.37	53.33		

Event 15 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
1 Amelia Watkins	11	Torfaen D	1:36.53
48.11	48.42		
2 Mia Beach	11	Rhondda	1:39.81
46.33	53.48		
3 Mollie Dacey	11	Co Cardiff	1:41.31
49.19	52.12		
4 Ella Jones	11	Caerphilly	1:41.70
48.15	53.55		
5 Isabelle Kay	11	Rct Squad	1:42.87
51.16	51.71		
6 Lara Martin	11	Bridgend Cty	1:44.91
49.80	55.11		
7 Ella Evans	11	Co Cardiff	1:51.45
52.35	59.10		
8 Megan Bendon	11	Cwmbran	1:52.76
53.05	59.71		

Event 15 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Carys Croke	12	Torfaen D	1:26.79
41.15	45.64		
2 Anya Elias	12	Co Cardiff	1:27.20
41.66	45.54		
3 Megan-Jane Enoch	12	Caerphilly	1:28.18
42.04	46.14		
4 Sophie Davies	12	Co Cardiff	1:28.19
43.74	44.45		
5 Honor Fox	12	Co Cardiff	1:29.14
42.74	46.40		
6 Gwen Salmon	12	Rct Squad	1:30.20
42.90	47.30		
7 Niamh Davies	12	Co Cardiff	1:31.16
44.45	46.71		
8 Emma Nock	12	Monnow	1:33.13
44.12	49.01		

Event 15 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
1 Carys Croke	12	Torfaen D	1:26.82
41.43	45.39		
2 Anya Elias	12	Co Cardiff	1:28.08
41.41	46.67		
3 Sophie Davies	12	Co Cardiff	1:30.40
43.39	47.01		

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Preliminaries ... (Event 15 Girls 12 Year Olds 100 SC Meter Breaststrol

Name	Age	Team	Prelim Time
4 Megan-Jane Enoch	12	Caerphilly	1:30.68
42.66	48.02		
5 Honor Fox	12	Co Cardiff	1:30.78
43.03	47.75		
6 Niamh Davies	12	Co Cardiff	1:31.75
45.26	46.49		
7 Gwen Salmon	12	Rct Squad	1:33.10
44.13	48.97		
8 Emma Nock	12	Monnow	1:33.49
44.20	49.29		
9 Bailey Briggs	12	Heads Valley	1:34.33
45.34	48.99		
10 Harriet Coleman	12	Torfaen D	1:35.20
44.48	50.72		
11 Chloe Henshall	12	Co Cardiff	1:35.67
45.63	50.04		
12 Lili Evans	12	Co Newport	1:36.10
45.24	50.86		
13 Gracie Beynon	12	Bridgend Cty	1:37.25
47.35	49.90		
14 Daisy Osborne	12	Brecon	1:41.53
48.76	52.77		
15 Kira Nutt	12	Caerphilly	1:41.89
50.14	51.75		
16 Callie Winter	12	Co Cardiff	1:42.14
48.32	53.82		
17 Poppy Ward	12	Caerphilly	1:43.44
49.59	53.85		
18 Mia Bridgewater	12	Torfaen D	1:44.74
50.14	54.60		
19 Carys Williams	12	Merthyr Tydf	1:47.61
51.84	55.77		

Event 15 Girls 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Sophie Brassington	13	Co Cardiff	1:15.74
37.51	38.23		
2 Georgia Iles	13	Co Cardiff	1:20.37
38.24	42.13		
3 Mikayla Velasco	13	Co Cardiff	1:23.91
40.34	43.57		
4 Ruby Stevens	13	Co Cardiff	1:24.91
40.04	44.87		
5 Lily Johnsey	13	Co Cardiff	1:26.18
40.69	45.49		
6 Megan Rogers	13	Co Cardiff	1:27.41
41.12	46.29		
7 Hannah Gibson	13	Chepstow	1:28.11
41.67	46.44		
8 Holly Greenslade	13	Torfaen D	1:29.98
42.25	47.73		

Event 15 Girls 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Sophie Brassington	13	Co Cardiff	1:16.36
36.98	39.38		

2 Georgia Iles	13	Co Cardiff	1:20.42
37.89	42.53		
3 Ruby Stevens	13	Co Cardiff	1:25.61
40.33	45.28		
4 Mikayla Velasco	13	Co Cardiff	1:26.04
41.51	44.53		
5 Lily Johnsey	13	Co Cardiff	1:26.29
41.08	45.21		
6 Megan Rogers	13	Co Cardiff	1:26.97
41.55	45.42		
7 Hannah Gibson	13	Chepstow	1:29.14
43.10	46.04		
8 Holly Greenslade	13	Torfaen D	1:29.80
43.23	46.57		
9 Caitlin Bound	13	Heads Valley	1:30.81
44.29	46.52		
10 Olivia Manley	13	Co Cardiff	1:31.06
42.67	48.39		
11 Megan Evans	13	Co Newport	1:31.13
42.11	49.02		
12 Eve Bradley	13	Abertillery	1:33.47
44.71	48.76		
13 Ffion Blake	13	Co Cardiff	1:33.75
44.28	49.47		
14 Jaimee Adams	13	Co Cardiff	1:33.81
45.66	48.15		
15 Caitlyn Vincent	13	Pontypridd	1:34.67
46.32	48.35		
16 Seren White	13	Rct Squad	1:34.79
45.25	49.54		
17 Grace Bateman	13	Bridgend Cty	1:37.95
46.30	51.65		
18 Lauren Sturdy	13	Rct Squad	1:39.85
47.81	52.04		
19 Isabelle Wratten	13	Cwmbran	1:47.52
50.12	57.40		

Event 16 Boys 11 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Jack Bamborough	11	Co Cardiff	2:57.27
42.20	45.23	44.92	44.92
2 Joshua Wratten	11	Cwmbran	3:18.78
44.88	52.76	53.41	47.73

Event 16 Boys 12 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Joseph Parsons	12	Co Cardiff	2:34.01
1:54.64	44.68		
2 Henry Stevens	12	Co Cardiff	3:01.83
41.89	45.71	48.33	45.90
3 Ellis Price	12	Pontypridd	3:03.31
43.84	46.63	46.96	45.88
--- James Newton	12	Torfaen D	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
45.35	48.92	49.64	46.47
--- Rhys Witchell	12	Co Cardiff	DQ
6.4 More than one single or double simultaneous arm pull used to initiate tl			
41.05	45.29	44.64	44.76

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Event 16 Boys 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Finlay John	13	Rct Squad	2:36.89	
			36.74	39.58
			41.11	39.46
2 Owen Price Davies	13	Brecon	2:42.14	
			38.79	40.65
			42.53	40.17
3 Harvey Lale	13	Torfaen D	2:51.08	
			39.93	43.73
			44.01	43.41
4 Charlie McGuinness	13	Torfaen D	2:54.29	
			40.94	44.45
			44.90	44.00

Event 17 Boys 14 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Ben Merriman	14	Torfaen D	4:19.50	
			29.80	32.23
			32.75	33.00
			33.25	33.11
			33.04	32.32
2 Joshua O'Brien	14	Co Cardiff	4:27.06	
			30.46	32.91
			33.78	33.79
			34.28	34.44
			34.31	33.09
3 Max Geysen-Holley	14	Co Cardiff	4:30.84	
			31.13	33.52
			34.35	34.47
			34.17	34.89
			34.66	33.65
4 Harley James	14	Co Cardiff	4:33.47	
			31.06	34.80
			34.10	34.55
			34.96	34.93
			34.98	34.09
5 Cian Hughes	14	Co Cardiff	4:35.05	
			32.58	34.17
			35.01	35.16
			34.90	34.58
			34.61	34.04
6 Samuel McCarthy	14	Co Cardiff	4:36.60	
			31.45	35.14
			35.23	35.00
			35.67	36.39
			33.92	33.80
7 Gruffydd Davies	14	Co Cardiff	4:44.38	
			31.83	35.29
			36.13	36.86
			36.64	36.54
			36.17	34.92
8 Max Anderson	14	Co Cardiff	4:55.59	
			33.90	37.13
			38.16	37.97
			38.52	37.33
			37.66	34.92
9 Rhys Smart	14	Co Cardiff	4:55.80	
			34.17	37.68
			38.06	38.24
			37.88	37.46
			37.15	35.16
10 Evan Coulson	14	Torfaen D	4:59.92	
			33.86	37.70
			38.24	38.34
			38.57	38.64
			38.21	36.36
11 Tomos Isaacs	14	Rct Squad	5:06.03	
			33.74	38.30
			39.12	38.74
			39.18	39.63
			39.86	37.46
12 James Ingram	14	Heads Valley	5:08.74	
			32.80	37.08
			38.71	39.25
			39.86	40.28
			40.80	39.96
13 Oscar Newton	14	Torfaen D	5:13.34	
			33.81	38.37
			40.50	41.16
			40.82	39.71
			40.11	38.86
14 Elliot Lynch-Warden	14	Monnow	5:22.47	
			36.13	40.63
			41.59	41.65
			41.82	41.73
			41.34	37.58

Event 17 Boys 15-16 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Owen Leach	16	Co Cardiff	4:15.89	
			28.66	31.71
			32.27	32.51
			32.72	33.08
			32.95	31.99

2 Dylan Wisden	15	Bridgend Cty	4:27.59	
			30.14	33.41
			33.70	34.16
			34.21	34.68
			34.38	32.91
3 Kasey Allen-Ridge	15	Co Newport	4:34.85	
			31.46	33.79
			34.78	35.21
			34.21	34.52
			36.03	34.85
4 Callum Thomas	16	Co Cardiff	4:38.10	
			30.78	34.06
			34.69	35.29
			36.36	35.78
			36.01	35.13
5 Rhys Nixon	16	Co Cardiff	4:40.28	
			31.27	34.73
			35.72	35.94
			36.50	35.81
			35.46	34.85
6 James Watkins	15	Co Newport	4:43.92	
			31.69	35.21
			36.36	36.45
			36.59	36.78
			36.32	34.52
7 Cadyn Halstead	16	Co Cardiff	4:50.04	
			33.94	36.91
			37.76	37.19
			37.30	37.06
			36.29	33.59
8 Thomas Williams	16	Rhondda	4:54.27	
			31.99	35.66
			37.44	38.50
			39.91	38.69
			36.77	35.31
9 Oliver Kindred	16	Torfaen D	4:56.53	
			30.68	34.91
			36.68	37.68
			38.40	39.68
			39.67	38.83
10 Alexander Layzell	16	Merthyr Tydf	4:58.68	
			30.39	34.45
			36.59	39.13
			40.21	39.30
			39.38	39.23
11 Morgan Watts	15	Heads Valley	5:00.41	
			32.95	37.34
			38.13	38.57
			39.58	38.61
			38.31	36.92

Event 17 Boys 17 & Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Owen Richards	18	Torfaen D	4:09.05	
			27.96	30.94
			31.37	31.55
			31.87	32.25
			32.67	30.44
2 Kieran Garland	17	Co Cardiff	4:14.84	
			28.40	31.77
			32.03	32.21
			32.43	33.28
			32.68	32.04
3 Dylan Broom	17	Torfaen D	4:19.53	
			28.09	31.51
			31.77	32.17
			33.21	34.18
			34.29	34.31
4 Joseph Davies	17	Torfaen D	4:19.87	
			28.18	31.42
			32.37	32.92
			32.70	34.02
			34.54	33.72
5 Dafydd Price	19	Torfaen D	4:22.47	
			29.75	33.09
			33.48	34.02
			33.75	33.36
			33.55	31.47
6 Luke Baker	18	Torfaen D	4:25.89	
			29.65	32.67
			33.54	33.93
			34.00	34.42
			34.30	33.38
7 Szymon Wojcik	17	Bridgend Cty	4:29.57	
			30.44	32.88
			34.12	34.48
			34.32	34.60
			34.50	34.23
8 Keenan Napper	20	Rhondda	4:32.22	
			29.67	32.05
			33.40	34.64
			35.38	35.86
			35.95	35.27
9 Lewys John	19	Rct Squad	4:32.66	
			29.17	32.96
			33.63	34.48
			34.91	35.74
			36.15	35.62

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(Event 17 Boys 17 & Over 400 SC Meter Freestyle)

Name	Age	Team	Finals Time	
10 Owain Cook	19	Bridgend Cty	4:33.56	
	31.35	34.21	35.04	35.80
	34.45	33.98	34.45	34.28
11 Ryan Steven	17	Co Newport	4:50.79	
	31.52	36.45	36.67	37.35
	37.40	37.66	37.44	36.30
12 Dafyd Jay	18	Torfaen D	4:52.78	
	31.99	35.63	36.54	36.71
	36.94	38.36	38.38	38.23
13 Finlay Jones	17	Rhondda	4:54.14	
	31.43	35.46	36.59	37.51
	38.34	39.27	38.94	36.60

Event 18 Girls 14 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Isabel Joseph	14	Co Cardiff	2:09.57	
	30.74	32.39	33.26	33.18
2 Cerys Rosser	14	Torfaen D	2:11.19	
	30.39	33.48	34.14	33.18
3 Isobel Stevens	14	Co Newport	2:12.15	
	30.47	33.64	34.48	33.56
4 Charlotte Erasmus	14	Torfaen D	2:16.97	
	31.97	34.55	35.78	34.67
5 Katie Harthill	14	Co Cardiff	2:20.40	
	34.24	35.99	35.80	34.37
6 Carys Graville	14	Co Cardiff	2:20.64	
	32.30	35.90	36.47	35.97
7 Eve Hickman	14	Bridgend Cty	2:21.05	
	32.36	35.88	36.90	35.91
8 Polly Marshall	14	Caerphilly	2:21.70	
	32.58	36.54	37.16	35.42
9 Marie Faulkner	14	Co Cardiff	2:21.92	
	33.07	35.94	36.74	36.17
10 Karys Clayton	14	Torfaen D	2:22.20	
	31.69	36.01	37.26	37.24
11 Chloe Jones	14	Bridgend Cty	2:22.57	
	32.99	36.02	37.51	36.05
12 Imogen Fox	14	Co Cardiff	2:23.76	
	32.54	35.97	37.60	37.65
13 Rebekah Ramsey	14	Heads Valley	2:24.51	
	32.60	36.96	37.88	37.07
14 Eve Bowen	14	Co Newport	2:25.21	
	33.62	36.83	38.54	36.22
15 Beth Simmons	14	Co Newport	2:25.26	
	34.10	35.97	38.11	37.08
16 Eleanor Emes	14	Torfaen D	2:25.50	
	32.74	37.00	38.01	37.75
17 Hannah Morgan	14	Co Cardiff	2:26.52	
	34.51	37.77	37.62	36.62
18 Summer Price	14	Heads Valley	2:26.96	
	33.35	37.36	38.80	37.45
19 Ffion James	14	Rct Squad	2:28.61	
	34.50	38.37	38.89	36.85
20 Gabriella Nowell	14	Torfaen D	2:28.70	
	34.32	38.37	38.58	37.43
21 Amy Crowley	14	Co Cardiff	2:29.68	
	34.02	37.81	38.98	38.87
22 Seren Wood-Jones	14	Rhondda	2:35.12	
	36.23	40.30	39.78	38.81

23 Jessica Brind	14	Co Cardiff	2:35.51	
	36.77	39.72	40.30	38.72
24 Ryleigh Thompson	14	Rhondda	2:43.94	
	36.39	41.07	44.02	42.46

Event 18 Girls 15-16 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Madison Lovell	15	Torfaen D	2:06.35	
	29.44	31.95	32.81	32.15
2 Sophie Linton	16	Co Newport	2:07.36	
	29.32	32.27	33.05	32.72
3 Bethan Beynon	16	Co Cardiff	2:12.82	
	30.94	33.99	34.20	33.69
4 Katie Bamborough	15	Co Cardiff	2:13.26	
	31.28	34.06	34.56	33.36
5 Rosie Domican	15	Co Cardiff	2:14.51	
	31.02	34.44	34.89	34.16
6 Emily Cox	16	Bridgend Cty	2:14.67	
	31.73	33.73	35.05	34.16
7 Mia Smith	15	Torfaen D	2:14.95	
	31.63	33.77	34.79	34.76
8 Bethan Morgan	15	Bridgend Cty	2:15.13	
	31.62	34.13	35.17	34.21
9 Ruby Jones	16	Torfaen D	2:15.85	
	31.27	34.64	34.89	35.05
10 Ellie Ward	15	Co Newport	2:16.13	
	31.05	34.42	35.77	34.89
11 Sasha Bond	15	Rct Squad	2:16.48	
	31.17	34.78	35.38	35.15
12 Alyssa Baker	15	Torfaen D	2:16.64	
	31.86	34.51	35.19	35.08
13 Hannah Davidson	16	Co Cardiff	2:16.94	
	31.91	34.67	35.67	34.69
14 Rhiannon Marchant	15	Rct Squad	2:17.17	
	30.96	35.67	35.86	34.68
15 Seren Jones	15	Co Cardiff	2:17.19	
	30.72	34.54	35.97	35.96
16 Emma Evans	15	Co Cardiff	2:18.69	
	32.16	35.05	36.19	35.29
17 Niamh Stork	15	Co Cardiff	2:19.13	
	31.82	35.99	36.54	34.78
18 Grace Girling	15	Co Cardiff	2:19.25	
	31.53	34.53	36.70	36.49
19 Lois Davies	16	Co Cardiff	2:19.76	
	31.53	35.38	37.38	35.47
20 Nell Thomas	15	Rct Squad	2:20.02	
	31.77	35.05	36.63	36.57
21 Rhiannon Rowe	15	Torfaen D	2:20.79	
	33.16	35.22	36.67	35.74
22 Eilir Teagle	15	Merthyr Tydf	2:21.55	
	33.28	36.29	37.15	34.83
23 Aoife Tarpey	15	Bridgend Cty	2:21.76	
	33.00	36.12	37.01	35.63
24 Megan Froley	15	Bridgend Cty	2:22.68	
	33.58	35.94	36.65	36.51
25 Isabel Brassington	15	Co Cardiff	2:23.78	
	33.59	36.30	36.95	36.94
26 Catrin Nicholas	16	Bridgend Cty	2:25.14	
	34.37	37.53	37.56	35.68
27 Tegan Davies	15	Bridgend Cty	2:25.44	
	33.16	36.81	38.22	37.25

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(Event 18 Girls 15-16 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
28 Ella Minas	15	Rct Squad	2:25.48
32.86	36.74	38.64	37.24
29 Emma Porter	16	Co Newport	2:29.64
34.62	38.07	39.35	37.60
30 Seren Cook	15	Bridgend Cty	2:30.01
33.92	38.53	39.33	38.23
31 Mckenzie Johnston	16	Co Newport	2:33.09
35.22	38.31	39.85	39.71
32 Cerys Lunn	15	Co Cardiff	2:33.34
35.08	39.52	40.42	38.32
33 Becky Lewis	16	Rct Squad	2:35.19
35.16	38.72	41.07	40.24
34 Thea Strickland-Grant	15	Torfaen D	2:36.23
34.94	39.52	41.63	40.14
35 Llinos Cope	16	Heads Valley	2:36.93
35.86	39.56	40.46	41.05
36 Olivia Jones	15	Rhondda	2:37.62
35.58	1:22.90	39.14	
37 Izzy Thomas	15	Bridgend Cty	2:40.00
35.23	40.32	42.88	41.57
38 Ffion Price	15	Brecon	2:40.20
36.62	40.52	41.57	41.49
39 Isabelle Jones	15	Torfaen D	2:40.89
36.64	40.17	42.61	41.47
40 Neve Powell	15	Co Newport	2:41.65
36.82	39.72	42.26	42.85
41 Seren Leconte	15	Rct Squad	2:45.90
36.87	42.19	43.84	43.00

Event 18 Girls 17 & Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Emily Ezard	17	Bridgend SC	2:12.01
30.14	33.28	34.66	33.93
2 Meggan Warrender	18	Torfaen D	2:12.08
30.15	33.09	33.95	34.89
3 Imogen Hunt	21	Bridgend Cty	2:12.51
31.84	33.44	33.76	33.47
4 Mared Arch	17	Co Cardiff	2:12.71
31.16	33.85	34.23	33.47
5 Sophie Snow	17	Co Cardiff	2:15.29
32.15	34.46	34.57	34.11
6 Lauren Williams	22	Torfaen D	2:15.49
30.67	34.07	35.90	34.85
7 Ellie McCloy	18	Bridgend SC	2:16.88
31.09	34.65	35.67	35.47
8 Jessica Rutter	17	Co Cardiff	2:20.93
33.04	36.00	36.12	35.77
9 Anya Thomas	17	Co Cardiff	2:21.72
33.87	34.83	37.57	35.45
10 Helen Lewis	17	Merthyr Tydf	2:24.93
33.40	36.31	37.47	37.75
11 Aisha Walters	17	Merthyr Tydf	2:25.71
32.99	35.42	37.87	39.43
12 Ffion Addecott	17	Rct Squad	2:26.80
33.10	37.25	38.02	38.43
13 Brody Matthews	21	Abertillery	2:27.32
32.54	36.66	38.96	39.16
14 Elle Harris-Thomas	17	Torfaen D	2:27.95
34.77	37.53	38.71	36.94

15 Ella Deakin	17	Co Newport	2:30.05
34.76	38.28	39.26	37.75
16 Caitlin Walker	17	Co Cardiff	2:32.60
33.94	39.74	39.73	39.19
17 Emma Harvey	38	Cwmbran	2:36.58
33.89	38.36	41.87	42.46
18 Rebecca Underwood	17	Cwmbran	2:37.78
35.71	39.39	42.16	40.52
19 Arwen Teagle	18	Merthyr Tydf	2:42.02
36.23	40.19	42.69	42.91

Event 19 Girls 11 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Emily McDonagh	11	Bridgend Cty	32.30
2 Amelia Watkins	11	Torfaen D	33.23
3 Megan Titchner	11	Abertillery	33.74
4 Gracie Owen	11	Merthyr Tydf	34.04
5 Evie Jones	11	Merthyr Tydf	34.10
6 Mia Beach	11	Rhondda	34.18
7 Lara Martin	11	Bridgend Cty	35.01
8 Charlotte Holmes	11	Co Newport	35.24

Event 19 Girls 11 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Emily McDonagh	11	Bridgend Cty	32.63
2 Megan Titchner	11	Abertillery	33.02
3 Amelia Watkins	11	Torfaen D	33.34
4 Gracie Owen	11	Merthyr Tydf	34.26
5 Evie Jones	11	Merthyr Tydf	34.70
6 Mia Beach	11	Rhondda	34.87
7 Charlotte Holmes	11	Co Newport	35.05
8 Lara Martin	11	Bridgend Cty	35.16
9 Lexie Johnson	11	Heads Valley	35.27
10 Neve Avraam	11	Bridgend Cty	35.47
11 Isabelle Kay	11	Rct Squad	36.12
12 Mollie Dacey	11	Co Cardiff	36.37
13 Sophie Williams	11	Monnow	36.58
14 Teagan Bick	11	Torfaen D	37.26
15 Emily Crawshay-Williams	11	Torfaen D	37.48
16 Carys Rankin	11	Co Cardiff	37.62
17 Erin Smith	11	Rhondda	37.81
18 Ruby Barrington-Williams	11	Rct Squad	37.88
19 Imogen Lewis	11	Co Cardiff	38.04
20 Seren Davies	11	Bridgend Cty	38.55
21 Bethan Price	11	Bridgend SC	38.66
22 Amelia-Jane Kelly	11	Pontypridd	38.85
23 Eva Lily Haddrell	11	Rct Squad	39.73
24 Kyla Pearce	11	Rct Squad	39.94
25 Seren Austin	11	Rct Squad	41.31

Event 19 Girls 12 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Honor Fox	12	Co Cardiff	28.99
2 Carys Croke	12	Torfaen D	31.14
3 Anna-Rose Merchant	12	Bridgend Cty	31.52
4 Lucy Jones	12	Co Newport	31.66
5 Harriett Cull	12	Co Cardiff	32.46
6 Sophie Davies	12	Co Cardiff	32.50

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Finals ... (Event 19 Girls 12 Year Olds 50 SC Meter Freestyle)

Name	AgeTeam	Finals Time
7 Gracie Beynon	12 Bridgend Cty	33.50
8 Megan-Jane Enoch	12 Caerphilly	33.63

Event 19 Girls 12 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Prelim Time
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Preliminaries

1 Honor Fox	12 Co Cardiff	29.01
2 Carys Croke	12 Torfaen D	31.23
3 Lucy Jones	12 Co Newport	31.63
4 Anna-Rose Merchant	12 Bridgend Cty	31.71
5 Harriett Cull	12 Co Cardiff	31.94
6 Sophie Davies	12 Co Cardiff	32.27
7 Megan-Jane Enoch	12 Caerphilly	32.62
8 Gracie Beynon	12 Bridgend Cty	32.65
9 Poppy Offside	12 Co Newport	32.67
10 Angharad Barr	12 Caerphilly	32.79
11 Harriet Coleman	12 Torfaen D	32.83
12 Gwen Salmon	12 Rct Squad	32.88
*13 Niamh Davies	12 Co Cardiff	33.04
*13 Lili Evans	12 Co Newport	33.04
15 Chloe Henshall	12 Co Cardiff	33.05
16 Nanci Edwards	12 Monnow	33.46
17 Amber Pearn	12 Co Cardiff	33.62
18 Freya Davis	12 Rct Squad	33.73
19 Anya Elias	12 Co Cardiff	33.84
20 Lillie Jones	12 Co Cardiff	34.13
21 Poppy Ward	12 Caerphilly	34.15
22 Lucy Grant	12 Co Newport	34.33
23 Kira Nutt	12 Caerphilly	34.38
24 Emma Nock	12 Monnow	34.42
25 Laylah Stamp	12 Co Cardiff	34.58
26 Emilia John	12 Co Cardiff	34.96
27 Kaiyah-Jade Staples-Vvind	12 Co Cardiff	35.01
28 Mia Bridgewater	12 Torfaen D	35.29
29 Emily Duggan	12 Co Cardiff	35.44
30 Holly Thomas	12 Bridgend Cty	35.53
31 Mari Evans	12 Rct Squad	35.99
32 Jessica Crawley	12 Bridgend Cty	36.01
33 Katelyn Crocombe	12 Bridgend Cty	36.04
34 Ellise Williams	12 Rhondda	36.38
35 Jessica Arnold	12 Cwmbran	36.56
36 Millie Cull	12 Bridgend Cty	36.60
37 Callie Winter	12 Co Cardiff	36.63
38 Daisy Osborne	12 Brecon	36.67
39 Isobel Edwards	12 Co Cardiff	36.72
40 Evie Coulson	12 Torfaen D	37.01
41 Poppie-Leigh Woodward	12 Rhondda	37.24
42 Lacey Reeves	12 Rhondda	37.33
43 Ffion Lloyd	12 Pontypridd	37.40
44 Meghan Willis	12 Torfaen D	37.74
45 Emily Blake	12 Co Cardiff	37.89
46 Poppy Keigwin	12 Caerphilly	37.99

Event 19 Girls 13 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
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Finals

1 Sofia Chayka	13 Co Cardiff	28.95
2 Libby Broder	13 Torfaen D	29.39
3 Kate Dunglison	13 Bridgend Cty	29.54

4 Ffion Blake	13 Co Cardiff	30.09
5 Olivia Manley	13 Co Cardiff	30.17
6 Carys Griffiths-Cole	13 Bridgend Cty	30.19
7 Phoebe Williams-Jones	13 Co Cardiff	30.34
8 Megan Evans	13 Co Newport	30.42

Event 19 Girls 13 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Prelim Time
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Preliminaries

1 Sofia Chayka	13 Co Cardiff	28.88
2 Kate Dunglison	13 Bridgend Cty	29.52
3 Libby Broder	13 Torfaen D	29.64
4 Carys Griffiths-Cole	13 Bridgend Cty	29.98
5 Phoebe Williams-Jones	13 Co Cardiff	30.13
6 Ffion Blake	13 Co Cardiff	30.31
7 Megan Evans	13 Co Newport	30.54
8 Olivia Manley	13 Co Cardiff	30.57
9 Bethan Holmes	13 Co Newport	31.10
10 Ruby Stevens	13 Co Cardiff	31.12
11 Jaimee Adams	13 Co Cardiff	31.15
12 Lily Johnsey	13 Co Cardiff	31.17
13 Elli-May Hamm	13 Bridgend Cty	31.24
14 Mia Gronow	13 Bridgend Cty	31.45
15 Ellie Parsons	13 Chepstow	31.48
16 Megan Rogers	13 Co Cardiff	31.52
17 Romy Francombe	13 Bridgend Cty	31.69
*18 Mia Pritchard	13 Co Cardiff	32.06
*18 Cerys Davies	13 Rct Squad	32.06
20 Leia Pengelly	13 Rct Squad	32.25
21 Seren White	13 Rct Squad	32.86
22 Mali Williams	13 Rct Squad	32.92
23 Caitlyn Vincent	13 Pontypridd	32.98
24 Dion Beach	13 Rhondda	33.07
25 Lauren Sturdy	13 Rct Squad	33.08
26 Caitlin Bound	13 Heads Valley	33.12
27 Madison Davies	13 Chepstow	33.39
28 Phoebe Badman	13 Rct Squad	33.69
29 Alysia Roberts	13 Co Cardiff	33.88
30 Lucy Brasington	13 Heads Valley	34.09
31 Kathryn Woods	13 Brecon	34.11
32 Eve Bradley	13 Abertillery	34.20
33 Grace Bateman	13 Bridgend Cty	35.05
34 Tesni Francis-Parker	13 Co Newport	35.18
35 Alisha Morgan	13 Rct Squad	35.42
36 Bethany Jenkins	13 Bridgend SC	35.52
37 Lottie Steel	13 Co Newport	35.62
38 Pippa Wright	13 Rct Squad	35.74
39 Emi Walker	13 Co Cardiff	36.20
40 Mia Haeffner	13 Chepstow	36.25
41 Hannah Gibson	13 Chepstow	36.36
42 Eleri Mulford	13 Pontypridd	36.38
43 Holly Anderson	13 Co Cardiff	36.67
44 Isabella Durbin	13 Merthyr Tydf	36.83
45 Ruby Jeremiah	13 Rhondda	36.89
46 Annie Picton	13 Rct Squad	37.21
47 Ellie Magee	13 Merthyr Tydf	37.37

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Event 20 Boys 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Jack Bamborough	11	Co Cardiff	1:32.16
	43.59	48.57	
2 Luke Williams	11	Co Newport	1:40.90
	48.71	52.19	
3 Coel Adams	11	Cwmbran	1:41.05
	46.08	54.97	
4 Fabian Buczylo	11	Pontypridd	1:48.14
	50.99	57.15	
--- Jacob Temby	11	Co Cardiff	DQ
	7.6 Did not touch at turn or finish with both hands, or touch not simultaneo		
	48.61	56.99	

Event 20 Boys 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Jack Bamborough	11	Co Cardiff	1:33.61
	44.98	48.63	
2 Coel Adams	11	Cwmbran	1:43.06
	48.34	54.72	
3 Luke Williams	11	Co Newport	1:44.97
	50.28	54.69	
4 Jacob Temby	11	Co Cardiff	1:47.36
	49.96	57.40	
5 Fabian Buczylo	11	Pontypridd	1:57.42
	56.31	1:01.11	

Event 20 Boys 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Ioan James	12	Bridgend Cty	1:23.12
	39.32	43.80	
2 Rhydian Sheppard	12	Co Cardiff	1:24.81
	39.65	45.16	
3 Evan Leach	12	Rct Squad	1:32.23
	42.83	49.40	
4 Rauley Hunter	12	Co Cardiff	1:33.88
	43.29	50.59	
5 Alberto Rescigno	12	Co Cardiff	1:36.25
	44.59	51.66	
6 Henry Stevens	12	Co Cardiff	1:38.98
	47.35	51.63	
7 Iolo Warman-Powell	12	Torfaen D	1:42.13
	47.50	54.63	

Event 20 Boys 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Ioan James	12	Bridgend Cty	1:25.01
	40.28	44.73	
2 Rhydian Sheppard	12	Co Cardiff	1:25.20
	40.40	44.80	
3 Evan Leach	12	Rct Squad	1:36.20
	45.94	50.26	
4 Rauley Hunter	12	Co Cardiff	1:37.49
	46.17	51.32	
5 Alberto Rescigno	12	Co Cardiff	1:39.05
	46.84	52.21	

6 Henry Stevens	12	Co Cardiff	1:41.32
	47.99	53.33	
7 Iolo Warman-Powell	12	Torfaen D	1:44.68
	49.36	55.32	

Event 20 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Carwyn Jones	13	Co Cardiff	1:12.35
	35.22	37.13	
2 Tristyn James	13	Co Cardiff	1:16.60
	36.04	40.56	
3 Tristan Lee	13	Co Cardiff	1:21.37
	38.89	42.48	
4 Adam Steven	13	Co Newport	1:21.38
	37.66	43.72	
5 Morgan Stones	13	Chepstow	1:24.44
	39.21	45.23	
6 Joseph Fowler	13	Rct Squad	1:28.60
	41.90	46.70	
7 Evan Winstone	13	Co Cardiff	1:28.77
	42.01	46.76	
8 Cai Williams	13	Bridgend Cty	1:29.15
	42.28	46.87	

Event 20 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Carwyn Jones	13	Co Cardiff	1:13.69
	35.27	38.42	
2 Tristyn James	13	Co Cardiff	1:16.53
	35.89	40.64	
3 Adam Steven	13	Co Newport	1:23.23
	39.14	44.09	
4 Morgan Stones	13	Chepstow	1:23.40
	39.25	44.15	
5 Tristan Lee	13	Co Cardiff	1:23.42
	39.47	43.95	
6 Joseph Fowler	13	Rct Squad	1:28.38
	41.76	46.62	
7 Cai Williams	13	Bridgend Cty	1:30.28
	43.23	47.05	
8 Evan Winstone	13	Co Cardiff	1:30.55
	43.79	46.76	
9 Harvey Lale	13	Torfaen D	1:32.18
	44.26	47.92	
10 Archie McLain	13	Heads Valley	1:34.74
	45.44	49.30	

Event 21 Girls 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Isabel Joseph	14	Co Cardiff	1:00.37
	29.48	30.89	
2 Isobel Stevens	14	Co Newport	1:01.34
	29.75	31.59	
3 Tamzin Stride	14	Torfaen D	1:01.38
	29.26	32.12	
4 Carys Graville	14	Co Cardiff	1:02.70
	29.52	33.18	
5 Charlotte Erasmus	14	Torfaen D	1:02.95
	30.45	32.50	

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Finals ... (Event 21 Girls 14 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Finals Time
6 Lili Illman	14	Torfaen D	1:04.18
	31.29	32.89	
7 Cerys Rosser	14	Torfaen D	1:04.44
	30.96	33.48	
8 Cerys Jones	14	Rct Squad	1:05.06
	31.25	33.81	

Event 21 Girls 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Isabel Joseph	14	Co Cardiff	1:00.12
	29.55	30.57	
2 Tamzin Stride	14	Torfaen D	1:00.92
	28.92	32.00	
3 Isobel Stevens	14	Co Newport	1:01.60
	29.57	32.03	
4 Cerys Rosser	14	Torfaen D	1:03.26
	30.39	32.87	
5 Charlotte Erasmus	14	Torfaen D	1:03.44
	30.66	32.78	
6 Lili Illman	14	Torfaen D	1:03.63
	30.80	32.83	
7 Carys Graville	14	Co Cardiff	1:03.84
	30.50	33.34	
8 Cerys Jones	14	Rct Squad	1:05.04
	31.36	33.68	
9 Eve Hickman	14	Bridgend Cty	1:05.36
	31.46	33.90	
10 Katie Harthill	14	Co Cardiff	1:05.42
	32.37	33.05	
11 Eleanor Emes	14	Torfaen D	1:05.55
	31.03	34.52	
12 Chloe Jones	14	Bridgend Cty	1:05.65
	31.02	34.63	
13 Imogen Fox	14	Co Cardiff	1:06.00
	31.71	34.29	
14 Karys Clayton	14	Torfaen D	1:06.26
	31.63	34.63	
15 Polly Marshall	14	Caerphilly	1:06.34
	32.07	34.27	
16 Amy Crowley	14	Co Cardiff	1:06.35
	32.02	34.33	
17 Eve Bowen	14	Co Newport	1:06.38
	31.52	34.86	
18 Rebekah Ramsey	14	Heads Valley	1:06.42
	31.68	34.74	
19 Summer Price	14	Heads Valley	1:06.68
	32.18	34.50	
20 Marie Faulkner	14	Co Cardiff	1:07.25
	32.61	34.64	
21 Sophie Harris	14	Co Newport	1:07.39
	32.06	35.33	
22 Gabriella Nowell	14	Torfaen D	1:07.76
	32.11	35.65	
23 Ffion James	14	Rct Squad	1:08.51
	32.53	35.98	
24 Beth Simmons	14	Co Newport	1:08.84
	33.23	35.61	

25 Emilia Jones	14	Bridgend Cty	1:09.08
	33.63	35.45	
26 Faye O Callaghan	14	Co Cardiff	1:09.39
	33.13	36.26	
27 Seren Wood-Jones	14	Rhondda	1:10.27
	34.21	36.06	
28 Daisy Keigwin	14	Caerphilly	1:10.45
	34.03	36.42	
29 Shauna Reed	14	Torfaen D	1:11.51
	33.10	38.41	
30 Bethan Moodley	14	Rct Squad	1:11.80
	34.55	37.25	
31 Jessica Brind	14	Co Cardiff	1:11.87
	34.18	37.69	
32 Ellie May Waite	14	Co Cardiff	1:12.10
	34.17	37.93	
33 Charlotte Hamer	14	Torfaen D	1:12.27
	34.91	37.36	
34 Ryleigh Thompson	14	Rhondda	1:12.65
	33.86	38.79	
35 Mared Davies	14	Caerphilly	1:16.84
	37.30	39.54	
36 Erin Criddle	14	Co Newport	1:18.16
	36.84	41.32	
37 Ella Buchanan	14	Cwmbran	1:20.62
	37.92	42.70	

Event 21 Girls 15-16 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Sophie Linton	16	Co Newport	58.42
	28.35	30.07	
2 Madison Lovell	15	Torfaen D	59.81
	28.97	30.84	
3 Bethan Morgan	15	Bridgend Cty	1:00.49
	29.26	31.23	
4 Bethan Beynon	16	Co Cardiff	1:00.60
	29.27	31.33	
5 Rhiannon Marchant	15	Rct Squad	1:01.61
	29.49	32.12	
6 Hannah Davidson	16	Co Cardiff	1:01.75
	29.49	32.26	
7 Emma Cottrell	16	Co Cardiff	1:02.32
	29.81	32.51	
8 Grace Girling	15	Co Cardiff	1:02.51
	29.96	32.55	

Event 21 Girls 15-16 100 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Sophie Linton	16	Co Newport	58.38
	28.46	29.92	
2 Madison Lovell	15	Torfaen D	59.90
	29.20	30.70	
3 Bethan Beynon	16	Co Cardiff	1:00.65
	29.07	31.58	
4 Bethan Morgan	15	Bridgend Cty	1:00.82
	29.68	31.14	
5 Hannah Davidson	16	Co Cardiff	1:00.92
	29.39	31.53	
6 Emma Cottrell	16	Co Cardiff	1:01.67
	29.55	32.12	

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Preliminaries ... (Event 21 Girls 15-16 100 SC Meter Freestyle)

Name	Age	Team	Prelim Time
7 Rhiannon Marchant	15	Rct Squad	1:01.79
29.83	31.96		
8 Grace Girling	15	Co Cardiff	1:02.75
30.13	32.62		
9 Seren Jones	15	Co Cardiff	1:02.96
30.40	32.56		
10 Penny Evans	16	Co Cardiff	1:03.05
29.98	33.07		
11 Sasha Bond	15	Rct Squad	1:03.42
30.57	32.85		
12 Alyssa Baker	15	Torfaen D	1:03.73
30.75	32.98		
13 Emma Evans	15	Co Cardiff	1:03.91
30.86	33.05		
14 Carys Whitelock	15	Torfaen D	1:03.96
30.77	33.19		
15 Katie Bamborough	15	Co Cardiff	1:04.11
31.37	32.74		
16 Ruby Jones	16	Torfaen D	1:04.40
30.97	33.43		
17 Ellie Ward	15	Co Newport	1:04.57
30.62	33.95		
18 Saffron Boswall	15	Co Cardiff	1:04.67
30.88	33.79		
19 Nell Thomas	15	Rct Squad	1:04.98
30.95	34.03		
20 Mia Smith	15	Torfaen D	1:04.99
31.30	33.69		
21 Lois Davies	16	Co Cardiff	1:05.05
31.23	33.82		
22 Megan Froley	15	Bridgend Cty	1:05.42
31.52	33.90		
23 Grace Miles	16	Chepstow	1:05.54
31.20	34.34		
24 Lauren Davies	15	Bridgend Cty	1:06.08
31.08	35.00		
25 Niamh Stork	15	Co Cardiff	1:06.12
32.30	33.82		
26 Aoife Tarpey	15	Bridgend Cty	1:06.21
32.10	34.11		
27 Ella Minas	15	Rct Squad	1:06.27
31.40	34.87		
28 Isabel Brasington	15	Heads Valley	1:07.20
32.82	34.38		
29 Catrin Nicholas	16	Bridgend Cty	1:07.23
32.77	34.46		
30 Eilir Teagle	15	Merthyr Tydf	1:07.48
32.79	34.69		
31 Tegan Davies	15	Bridgend Cty	1:07.62
32.39	35.23		
32 Emma Porter	16	Co Newport	1:08.00
32.43	35.57		
33 Cerys Jones	16	Co Cardiff	1:08.14
32.67	35.47		
34 Ashley Thomas	15	Rct Squad	1:08.19
32.78	35.41		
35 Cerys Lunn	15	Co Cardiff	1:09.00
34.09	34.91		

36 Cerys Vaisey	16	Abertillery	1:09.11
33.67	35.44		
37 Kaycee Napper	16	Rhondda	1:09.52
33.15	36.37		
38 Seren Cook	15	Bridgend Cty	1:10.96
33.78	37.18		
39 Llinos Cope	16	Heads Valley	1:11.21
33.45	37.76		
40 Becky Lewis	16	Rct Squad	1:11.34
33.84	37.50		
41 Olivia Jones	15	Rhondda	1:11.70
33.56	38.14		
42 Meghan Palmer	15	Rhondda	1:11.74
33.96	37.78		
43 Jodie Matthews	16	Rct Squad	1:12.02
34.10	37.92		
44 Thea Strickland-Grant	15	Torfaen D	1:13.19
34.35	38.84		
45 Izzy Thomas	15	Bridgend Cty	1:13.20
33.98	39.22		
46 Neve Powell	15	Co Newport	1:14.08
35.67	38.41		
47 Isabelle Jones	15	Torfaen D	1:15.36
36.63	38.73		
48 Cerys Geen	16	Co Newport	1:15.57
35.49	40.08		
49 Sarah Davies	15	Cwmbran	1:15.80
35.73	40.07		
50 Seren Leconte	15	Rct Squad	1:15.81
36.16	39.65		
51 Niamh Gregory	15	Caerphilly	1:16.50
36.37	40.13		
52 Cora Davies	16	Rct Squad	1:17.28
36.57	40.71		
--- Gwenllian Davies	16	Caerphilly	DQ
4.4 Start before starting signal			
31.71	37.06		

Event 21 Girls 17 & Over 100 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 Lauren Williams	22	Torfaen D	59.18
28.89	30.29		
2 Freya Watson	18	Torfaen D	59.52
29.04	30.48		
3 Meggan Warrender	18	Torfaen D	1:00.84
29.43	31.41		
4 Imogen Hunt	21	Bridgend Cty	1:01.34
30.00	31.34		
5 Emily Ezard	17	Bridgend SC	1:01.90
29.69	32.21		
6 Bethan Nelson	18	Merthyr Tydf	1:02.35
29.95	32.40		
7 Mared Arch	17	Co Cardiff	1:02.65
30.39	32.26		
8 Jessica Rutter	17	Co Cardiff	1:04.65
30.63	34.02		

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Event 21 Girls 17 & Over 100 SC Meter Freestyle					Event 22 Girls 11 Year Olds 200 SC Meter IM							
Name	Age	Team	Prelim Time		Name	Age	Team	Finals Time				
Preliminaries					Event 22 Girls 11 Year Olds 200 SC Meter IM							
1	Annaliese Beynon	19	Co Cardiff	58.01	1	Amelia Watkins	11	Torfaen D	2:52.67			
	28.22	29.79				38.04	43.29	52.58	38.76			
2	Freya Watson	18	Torfaen D	59.26	2	Gracie Owen	11	Merthyr Tydf	3:01.25			
	28.85	30.41				40.99	45.79	55.37	39.10			
3	Lauren Williams	22	Torfaen D	1:00.13	3	Megan Titchner	11	Abertillery	3:04.13			
	29.59	30.54				40.74	48.16	54.77	40.46			
4	Meggan Warrender	18	Torfaen D	1:01.24	4	Evie Jones	11	Merthyr Tydf	3:05.88			
	29.61	31.63				40.77	46.64	57.51	40.96			
5	Emily Ezard	17	Bridgend SC	1:01.35	5	Isabelle Kay	11	Rct Squad	3:08.78			
	29.44	31.91				43.94	48.17	54.03	42.64			
6	Bethan Nelson	18	Merthyr Tydf	1:01.94	6	Emily McDonagh	11	Bridgend Cty	3:09.94			
	29.93	32.01				43.22	45.54	56.54	44.64			
7	Imogen Hunt	21	Bridgend Cty	1:02.57	7	Mia Beach	11	Rhondda	3:10.32			
	30.79	31.78				41.42	44.99	1:00.12	43.79			
8	Jessica Rutter	17	Co Cardiff	1:02.76	8	Mollie Dacey	11	Co Cardiff	3:13.05			
	29.92	32.84				43.38	47.76	56.96	44.95			
9	Mared Arch	17	Co Cardiff	1:02.94	9	Neve Avraam	11	Bridgend Cty	3:14.73			
	30.64	32.30				40.60	50.48	59.23	44.42			
10	Lili-May Hutchinson	17	Co Cardiff	1:03.47	10	Charlotte Holmes	11	Co Newport	3:17.47			
	30.76	32.71				45.07	48.02	1:01.99	42.39			
11	Sophie Snow	17	Co Cardiff	1:03.78	11	Sophie Williams	11	Monnow	3:24.62			
	31.02	32.76				47.20	53.05	59.48	44.89			
12	Sophie Morgan	17	Rct Squad	1:04.31	12	Eva Lily Haddrell	11	Rct Squad	3:25.06			
	31.32	32.99				47.85	51.43	59.69	46.09			
13	Bethan Chadwick	18	Rct Squad	1:05.26	13	Lexie Johnson	11	Heads Valley	3:25.22			
	31.10	34.16				46.48	51.63	1:03.37	43.74			
14	Anya Thomas	17	Co Cardiff	1:05.33	14	Seren Davies	11	Bridgend Cty	3:25.82			
	31.49	33.84				47.56	48.05	1:05.46	44.75			
15	Pia Sully	17	Barry	1:05.71	15	Carys Rankin	11	Co Cardiff	3:27.17			
	32.20	33.51				47.34	51.71	1:01.98	46.14			
16	Rhiannon Vaisey	21	Abertillery	1:06.44	16	Imogen Lewis	11	Co Cardiff	3:34.58			
	31.02	35.42				49.28	51.73	1:02.99	50.58			
17	Aimee Freegard	17	Rct Squad	1:06.90	---	Megan Bendon	11	Cwmbran	DQ			
	32.12	34.78				6.4	More than one single or double simultaneous arm pull used to initiate t					
18	Ffion Addecott	17	Rct Squad	1:07.32		51.52	58.62	1:02.74	51.17			
	32.19	35.13			Event 22 Girls 12 Year Olds 200 SC Meter IM							
19	Brody Matthews	21	Abertillery	1:07.52		Name				Age	Team	Finals Time
	31.70	35.82			*1	Honor Fox	12	Co Cardiff	2:42.40			
20	Elle Harris-Thomas	17	Torfaen D	1:08.87		36.52	41.80	50.28	33.80			
	32.53	36.34			*1	Carys Croke	12	Torfaen D	2:42.40			
21	Caitlin Walker	17	Co Cardiff	1:09.12		33.75	42.51	49.13	37.01			
	32.89	36.23			3	Anna-Rose Merchant	12	Bridgend Cty	2:46.57			
22	Emma Harvey	38	Cwmbran	1:09.56		37.55	42.51	48.74	37.77			
	32.84	36.72			4	Harriett Cull	12	Co Cardiff	2:50.78			
23	Jasmine Athwal	17	Torfaen D	1:10.35		37.57	43.61	50.16	39.44			
	33.64	36.71			5	Lucy Jones	12	Co Newport	2:53.81			
24	Ella Deakin	17	Co Newport	1:11.76		37.11	44.72	51.75	40.23			
	34.16	37.60			6	Sophie Davies	12	Co Cardiff	2:54.55			
25	Rebecca Underwood	17	Cwmbran	1:13.22		42.19	43.46	48.84	40.06			
	35.03	38.19			7	Gracie Beynon	12	Bridgend Cty	2:56.04			
26	Arwen Teagle	18	Merthyr Tydf	1:15.25		36.23	45.82	53.73	40.26			
	35.72	39.53			8	Anya Elias	12	Co Cardiff	2:57.45			
27	Ffion Devonald-Jones	17	Rct Squad	1:15.71		38.88	44.76	50.01	43.80			
	35.93	39.78			9	Gwen Salmon	12	Rct Squad	2:59.04			
28	Jayne Brown	27	Cwmbran	1:16.14		42.17	44.12	53.10	39.65			
	35.11	41.03										

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(Event 22 Girls 12 Year Olds 200 SC Meter IM)

Name	Age	Team	Finals Time	
10 Emma Nock	12	Monnow	2:59.28	
41.37	46.22	52.15	39.54	
11 Bailey Briggs	12	Heads Valley	3:00.71	
42.27	46.15	51.26	41.03	
12 Lili Evans	12	Co Newport	3:01.66	
39.17	46.09	55.61	40.79	
13 Caitlin Barclay	12	Co Cardiff	3:03.13	
38.22	45.02	58.81	41.08	
14 Megan-Jane Enoch	12	Caerphilly	3:03.41	
40.43	47.54	54.15	41.29	
15 Angharad Barr	12	Caerphilly	3:03.76	
41.23	45.65	58.39	38.49	
16 Nanci Edwards	12	Monnow	3:04.71	
42.42	43.88	56.49	41.92	
17 Kira Nutt	12	Caerphilly	3:04.83	
40.44	47.48	57.36	39.55	
18 Kaiyah-Jade Staples-Vvind	12	Co Cardiff	3:05.04	
41.10	44.64	57.33	41.97	
19 Niamh Davies	12	Co Cardiff	3:06.90	
44.81	48.13	52.74	41.22	
20 Poppy Offside	12	Co Newport	3:07.78	
41.07	49.44	56.36	40.91	
21 Poppy Ward	12	Caerphilly	3:09.63	
40.63	47.23	58.13	43.64	
22 Emilia John	12	Co Cardiff	3:10.17	
43.55	47.53	58.46	40.63	
23 Carys Williams	12	Merthyr Tydf	3:11.04	
43.95	48.51	58.05	40.53	
24 Emily Duggan	12	Co Cardiff	3:14.20	
41.46	51.19	57.93	43.62	
25 Amber Pearn	12	Co Cardiff	3:14.44	
42.21	49.71	59.46	43.06	
26 Daisy Osborne	12	Brecon	3:15.47	
43.95	49.92	53.90	47.70	
27 Mari Evans	12	Rct Squad	3:16.00	
43.75	45.83	1:03.86	42.56	
28 Callie Winter	12	Co Cardiff	3:16.48	
45.75	48.27	58.80	43.66	
29 Evie Coulson	12	Torfaen D	3:16.79	
45.49	47.62	1:00.93	42.75	
30 Holly Thomas	12	Bridgend Cty	3:21.27	
43.43	49.41	1:01.82	46.61	
--- Jessica Arnold	12	Cwmbran	x3:28.29	
50.59	52.46	1:02.55	42.69	
--- Emily Blake	12	Co Cardiff	x3:30.67	
49.43	52.29	1:05.55	43.40	
--- Katelyn Crocombe	12	Bridgend Cty	DQ	
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo				
42.32	45.48	58.90	44.30	
--- Lucy Grant	12	Co Newport	DQ	
8.4 Did not touch at turn or finish with both hands or touch not simultaneo				
40.14	45.70	1:00.30	43.08	
--- Chloe Henshall	12	Co Cardiff	DQ	
6.4 More than one single or double simultaneous arm pull used to initiate ti				
40.75	49.72	54.80	45.90	

Event 22 Girls 13 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time	
1 Phoebe Williams-Jones	13	Co Cardiff	2:31.17	
33.27	40.25	42.31	35.34	

2 Sophie Brassington	13	Co Cardiff	2:33.14	
35.32	39.99	40.56	37.27	
3 Kate Dungleinson	13	Bridgend Cty	2:36.70	
32.50	40.24	48.05	35.91	
4 Libby Broder	13	Torfaen D	2:38.02	
33.17	40.48	49.29	35.08	
5 Ruby Stevens	13	Co Cardiff	2:40.04	
34.85	40.53	48.76	35.90	
6 Lily Johnsey	13	Co Cardiff	2:40.61	
35.90	40.77	46.77	37.17	
7 Sofia Chayka	13	Co Cardiff	2:40.99	
35.25	43.03	46.92	35.79	
8 Mia Gronow	13	Bridgend Cty	2:42.30	
35.04	40.84	49.93	36.49	
9 Georgia Iles	13	Co Cardiff	2:43.81	
35.30	43.58	45.43	39.50	
10 Mikayla Velasco	13	Co Cardiff	2:44.95	
37.06	42.06	48.88	36.95	
11 Carys Griffiths-Cole	13	Bridgend Cty	2:45.73	
36.21	40.82	51.88	36.82	
12 Ffion Blake	13	Co Cardiff	2:46.10	
35.89	43.88	49.65	36.68	
13 Elli-May Hamm	13	Bridgend Cty	2:47.21	
35.38	42.47	50.22	39.14	
14 Cerys Davies	13	Rct Squad	2:47.64	
37.60	39.79	52.03	38.22	
15 Jaimee Adams	13	Co Cardiff	2:50.51	
35.90	44.83	51.05	38.73	
16 Olivia Manley	13	Co Cardiff	2:51.92	
38.25	43.98	51.57	38.12	
17 Mia Pritchard	13	Co Cardiff	2:52.69	
40.72	43.58	50.98	37.41	
18 Lucy Brasington	13	Heads Valley	2:53.11	
37.46	43.78	52.43	39.44	
19 Bethan Holmes	13	Co Newport	2:53.34	
38.23	41.42	53.93	39.76	
20 Romy Francombe	13	Bridgend Cty	2:53.37	
36.80	45.21	54.46	36.90	
21 Caitlin Bound	13	Heads Valley	2:54.77	
38.87	45.31	50.90	39.69	
22 Ellie Parsons	13	Chepstow	2:55.47	
39.32	41.83	54.07	40.25	
23 Seren White	13	Rct Squad	2:56.03	
39.23	46.11	51.14	39.55	
24 Jessica Jones	13	Torfaen D	2:58.58	
39.87	43.63	55.30	39.78	
25 Mali Williams	13	Rct Squad	3:01.97	
40.19	43.48	58.19	40.11	
26 Dion Beach	13	Rhondda	3:02.48	
40.97	45.63	54.56	41.32	
27 Caitlyn Vincent	13	Pontypridd	3:02.69	
41.00	46.35	54.18	41.16	
28 Alysia Roberts	13	Co Cardiff	3:05.96	
41.37	47.07	56.11	41.41	
29 Tesni Francis-Parker	13	Co Newport	3:06.39	
40.69	47.95	55.60	42.15	
30 Leia Pengelly	13	Rct Squad	3:06.64	
43.55	46.73	58.54	37.82	
31 Lauren Sturdy	13	Rct Squad	3:08.99	
44.92	47.65	56.03	40.39	
32 Eleri Mulford	13	Pontypridd	3:18.13	
45.00	48.66	1:00.98	43.49	

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(Event 22 Girls 13 Year Olds 200 SC Meter IM)

Name	Age	Team	Finals Time
--- Phoebe Badman	13	Rct Squad	DQ
7.4 Leg movements not on the same plane - breast			
38.41	44.43	56.26	40.20

Event 23 Boys 14 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Ben Merriman	14	Torfaen D	2:18.97
32.75	35.23	36.07	34.92
2 Rhydian Arch	14	Co Cardiff	2:19.45
33.40	35.00	36.04	35.01
3 Cian Hughes	14	Co Cardiff	2:23.80
33.76	36.03	37.04	36.97
4 Harley James	14	Co Cardiff	2:24.16
33.83	36.23	37.11	36.99
5 Benjamin Fox-Wiltshire	14	Co Newport	2:25.88
34.20	37.89	37.53	36.26
6 Brandon Keenan	14	Co Newport	2:28.16
34.79	37.30	38.73	37.34
7 Max Geysen-Holley	14	Co Cardiff	2:28.86
34.86	37.56	39.99	36.45
8 Samuel McCarthy	14	Co Cardiff	2:30.11
35.62	38.61	39.17	36.71
9 Gruffydd Davies	14	Co Cardiff	2:31.65
34.64	38.38	39.54	39.09
10 Joshua O'Brien	14	Co Cardiff	2:31.88
36.86	38.53	38.68	37.81
11 Evan Coulson	14	Torfaen D	2:32.72
36.00	39.45	38.95	38.32
12 Max Anderson	14	Co Cardiff	2:34.98
36.34	40.11	40.56	37.97
13 Tomos Isaacs	14	Rct Squad	2:37.55
36.09	40.27	40.81	40.38
14 Noa Griffith	14	Rct Squad	2:48.45
38.93	43.11	43.46	42.95
15 Oscar Newton	14	Torfaen D	2:49.93
39.17	42.66	44.28	43.82

Event 23 Boys 15-16 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Adam Murray	16	Co Cardiff	2:15.41
31.94	34.27	35.02	34.18
2 Tyler Collins	16	Rct Squad	2:23.12
33.36	37.24	36.95	35.57
3 Ellis Young	16	Co Cardiff	2:23.87
34.78	36.38	37.74	34.97
4 Callum Thomas	16	Co Cardiff	2:25.20
32.87	36.82	38.70	36.81
5 Morgan Selby	16	Rct Squad	2:29.13
33.96	37.57	39.54	38.06
6 Danny Jones	16	Co Newport	2:32.26
35.69	38.15	40.26	38.16
7 Joshua Davies	16	Co Cardiff	2:33.49
36.17	39.24	39.19	38.89
8 Benjamin Hastings	15	Co Newport	2:38.39
36.07	40.29	41.65	40.38
9 Dylan Havard	15	Heads Valley	2:40.89
37.17	41.22	41.52	40.98

Event 23 Boys 17 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Kameron Clarke	17	Co Cardiff	2:12.97
31.78	34.40	33.98	32.81
2 Tobias Hunt	18	Bridgend Cty	2:17.48
31.07	34.67	36.00	35.74
3 Dafydd Price	19	Torfaen D	2:18.75
31.68	35.64	36.47	34.96
4 Tomos Savage-Taylor	17	Heads Valley	2:23.80
32.86	36.44	37.48	37.02
5 Ellis Jenkins	17	Rct Squad	2:28.24
32.24	36.46	39.29	40.25
6 Rhys Lloyd	17	Rct Squad	2:45.29
35.54	41.66	44.46	43.63

Event 24 Boys 11 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Jack Bamborough	11	Co Cardiff	37.10
2 Oliver Rixon	11	Co Newport	38.60
3 Will Watkins	11	Bridgend SC	39.80
4 Lucas Mruk	11	Torfaen D	41.10
*5 Jacob Temby	11	Co Cardiff	42.15
*5 Joshua Wratten	11	Cwmbran	42.15
7 Alexander George	11	Torfaen D	43.32
--- Ethan Tucker	11	Chepstow	DQ
4.4 Start before starting signal			

Event 24 Boys 11 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Jack Bamborough	11	Co Cardiff	36.94
2 Oliver Rixon	11	Co Newport	38.58
3 Will Watkins	11	Bridgend SC	40.57
4 Lucas Mruk	11	Torfaen D	40.60
5 Joshua Wratten	11	Cwmbran	41.58
6 Jacob Temby	11	Co Cardiff	42.39
7 Alexander George	11	Torfaen D	42.40
8 Ethan Tucker	11	Chepstow	43.22
9 Coel Adams	11	Cwmbran	43.61
10 Abraham Matthews-Winch	11	Bridgend Cty	43.63
11 Harri Titchner	11	Abertillery	43.88
12 Gethin Lewis	11	Bridgend Cty	43.97
13 Luke Williams	11	Co Newport	45.60
--- Fabian Buczylo	11	Pontypridd	DQ
6.3 Totally submerged, (except for first 15m following the start or turn) dur			

Event 24 Boys 12 Year Olds 50 SC Meter Backstroke

Name	Age	Team	Finals Time
Finals			
1 Joseph Parsons	12	Co Cardiff	34.64
2 Ioan James	12	Bridgend Cty	34.68
3 Aled Evans	12	Pontypridd	36.16
4 Charlie Southwood	12	Torfaen D	36.78
5 Toby Preece	12	Co Newport	36.86
6 Rhydian Sheppard	12	Co Cardiff	37.59
7 Rhys Witchell	12	Co Cardiff	38.98
8 Evan Leach	12	Rct Squad	39.47

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Event 24 Boys 12 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Joseph Parsons	12 Co Cardiff	34.24
2 Ioan James	12 Bridgend Cty	35.10
3 Charlie Southwood	12 Torfaen D	35.76
4 Aled Evans	12 Pontypridd	36.37
5 Toby Preece	12 Co Newport	36.75
6 Rhydian Sheppard	12 Co Cardiff	36.84
7 Rhys Witchell	12 Co Cardiff	37.33
8 Evan Leach	12 Rct Squad	38.68
9 Ellis Price	12 Pontypridd	39.45
10 Rauley Hunter	12 Co Cardiff	39.50
11 Henry Stevens	12 Co Cardiff	39.58
12 James Newton	12 Torfaen D	40.10
13 Harrison Jones	12 Bridgend Cty	40.61
14 Caleb Norton	12 Rhondda	43.75
15 Kornelijus Rute	12 Brecon	44.79
--- Iolo Warman-Powell	12 Torfaen D	DQ

6.4 More than one single or double simultaneous arm pull used to initiate tl

Event 24 Boys 13 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
Finals		
1 Carwyn Jones	13 Co Cardiff	30.85
2 Tristyn James	13 Co Cardiff	31.38
3 Finlay John	13 Rct Squad	34.12
4 Tristan Lee	13 Co Cardiff	34.60
5 Jacob Barnett	13 Co Cardiff	34.98
6 Ethan Lee	13 Co Cardiff	35.83
7 Owen Price Davies	13 Brecon	36.11
8 Harvey Lale	13 Torfaen D	37.18

Event 24 Boys 13 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Prelim Time
Preliminaries		
1 Carwyn Jones	13 Co Cardiff	31.02
2 Tristyn James	13 Co Cardiff	31.26
3 Finlay John	13 Rct Squad	33.90
4 Tristan Lee	13 Co Cardiff	34.27
5 Jacob Barnett	13 Co Cardiff	34.47
6 Ethan Lee	13 Co Cardiff	35.76
7 Owen Price Davies	13 Brecon	36.23
8 Harvey Lale	13 Torfaen D	36.49
9 Cai Williams	13 Bridgend Cty	36.94
10 Dylan Murphy-Kenny	13 Rct Squad	37.07
11 Luc Martin	13 Bridgend Cty	37.47
12 Morgan Stones	13 Chepstow	37.68
13 Jack Rees-Jones	13 Merthyr Tydf	38.71
14 Rhys Jones	13 Rct Squad	39.87
15 Charlie Nash	13 Rhondda	40.00
16 Charlie McGuinness	13 Torfaen D	40.73
17 Zachary Davies	13 Torfaen D	41.10
18 Tyler Jones	13 Rhondda	41.32

Event 25 Girls 11 Year Olds 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Amelia Watkins	11 Torfaen D	1:18.65
36.69	41.96	

2 Gracie Owen	11 Merthyr Tydf	1:25.54
39.38	46.16	
3 Mia Beach	11 Rhondda	1:29.62
41.19	48.43	
4 Evie Jones	11 Merthyr Tydf	1:29.76
42.39	47.37	
5 Isabelle Kay	11 Rct Squad	1:36.75
42.60	54.15	

Event 25 Girls 11 Year Olds 100 SC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Amelia Watkins	11 Torfaen D	1:21.51
39.57	41.94	
2 Gracie Owen	11 Merthyr Tydf	1:27.59
40.85	46.74	
3 Evie Jones	11 Merthyr Tydf	1:30.68
41.55	49.13	
4 Mia Beach	11 Rhondda	1:32.62
43.63	48.99	
5 Isabelle Kay	11 Rct Squad	1:32.82
44.23	48.59	

Event 25 Girls 12 Year Olds 100 SC Meter Butterfly

Name	AgeTeam	Finals Time
Finals		
1 Carys Croke	12 Torfaen D	1:13.44
33.63	39.81	
2 Honor Fox	12 Co Cardiff	1:16.80
35.75	41.05	
3 Caitlin Barclay	12 Co Cardiff	1:22.32
39.67	42.65	
4 Lillie Jones	12 Co Cardiff	1:26.44
40.27	46.17	
5 Katelyn Crocombe	12 Bridgend Cty	1:30.22
42.96	47.26	
6 Poppy Ward	12 Caerphilly	1:30.75
40.83	49.92	
--- Laylah Stamp	12 Co Cardiff	DQ
8.3 Movements of the legs not simultaneous or alternating movement of leg		
41.72	50.16	

Event 25 Girls 12 Year Olds 100 SC Meter Butterfly

Name	AgeTeam	Prelim Time
Preliminaries		
1 Carys Croke	12 Torfaen D	1:14.10
35.02	39.08	
2 Honor Fox	12 Co Cardiff	1:22.89
39.63	43.26	
3 Caitlin Barclay	12 Co Cardiff	1:24.44
39.96	44.48	
4 Lillie Jones	12 Co Cardiff	1:27.22
41.37	45.85	
5 Laylah Stamp	12 Co Cardiff	1:29.29
41.81	47.48	
6 Poppy Ward	12 Caerphilly	1:31.09
40.85	50.24	
7 Katelyn Crocombe	12 Bridgend Cty	1:32.16
43.70	48.46	

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Event 25 Girls 13 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
Finals			
1 Phoebe Williams-Jones	13	Co Cardiff	1:09.00
	32.69	36.31	
2 Kate Dunglison	13	Bridgend Cty	1:10.38
	33.54	36.84	
3 Libby Broder	13	Torfaen D	1:10.70
	32.80	37.90	
4 Jaimee Adams	13	Co Cardiff	1:13.36
	34.91	38.45	
5 Ruby Stevens	13	Co Cardiff	1:14.47
	34.42	40.05	
6 Mia Gronow	13	Bridgend Cty	1:15.46
	36.13	39.33	
7 Elli-May Hamm	13	Bridgend Cty	1:16.52
	35.08	41.44	
8 Georgia Iles	13	Co Cardiff	1:16.90
	35.11	41.79	

Event 25 Girls 13 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Prelim Time
Preliminaries			
1 Phoebe Williams-Jones	13	Co Cardiff	1:09.78
	32.97	36.81	
2 Libby Broder	13	Torfaen D	1:12.42
	34.10	38.32	
3 Kate Dunglison	13	Bridgend Cty	1:12.84
	34.11	38.73	
4 Jaimee Adams	13	Co Cardiff	1:13.26
	35.13	38.13	
5 Ruby Stevens	13	Co Cardiff	1:14.57
	34.86	39.71	
6 Mia Gronow	13	Bridgend Cty	1:17.12
	37.70	39.42	
7 Elli-May Hamm	13	Bridgend Cty	1:17.44
	37.26	40.18	
8 Georgia Iles	13	Co Cardiff	1:19.54
	36.76	42.78	
9 Lucy Brasington	13	Heads Valley	1:20.11
	37.47	42.64	
10 Olivia Manley	13	Co Cardiff	1:22.83
	38.82	44.01	
11 Phoebe Badman	13	Rct Squad	1:23.14
	38.81	44.33	
12 Jessica Jones	13	Torfaen D	1:26.97
	40.41	46.56	
13 Madison Davies	13	Chepstow	1:27.51
	39.36	48.15	

Event 26 Boys 14 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Rhydian Arch	14	Co Cardiff	1:14.67
	35.69	38.98	
2 Max Anderson	14	Co Cardiff	1:14.74
	35.33	39.41	
3 Benjamin Fox-Wiltshire	14	Co Newport	1:15.08
	35.62	39.46	

4 Harley James	14	Co Cardiff	1:17.64
	36.59	41.05	
5 Brandon Keenan	14	Co Newport	1:18.16
	36.90	41.26	
6 Max Geysen-Holley	14	Co Cardiff	1:18.31
	37.22	41.09	
7 Evan Sellick	14	Co Newport	1:18.94
	37.13	41.81	
8 Mike Pursey	14	Heads Valley	1:20.76
	37.67	43.09	

Event 26 Boys 14 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Rhydian Arch	14	Co Cardiff	1:15.73
	36.02	39.71	
2 Max Anderson	14	Co Cardiff	1:16.32
	36.38	39.94	
3 Harley James	14	Co Cardiff	1:16.44
	36.12	40.32	
4 Benjamin Fox-Wiltshire	14	Co Newport	1:16.69
	35.80	40.89	
5 Brandon Keenan	14	Co Newport	1:18.23
	36.65	41.58	
6 Evan Sellick	14	Co Newport	1:18.52
	36.51	42.01	
7 Max Geysen-Holley	14	Co Cardiff	1:19.59
	38.19	41.40	
8 Mike Pursey	14	Heads Valley	1:20.32
	37.64	42.68	
9 Rhys Smart	14	Co Cardiff	1:20.35
	38.90	41.45	
10 Joshua O'Brien	14	Co Cardiff	1:20.81
	38.40	42.41	
11 William Woodsford	14	Co Cardiff	1:21.98
	38.93	43.05	
12 Gruffydd Davies	14	Co Cardiff	1:23.01
	39.70	43.31	
13 Dewi Rosser	14	Torfaen D	1:23.38
	38.95	44.43	
14 Samuel McCarthy	14	Co Cardiff	1:24.07
	38.49	45.58	
15 Finley Taylor	14	Bridgend SC	1:25.25
	39.51	45.74	
16 Garyn Rees	14	Rhondda	1:28.86
	40.89	47.97	
17 Harry Burns	14	Co Cardiff	1:29.36
	43.00	46.36	
18 Calum Jones	14	Rhondda	1:29.91
	42.43	47.48	

Event 26 Boys 15-16 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Jensen Coppen	16	Co Newport	1:11.01
	32.79	38.22	
2 Ellis Young	16	Co Cardiff	1:12.77
	34.77	38.00	
3 Kasey Allen-Ridge	15	Co Newport	1:13.01
	34.16	38.85	

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Finals ... (Event 26 Boys 15-16 100 SC Meter Breaststroke)

Name	Age	Team	Finals Time
4 Carwyn Salmon	16	Rct Squad	1:13.22
34.85	38.37		
5 Logan Clement	15	Rct Squad	1:15.47
35.23	40.24		
6 Rhys Nixon	16	Co Cardiff	1:17.43
36.57	40.86		
7 Cadyn Halstead	16	Co Cardiff	1:17.48
36.59	40.89		
8 James Watkins	15	Co Newport	1:20.08
37.45	42.63		

Event 26 Boys 15-16 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Jensen Coppen	16	Co Newport	1:10.95
32.68	38.27		
2 Ellis Young	16	Co Cardiff	1:13.14
34.86	38.28		
3 Kasey Allen-Ridge	15	Co Newport	1:13.63
34.68	38.95		
4 Carwyn Salmon	16	Rct Squad	1:13.89
34.69	39.20		
5 Logan Clement	15	Rct Squad	1:16.03
35.56	40.47		
6 Cadyn Halstead	16	Co Cardiff	1:18.15
37.16	40.99		
7 Rhys Nixon	16	Co Cardiff	1:19.65
37.58	42.07		
8 James Watkins	15	Co Newport	1:21.01
38.08	42.93		
9 Benjamin Hastings	15	Co Newport	1:21.05
38.08	42.97		
10 Nicholas Tan	15	Pontypridd	1:21.46
38.28	43.18		
11 Hari Elias	15	Co Cardiff	1:22.04
38.42	43.62		
12 Callum Tucker	16	Chepstow	1:22.55
37.76	44.79		
13 Morgan Selby	16	Rct Squad	1:23.24
39.45	43.79		
14 Joshua Davies	16	Co Cardiff	1:25.82
40.91	44.91		

Event 26 Boys 17 & Over 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 James Lewis	21	Co Cardiff	1:03.10
29.93	33.17		
2 Jacob Cook	19	Co Cardiff	1:09.11
32.89	36.22		
3 Joseph Davies	17	Torfaen D	1:10.02
32.91	37.11		
4 Keenan Napper	20	Rhondda	1:11.36
33.83	37.53		
5 Rhys Williams	17	Monnow	1:15.16
35.03	40.13		
6 Owain Cook	19	Bridgend Cty	1:15.24
35.33	39.91		

7 Daniel Jones	21	Co Cardiff	1:15.53
35.54	39.99		
8 Tomos Savage-Taylor	17	Heads Valley	1:15.64
35.85	39.79		

Event 26 Boys 17 & Over 100 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 James Lewis	21	Co Cardiff	1:04.46
30.82	33.64		
2 Jacob Cook	19	Co Cardiff	1:10.13
32.88	37.25		
3 Joseph Davies	17	Torfaen D	1:10.39
32.83	37.56		
4 Keenan Napper	20	Rhondda	1:13.01
33.76	39.25		
5 Rhys Williams	17	Monnow	1:14.23
34.62	39.61		
6 Owain Cook	19	Bridgend Cty	1:14.37
35.02	39.35		
7 Daniel Jones	21	Co Cardiff	1:15.72
35.26	40.46		
8 Tomos Savage-Taylor	17	Heads Valley	1:16.34
35.87	40.47		
9 Alex Rosser	23	Torfaen D	1:18.69
37.65	41.04		
10 Joshua Mullins	19	Merthyr Tydf	1:19.51
36.52	42.99		
11 Brandon Rees	18	Rhondda	1:19.55
37.15	42.40		
12 Szymon Wojcik	17	Bridgend Cty	1:20.18
37.97	42.21		
13 Oliver Andrews	17	Chepstow	1:21.32
37.90	43.42		
14 Sam Clegg	18	Brecon	1:21.49
38.11	43.38		
15 Ellis Jenkins	17	Rct Squad	1:21.88
37.67	44.21		
16 Finlay Jones	17	Rhondda	1:21.99
38.64	43.35		

Event 27 Boys 11 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Jack Bamborough	11	Co Cardiff	2:51.17
39.46	44.96	50.90	35.85
2 Lucas Mruk	11	Torfaen D	3:02.48
43.04	46.31	55.46	37.67
3 Coel Adams	11	Cwmbran	3:12.95
43.87	53.67	52.52	42.89
4 Oliver Rixon	11	Co Newport	3:18.47
45.87	48.52	1:01.64	42.44
5 Jacob Temby	11	Co Cardiff	3:20.28
45.34	49.18	1:00.25	45.51
6 Alexander George	11	Torfaen D	3:27.37
46.84	50.79	1:07.24	42.50
7 Luke Williams	11	Co Newport	3:28.66
52.79	53.94	55.48	46.45

Event 27 Boys 12 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Ioan James	12	Bridgend Cty	2:33.69
35.77	38.20	44.75	34.97

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(Event 27 Boys 12 Year Olds 200 SC Meter IM)

Name	Age	Team	Finals Time
2 Joseph Parsons	12	Co Cardiff	2:39.45
34.25	38.53	50.33	36.34
3 Charlie Southwood	12	Torfaen D	2:54.11
39.72	46.18	51.21	37.00
4 Rhydian Sheppard	12	Co Cardiff	2:54.90
40.42	43.34	49.52	41.62
5 Aled Evans	12	Pontypridd	2:55.44
37.92	42.48	54.06	40.98
6 Evan Leach	12	Rct Squad	3:00.12
38.81	47.24	52.23	41.84
7 Alberto Rescigno	12	Co Cardiff	3:00.95
39.36	45.89	55.00	40.70
8 Rhys Witchell	12	Co Cardiff	3:05.34
45.02	43.73	55.71	40.88
9 Rauley Hunter	12	Co Cardiff	3:07.30
43.03	50.05	54.21	40.01
10 James Newton	12	Torfaen D	3:07.96
40.43	46.77	58.47	42.29
11 Keian Mruk	12	Torfaen D	3:08.18
42.86	48.29	56.89	40.14
12 Henry Stevens	12	Co Cardiff	3:11.08
45.86	43.24	56.94	45.04
13 Ellis Price	12	Pontypridd	3:12.61
44.64	46.70	1:00.85	40.42

Event 27 Boys 13 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Carwyn Jones	13	Co Cardiff	2:24.52
31.82	38.75	40.93	33.02
2 Tristan Lee	13	Co Cardiff	2:34.20
35.58	38.48	45.47	34.67
3 Adam Steven	13	Co Newport	2:37.78
33.67	42.32	46.30	35.49
4 Ethan Lee	13	Co Cardiff	2:41.00
36.71	40.93	48.80	34.56
5 Jacob Barnett	13	Co Cardiff	2:41.10
34.28	40.94	50.20	35.68
6 Cai Williams	13	Bridgend Cty	2:44.26
37.86	42.97	47.22	36.21
7 Joseph Fowler	13	Rct Squad	2:46.36
36.30	42.63	49.73	37.70
*8 Archie McLain	13	Heads Valley	2:48.89
37.50	44.23	49.92	37.24
*8 Finlay John	13	Rct Squad	2:48.89
38.03	40.57	52.35	37.94
10 Charlie McGuinness	13	Torfaen D	2:51.49
38.28	46.48	49.48	37.25
11 Jack Rees-Jones	13	Merthyr Tydf	2:54.10
39.64	44.73	52.06	37.67
12 Dylan Murphy-Kenny	13	Rct Squad	2:55.19
37.18	43.42	54.42	40.17
13 Harvey Lale	13	Torfaen D	2:56.40
41.13	44.58	52.12	38.57
14 Luc Martin	13	Bridgend Cty	2:57.99
39.56	44.36	52.54	41.53
15 Lucas Tucker	13	Chepstow	2:58.40
37.86	44.56	53.10	42.88
16 Evan Winstone	13	Co Cardiff	3:00.04
42.66	46.28	50.37	40.73

17 Zachary Davies	13	Torfaen D	3:06.64
42.03	48.45	57.98	38.18
--- Tristyn James	13	Co Cardiff	DQ
9.2 Body not returned to breast during freestyle leg before kick or stroke pe			
31.87	39.96	42.91	34.14

Event 28 Girls 14 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Cerys Rosser	14	Torfaen D	2:19.23
33.39	35.65	36.30	33.89
2 Arwen Stephens	14	Co Cardiff	2:24.08
33.70	36.54	37.07	36.77
3 Imogen Fox	14	Co Cardiff	2:34.25
37.07	39.68	39.29	38.21
4 Eve Hickman	14	Bridgend Cty	2:36.56
36.87	39.89	40.18	39.62
5 Faye O Callaghan	14	Co Cardiff	2:38.36
36.95	39.66	40.98	40.77
6 Karys Clayton	14	Torfaen D	2:39.31
37.02	40.18	41.36	40.75
7 Katie Harthill	14	Co Cardiff	2:39.37
38.64	40.55	40.77	39.41
8 Beth Simmons	14	Co Newport	2:39.45
37.67	40.12	41.23	40.43
9 Chloe Jones	14	Bridgend Cty	2:39.70
37.33	41.05	41.01	40.31
10 Eleanor Walker	14	Co Newport	2:42.48
36.84	41.40	42.66	41.58
11 Marie Faulkner	14	Co Cardiff	2:45.50
39.12	41.67	42.38	42.33
12 Bethan Moodley	14	Rct Squad	2:47.65
39.93	42.37	43.25	42.10
13 Rebekah Ramsey	14	Heads Valley	2:47.87
39.72	42.77	42.79	42.59
14 Ffion James	14	Rct Squad	2:49.13
40.36	42.76	43.78	42.23
15 Jessica Brind	14	Co Cardiff	2:53.94
41.68	44.56	44.93	42.77
16 Daisy Keigwin	14	Caerphilly	2:55.08
41.30	45.79	46.22	41.77
17 Ryleigh Thompson	14	Rhondda	2:56.52
41.20	44.40	47.52	43.40
--- Shauna Reed	14	Torfaen D	DQ
6.5 Not on the back at finish			
36.70	42.73	44.74	43.57

Event 28 Girls 15-16 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Katie Bamborough	15	Co Cardiff	2:23.51
34.38	36.22	36.65	36.26
2 Penny Evans	16	Co Cardiff	2:27.77
35.22	37.66	37.97	36.92
3 Bethan Beynon	16	Co Cardiff	2:27.86
34.71	37.98	38.41	36.76
4 Rhiannon Rowe	15	Torfaen D	2:28.32
35.09	37.72	37.99	37.52
5 Hannah Davidson	16	Co Cardiff	2:29.40
34.35	37.13	39.33	38.59
6 Rhiannon Marchant	15	Rct Squad	2:31.56
34.97	38.17	39.45	38.97
7 Grace Girling	15	Co Cardiff	2:32.51
35.58	37.95	39.63	39.35

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(Event 28 Girls 15-16 200 SC Meter Backstroke)

Name	Age	Team	Finals Time	
8 Emma Evans	15	Co Cardiff	2:33.84	
	37.14	39.13	39.69	37.88
9 Niamh Stork	15	Co Cardiff	2:34.22	
	37.45	38.71	39.66	38.40
10 Ellie Ward	15	Co Newport	2:34.84	
	35.58	39.62	40.14	39.50
11 Saffron Boswall	15	Co Cardiff	2:35.32	
	35.06	38.44	41.10	40.72
12 Carys Whitelock	15	Torfaen D	2:35.93	
	37.11	39.68	39.94	39.20
13 Tegan Davies	15	Bridgend Cty	2:36.36	
	36.66	39.71	40.25	39.74
14 Isabel Brasington	15	Heads Valley	2:36.84	
	36.99	39.64	40.53	39.68
15 Aoife Tarpey	15	Bridgend Cty	2:37.06	
	37.01	39.32	40.77	39.96
16 Lois Davies	16	Co Cardiff	2:37.28	
	36.23	39.41	40.83	40.81
17 Emily Cox	16	Bridgend Cty	2:37.51	
	37.70	39.69	40.50	39.62
18 Isabel Brasington	15	Co Cardiff	2:37.71	
	37.11	40.10	40.89	39.61
19 Emma Porter	16	Co Newport	2:38.54	
	37.17	39.35	41.69	40.33
20 Eilir Teagle	15	Merthyr Tydf	2:39.41	
	37.83	40.30	41.43	39.85
21 Sasha Bond	15	Rct Squad	2:42.05	
	37.92	41.38	41.92	40.83
22 Mckenzie Johnston	16	Co Newport	2:44.05	
	39.92	41.34	41.74	41.05
23 Gwenllian Davies	16	Caerphilly	2:45.65	
	38.46	42.00	43.29	41.90
24 Jodie Matthews	16	Rct Squad	2:47.24	
	38.62	41.93	43.61	43.08
25 Krysta Southwood	16	Torfaen D	2:52.83	
	40.89	43.54	44.92	43.48
26 Becky Lewis	16	Rct Squad	2:58.94	
	42.13	44.69	46.32	45.80
27 Cerys Geen	16	Co Newport	2:59.94	
	41.76	44.66	47.16	46.36
--- Sarah Davies	15	Cwmbran	x3:28.75	
	3:28.75			

Event 28 Girls 17 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Katie Rees	21	Co Cardiff	2:19.76	
	32.56	35.32	36.42	35.46
2 Imogen Hunt	21	Bridgend Cty	2:20.69	
	32.22	34.98	36.70	36.79
3 Meggan Warrender	18	Torfaen D	2:23.84	
	34.28	36.81	37.02	35.73
4 Emily Ezard	17	Bridgend SC	2:26.63	
	34.07	37.10	37.93	37.53
5 Sophie Morgan	17	Rct Squad	2:33.37	
	37.03	39.16	38.30	38.88
6 Ffion Addecott	17	Rct Squad	2:33.79	
	35.68	38.25	39.99	39.87
7 Ella Deakin	17	Co Newport	2:40.81	
	38.09	40.65	41.47	40.60

8 Elle Harris-Thomas	17	Torfaen D	2:49.10	
	40.02	43.10	43.80	42.18
9 Arwen Teagle	18	Merthyr Tydf	2:53.44	
	41.17	43.53	45.14	43.60
10 Rebecca Underwood	17	Cwmbran	2:54.44	
	40.46	44.85	45.84	43.29
--- Emma Harvey	38	Cwmbran	x3:08.80	
	44.53	47.22	48.31	48.74

Event 29 Boys 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Finals Time	
Finals				
1 Samuel McCarthy	14	Co Cardiff	26.41	
2 Max Geysen-Holley	14	Co Cardiff	26.95	
3 Cian Hughes	14	Co Cardiff	27.12	
4 Joshua O'Brien	14	Co Cardiff	27.69	
5 Ben Merriman	14	Torfaen D	28.37	
6 Garyn Rees	14	Rhondda	28.43	
7 Harley James	14	Co Cardiff	28.47	
8 Gruffydd Davies	14	Co Cardiff	28.67	

Event 29 Boys 14 Year Olds 50 SC Meter Freestyle

Name	Age	Team	Prelim Time	
Preliminaries				
1 Samuel McCarthy	14	Co Cardiff	26.45	
2 Max Geysen-Holley	14	Co Cardiff	27.49	
3 Cian Hughes	14	Co Cardiff	27.58	
4 Joshua O'Brien	14	Co Cardiff	27.86	
5 Ben Merriman	14	Torfaen D	28.11	
6 Harley James	14	Co Cardiff	28.49	
7 Garyn Rees	14	Rhondda	28.53	
8 Gruffydd Davies	14	Co Cardiff	28.71	
9 Max Anderson	14	Co Cardiff	29.22	
10 Calum Jones	14	Rhondda	29.56	
11 Oscar Newton	14	Torfaen D	29.60	
12 Finley Taylor	14	Bridgend SC	29.80	
13 Dewi Rosser	14	Torfaen D	29.82	
14 Rhys Smart	14	Co Cardiff	30.21	
15 Tomos Isaacs	14	Rct Squad	30.33	
16 Freddie Johnson	14	Heads Valley	30.36	
17 William Woodsford	14	Co Cardiff	30.57	
18 Evan Coulson	14	Torfaen D	30.99	
19 William Watkins	14	Co Newport	31.34	
20 Gethin Tasker	14	Rct Squad	31.49	
21 Joshua Murray	14	Monnow	31.55	
22 Harry Burns	14	Co Cardiff	31.79	
23 Camron Smallman	14	Torfaen D	32.01	
24 Elliot Lynch-Warden	14	Monnow	32.82	
25 Gethin Chambers	14	Rhondda	32.87	
26 Noa Griffith	14	Rct Squad	32.93	
27 Christian Andrews	14	Chepstow	32.96	
28 Evan Williams	14	Rhondda	34.19	

Event 29 Boys 15-16 50 SC Meter Freestyle

Name	Age	Team	Finals Time	
Finals				
1 Owen Leach	16	Co Cardiff	25.90	
2 Carwyn Salmon	16	Rct Squad	26.22	
3 Kasey Allen-Ridge	15	Co Newport	27.14	
4 Morgan Selby	16	Rct Squad	27.26	
5 Ellis Young	16	Co Cardiff	27.47	

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Finals ... (Event 29 Boys 15-16 50 SC Meter Freestyle)

Name	Age	Team	Finals Time
6 Jacob Jones	15	Rct Squad	27.69
7 Callum Tucker	16	Chepstow	27.74
8 Tyler Collins	16	Rct Squad	29.12

Event 29 Boys 15-16 50 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 Owen Leach	16	Co Cardiff	25.90
2 Carwyn Salmon	16	Rct Squad	26.38
3 Kasey Allen-Ridge	15	Co Newport	26.97
4 Morgan Selby	16	Rct Squad	27.20
5 Callum Tucker	16	Chepstow	27.34
6 Jacob Jones	15	Rct Squad	27.51
7 Ellis Young	16	Co Cardiff	27.86
8 Tyler Collins	16	Rct Squad	27.91

9 Callum Thomas	16	Co Cardiff	28.04
10 Solomon Tong	15	Co Cardiff	28.07
11 Logan Clement	15	Rct Squad	28.11
12 Joseph Stacey	15	Torfaen D	28.17
13 Rhys Nixon	16	Co Cardiff	28.22
14 James Watkins	15	Co Newport	28.37
15 Danny Jones	16	Co Newport	28.41
16 Thomas Williams	16	Rhondda	28.61
17 Elur Urkola	15	Co Newport	28.96
18 Cadyn Halstead	16	Co Cardiff	28.99
19 Nicholas Tan	15	Pontypridd	29.07
20 Oliver Kindred	16	Torfaen D	29.09
21 Arwyn Grant	15	Co Newport	29.22
22 Hari Elias	15	Co Cardiff	29.41
23 Dylan Havard	15	Heads Valley	29.80
24 Nathaniel Edwards	15	Torfaen D	29.84
25 Joshua Davies	16	Co Cardiff	29.92
26 Ethan Chick	15	Monnow	30.12
27 Owen Hughes	15	Rhondda	30.19
28 Morgan Watts	15	Heads Valley	30.68
29 Thillai Sivaramakrishnan	15	Co Newport	30.81
*30 George Falloon	15	Caerphilly	31.13
*30 Ben Roberts	16	Caerphilly	31.13
32 Ioan Kinsey	15	Heads Valley	32.44

Event 29 Boys 17 & Over 50 SC Meter Freestyle

Name	Age	Team	Finals Time
Finals			
1 James Lewis	21	Co Cardiff	24.45
2 Kieran Garland	17	Co Cardiff	25.18
3 Luke Baker	18	Torfaen D	25.27
4 Jacob Cook	19	Co Cardiff	25.42
5 Owen Richards	18	Torfaen D	25.64
6 Dylan Broom	17	Torfaen D	25.70
7 Ashley Lewis	25	Bridgend SC	25.74
8 Alex Rosser	23	Torfaen D	25.89

Event 29 Boys 17 & Over 50 SC Meter Freestyle

Name	Age	Team	Prelim Time
Preliminaries			
1 James Lewis	21	Co Cardiff	24.31
2 Luke Baker	18	Torfaen D	25.06
3 Kieran Garland	17	Co Cardiff	25.25
4 Craig Thomas	28	Bridgend SC	25.44

5 Dylan Broom	17	Torfaen D	25.53
6 Owen Richards	18	Torfaen D	25.69
7 Alex Rosser	23	Torfaen D	25.83
8 Ashley Lewis	25	Bridgend SC	25.89
*9 Jacob Cook	19	Co Cardiff	25.91
*9 Brandon Rees	18	Rhondda	25.91

Swim-Off Required

11 Keenan Napper	20	Rhondda	26.15
12 Tomos Savage-Taylor	17	Heads Valley	26.34
*13 Elliot Williams	18	Pontypridd	26.44
*13 Rhys Williams	17	Monnow	26.44
15 Joseph Davies	17	Torfaen D	26.86
16 Tobias Hunt	18	Bridgend Cty	26.87
17 Danny Chim	18	Bridgend Cty	26.94
18 Owain Cook	19	Bridgend Cty	27.05
19 Dan Hall	17	Chepstow	27.32
20 Szymon Wojcik	17	Bridgend Cty	27.46
21 Finlay Jones	17	Rhondda	27.58
22 Ellis Jenkins	17	Rct Squad	27.64
23 Ryan Steven	17	Co Newport	28.02
24 Joshua Mullins	19	Merthyr Tydf	28.15
25 Cynan Weber	18	Rhondda	28.45
26 Oliver Andrews	17	Chepstow	28.78
27 Joshua Thomas	18	Merthyr Tydf	29.57
28 Jac Fernandez-John	17	Caerphilly	29.63
29 Sam Clegg	18	Brecon	29.68
30 Rhys Lloyd	17	Rct Squad	30.62
--- Callum Phillips	17	Chepstow	DQ

4.4 Start before starting signal

Event 30 Girls 14 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Emily Jones	14	Co Newport	33.88
2 Jasmine Fowler	14	Torfaen D	36.70
3 Amy Crowley	14	Co Cardiff	37.24
4 Eleanor Walker	14	Co Newport	37.52
5 Lili Illman	14	Torfaen D	37.87
6 Imogen Fox	14	Co Cardiff	38.18
7 Sophie Harris	14	Co Newport	38.27
8 Isobel Stevens	14	Co Newport	38.79

Event 30 Girls 14 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Emily Jones	14	Co Newport	34.35
2 Jasmine Fowler	14	Torfaen D	36.85
3 Eleanor Walker	14	Co Newport	37.71
4 Amy Crowley	14	Co Cardiff	37.94
5 Lili Illman	14	Torfaen D	38.03
6 Sophie Harris	14	Co Newport	38.24
7 Imogen Fox	14	Co Cardiff	38.77
8 Isobel Stevens	14	Co Newport	38.94
9 Jessica Sweeney	14	Co Newport	39.41
10 Faye O Callaghan	14	Co Cardiff	39.71
11 Emilia Jones	14	Bridgend Cty	40.41
12 Hannah Morgan	14	Co Cardiff	41.29
13 Marie Faulkner	14	Co Cardiff	41.56
14 Eleanor Emes	14	Torfaen D	41.76
15 Katie Harthill	14	Co Cardiff	41.95
16 Ffion James	14	Rct Squad	42.49

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Preliminaries ... (Event 30 Girls 14 Year Olds 50 SC Meter Breaststroke)

Name	Age	Team	Prelim Time
17 Ellie May Waite	14	Co Cardiff	43.13
18 Bethan Moodley	14	Rct Squad	43.46
19 Seren Wood-Jones	14	Rhondda	43.69
20 Chloe Jones	14	Bridgend Cty	43.80
21 Charlotte Hamer	14	Torfaen D	44.05
22 Grace Thomas	14	Co Newport	44.06
23 Erin Criddle	14	Co Newport	46.05
24 Ella Buchanan	14	Cwmbran	46.78
25 Gabrielle Anthony	14	Rct Squad	46.92

Event 30 Girls 15-16 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Penny Evans	16	Co Cardiff	34.96
2 Bethan Beynon	16	Co Cardiff	35.10
3 Jennifer O Callaghan	15	Co Cardiff	35.24
4 Izzy Morgan	15	Co Cardiff	35.94
5 Seren Jones	15	Co Cardiff	36.00
6 Grace Miles	16	Chepstow	36.34
7 Isabel Brassington	15	Co Cardiff	36.76
8 Isobel Dallyn	15	Chepstow	37.01

Event 30 Girls 15-16 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Penny Evans	16	Co Cardiff	34.76
2 Jennifer O Callaghan	15	Co Cardiff	35.27
3 Bethan Beynon	16	Co Cardiff	35.81
4 Seren Jones	15	Co Cardiff	36.02
5 Izzy Morgan	15	Co Cardiff	36.25
6 Grace Miles	16	Chepstow	36.28
7 Isobel Dallyn	15	Chepstow	36.81
8 Isabel Brassington	15	Co Cardiff	36.92
9 Ellie Ward	15	Co Newport	37.36
10 Rosie Domican	15	Co Cardiff	37.72
11 Ella Minas	15	Rct Squad	38.84
12 Alyssa Baker	15	Torfaen D	38.96
13 Hannah Davidson	16	Co Cardiff	39.13
14 Ruby Jones	16	Torfaen D	39.16
15 Lois Davies	16	Co Cardiff	39.22
16 Seren Cook	15	Bridgend Cty	39.32
17 Nell Thomas	15	Rct Squad	39.36
18 Laura Willis	16	Monnow	39.76
19 Cerys Vaisey	16	Abertillery	40.14
20 Niamh Stork	15	Co Cardiff	40.17
21 Rhiannon Marchant	15	Rct Squad	40.24
22 Meghan Palmer	15	Rhondda	40.55
23 Kaycee Napper	16	Rhondda	40.60
24 Eilir Teagle	15	Merthyr Tydf	41.20
25 Aoife Tarpey	15	Bridgend Cty	41.56
26 Emily MEEK	15	Rct Squad	41.66
27 Isabel Brasington	15	Heads Valley	41.93
28 Megan Froley	15	Bridgend Cty	42.44
29 Emma Porter	16	Co Newport	43.34
30 Krysta Southwood	16	Torfaen D	43.92
31 Morgan Sinclair	15	Cwmbran	46.92

Event 30 Girls 17 & Over 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
Finals			
1 Katie Rees	21	Co Cardiff	34.60
2 Ellana Horton	17	Co Newport	34.83
3 Helen Gorman	47	Co Cardiff	34.86
4 Mair McRae	17	Torfaen D	35.04
5 Lili-May Hutchinson	17	Co Cardiff	35.09
6 Megan Nicholas	19	Bridgend Cty	35.67
7 Bethan Chadwick	18	Rct Squad	35.99
8 Sophie Morgan	17	Rct Squad	37.19

Event 30 Girls 17 & Over 50 SC Meter Breaststroke

Name	Age	Team	Prelim Time
Preliminaries			
1 Katie Rees	21	Co Cardiff	34.53
2 Ellana Horton	17	Co Newport	34.83
3 Helen Gorman	47	Co Cardiff	34.92
4 Lili-May Hutchinson	17	Co Cardiff	35.21
5 Mair McRae	17	Torfaen D	35.46
6 Megan Nicholas	19	Bridgend Cty	35.80
7 Bethan Chadwick	18	Rct Squad	36.11
8 Sophie Morgan	17	Rct Squad	38.14
9 Bethan Nelson	18	Merthyr Tydf	38.45
10 Helen Lewis	17	Merthyr Tydf	39.86
11 Caitlin Walker	17	Co Cardiff	40.15
12 Jasmine Athwal	17	Torfaen D	41.47
13 Ella Deakin	17	Co Newport	41.82
14 Arwen Teagle	18	Merthyr Tydf	43.06
15 Jayne Brown	27	Cwmbran	43.20

Event 31 Boys 11 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Jack Bamborough	11	Co Cardiff	2:30.12
35.15	38.64	39.21	37.12
2 Lucas Mruk	11	Torfaen D	2:46.72
37.39	43.52	44.06	41.75
3 Jacob Temby	11	Co Cardiff	2:57.92
38.90	46.70	48.54	43.78
4 Fabian Buczylo	11	Pontypridd	3:04.23
42.70	48.25	48.03	45.25
5 Ethan Tucker	11	Chepstow	3:10.61
41.29	47.72	50.46	51.14
6 Joshua Wratten	11	Cwmbran	3:12.96
43.44	50.06	51.24	48.22

Event 31 Boys 12 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Ioan James	12	Bridgend Cty	2:18.51
33.43	35.46	35.20	34.42
2 Joseph Parsons	12	Co Cardiff	2:20.59
33.46	36.09	35.60	35.44
3 Charlie Southwood	12	Torfaen D	2:31.91
35.76	39.47	39.29	37.39
4 Evan Leach	12	Rct Squad	2:39.74
36.69	40.96	41.97	40.12
5 Aled Evans	12	Pontypridd	2:40.47
37.24	41.76	42.19	39.28
6 Rhydian Sheppard	12	Co Cardiff	2:41.26
37.05	42.16	41.85	40.20

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(Event 31 Boys 12 Year Olds 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
7 James Newton	12	Torfaen D	2:42.32
37.65	40.83	43.45	40.39
8 Rhys Witchell	12	Co Cardiff	2:43.48
36.56	42.07	42.58	42.27
9 Caleb Norton	12	Rhondda	2:50.61
37.71	44.32	45.34	43.24
10 Henry Stevens	12	Co Cardiff	2:50.95
40.18	42.88	44.12	43.77
11 Rauley Hunter	12	Co Cardiff	2:52.23
39.65	44.23	45.27	43.08
12 Ellis Price	12	Pontypridd	2:53.33
37.91	43.37	47.04	45.01
--- Harrison Jones	12	Bridgend Cty	x3:09.54
40.60	47.91	52.32	48.71

Event 31 Boys 13 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Carwyn Jones	13	Co Cardiff	2:10.98
29.87	34.44	34.29	32.38
2 Tristyn James	13	Co Cardiff	2:13.29
30.47	34.56	34.91	33.35
3 Adam Steven	13	Co Newport	2:19.26
31.57	36.00	37.01	34.68
4 Ethan Lee	13	Co Cardiff	2:20.50
33.19	35.90	36.49	34.92
5 Cai Williams	13	Bridgend Cty	2:23.17
33.13	36.40	36.78	36.86
6 Joseph Fowler	13	Rct Squad	2:24.34
34.02	36.84	37.38	36.10
7 Jacob Barnett	13	Co Cardiff	2:25.15
35.21	37.79	37.36	34.79
8 Finlay John	13	Rct Squad	2:25.16
33.26	36.92	38.21	36.77
9 Jack Rees-Jones	13	Merthyr Tydf	2:25.32
33.60	1:16.12	35.84	
10 Charlie McGuinness	13	Torfaen D	2:31.65
35.84	38.88	39.56	37.37
11 Archie McLain	13	Heads Valley	2:32.16
35.18	39.78	39.59	37.61
12 Owen Price Davies	13	Brecon	2:36.12
34.92	40.54	39.84	40.82
13 Harvey Lale	13	Torfaen D	2:37.22
34.72	40.43	41.39	40.68
14 Zachary Davies	13	Torfaen D	2:38.13
35.39	41.91	42.38	38.45

Event 32 Boys 14 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Rhydian Arch	14	Co Cardiff	2:23.83
32.40	37.75	36.95	36.73
2 Ben Merriman	14	Torfaen D	2:24.21
32.00	36.13	37.63	38.45
3 Harley James	14	Co Cardiff	2:26.23
31.96	36.67	38.38	39.22
4 Gruffydd Davies	14	Co Cardiff	2:33.94
33.54	38.49	40.90	41.01
5 Samuel Price	14	Co Cardiff	2:36.17
33.73	39.88	41.08	41.48
6 Joshua O'Brien	14	Co Cardiff	2:37.30
34.52	39.53	41.75	41.50

7 Samuel McCarthy	14	Co Cardiff	2:38.40
35.15	41.33	42.38	39.54
8 Tomos Isaacs	14	Rct Squad	2:47.35
37.26	43.51	44.15	42.43

Event 32 Boys 15-16 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Owen Leach	16	Co Cardiff	2:13.28
30.67	33.90	34.39	34.32
2 Solomon Tong	15	Co Cardiff	2:31.51
34.41	39.32	38.97	38.81
3 Morgan Selby	16	Rct Squad	2:33.76
34.13	38.72	41.34	39.57
4 Tyler Collins	16	Rct Squad	2:38.78
34.65	41.59	42.57	39.97
5 Jac Wood-Jones	16	Rhondda	2:43.54
32.85	40.08	43.79	46.82
6 Benjamin Hastings	15	Co Newport	2:48.21
34.32	43.74	44.95	45.20

Event 32 Boys 17 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Owen Richards	18	Torfaen D	2:10.94
29.00	32.86	33.88	35.20
2 Luke Baker	18	Torfaen D	2:14.82
29.44	33.15	35.49	36.74
3 Dafydd Price	19	Torfaen D	2:16.88
30.35	34.63	36.23	35.67
4 Kieran Garland	17	Co Cardiff	2:21.55
31.50	36.39	37.06	36.60
5 Danny Chim	18	Bridgend Cty	2:25.07
32.92	37.24	37.35	37.56
6 Ryan Steven	17	Co Newport	2:35.42
33.77	39.48	41.15	41.02

Event 33 Girls 14 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Arwen Stephens	14	Co Cardiff	2:28.30
34.53	38.30	38.14	37.33
2 Katie Harthill	14	Co Cardiff	2:48.12
37.40	42.92	46.00	41.80
3 Rebekah Ramsey	14	Heads Valley	2:52.53
37.65	43.85	45.69	45.34
4 Hannah Morgan	14	Co Cardiff	3:05.09
37.63	46.23	50.00	51.23

Event 33 Girls 15-16 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Rhiannon Rowe	15	Torfaen D	2:29.83
34.72	38.62	39.01	37.48
2 Alyssa Baker	15	Torfaen D	2:33.90
33.93	38.88	40.14	40.95
3 Ella Minas	15	Rct Squad	2:40.17
35.00	41.99	41.10	42.08
4 Sasha Bond	15	Rct Squad	2:42.94
35.62	42.75	42.28	42.29
5 Eilir Teagle	15	Merthyr Tydf	2:45.03
35.18	41.67	44.05	44.13
6 Cerys Jones	16	Co Cardiff	2:46.81
36.42	42.60	44.03	43.76
7 Cerys Geen	16	Co Newport	3:01.41
38.52	45.95	48.47	48.47

South East Wales Regional Championships - 01/02/2019 to 10/02/2019

Results

Event 33 Girls 17 & Over 200 SC Meter Butterfly					16 Holly Thomas	12 Bridgend Cty	3:09.16	
Name	Age	Team	Finals Time		43.93	47.30	46.22 51.71	
1 Helen Lewis	17	Merthyr Tydf	2:39.75					
	35.20	40.10	41.08	43.37				
2 Anya Thomas	17	Co Cardiff	2:41.41					
	36.61	43.02	41.03	40.75				
Event 34 Girls 11 Year Olds 200 SC Meter Backstroke					Event 34 Girls 13 Year Olds 200 SC Meter Backstroke			
Name	Age	Team	Finals Time		Name	Age	Team	Finals Time
1 Amelia Watkins	11	Torfaen D	2:44.11		1 Cerys Davies	13	Rct Squad	2:35.67
	40.50	43.09	41.57	38.95		35.78	39.42	40.91 39.56
2 Evie Jones	11	Merthyr Tydf	2:54.83		2 Sophie Brassington	13	Co Cardiff	2:36.62
	1:26.03	45.49	43.31			37.64	39.23	40.04 39.71
3 Isabelle Kay	11	Rct Squad	3:07.70		3 Phoebe Williams-Jones	13	Co Cardiff	2:39.13
	46.29	49.90	47.29	44.22		38.16	41.19	40.24 39.54
4 Seren Davies	11	Bridgend Cty	3:12.51		4 Ruby Stevens	13	Co Cardiff	2:39.88
	44.47	50.84	50.77	46.43		37.32	41.38	41.61 39.57
5 Eva Lily Haddrell	11	Rct Squad	3:13.82		5 Georgia Iles	13	Co Cardiff	2:40.34
	45.42	50.63	50.03	47.74		38.16	41.01	40.86 40.31
6 Emily Crawshay-Williams	11	Torfaen D	3:16.26		6 Holly Greenslade	13	Torfaen D	2:41.81
	43.51	50.46	52.45	49.84		37.25	41.86	42.29 40.41
7 Teagan Bick	11	Torfaen D	3:16.32		7 Bethan Holmes	13	Co Newport	2:42.92
	48.26	49.46	50.56	48.04		37.48	42.15	41.58 41.71
8 Imogen Lewis	11	Co Cardiff	3:17.54		8 Ffion Blake	13	Co Cardiff	2:43.02
	48.33	51.50	49.36	48.35		38.33	41.61	44.08 39.00
--- Lexie Johnson	11	Heads Valley	DQ		9 Megan Rogers	13	Co Cardiff	2:43.66
	6.4 More than one single or double simultaneous arm pull used to initiate t					38.08	41.82	42.33 41.43
	45.26	50.06	48.10	46.19	10 Ellie Parsons	13	Chepstow	2:45.12
						38.48	42.01	42.83 41.80
Event 34 Girls 12 Year Olds 200 SC Meter Backstroke					11 Olivia Manley	13	Co Cardiff	2:49.04
Name	Age	Team	Finals Time			40.66	42.89	43.96 41.53
1 Honor Fox	12	Co Cardiff	2:36.75		12 Mia Pritchard	13	Co Cardiff	2:49.66
	36.24	40.58	41.14	38.79		41.84	43.15	42.99 41.68
2 Carys Croke	12	Torfaen D	2:39.29		13 Phoebe Badman	13	Rct Squad	2:50.36
	37.17	40.53	41.00	40.59		41.36	43.14	43.64 42.22
3 Harriett Cull	12	Co Cardiff	2:42.95		14 Mali Williams	13	Rct Squad	2:52.93
	38.11	42.02	41.98	40.84		39.65	45.16	44.47 43.65
4 Sophie Davies	12	Co Cardiff	2:48.37		15 Poppi Hampton	13	Bridgend Cty	3:07.53
	40.06	42.40	43.69	42.22		44.22	48.21	49.17 45.93
5 Gwen Salmon	12	Rct Squad	2:49.91					
	40.24	43.99	43.95	41.73				
6 Nanci Edwards	12	Monnow	2:51.60					
	40.69	43.76	43.76	43.39				
7 Kaiyah-Jade Staples-Vvind	12	Co Cardiff	2:52.24					
	39.82	43.97	45.68	42.77				
8 Caitlin Barclay	12	Co Cardiff	2:53.64					
	42.10	44.33	44.31	42.90				
9 Bailey Briggs	12	Heads Valley	2:55.32					
	41.60	44.55	45.36	43.81				
10 Freya Davis	12	Rct Squad	3:00.33					
	41.01	47.66	47.38	44.28				
11 Katelyn Crocombe	12	Bridgend Cty	3:02.44					
	42.99	48.05	47.16	44.24				
12 Isobel Edwards	12	Co Cardiff	3:02.96					
	43.61	46.60	46.88	45.87				
13 Poppy Ward	12	Caerphilly	3:06.71					
	42.91	47.11	49.92	46.77				
14 Evie Coulson	12	Torfaen D	3:06.98					
	44.28	47.40	48.02	47.28				
15 Callie Winter	12	Co Cardiff	3:08.07					
	43.93	47.54	49.04	47.56				