

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Event 1 Girls 11 & Over 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 6 Finals</b>				
2	Thomas, Grace	11	Pembs Cty	NT
3	Griffiths, Enfys	12	Pembs Cty	NT
4	Jones, Isabelle	14	TDOY	NT
5	Sturdy, Lauren	12	Rct Squad	NT
6	Ball, Zara R	11	Co Cardiff	NT
<b>Heat 2 of 6 Finals</b>				
0	Hoare, Jasmine G	11	Nexus	7:45.47
1	Cole, Grace E	11	BRCY	7:03.10
2	Owens, Annie R	11	Nexus	6:37.23
3	Nesham, Anwen	12	Rct Squad	6:23.63
4	Goddard, Evie E	12	Pembs Cty	6:15.60
5	Thomas, Holly L	11	BRCY	6:19.50
6	White, Eleanor R	12	Pembs Cty	6:24.50
7	Edwards, Isobel A	11	Co Cardiff	7:01.30
8	James, Nia	13	Pembs Cty	7:24.90
9	James, Ilenia	15	Nexus	NT
<b>Heat 3 of 6 Finals</b>				
0	Pengelly, Leia	12	Rct Squad	6:11.51
1	Davies, Niamh	11	Co Cardiff	6:04.70
2	Hughes, Cari	11	Nexus	5:53.59
3	Leconte, Seren	14	Rct Squad	5:44.49
4	Jones, Emilia A	13	BRCY	5:38.10
5	Thomas, Abigail	13	NEAY	5:41.08
6	George, Caitlin	13	Co Cardiff	5:45.40
7	Robinson, Seren	13	Co Cardiff	5:58.27
8	Dawkins, Freya	13	Co Cardiff	6:09.50
9	Williams, Georgia	11	Nexus	6:15.00
<b>Heat 4 of 6 Finals</b>				
0	Pritchard, Mia	12	Co Cardiff	5:29.80
1	Clapham, Rhiannon m	13	Pembs Cty	5:24.90
2	Manley, Olivia	12	Co Cardiff	5:23.30
3	Clayton, Karys L	13	TDOY	5:22.60
4	Addecott, Ffion H	16	Rct Squad	5:22.33
5	Knowles, Amy A	12	Pembs Cty	5:22.50
6	Gronow, Mia	12	BRCY	5:23.20
7	Adams, Jaimee	12	Co Cardiff	5:24.60
8	Lewis, Becky	15	Rct Squad	5:26.96
9	Lunn, Cerys	14	Co Cardiff	5:37.90
<b>Heat 5 of 6 Finals</b>				
0	Griffiths-Cole, Carys S	12	BRCY	5:21.40
1	Greenslade, Holly J	12	TDOY	5:16.63
2	Lewis, Caera	12	Pembs Cty	5:15.10
3	Iles, Georgia L	12	Co Cardiff	5:09.50
4	Marchant, Rhiannon	14	Rct Squad	5:04.18
5	Jones, Cerys	13	Rct Squad	5:07.73
6	Lewis, Rachael E	14	Pembs Cty	5:12.70
7	Tarpey, Aoife F	14	BRCY	5:15.50
8	Jones, Chloe J	13	BRCY	5:17.70
9	Griffiths, Seren	14	Pembs Cty	5:22.30

**Heat 6 of 6 Finals**

0	Stevens, Ruby	12	Co Cardiff	5:02.98
1	Hickman, Eve R	13	BRCY	5:01.20
2	Smith, Mia	14	TDOY	4:58.80
3	Omnet, Lauren	15	Pembs Cty	4:55.50
4	Erasmus, Charlotte P	13	TDOY	4:48.20
5	Bond, Sasha	14	Rct Squad	4:54.19
6	Parry, Jessica	13	CANY	4:57.52
7	Faulkner, Marie	13	Co Cardiff	4:59.30
8	Cox, Emily V	15	BRCY	5:01.50
9	Baker, Alyssa R	14	TDOY	5:03.87

**Event 2 Boys 11 & Over 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 2 Finals</b>				
3	Bird, Charles M	11	CHIY	NT
4	Fletcher, Owen T	11	Pembs Cty	6:39.90
5	Morgan, Jack	11	Pembroke	7:42.87
<b>Heat 2 of 2 Finals</b>				
0	West, Zac	12	Pembs Cty	6:15.20
1	Elias, Hari	14	Co Cardiff	6:00.10
2	Fitzsimmons, Arron	14	Pembroke	5:38.72
3	Merriman, Ben W	13	TDOY	5:17.24
4	White, Henry	14	Pembs Cty	4:58.40
5	Andrews, Rory	14	Pembs Cty	5:09.20
6	Wisden, Dylan J	14	BRCY	5:32.20
7	Selby, Morgan L	15	Rct Squad	5:41.26
8	Williams, Cai M	12	BRCY	6:02.40

**Event 3 Girls 9 & Over 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 8 Finals</b>				
3	Thomas, Hannah L	9	Nexus	NT
4	Moseley, Olivia G	10	Nexus	NT
5	Evans, Ella	10	Co Cardiff	NT
<b>Heat 2 of 8 Finals</b>				
1	Owens, Annie R	11	Nexus	NT
2	Lawton, Skyla-Eve E	12	TDOY	NT
3	Howells-Aitken, Neve H	13	Co Cardiff	NT
4	Barnfield, Daisy R	10	BRCY	4:36.10
5	Higgs, Cerys	9	Co Cardiff	4:38.80
6	Lott, Isabella F	12	BRCY	NT
7	Lord, Fleur	11	Pembroke	NT
8	Coombes, Cerys	10	BRCY	NT
<b>Heat 3 of 8 Finals</b>				
0	Evans, Gwenllian	9	Co Cardiff	4:26.05
1	Dwyfor-Clarke, Efa	9	CANY	4:22.28
2	Robinson, Carys E	11	Co Cardiff	4:12.30
3	Daly, Kirsten E	12	BRCY	4:07.50
4	Anthony, Gabrielle	13	Rct Squad	4:01.77
5	Thomas, Madison A	12	Nexus	4:06.20
6	Dawkins, Freya	13	Co Cardiff	4:09.90
7	Jacklin, Isabelle F	10	Nexus	4:17.11
8	Beech, Catrin B	13	CANY	4:23.89
9	Gunningham, Sophie	10	Co Cardiff	4:29.42

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 4 Finals (#3 Girls 9 & Over 200 LC Meter Breaststroke)**

0	Lloyd, Thea	11	Nexus	3:54.64
1	Parry, Emily	10	CANY	3:47.86
2	Osborne, Daisy	11	Brecon	3:45.92
3	Nowell, Gabriella J	13	TDOY	3:44.00
4	Hughes, Cari	11	Nexus	3:38.49
5	Hamm, Elli May	12	BRCY	3:40.10
6	Martin, Abigail	12	Co Cardiff	3:45.78
7	Sturdy, Lauren	12	Rct Squad	3:47.46
8	Ball, Zara R	11	Co Cardiff	3:49.80
9	Watts, Abigail M	11	CHIY	3:55.85

**Heat 5 of 8 Finals**

0	Jones, Neve	13	NEAY	3:34.44
1	White, Seren	12	Rct Squad	3:33.98
2	Worthington, Heather	12	CHIY	3:32.27
3	Greenslade, Holly J	12	TDOY	3:29.95
4	George, Caitlin	13	Co Cardiff	3:25.60
5	Jones, Cerys	15	Co Cardiff	3:26.80
6	Watts, Rebecca M	13	CHIY	3:32.19
7	Pritchard, Mia	12	Co Cardiff	3:33.30
8	Clapham, Rhiannon m	13	Pembs Cty	3:34.00
9	Lunn, Cerys	14	Co Cardiff	3:35.61

**Heat 6 of 8 Finals**

0	Thomas, Abigail	13	NEAY	3:24.36
1	Salmon, Gwen	11	Rct Squad	3:19.90
2	John, Lucy	12	Pembs Cty	3:19.50
3	Dunglison, Kate L	12	BRCY	3:18.50
4	Davies, Niamh	11	Co Cardiff	3:17.10
5	Horne, Alexa	12	Pembs Cty	3:17.70
6	Taylor, Theodora A	9	TDOY	3:18.50
7	Owen, Elain M	12	CANY	3:19.53
8	Hale, Chloe	12	Pembs Cty	3:23.90
9	Worthington, Emma	10	CHIY	3:25.53

**Heat 7 of 8 Finals**

0	Cook, Seren M	14	BRCY	3:13.90
1	Jones, Emilia A	13	BRCY	3:12.90
2	Merchant, Anna-Rose	11	BRCY	3:11.20
3	Evans, Caitlin	12	NEAY	3:05.50
4	Lewis, Caera	12	Pembs Cty	3:02.79
5	Stride, Tamzin I	13	TDOY	3:03.90
6	Faulkner, Marie	13	Co Cardiff	3:10.30
7	Hickman, Eve R	13	BRCY	3:12.10
8	Callen, Holly-Jane	12	Pembroke	3:13.05
9	Davies, Sophie G	11	Co Cardiff	3:14.60

**Heat 8 of 8 Finals**

0	Gilligan, Gracie	11	NEAY	3:01.63
1	Rowe, Rhiannon M	14	TDOY	2:59.18
2	Watson, Freya H	17	TDOY	2:55.25
3	Morgan, Sophie	17	Rct Squad	2:52.18
4	McRae, Mair K	16	TDOY	2:42.67
5	Twigg, Louisa	17	Pembs Cty	2:46.78
6	Lewis, Rachael E	14	Pembs Cty	2:52.50
7	Iles, Georgia L	12	Co Cardiff	2:59.05
8	Chadwick, Bethan	17	Rct Squad	2:59.72
9	Illman, Lili D	13	TDOY	3:02.10

**Event 4 Boys 9 & Over 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 7 Finals</b>				
3	Woodward, Cullen G	9	BRCY	NT
4	Ongun, Derin	10	Nexus	NT
5	Montague, Mason	10	Pembroke	NT
<b>Heat 2 of 7 Finals</b>				
1	Thomas, Joe M	13	Nexus	NT
2	Williams, Dylan R	14	TDOY	NT
3	Hoare, Joshua R	11	Nexus	1:01.90
4	Merchant, Lucas J	9	BRCY	59.40
5	Jenkins, Theo N	10	Co Cardiff	59.90
6	Harris, Ryley	9	Rct Squad	1:20.55
7	Edmiston, Marlin	14	TDOY	NT
8	Weaver, Samuel B	12	BRCY	NT
<b>Heat 3 of 7 Finals</b>				
0	Griffiths, George	10	Hsc	52.75
1	Dwyfor-Clarke, Caleb	11	CANY	51.39
2	Davies, Samuel	11	Co Cardiff	49.90
3	Morgan, Jack	11	Pembroke	47.65
4	Bloomfield, William J	11	BRCY	46.40
5	John, Alexander	13	Rct Squad	46.76
6	Lewis, Riley	12	Brecon	48.96
7	Jones, Harrison L	11	BRCY	51.20
8	Pritchard, Rhys	10	CANY	52.24
9	Morgan, Ben	9	Pembroke	57.84
<b>Heat 4 of 7 Finals</b>				
0	West, Dexter	9	Flyers	45.59
1	Garland, Jay	13	Rct Squad	45.12
2	Mutter, Ioan	12	Pembroke	42.89
3	Martin, Luc A	12	BRCY	40.90
4	Owen, Cai	12	Pembs Cty	39.60
5	Stroud, Iwan	14	Co Cardiff	40.88
6	McCarthy, Benedict	9	Co Cardiff	42.80
7	Cozma, Sam	9	Co Cardiff	44.80
8	Froley, Iwan C	11	BRCY	45.20
9	Parry, Guto E	10	CANY	46.36
<b>Heat 5 of 7 Finals</b>				
0	Hunter, Rauley L	11	Co Cardiff	39.20
1	Evans, Emrys	12	Co Cardiff	38.67
2	Burns, Harry T	13	Co Cardiff	37.54
3	Thomas, Jac	12	NEAY	37.30
4	Price, Toby G	13	Pembs Cty	37.10
5	Tasker, Gethin	13	Rct Squad	37.12
6	Murphy-Kenny, Dylan	12	Rct Squad	37.48
7	Williams, Cai M	12	BRCY	38.20
8	Fletcher, Owen T	11	Pembs Cty	38.80
9	Goddard, Harrison J	14	Hsc	39.44

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 6 Finals (#4 Boys 9 & Over 50 LC Meter Butterfly)**

0	Thomas, Dewi	11	Pembs Cty	36.30
1	Fowler, Joseph	12	Rct Squad	33.52
2	Clegg, Sam W	17	Brecon	33.09
3	Wojcik, Szymon	16	BRCY	30.80
4	Hunt, Tobias J	17	BRCY	30.50
5	Wells, Lewis	15	NEAY	30.67
6	Jenkins, Ellis	16	Rct Squad	31.29
7	Fitzsimmons, Arron	14	Pembroke	33.17
8	Pritchard, Tomos	13	CANY	34.73
9	Newton, Oscar	13	TDOY	36.77

**Heat 7 of 7 Finals**

0	Sturley, Toby	14	Pembs Cty	30.42
1	Selby, Morgan L	15	Rct Squad	30.15
2	Chim, Danny K	17	BRCY	28.51
3	Garland, Kieran	16	Rct Squad	28.25
4	Richards, Owen T	17	TDOY	26.56
5	Thomas, Daniel J	21	Pembroke	27.27
6	Cook, Owain E	18	BRCY	28.30
7	Rosser, Alex W	22	TDOY	29.20
8	Collins, Tyler	15	Rct Squad	30.37
9	Jones, Jacob	14	Rct Squad	30.48

**Event 5 Boys 9 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

1	Henschell, Logan	10	Co Cardiff	NT
2	Griffiths, George	10	Hsc	NT
3	Durrant, Toben	13	Co Cardiff	NT
4	Clegg, Sam W	17	Brecon	NT
5	Roberts, Dafydd	14	Nexus	NT
6	Vaughan, William J	11	Nexus	NT
7	Bryant, Tomos G	10	BRCY	NT
8	Harris, Ryley	9	Rct Squad	NT

**Heat 2 of 7 Finals**

0	Woodward, Cullen G	9	BRCY	2:03.60
1	Keane, Callum	9	Pembroke	1:57.54
2	Isaacs, Harri	11	Rct Squad	1:52.99
3	Jones, Daniel I	11	CANY	1:50.68
4	Bird, Charles M	11	CHIY	1:41.92
5	Robbins, Llyr O	10	Co Cardiff	1:47.10
6	Fahey, Thomas J	13	BRCY	1:51.40
7	Finlay, Freddie	9	GCSC	1:56.68
8	Ongun, Derin	10	Nexus	2:02.37
9	Johnson, Cai	11	Pembroke	2:09.01

**Heat 3 of 7 Finals**

0	Dwyfor-Clarke, Caleb	11	CANY	1:40.20
1	Hunter, Rauley L	11	Co Cardiff	1:38.67
2	Pritchard, Rhys	10	CANY	1:38.52
3	Thomas, Travis	12	Nexus	1:36.14
4	Clarke, Luke	12	Co Cardiff	1:35.55
5	Stevens, Henry A	11	Co Cardiff	1:35.59
6	George, Alexander D	10	TDOY	1:36.40
7	Froley, Iwan C	11	BRCY	1:38.60
8	Bloomfield, William J	11	BRCY	1:39.20
9	Lloyd, Angus	13	Co Cardiff	1:40.59

**Heat 4 of 7 Finals**

0	Stroud, Iwan	14	Co Cardiff	1:34.04
1	Martin, Luc A	12	BRCY	1:32.30
2	Leach, Evan	12	Rct Squad	1:31.68
3	Evans, Emrys	12	Co Cardiff	1:30.70
4	Rosser, Ellis R	10	TDOY	1:29.64
5	Jones, Rhys M	12	Rct Squad	1:30.12
6	Jones, Harrison L	11	BRCY	1:31.40
7	Garland, Jay	13	Rct Squad	1:32.11
8	Morgan, Lewis R	11	BRCY	1:32.50
9	Cozma, Sam	9	Co Cardiff	1:34.60

**Heat 5 of 7 Finals**

0	Tasker, Gethin	13	Rct Squad	1:28.08
1	Burns, Harry T	13	Co Cardiff	1:26.29
2	Williams, Cai M	12	BRCY	1:24.70
3	Griffith, Noa W	13	Rct Squad	1:23.66
4	Price, Toby G	13	Pembs Cty	1:22.63
5	Thomas, Jac	12	NEAY	1:23.18
6	Ralph, Robbie	13	Hsc	1:24.56
7	Price Davies, Owen	12	Brecon	1:26.09
8	Finlay, Paddy	11	GCSC	1:27.85
9	McCarthy, Benedict	9	Co Cardiff	1:28.50

**Heat 6 of 7 Finals**

0	James, Ioan D	11	BRCY	1:18.50
1	John, Finlay	12	Rct Squad	1:15.90
2	Thomas, Dewi	11	Pembs Cty	1:15.50
3	Andrews, Rory	14	Pembs Cty	1:11.00
4	Wisden, Dylan J	14	BRCY	1:09.80
5	Fitzsimmons, Arron	14	Pembroke	1:09.97
6	Coulson, Evan T	13	TDOY	1:13.50
7	Lloyd, Rhys	16	Rct Squad	1:15.64
8	Isaacs, Tomos	13	Rct Squad	1:17.35
9	West, Zac	12	Pembs Cty	1:20.50

**Heat 7 of 7 Finals**

0	White, Henry	14	Pembs Cty	1:08.74
1	Wells, Lewis	15	NEAY	1:08.12
2	Kettle, Rowan	18	Pembroke	1:07.51
3	Hunt, Tobias J	17	BRCY	1:06.40
4	Boladz, Tom A	19	TDOY	1:01.70
5	Thomas, Daniel J	21	Pembroke	1:03.89
6	Merriman, Ben W	13	TDOY	1:06.80
7	Collins, Tyler	15	Rct Squad	1:07.56
8	Sturley, Toby	14	Pembs Cty	1:08.22
9	Jenkins, Ellis	16	Rct Squad	1:09.63

**Event 6 Girls 9 & Over 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 15 Finals**

3	Francombe, Juno	9	BRCY	NT
4	Thompson, Erin M	9	TDOY	NT
5	Williams, Begw	9	Rct Squad	NT
6	Williams, Olivia	9	Rct Squad	NT

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 2 Finals (#6 Girls 9 & Over 50 LC Meter Backstroke)**

0	Davies, Ela W	11	CANY	NT
1	Furlong, Amber P	11	BRCY	NT
2	Lawton, Skyla-Eve E	12	TDOY	NT
3	Moseley, Sophie	12	Pembroke	58.76
4	Hickman, Isla L	9	BRCY	58.30
5	Marchant, Calgary R	11	TDOY	58.35
6	Lott, Isabella F	12	BRCY	1:11.70
7	Parsons, Zoe H	11	BRCY	NT
8	Morgan, Jessica M	11	BRCY	NT
9	Moseley, Olivia G	10	Nexus	NT

**Heat 3 of 15 Finals**

0	Lee, Martha	10	Pembroke	56.24
1	Higgs, Cerys	9	Co Cardiff	55.40
2	Tarpey, Niamh A	10	BRCY	54.20
3	Lord, Fleur	11	Pembroke	53.54
4	James, Lilia	10	Nexus	52.72
5	Chakraborty, Diya	11	Co Cardiff	53.20
6	Brock, Ffion	9	Rct Squad	53.76
7	Owen, Kessie E	10	Nexus	54.74
8	Saunders, Honey	13	Rct Squad	55.77
9	Townsend, Skye S	10	Co Cardiff	57.20

**Heat 4 of 15 Finals**

0	Thomas, Caitlyn	9	NEAY	51.66
1	Gunningham, Sophie	10	Co Cardiff	50.40
2	Beech, Catrin B	13	CANY	49.74
3	Thompson, Carys	11	Pembroke	49.49
4	Gardener, Louise R	12	BRCY	49.00
5	Hoare, Jasmine G	11	Nexus	49.10
6	Howells-Aitken, Neve H	13	Co Cardiff	49.70
7	Reilly, Manon	10	Rct Squad	49.97
8	Cosby, Nia	11	BRCY	50.50
9	Jacklin, Isabelle F	10	Nexus	52.43

**Heat 5 of 15 Finals**

0	Potter, Elin H	11	Co Cardiff	48.85
1	Evans, Gwenllian	9	Co Cardiff	48.40
2	Evans, Porscha	10	Co Cardiff	47.90
3	Hughes, Erin	10	Rct Squad	47.45
4	Williams, Georgia	11	Nexus	47.03
5	Bick, Teagan E	10	TDOY	47.17
6	Dwyfor-Clarke, Efa	9	CANY	47.87
7	Cook, Seren M	14	BRCY	48.25
8	Carre, Jasmine M	11	Rct Squad	48.50
9	Watts, Abigail M	11	CHIY	48.93

**Heat 6 of 15 Finals**

0	Worthington, Emma	10	CHIY	46.72
1	Evans, Ella	10	Co Cardiff	46.40
2	Cull, Millie M	11	BRCY	46.00
3	Webb, Alys	12	Pembs Cty	45.60
4	Watts, Rebecca M	13	CHIY	44.88
5	John, Emilia V	11	Co Cardiff	45.40
6	Crawshay-Williams, Emily J	10	TDOY	45.64
7	Crawley, Jessica R	11	BRCY	46.20
8	Gruffydd, Mali P	11	Co Cardiff	46.60
9	Barrington-Williams, Ruby	10	Rct Squad	46.94

**Heat 7 of 15 Finals**

0	Donnithorne, Natasha E	14	BRCY	44.80
1	Pani, Isabella C	10	Co Cardiff	44.50
2	Picton, Annie	12	Rct Squad	43.96
3	Gardener, Hannah B	9	BRCY	43.70
4	Davies, Seren E	10	BRCY	43.40
5	Haddrell, Eva Lily	10	Rct Squad	43.57
6	Thomas, Holly L	11	BRCY	43.80
7	Owens, Annie R	11	Nexus	44.20
8	Morgan, Alisha	12	Rct Squad	44.51
9	Hughes, Cari	11	Nexus	44.84

**Heat 8 of 15 Finals**

0	Worthington, Heather	12	CHIY	43.21
1	O'Mahoney, Kaitlin	10	NEAY	42.85
2	Kay, Isabelle	10	Rct Squad	42.61
3	Sturdy, Lauren	12	Rct Squad	42.49
4	Carrington, Amber	13	CHIY	42.24
5	Dawkins, Freya	13	Co Cardiff	42.30
6	McDonagh, Emily M	10	BRCY	42.50
7	Anthony, Gabrielle	13	Rct Squad	42.75
8	Hampton, Poppi E	12	BRCY	43.00
9	Thomas, Madison A	12	Nexus	43.35

**Heat 9 of 15 Finals**

0	Rankin, Carys	11	Co Cardiff	41.40
1	Watkins, Amelia M	10	TDOY	40.72
2	Jones, Lillie	11	Co Cardiff	40.64
3	Davies, Ffion	12	Rct Squad	40.44
4	Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	40.30
5	George, Caitlin	13	Co Cardiff	40.30
6	Beynon, Gracie L	11	BRCY	40.50
7	Clapham, Rhiannon m	13	Pembs Cty	40.70
8	Pengelly, Leia	12	Rct Squad	41.30
9	Winter, Callie M	11	Co Cardiff	41.80

**Heat 10 of 15 Finals**

0	Brind, Jessica	13	Co Cardiff	40.20
1	Francombe, Romy	12	BRCY	39.90
2	Taylor, Theodora A	9	TDOY	39.73
3	Merchant, Anna-Rose	11	BRCY	39.60
4	Davies, Sophie G	11	Co Cardiff	39.40
5	Roberts, Alysia	12	Co Cardiff	39.60
6	Thomas, Nansi	12	Co Cardiff	39.70
7	Johnson Jones, Alaw F	12	CANY	39.84
8	Pritchard, Mia	12	Co Cardiff	40.10
9	Manley, Olivia	12	Co Cardiff	40.20

**Heat 11 of 15 Finals**

0	Lee, Georgia	14	Pembroke	39.22
1	Thomas, Abigail	13	NEAY	39.13
2	Moodley, Bethan	13	Rct Squad	38.78
3	James, Nia	13	Pembs Cty	38.70
4	Jones, Cerys	15	Co Cardiff	38.53
5	Thomas, Ffion	11	NEAY	38.67
6	Wright, Pippa	12	Rct Squad	38.76
7	Salmon, Gwen	11	Rct Squad	38.79
8	Lunn, Cerys	14	Co Cardiff	39.20
9	Williams, Mali	12	Rct Squad	39.28

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 12 Finals (#6 Girls 9 & Over 50 LC Meter Backstroke)**

0	Davies, Cora	15	Rct Squad	38.12
1	Faulkner, Marie	13	Co Cardiff	37.97
2	Horne, Alexa	12	Pembs Cty	37.80
3	Jones, Cerys	13	Rct Squad	37.23
4	Jones, Neve	13	NEAY	36.59
5	Griffiths-Cole, Carys S	12	BRCY	36.60
6	Omnet, Lauren	15	Pembs Cty	37.70
7	Rowe, Rhiannon M	14	TDOY	37.85
8	James, Ffion	13	Rct Squad	38.11
9	Minas, Ella	14	Rct Squad	38.33

**Heat 13 of 15 Finals**

0	Skene, Deryn	14	Co Cardiff	36.20
1	Illman, Lili D	13	TDOY	35.90
2	Krol, Sophie	13	Pembs Cty	35.50
3	Davies, Lauren M	14	BRCY	35.20
4	Addecott, Ffion H	16	Rct Squad	35.12
5	Bond, Sasha	14	Rct Squad	35.16
6	Greenwood, Hannah	14	Pembroke	35.47
7	Lewis, Lowri	12	NEAY	35.71
8	Morgan, Hannah	13	Co Cardiff	36.00
9	Matthews, Jodie	15	Rct Squad	36.28

**Heat 14 of 15 Finals**

0	Cox, Emily V	15	BRCY	35.00
1	Davies, Tegan M	14	BRCY	34.90
2	Jones, Chloe J	13	BRCY	34.80
3	Baker, Alyssa R	14	TDOY	34.20
4	Clayton, Karys L	13	TDOY	33.90
5	Robinson, Francesca S	15	Pembs Cty	34.00
6	Tarpey, Aoife F	14	BRCY	34.60
7	Davies, Cerys	12	Rct Squad	34.87
8	Stevens, Ruby	12	Co Cardiff	35.00
9	Emes, Eleanor J	13	TDOY	35.00

**Heat 15 of 15 Finals**

0	Marchant, Rhiannon	14	Rct Squad	33.51
1	Warrender, Meggan	17	TDOY	33.40
2	Watson, Freya H	17	TDOY	32.87
3	Mason, Teoni J	16	TDOY	32.50
4	Hunt, Imogen E	20	BRCY	30.30
5	Randell, Niamh	17	Rct Squad	32.33
6	Rosser, Cerys A	13	TDOY	32.51
7	Morgan, Sophie	17	Rct Squad	33.21
8	Evans, Bethan	14	NEAY	33.43
9	Lovell, Madison R	14	TDOY	33.82

**Event 7 Boys 9 & Over 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

1	Finlay, Paddy	11	GCSC	NT
2	Montague, Mason	10	Pembroke	3:46.25
3	Jones, Daniel I	11	CANY	3:45.71
4	Keane, Callum	9	Pembroke	3:41.46
5	Morgan, Ben	9	Pembroke	3:42.10
6	Finlay, Freddie	9	GCSC	3:45.74
7	Thomas, Joe M	13	Nexus	NT

**Heat 2 of 7 Finals**

0	Aylen, James E	11	BRCY	3:36.80
1	Vaughan, William J	11	Nexus	3:21.64
2	Price Davies, Owen	12	Brecon	3:18.76
3	Froley, Iwan C	11	BRCY	3:14.30
4	Morgan, Jack	11	Pembroke	3:10.76
5	Jones, Jacob	14	Rct Squad	3:10.88
6	Mutter, Ioan	12	Pembroke	3:17.46
7	Davies, Adam	10	Nexus	3:19.07
8	Robbins, Llyr O	10	Co Cardiff	3:27.68
9	Bird, Charles M	11	CHIY	3:38.71

**Heat 3 of 7 Finals**

0	Martin, Luc A	12	BRCY	3:09.10
1	Stevens, Henry A	11	Co Cardiff	3:07.90
2	Clarke, Luke	12	Co Cardiff	3:06.20
3	Stroud, Iwan	14	Co Cardiff	3:04.80
4	Thomas, Travis	12	Nexus	2:58.70
5	McCarthy, Benedict	9	Co Cardiff	3:00.00
6	Evans, Emrys	12	Co Cardiff	3:05.20
7	Cozma, Sam	9	Co Cardiff	3:07.60
8	Pritchard, Rhys	10	CANY	3:08.98
9	Eaton Sawford, Kier A	13	CHIY	3:09.80

**Heat 4 of 7 Finals**

0	Durrant, Toben	13	Co Cardiff	2:57.60
1	George, Alexander D	10	TDOY	2:55.87
2	Hunter, Rauley L	11	Co Cardiff	2:54.40
3	Fletcher, Owen T	11	Pembs Cty	2:52.80
4	Owen, Cai	12	Pembs Cty	2:47.40
5	Griffith, Noa W	13	Rct Squad	2:48.65
6	Rosser, Ellis R	10	TDOY	2:53.62
7	Rescigno, Alberto	11	Co Cardiff	2:54.89
8	Jones, Harrison L	11	BRCY	2:57.30
9	Leach, Evan	12	Rct Squad	2:58.51

**Heat 5 of 7 Finals**

0	West, Zac	12	Pembs Cty	2:41.70
1	Morgan, Lewis R	11	BRCY	2:40.20
2	Williams, Cai M	12	BRCY	2:35.30
3	Thomas, Jac	12	NEAY	2:33.24
4	Thomas, Dewi	11	Pembs Cty	2:31.50
5	Roberts, Dafydd	14	Nexus	2:32.69
6	Newton, Oscar	13	TDOY	2:35.30
7	Burns, Harry T	13	Co Cardiff	2:36.80
8	Goddard, Harrison J	14	Hsc	2:41.13
9	Davies, Zachary A	12	TDOY	2:47.20

**Heat 6 of 7 Finals**

0	Fowler, Joseph	12	Rct Squad	2:26.38
1	Price, Toby G	13	Pembs Cty	2:24.90
2	Pritchard, Tomos	13	CANY	2:22.90
3	James, Ioan D	11	BRCY	2:21.70
4	Salmon, Carwyn	15	Rct Squad	2:13.86
5	Wojcik, Szymon	16	BRCY	2:15.70
6	Fitzsimmons, Arron	14	Pembroke	2:21.72
7	Rosser, Dewi J	13	TDOY	2:22.93
8	Keane, Jayden	13	Pembroke	2:25.73
9	Shiels, Charlie J	14	Pembroke	2:29.00

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 7 Finals (#7 Boys 9 & Over 200 LC Meter Freestyle)**

0	Selby, Morgan L	15	Rct Squad	2:11.77
1	Wisden, Dylan J	14	BRCY	2:06.70
2	Baker, Luke A	17	TDOY	2:04.40
3	Barrett, Sean A	16	Pembs Cty	2:02.10
4	Richards, Owen T	17	TDOY	1:57.90
5	Boladz, Tom A	19	TDOY	2:01.10
6	Garland, Kieran	16	Rct Squad	2:02.36
7	Price, Dafydd T	18	TDOY	2:05.70
8	Cook, Owain E	18	BRCY	2:09.70
9	Thompson, Morgan	16	Co Cardiff	2:12.90

**Event 8 Girls 9 & Over 200 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 15 Finals**

3	Thomas, Hannah L	9	Nexus	NT
4	Evans, Porscha	10	Co Cardiff	NT
5	Moseley, Olivia G	10	Nexus	NT

**Heat 2 of 15 Finals**

0	Coombes, Cerys	10	BRCY	NT
1	Lott, Isabella F	12	BRCY	NT
2	James, Lilia	10	Nexus	4:29.67
3	Barrington-Williams, Ruby	10	Rct Squad	4:14.83
4	Hoare, Jasmine G	11	Nexus	4:06.45
5	Hughes, Erin	10	Rct Squad	4:06.72
6	Higgs, Cerys	9	Co Cardiff	4:19.30
7	Donnithorne, Natasha E	14	BRCY	NT
8	Lawton, Skyla-Eve E	12	TDOY	NT

**Heat 3 of 15 Finals**

0	Owen, Kessie E	10	Nexus	3:59.05
1	Osborne, Daisy	11	Brecon	3:56.50
2	Edwards, Isobel A	11	Co Cardiff	3:54.44
3	Daly, Kirsten E	12	BRCY	3:49.70
4	Jacklin, Isabelle F	10	Nexus	3:46.58
5	Watts, Abigail M	11	CHIY	3:46.91
6	Gunningham, Sophie	10	Co Cardiff	3:52.09
7	Moseley, Sophie	12	Pembroke	3:55.27
8	Bick, Teagan E	10	TDOY	3:58.80
9	Thompson, Carys	11	Pembroke	4:00.06

**Heat 4 of 15 Finals**

0	Evans, Gwenllian	9	Co Cardiff	3:42.00
1	Evans, Ella	10	Co Cardiff	3:36.20
2	Martin, Abigail	12	Co Cardiff	3:34.45
3	Willis, Meghan R	11	TDOY	3:33.90
4	Schumm, Libby	9	TDOY	3:32.82
5	Davies, Seren E	10	BRCY	3:33.30
6	John, Emilia V	11	Co Cardiff	3:34.10
7	Howells-Aitken, Neve H	13	Co Cardiff	3:35.00
8	Cole, Grace E	11	BRCY	3:39.70
9	Gruffydd, Mali P	11	Co Cardiff	3:44.50

**Heat 5 of 15 Finals**

0	Parry, Emily	10	CANY	3:31.66
1	Watts, Rebecca M	13	CHIY	3:30.40
2	Thomas, Madison A	12	Nexus	3:28.96
3	McDonagh, Emily M	10	BRCY	3:27.40
4	Gardener, Hannah B	9	BRCY	3:26.70
5	Thomas, Holly L	11	BRCY	3:27.10
6	Crawshay-Williams, Emily J	10	TDOY	3:28.50
7	Rankin, Carys	11	Co Cardiff	3:29.90
8	Jones, Lillie	11	Co Cardiff	3:30.49
9	Lloyd, Thea	11	Nexus	3:32.79

**Heat 6 of 15 Finals**

0	Winter, Callie M	11	Co Cardiff	3:25.80
1	Horne, Victoria	10	Pembs Cty	3:24.21
2	Haddrell, Eva Lily	10	Rct Squad	3:22.97
3	Anthony, Gabrielle	13	Rct Squad	3:21.72
4	Sturdy, Lauren	12	Rct Squad	3:21.24
5	O'Mahoney, Kaitlin	10	NEAY	3:21.58
6	Horne, Alexa	12	Pembs Cty	3:22.40
7	Ball, Zara R	11	Co Cardiff	3:23.00
8	Dawkins, Freya	13	Co Cardiff	3:25.70
9	James, Ilenia	15	Nexus	3:25.91

**Heat 7 of 15 Finals**

0	Davies, Sophie G	11	Co Cardiff	3:16.32
1	Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	3:14.50
2	Hughes, Cari	11	Nexus	3:11.89
3	Francombe, Romy	12	BRCY	3:10.80
4	Thomas, Izzy	14	BRCY	3:10.20
5	Beynon, Gracie L	11	BRCY	3:10.80
6	Thomas, Nansi	12	Co Cardiff	3:11.30
7	Sturley, Maggie M	12	Pembroke	3:13.11
8	Thomas, Abigail	13	NEAY	3:15.73
9	Leconte, Seren	14	Rct Squad	3:17.43

**Heat 8 of 15 Finals**

0	Thomas, Ffion	11	NEAY	3:09.04
1	Goddard, Evie E	12	Pembs Cty	3:07.30
2	Lee, Georgia	14	Pembroke	3:06.75
3	Johnson Jones, Alaw F	12	CANY	3:06.71
4	Roberts, Alysia	12	Co Cardiff	3:06.00
5	Jones, Jessica	12	TDOY	3:06.10
6	Lewis, Becky	15	Rct Squad	3:06.74
7	Owen, Elaine M	12	CANY	3:07.18
8	Davies, Niamh	11	Co Cardiff	3:08.40
9	Moodley, Bethan	13	Rct Squad	3:09.82

**Heat 9 of 15 Finals**

0	Jones, Isabelle	14	TDOY	3:04.10
1	Merchant, Anna-Rose	11	BRCY	3:03.60
2	Hamm, Elli May	12	BRCY	3:02.40
3	Callen, Holly-Jane	12	Pembroke	3:01.35
4	Davies, Lauren M	14	BRCY	3:00.50
5	Webb, Alys	12	Pembs Cty	3:01.20
6	Hale, Chloe	12	Pembs Cty	3:02.40
7	George, Caitlin	13	Co Cardiff	3:02.80
8	James, Ffion	13	Rct Squad	3:03.71
9	Thomas, Grace	11	Pembs Cty	3:04.80

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 10 Finals (#8 Girls 9 & Over 200 LC Meter IM)**

0	Salmon, Gwen	11	Rct Squad	3:00.07
1	Lunn, Cerys	14	Co Cardiff	2:59.10
2	White, Eleanor R	12	Pembs Cty	2:58.20
3	Taylor, Theodora A	9	TDOY	2:56.80
4	Skene, Deryn	14	Co Cardiff	2:56.22
5	Griffiths, Enfys	12	Pembs Cty	2:56.60
6	Cook, Seren M	14	BRCY	2:57.30
7	John, Lucy	12	Pembs Cty	2:59.01
8	Watkins, Amelia M	10	TDOY	2:59.15
9	Greenslade, Holly J	12	TDOY	3:00.50

**Heat 11 of 15 Finals**

0	Jones, Emilia A	13	BRCY	2:55.50
1	Blake, Ffion	12	Co Cardiff	2:55.00
2	Clapham, Rhiannon m	13	Pembs Cty	2:54.80
3	Nicholas, Catrin E	15	BRCY	2:51.80
4	Griffiths, Seren	14	Pembs Cty	2:50.70
5	Jones, Chloe J	13	BRCY	2:50.80
6	Adams, Jaimee	12	Co Cardiff	2:54.50
7	Griffiths-Cole, Carys S	12	BRCY	2:55.00
8	Evans, Caitlin	12	NEAY	2:55.09
9	Morgan, Hannah	13	Co Cardiff	2:55.50

**Heat 12 of 15 Finals**

0	Davies, Tegan M	14	BRCY	2:50.10
1	Johnson Jones, Ceri M	14	CANY	2:48.76
2	White, Amy V	13	Pembs Cty	2:47.90
3	Thomas, Nell	14	Rct Squad	2:47.35
4	Morgan, Bethan E	14	BRCY	2:45.80
5	Gronow, Mia	12	BRCY	2:46.00
6	Faulkner, Marie	13	Co Cardiff	2:47.80
7	Knowles, Amy A	12	Pembs Cty	2:48.30
8	Froley, Megan R	14	BRCY	2:49.80
9	Nowell, Gabriella J	13	TDOY	2:50.41

**Heat 13 of 15 Finals**

0	Gilligan, Gracie	11	NEAY	2:44.83
1	Marchant, Rhiannon	14	Rct Squad	2:44.14
2	Stevens, Ruby	12	Co Cardiff	2:42.80
3	Croke, Carys S	11	TDOY	2:42.60
4	Robinson, Francesca S	15	Pembs Cty	2:42.10
5	Iles, Georgia L	12	Co Cardiff	2:42.40
6	Omnet, Lauren	15	Pembs Cty	2:42.64
7	Broder, Libby R	12	TDOY	2:43.30
8	Lewis, Caera	12	Pembs Cty	2:44.20
9	Erasmus, Charlotte P	13	TDOY	2:45.24

**Heat 14 of 15 Finals**

0	Evans, Bethan	14	NEAY	2:41.90
1	Hickman, Eve R	13	BRCY	2:41.60
2	Jones, Ruby	15	TDOY	2:41.15
3	Smith, Mia	14	TDOY	2:40.40
4	Mason, Teoni J	16	TDOY	2:39.50
5	Parry, Jessica	13	CANY	2:39.62
6	Dunglison, Kate L	12	BRCY	2:41.10
7	Cox, Emily V	15	BRCY	2:41.60
8	Lewis, Rachael E	14	Pembs Cty	2:41.80
9	McRae, Mair K	16	TDOY	2:41.90

**Heat 15 of 15 Finals**

0	Illman, Lili D	13	TDOY	2:38.40
1	Rosser, Cerys A	13	TDOY	2:33.71
2	Lovell, Madison R	14	TDOY	2:32.50
3	Hunt, Imogen E	20	BRCY	2:29.10
4	Warrender, Meggan	17	TDOY	2:26.90
5	Twigg, Louisa	17	Pembs Cty	2:27.74
6	Watson, Freya H	17	TDOY	2:31.70
7	Stride, Tamzin I	13	TDOY	2:33.70
8	Nicholas, Megan L	18	BRCY	2:34.20
9	Tarpey, Aoife F	14	BRCY	2:39.30

**Event 9 Boys 9 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

0	Ongun, Derin	10	Nexus	NT
1	Weaver, Samuel B	12	BRCY	NT
2	Williams, Dylan R	14	TDOY	NT
3	Woodward, Cullen G	9	BRCY	1:05.70
4	Montague, Mason	10	Pembroke	1:01.76
5	Harris, Ryley	9	Rct Squad	1:04.61
6	Roberts, Dafydd	14	Nexus	NT
7	Edmiston, Marlin	14	TDOY	NT
8	Lyseight-Jones, Malachi	10	Pembroke	NT
9	Lewis, Euan	9	Brecon	NT

**Heat 2 of 7 Finals**

0	Merchant, Lucas J	9	BRCY	58.90
1	Hoare, Joshua R	11	Nexus	58.22
2	Davies, Adam	10	Nexus	56.45
3	George, Alexander D	10	TDOY	55.50
4	Rosser, Ellis R	10	TDOY	54.80
5	Robbins, Llyr O	10	Co Cardiff	55.10
6	Dwyfor-Clarke, Caleb	11	CANY	55.89
7	Keane, Callum	9	Pembroke	57.63
8	Jenkins, Theo N	10	Co Cardiff	58.90
9	Fahey, Thomas J	13	BRCY	1:01.60

**Heat 3 of 7 Finals**

0	West, Dexter	9	Flyers	53.01
1	Davies, Samuel	11	Co Cardiff	52.20
2	Parry, Guto E	10	CANY	51.95
3	Garland, Jay	13	Rct Squad	51.79
4	Newton, Oscar	13	TDOY	50.30
5	Cozma, Sam	9	Co Cardiff	51.30
6	McCarthy, Benedict	9	Co Cardiff	51.90
7	Evans, Emrys	12	Co Cardiff	52.00
8	Griffiths, George	10	Hsc	52.45
9	Finlay, Freddie	9	GCSC	53.52

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 4 Finals (#9 Boys 9 & Over 50 LC Meter Breaststroke)**

0	Clarke, Luke	12	Co Cardiff	49.20
1	Warman-Powell, Iolo R	11	TDOY	49.03
2	Bird, Charles M	11	CHIY	48.71
3	Murphy-Kenny, Dylan	12	Rct Squad	47.49
4	John, Alexander	13	Rct Squad	47.22
5	John, Finlay	12	Rct Squad	47.30
6	Owen, Cai	12	Pembs Cty	48.50
7	Mutter, Ioan	12	Pembroke	48.82
8	Jones, Rhys M	12	Rct Squad	49.04
9	Stevens, Henry A	11	Co Cardiff	49.70

**Heat 5 of 7 Finals**

0	Lloyd, Angus	13	Co Cardiff	45.75
1	Rescigno, Alberto	11	Co Cardiff	45.04
2	Martin, Luc A	12	BRCY	44.80
3	Burns, Harry T	13	Co Cardiff	43.40
4	Lloyd, Rhys	16	Rct Squad	43.17
5	Winstone, Evan	12	Co Cardiff	43.30
6	Hunter, Rauley L	11	Co Cardiff	44.10
7	Tasker, Gethin	13	Rct Squad	44.86
8	Fletcher, Owen T	11	Pembs Cty	45.70
9	Ralph, Robbie	13	Hsc	46.63

**Heat 6 of 7 Finals**

0	Eaton Sawford, Kier A	13	CHIY	42.80
1	James, Ioan D	11	BRCY	42.40
2	Pritchard, Tomos	13	CANY	41.15
3	Rosser, Dewi J	13	TDOY	40.30
4	Shiels, Charlie J	14	Pembroke	38.45
5	Jenkins, Ellis	16	Rct Squad	38.70
6	Keane, Jayden	13	Pembroke	41.02
7	Leach, Evan	12	Rct Squad	41.76
8	Finlay, Paddy	11	GCSC	42.45
9	Ashman-Penny, Joshua	15	Brecon	43.03

**Heat 7 of 7 Finals**

0	Wojcik, Szymon	16	BRCY	37.50
1	Fitzsimmons, Arron	14	Pembroke	36.77
2	Salmon, Carwyn	15	Rct Squad	35.83
3	Cook, Owain E	18	BRCY	35.70
4	Thompson, Morgan	16	Co Cardiff	34.91
5	Baker, Luke A	17	TDOY	34.96
6	Clement, Logan	14	Rct Squad	35.74
7	Sturley, Toby	14	Pembs Cty	36.20
8	Rosser, Alex W	22	TDOY	36.90
9	Clegg, Sam W	17	Brecon	38.32

**Event 10 Girls 9 & Over 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

3	Thomas, Caitlyn	9	NEAY	NT
4	Beynon, Gracie L	11	BRCY	NT
5	Cull, Millie M	11	BRCY	NT

**Heat 2 of 7 Finals**

0	Jones, Jessica	12	TDOY	NT
1	Davies, Lauren M	14	BRCY	NT
2	White, Seren	12	Rct Squad	1:56.51
3	Dwyfor-Clarke, Efa	9	CANY	1:54.62
4	Ball, Zara R	11	Co Cardiff	1:49.24
5	Lloyd, Thea	11	Nexus	1:50.96
6	Gruffydd, Mali P	11	Co Cardiff	1:55.40
7	Carre, Jasmine M	11	Rct Squad	2:00.48
8	Picton, Annie	12	Rct Squad	NT

**Heat 3 of 7 Finals**

0	Schumm, Libby	9	TDOY	1:43.77
1	Pritchard, Mia	12	Co Cardiff	1:42.98
2	Goddard, Evie E	12	Pembs Cty	1:41.80
3	Carrington, Amber	13	CHIY	1:41.41
4	George, Caitlin	13	Co Cardiff	1:38.89
5	James, Nia	13	Pembs Cty	1:40.80
6	Kay, Isabelle	10	Rct Squad	1:41.57
7	Winter, Callie M	11	Co Cardiff	1:42.40
8	Dawkins, Freya	13	Co Cardiff	1:43.70
9	John, Emilia V	11	Co Cardiff	1:46.80

**Heat 4 of 7 Finals**

0	Hale, Chloe	12	Pembs Cty	1:37.20
1	Griffiths, Enfys	12	Pembs Cty	1:33.80
2	Williams, Mali	12	Rct Squad	1:32.52
3	Faulkner, Marie	13	Co Cardiff	1:32.03
4	Roberts, Alysia	12	Co Cardiff	1:31.50
5	Thomas, Grace	11	Pembs Cty	1:32.00
6	Griffiths-Cole, Carys S	12	BRCY	1:32.30
7	Owen, Elain M	12	CANY	1:33.73
8	Thomas, Abigail G	12	Pembroke	1:35.32
9	Jones, Lillie	11	Co Cardiff	1:37.61

**Heat 5 of 7 Finals**

0	Thomas, Izzy	14	BRCY	1:28.80
1	Lewis, Becky	15	Rct Squad	1:22.62
2	Gronow, Mia	12	BRCY	1:20.90
3	Iles, Georgia L	12	Co Cardiff	1:20.10
4	Matthews, Jodie	15	Rct Squad	1:19.94
5	Lewis, Caera	12	Pembs Cty	1:20.00
6	White, Eleanor R	12	Pembs Cty	1:20.70
7	Parry, Jessica	13	CANY	1:21.54
8	Brind, Jessica	13	Co Cardiff	1:27.20
9	Froley, Megan R	14	BRCY	1:31.06

**Heat 6 of 7 Finals**

0	Gilligan, Gracie	11	NEAY	1:19.08
1	Knowles, Amy A	12	Pembs Cty	1:18.40
2	Griffiths, Seren	14	Pembs Cty	1:17.90
3	Lewis, Lowri	12	NEAY	1:17.42
4	Nicholas, Catrin E	15	BRCY	1:14.20
5	Bond, Sasha	14	Rct Squad	1:15.69
6	Jones, Cerys	13	Rct Squad	1:17.52
7	Johnson Jones, Ceri M	14	CANY	1:18.29
8	Adams, Jaimee	12	Co Cardiff	1:18.50
9	Morgan, Hannah	13	Co Cardiff	1:19.79



## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 7 Finals (#10 Girls 9 & Over 100 LC Meter Butterfly)**

0	Illman, Lili D	13	TDOY	1:13.50
1	Stevens, Ruby	12	Co Cardiff	1:12.99
2	Morgan, Bethan E	14	BRCY	1:11.40
3	Twigg, Louisa	17	Pembs Cty	1:10.40
4	Randell, Niamh	17	Rct Squad	1:08.50
5	Nicholas, Megan L	18	BRCY	1:09.30
6	Stride, Tamzin I	13	TDOY	1:10.76
7	Rosser, Cerys A	13	TDOY	1:12.45
8	Minas, Ella	14	Rct Squad	1:13.23
9	Lewis, Rachael E	14	Pembs Cty	1:13.70

**Event 11 Boys 9 & Over 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

2	Morgan, Ben	9	Pembroke	NT
3	Morgan, Jack	11	Pembroke	4:06.35
4	Fletcher, Owen T	11	Pembs Cty	3:17.90
5	Thomas, Travis	12	Nexus	3:43.48
6	Price, Toby G	13	Pembs Cty	NT

**Heat 2 of 2 Finals**

0	Isaacs, Tomos	13	Rct Squad	2:54.79
1	Andrews, Rory	14	Pembs Cty	2:29.80
2	Chim, Danny K	17	BRCY	2:25.11
3	Garland, Kieran	16	Rct Squad	2:18.77
4	Thomas, Daniel J	21	Pembroke	2:15.77
5	Barrett, Sean A	16	Pembs Cty	2:16.70
6	Merriman, Ben W	13	TDOY	2:24.60
7	White, Henry	14	Pembs Cty	2:27.30
8	Collins, Tyler	15	Rct Squad	2:40.62
9	Fowler, Joseph	12	Rct Squad	2:56.92

**Event 12 Girls 9 & Over 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

0	James, Lilia	10	Nexus	NT
1	Evans, Ella	10	Co Cardiff	NT
2	John, Emilia V	11	Co Cardiff	NT
3	Ball, Zara R	11	Co Cardiff	NT
4	Dunglison, Kate L	12	BRCY	NT
5	Vamplew, Ffion	11	Brecon	NT
6	Cole, Grace E	11	BRCY	NT
7	Thomas, Grace	11	Pembs Cty	NT
8	Coombes, Cerys	10	BRCY	NT
9	Thomas, Caitlyn	9	NEAY	NT

**Heat 2 of 7 Finals**

0	Wright, Pippa	12	Rct Squad	NT
1	Jones, Jessica	12	TDOY	NT
2	Dwyfor-Clarke, Efa	9	CANY	3:53.70
3	Froley, Megan R	14	BRCY	3:39.70
4	Gruffydd, Mali P	11	Co Cardiff	3:37.30
5	Moseley, Sophie	12	Pembroke	3:39.35
6	Pani, Isabella C	10	Co Cardiff	3:49.50
7	Reilly, Manon	10	Rct Squad	4:19.62
8	Gronow, Mia	12	BRCY	NT
9	Francombe, Romy	12	BRCY	NT

**Heat 3 of 7 Finals**

0	Jones, Lillie	11	Co Cardiff	3:14.85
1	Rankin, Carys	11	Co Cardiff	3:13.90
2	O'Mahoney, Kaitlin	10	NEAY	3:11.22
3	John, Lucy	12	Pembs Cty	3:08.36
4	Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	3:08.00
5	Hampton, Poppi E	12	BRCY	3:08.10
6	Thomas, Holly L	11	BRCY	3:10.80
7	Winter, Callie M	11	Co Cardiff	3:12.40
8	Davies, Seren E	10	BRCY	3:14.20
9	Horne, Victoria	10	Pembs Cty	3:18.10

**Heat 4 of 7 Finals**

0	Davies, Sophie G	11	Co Cardiff	3:05.00
1	Brind, Jessica	13	Co Cardiff	3:04.10
2	Morgan, Hannah	13	Co Cardiff	2:56.90
3	James, Nia	13	Pembs Cty	2:55.80
4	Jones, Neve	13	NEAY	2:53.05
5	Horne, Alexa	12	Pembs Cty	2:54.00
6	Blake, Ffion	12	Co Cardiff	2:55.80
7	Lee, Georgia	14	Pembroke	3:02.72
8	Lewis, Rachael E	14	Pembs Cty	3:04.99
9	Thomas, Nell	14	Rct Squad	3:05.40

**Heat 5 of 7 Finals**

0	Clapham, Rhiannon m	13	Pembs Cty	2:50.60
1	Greenslade, Holly J	12	TDOY	2:47.42
2	Robinson, Francesca S	15	Pembs Cty	2:45.72
3	Lewis, Lowri	12	NEAY	2:45.12
4	Cox, Emily V	15	BRCY	2:43.00
5	Faulkner, Marie	13	Co Cardiff	2:43.60
6	Skene, Deryn	14	Co Cardiff	2:45.30
7	Krol, Sophie	13	Pembs Cty	2:45.80
8	James, Ffion	13	Rct Squad	2:50.08
9	Davies, Lauren M	14	BRCY	2:52.40

**Heat 6 of 7 Finals**

0	Jones, Chloe J	13	BRCY	2:42.00
1	Omnet, Lauren	15	Pembs Cty	2:40.70
2	Gilligan, Gracie	11	NEAY	2:39.88
3	White, Amy V	13	Pembs Cty	2:39.20
4	Davies, Tegan M	14	BRCY	2:36.50
5	Davies, Cerys	12	Rct Squad	2:37.74
6	Hickman, Eve R	13	BRCY	2:39.20
7	Greenwood, Hannah	14	Pembroke	2:39.92
8	Stevens, Ruby	12	Co Cardiff	2:41.50
9	Knowles, Amy A	12	Pembs Cty	2:42.30

**Heat 7 of 7 Finals**

0	Marchant, Rhiannon	14	Rct Squad	2:35.51
1	Lovell, Madison R	14	TDOY	2:35.08
2	Watson, Freya H	17	TDOY	2:32.28
3	Parry, Jessica	13	CANY	2:30.46
4	Mason, Teoni J	16	TDOY	2:28.30
5	Twigg, Louisa	17	Pembs Cty	2:28.50
6	Evans, Bethan	14	NEAY	2:30.97
7	Addecott, Ffion H	16	Rct Squad	2:34.04
8	Tarpey, Aoife F	14	BRCY	2:35.40
9	Morgan, Sophie	17	Rct Squad	2:36.16

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

## Event 13 Boys 9 &amp; Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 6 Finals

0	Finlay, Freddie	9	GCSC	NT
1	Henschell, Logan	10	Co Cardiff	NT
2	Woodward, Cullen G	9	BRCY	2:27.90
3	Johnson, Cai	11	Pembroke	2:24.73
4	Aylen, James E	11	BRCY	2:13.90
5	Keane, Callum	9	Pembroke	2:14.18
6	Jones, Daniel I	11	CANY	2:26.33
7	Jones, Harrison L	11	BRCY	NT
8	Lyseight-Jones, Malachi	10	Pembroke	NT

## Heat 2 of 6 Finals

0	Davies, Adam	10	Nexus	2:09.28
1	Evans, Emrys	12	Co Cardiff	2:04.45
2	Morgan, Jack	11	Pembroke	2:02.92
3	Griffiths, George	10	Hsc	1:55.10
4	Owen, Cai	12	Pembs Cty	1:54.57
5	Thomas, Travis	12	Nexus	1:54.60
6	Dwyfor-Clarke, Caleb	11	CANY	2:02.44
7	Merchant, Lucas J	9	BRCY	2:03.90
8	Robbins, Llyr O	10	Co Cardiff	2:04.70
9	Fahey, Thomas J	13	BRCY	2:10.80

## Heat 3 of 6 Finals

0	Parry, Guto E	10	CANY	1:52.82
1	Mutter, Ioan	12	Pembroke	1:51.50
2	Cozma, Sam	9	Co Cardiff	1:48.20
3	Garland, Jay	13	Rct Squad	1:46.19
4	Bird, Charles M	11	CHIY	1:44.19
5	Martin, Luc A	12	BRCY	1:44.40
6	Warman-Powell, Iolo R	11	TDOY	1:46.30
7	Stevens, Henry A	11	Co Cardiff	1:49.80
8	Davies, Samuel	11	Co Cardiff	1:52.20
9	Froley, Iwan C	11	BRCY	1:53.90

## Heat 4 of 6 Finals

0	Lloyd, Angus	13	Co Cardiff	1:40.40
1	Rescigno, Alberto	11	Co Cardiff	1:38.90
2	Fletcher, Owen T	11	Pembs Cty	1:37.70
3	Hunter, Rauley L	11	Co Cardiff	1:36.50
4	Winstone, Evan	12	Co Cardiff	1:35.40
5	Keane, Jayden	13	Pembroke	1:36.36
6	Eaton Sawford, Kier A	13	CHIY	1:37.49
7	Leach, Evan	12	Rct Squad	1:38.49
8	Morgan, Lewis R	11	BRCY	1:39.60
9	Price, Toby G	13	Pembs Cty	1:41.80

## Heat 5 of 6 Finals

0	Finlay, Paddy	11	GCSC	1:32.92
1	Burns, Harry T	13	Co Cardiff	1:31.50
2	Pritchard, Tomos	13	CANY	1:30.05
3	James, Ioan D	11	BRCY	1:27.00
4	Wojcik, Szymon	16	BRCY	1:24.30
5	Clegg, Sam W	17	Brecon	1:26.88
6	Rosser, Dewi J	13	TDOY	1:29.27
7	Lloyd, Rhys	16	Rct Squad	1:30.59
8	West, Zac	12	Pembs Cty	1:32.70
9	Thomas, Dewi	11	Pembs Cty	1:33.00

## Heat 6 of 6 Finals

0	Fitzsimmons, Arron	14	Pembroke	1:21.43
1	Sturley, Toby	14	Pembs Cty	1:17.70
2	Thompson, Morgan	16	Co Cardiff	1:17.50
3	Salmon, Carwyn	15	Rct Squad	1:16.57
4	Barrett, Sean A	16	Pembs Cty	1:10.00
5	Cook, Owain E	18	BRCY	1:16.20
6	Kettle, Rowan	18	Pembroke	1:17.12
7	Clement, Logan	14	Rct Squad	1:17.64
8	Shiels, Charlie J	14	Pembroke	1:20.45
9	Selby, Morgan L	15	Rct Squad	1:21.92

## Event 14 Girls 9 &amp; Over 100 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 17 Finals

1	Brock, Ffion	9	Rct Squad	NT
2	Williams, Begw	9	Rct Squad	NT
3	Williams, Olivia	9	Rct Squad	NT
4	Hughes, Erin	10	Rct Squad	NT
5	Lima, Isabella-May F	10	BRCY	NT
6	Williams, Annabelle	9	Aberystwyth	NT
7	Francombe, Juno	9	BRCY	NT

## Heat 2 of 17 Finals

0	James, Lilia	10	Nexus	NT
1	Moseley, Olivia G	10	Nexus	NT
2	Vamplew, Ffion	11	Brecon	NT
3	Parsons, Zoe H	11	BRCY	NT
4	Furlong, Amber P	11	BRCY	NT
5	Crawley, Jessica R	11	BRCY	NT
6	Davies, Ela W	11	CANY	NT
7	Morgan, Jessica M	11	BRCY	NT
8	Owen, Kessie E	10	Nexus	NT
9	Worthington, Emma	10	CHIY	NT

## Heat 3 of 17 Finals

0	Lott, Isabella F	12	BRCY	NT
1	Howells-Aitken, Neve H	13	Co Cardiff	NT
2	Townsend, Skye S	10	Co Cardiff	2:11.70
3	Marchant, Calgary R	11	TDOY	2:09.50
4	Lawton, Skyla-Eve E	12	TDOY	1:53.64
5	Lee, Martha	10	Pembroke	1:58.71
6	Hickman, Isla L	9	BRCY	2:09.80
7	Saunders, Honey	13	Rct Squad	NT
8	Jones, Jessica	12	TDOY	NT
9	Cosby, Nia	11	BRCY	NT

## Heat 4 of 17 Finals

0	Higgs, Cerys	9	Co Cardiff	1:45.90
1	Thomas, Caitlyn	9	NEAY	1:44.42
2	Wright, Pippa	12	Rct Squad	1:42.66
3	Pani, Isabella C	10	Co Cardiff	1:38.60
4	Gunningham, Sophie	10	Co Cardiff	1:35.00
5	Gruffydd, Mali P	11	Co Cardiff	1:36.75
6	Evans, Porscha	10	Co Cardiff	1:41.10
7	Thomas, Hannah L	9	Nexus	1:42.94
8	Reilly, Manon	10	Rct Squad	1:45.24
9	Tarpey, Niamh A	10	BRCY	1:48.60

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 5 Finals (#14 Girls 9 & Over 100 LC Meter Freestyle)**

0	Carre, Jasmine M	11	Rct Squad	1:34.38
1	Daly, Kirsten E	12	BRCY	1:32.70
2	Barrington-Williams, Ruby	10	Rct Squad	1:31.68
3	Evans, Gwenllian	9	Co Cardiff	1:29.50
4	Watts, Abigail M	11	CHIY	1:28.20
5	Cull, Millie M	11	BRCY	1:28.60
6	Davies, Seren E	10	BRCY	1:30.40
7	Thompson, Carys	11	Pembroke	1:32.61
8	Cole, Grace E	11	BRCY	1:33.40
9	Gardener, Louise R	12	BRCY	1:35.00

**Heat 6 of 17 Finals**

0	Winter, Callie M	11	Co Cardiff	1:27.70
1	Davis, Freya	11	Rct Squad	1:27.40
2	Evans, Ella	10	Co Cardiff	1:26.70
3	Haddrell, Eva Lily	10	Rct Squad	1:26.30
4	Osborne, Daisy	11	Brecon	1:23.89
5	Willis, Meghan R	11	TDOY	1:26.00
6	John, Emilia V	11	Co Cardiff	1:26.30
7	Gardener, Hannah B	9	BRCY	1:26.80
8	Donnithorne, Natasha E	14	BRCY	1:27.40
9	Beech, Catrin B	13	CANY	1:28.07

**Heat 7 of 17 Finals**

0	Rankin, Carys	11	Co Cardiff	1:23.20
1	Carrington, Amber	13	CHIY	1:22.72
2	Worthington, Heather	12	CHIY	1:22.56
3	Davies, Sophie G	11	Co Cardiff	1:22.50
4	Williams, Georgia	11	Nexus	1:22.37
5	Hampton, Poppi E	12	BRCY	1:22.40
6	Morgan, Alisha	12	Rct Squad	1:22.54
7	Parry, Emily	10	CANY	1:22.65
8	Anthony, Gabrielle	13	Rct Squad	1:22.72
9	Picton, Annie	12	Rct Squad	1:23.40

**Heat 8 of 17 Finals**

0	Beynon, Gracie L	11	BRCY	1:21.80
1	Martin, Abigail	12	Co Cardiff	1:21.40
2	Owens, Annie R	11	Nexus	1:21.20
3	Thomas, Abigail G	12	Pembroke	1:20.77
4	Ball, Zara R	11	Co Cardiff	1:20.30
5	Thomas, Holly L	11	BRCY	1:20.40
6	Schumm, Libby	9	TDOY	1:20.88
7	Watts, Rebecca M	13	CHIY	1:21.25
8	McDonagh, Emily M	10	BRCY	1:21.40
9	Kay, Isabelle	10	Rct Squad	1:21.84

**Heat 9 of 17 Finals**

0	Jones, Lillie	11	Co Cardiff	1:20.09
1	Dawkins, Freya	13	Co Cardiff	1:19.70
2	Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	1:18.40
3	O'Mahoney, Kaitlin	10	NEAY	1:18.12
4	Hale, Chloe	12	Pembs Cty	1:17.70
5	Davies, Niamh	11	Co Cardiff	1:18.00
6	Francombe, Romy	12	BRCY	1:18.20
7	Horne, Victoria	10	Pembs Cty	1:19.70
8	Goddard, Evie E	12	Pembs Cty	1:20.00
9	James, Ilenia	15	Nexus	1:20.29

**Heat 10 of 17 Finals**

0	Lee, Georgia	14	Pembroke	1:17.45
1	Williams, Mali	12	Rct Squad	1:17.17
2	Thomas, Ffion	11	NEAY	1:16.27
3	Hamm, Elli May	12	BRCY	1:16.00
4	Thomas, Abigail	13	NEAY	1:15.64
5	Leconte, Seren	14	Rct Squad	1:15.77
6	James, Nia	13	Pembs Cty	1:16.20
7	Thomas, Madison A	12	Nexus	1:17.07
8	Thomas, Grace	11	Pembs Cty	1:17.30
9	Owen, Elain M	12	CANY	1:17.58

**Heat 11 of 17 Finals**

0	Sturley, Maggie M	12	Pembroke	1:15.02
1	White, Seren	12	Rct Squad	1:14.92
2	Watkins, Amelia M	10	TDOY	1:14.59
3	Cook, Seren M	14	BRCY	1:14.20
4	Moodley, Bethan	13	Rct Squad	1:13.97
5	Davies, Cora	15	Rct Squad	1:14.16
6	Thomas, Izzy	14	BRCY	1:14.50
7	Brind, Jessica	13	Co Cardiff	1:14.60
8	Webb, Alys	12	Pembs Cty	1:15.00
9	Pengelly, Leia	12	Rct Squad	1:15.58

**Heat 12 of 17 Finals**

0	Merchant, Anna-Rose	11	BRCY	1:13.80
1	Thomas, Nansi	12	Co Cardiff	1:13.60
2	Gilligan, Gracie	11	NEAY	1:12.52
3	Griffiths, Enfys	12	Pembs Cty	1:12.30
4	White, Amy V	13	Pembs Cty	1:12.00
5	Lewis, Becky	15	Rct Squad	1:12.09
6	Horne, Alexa	12	Pembs Cty	1:12.50
7	John, Lucy	12	Pembs Cty	1:13.40
8	Taylor, Theodora A	9	TDOY	1:13.75
9	Matthews, Jodie	15	Rct Squad	1:13.81

**Heat 13 of 17 Finals**

0	Nowell, Gabriella J	13	TDOY	1:10.59
1	Omnet, Lauren	15	Pembs Cty	1:10.40
2	Addecott, Ffion H	16	Rct Squad	1:10.11
3	Blake, Ffion	12	Co Cardiff	1:10.10
4	Nicholas, Catrin E	15	BRCY	1:09.60
5	Davies, Lauren M	14	BRCY	1:09.60
6	Knowles, Amy A	12	Pembs Cty	1:10.10
7	Jones, Emilia A	13	BRCY	1:10.40
8	Greenslade, Holly J	12	TDOY	1:10.59
9	Davies, Ffion	12	Rct Squad	1:10.95

**Heat 14 of 17 Finals**

0	Lewis, Rachael E	14	Pembs Cty	1:09.34
1	Krol, Sophie	13	Pembs Cty	1:08.90
2	Griffiths, Seren	14	Pembs Cty	1:08.40
3	Faulkner, Marie	13	Co Cardiff	1:08.27
4	Greenwood, Hannah	14	Pembroke	1:08.05
5	Minas, Ella	14	Rct Squad	1:08.09
6	Jones, Chloe J	13	BRCY	1:08.30
7	Froley, Megan R	14	BRCY	1:08.80
8	Rowe, Rhiannon M	14	TDOY	1:08.91
9	Skene, Deryn	14	Co Cardiff	1:09.50

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 15 Finals (#14 Girls 9 & Over 100 LC Meter Freestyle)**

0	Lewis, Caera	12	Pembs Cty	1:07.80
1	Emes, Eleanor J	13	TDOY	1:06.88
2	Croke, Carys S	11	TDOY	1:06.70
3	Clayton, Karys L	13	TDOY	1:06.66
4	Smith, Mia	14	TDOY	1:06.50
5	Robinson, Francesca S	15	Pembs Cty	1:06.60
6	Chadwick, Bethan	17	Rct Squad	1:06.67
7	Short, Mollie	16	NEAY	1:06.76
8	Thomas, Nell	14	Rct Squad	1:07.08
9	Morgan, Hannah	13	Co Cardiff	1:07.80

**Heat 16 of 17 Finals**

0	Parry, Jessica	13	CANY	1:06.28
1	Mason, Teoni J	16	TDOY	1:05.71
2	Stevens, Ruby	12	Co Cardiff	1:05.41
3	Dunglison, Kate L	12	BRCY	1:05.20
4	Jones, Ruby	15	TDOY	1:04.80
5	Evans, Bethan	14	NEAY	1:05.09
6	Morgan, Sophie	17	Rct Squad	1:05.25
7	Griffiths-Cole, Carys S	12	BRCY	1:05.60
8	Bond, Sasha	14	Rct Squad	1:05.73
9	Lewis, Lowri	12	NEAY	1:06.39

**Heat 17 of 17 Finals**

0	Broder, Libby R	12	TDOY	1:04.20
1	Marchant, Rhiannon	14	Rct Squad	1:03.94
2	Illman, Lili D	13	TDOY	1:03.63
3	Chayka, Sofia	12	Co Cardiff	1:03.40
4	Morgan, Bethan E	14	BRCY	1:02.40
5	Hunt, Imogen E	20	BRCY	1:02.90
6	Nicholas, Megan L	18	BRCY	1:03.50
7	Erasmus, Charlotte P	13	TDOY	1:03.77
8	Cox, Emily V	15	BRCY	1:04.10
9	Randell, Niamh	17	Rct Squad	1:04.76

**Event 15 Boys 9 & Over 50 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 10 Finals**

3	Lewis, Euan	9	Brecon	NT
4	Ongun, Derin	10	Nexus	NT
5	Lyseight-Jones, Malachi	10	Pembroke	NT

**Heat 2 of 10 Finals**

1	Edmiston, Marlin	14	TDOY	NT
2	Hiscox, Jac	9	Rct Squad	56.72
3	Harris, Ryley	9	Rct Squad	47.51
4	Morgan, Ben	9	Pembroke	45.14
5	Finlay, Freddie	9	GCSC	45.43
6	Woodward, Cullen G	9	BRCY	49.90
7	Baker, Dan	9	Rct Squad	1:32.46
8	Vaughan, William J	11	Nexus	NT

**Heat 3 of 10 Finals**

0	Merchant, Lucas J	9	BRCY	44.40
1	Aylen, James E	11	BRCY	43.90
2	Bryant, Tomos G	10	BRCY	43.70
3	Jones, Daniel I	11	CANY	43.02
4	Bloomfield, William J	11	BRCY	40.40
5	Montague, Mason	10	Pembroke	41.53
6	Isaacs, Harri	11	Rct Squad	43.58
7	Williams, Dylan R	14	TDOY	43.70
8	Fahey, Thomas J	13	BRCY	44.30
9	Jenkins, Theo N	10	Co Cardiff	44.40

**Heat 4 of 10 Finals**

0	Keane, Callum	9	Pembroke	40.04
1	Hoare, Joshua R	11	Nexus	39.52
2	Jones, Harrison L	11	BRCY	39.30
3	Bird, Charles M	11	CHIY	39.08
4	Parry, Guto E	10	CANY	38.43
5	Morgan, Jack	11	Pembroke	38.62
6	Griffiths, George	10	Hsc	39.09
7	West, Dexter	9	Flyers	39.36
8	Davies, Samuel	11	Co Cardiff	39.56
9	Lewis, Riley	12	Brecon	40.32

**Heat 5 of 10 Finals**

0	Pritchard, Rhys	10	CANY	37.64
1	Jones, Rhys M	12	Rct Squad	36.96
2	Thomas, Travis	12	Nexus	36.74
3	Ashman-Penny, Joshua	15	Brecon	36.08
4	Stevens, Henry A	11	Co Cardiff	35.80
5	Mutter, Ioan	12	Pembroke	36.04
6	Stroud, Iwan	14	Co Cardiff	36.08
7	Lloyd, Angus	13	Co Cardiff	36.90
8	Garland, Jay	13	Rct Squad	36.99
9	Cozma, Sam	9	Co Cardiff	38.40

**Heat 6 of 10 Finals**

0	Griffith, Noa W	13	Rct Squad	35.58
1	West, Zac	12	Pembs Cty	34.99
2	Finlay, Paddy	11	GCSC	34.67
3	Evans, Emrys	12	Co Cardiff	34.50
4	Hunter, Rauley L	11	Co Cardiff	34.09
5	Rescigno, Alberto	11	Co Cardiff	34.40
6	Winstone, Evan	12	Co Cardiff	34.60
7	Owen, Cai	12	Pembs Cty	34.87
8	Rosser, Ellis R	10	TDOY	35.42
9	McCarthy, Benedict	9	Co Cardiff	35.70

**Heat 7 of 10 Finals**

0	Leach, Evan	12	Rct Squad	33.84
1	Martin, Luc A	12	BRCY	33.80
2	John, Finlay	12	Rct Squad	32.94
3	Isaacs, Tomos	13	Rct Squad	32.11
4	Burns, Harry T	13	Co Cardiff	32.00
5	Keane, Jayden	13	Pembroke	32.05
6	Ralph, Robbie	13	Hsc	32.63
7	Murphy-Kenny, Dylan	12	Rct Squad	33.63
8	Thomas, Dewi	11	Pembs Cty	33.80
9	Morgan, Lewis R	11	BRCY	34.00

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 8 Finals (#15 Boys 9 & Over 50 LC Meter Freestyle)**

0	Tasker, Gethin	13	Rct Squad	31.63
1	Price, Toby G	13	Pembs Cty	31.20
2	James, Ioan D	11	BRCY	30.80
3	Clegg, Sam W	17	Brecon	30.60
4	Lloyd, Rhys	16	Rct Squad	30.56
5	Rosser, Dewi J	13	TDOY	30.57
6	Thomas, Jac	12	NEAY	30.68
7	Fowler, Joseph	12	Rct Squad	31.18
8	Roberts, Dafydd	14	Nexus	31.48
9	Eaton Sawford, Kier A	13	CHIY	31.98

**Heat 9 of 10 Finals**

0	Shiels, Charlie J	14	Pembroke	29.52
1	Chim, Danny K	17	BRCY	29.10
2	Fitzsimmons, Arron	14	Pembroke	28.95
3	Salmon, Carwyn	15	Rct Squad	28.23
4	Wisden, Dylan J	14	BRCY	27.60
5	Selby, Morgan L	15	Rct Squad	27.78
6	Jenkins, Ellis	16	Rct Squad	28.57
7	Andrews, Rory	14	Pembs Cty	29.03
8	Wojcik, Szymon	16	BRCY	29.30
9	Pritchard, Tomos	13	CANY	30.04

**Heat 10 of 10 Finals**

0	Kettle, Rowan	18	Pembroke	27.37
1	Cook, Owain E	18	BRCY	27.30
2	Thompson, Morgan	16	Co Cardiff	27.04
3	Garland, Kieran	16	Rct Squad	26.06
4	Boladz, Tom A	19	TDOY	25.74
5	Richards, Owen T	17	TDOY	25.90
6	Rosser, Alex W	22	TDOY	27.00
7	Price, Dafydd T	18	TDOY	27.10
8	Jones, Jacob	14	Rct Squad	27.30
9	Wells, Lewis	15	NEAY	27.49

**Event 16 Boys 11 & Over 400 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

2	Rescigno, Alberto	11	Co Cardiff	NT
3	Jones, Harrison L	11	BRCY	NT
4	Buckley, Samuel G	13	BRCY	NT
5	Whittaker, Daniel R	12	BRCY	NT
6	Vaughan, William J	11	Nexus	NT

**Heat 2 of 4 Finals**

0	Jones, Jacob	14	Rct Squad	NT
1	Morgan, Jack	11	Pembroke	6:52.90
2	Thomas, Travis	12	Nexus	6:28.56
3	Eaton Sawford, Kier A	13	CHIY	6:00.55
4	Owen, Cai	12	Pembs Cty	5:48.50
5	Fletcher, Owen T	11	Pembs Cty	5:53.00
6	Newton, James L	11	TDOY	6:09.36
7	Bird, Charles M	11	CHIY	6:36.22
8	Roberts, Dafydd	14	Nexus	NT
9	Durrant, Toben	13	Co Cardiff	NT

**Heat 3 of 4 Finals**

0	Edwards, Sam C	12	Nexus	5:39.30
1	Davies, Zachary A	12	TDOY	5:37.10
2	Price, Toby G	13	Pembs Cty	5:21.48
3	Isaacs, Tomos	13	Rct Squad	5:05.71
4	Fitzsimmons, Arron	14	Pembroke	4:58.82
5	Rosser, Dewi J	13	TDOY	5:00.58
6	Pritchard, Tomos	13	CANY	5:19.59
7	Thomas, Jac	12	NEAY	5:23.15
8	John, Finlay	12	Rct Squad	5:37.74
9	Newton, Oscar	13	TDOY	5:41.70

**Heat 4 of 4 Finals**

0	Selby, Morgan L	15	Rct Squad	4:53.26
1	Wojcik, Szymon	16	BRCY	4:42.10
2	Andrews, Rory	14	Pembs Cty	4:36.10
3	Barrett, Sean A	16	Pembs Cty	4:26.80
4	Richards, Owen T	17	TDOY	4:18.63
5	Price, Dafydd T	18	TDOY	4:24.57
6	Wisden, Dylan J	14	BRCY	4:30.20
7	Hunt, Tobias J	17	BRCY	4:41.40
8	Thompson, Morgan	16	Co Cardiff	4:51.70
9	James, Ioan D	11	BRCY	4:58.20

**Event 17 Girls 11 & Over 400 LC Meter IM**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 3 Finals**

1	Elias, Anya	11	Co Cardiff	NT
2	Griffiths-Cole, Carys S	12	BRCY	NT
3	Gronow, Mia	12	BRCY	NT
4	Owen, Elaine M	12	CANY	6:44.87
5	Hamm, Elli May	12	BRCY	NT
6	Manley, Olivia	12	Co Cardiff	NT
7	Winter, Callie M	11	Co Cardiff	NT

**Heat 2 of 3 Finals**

0	Clapham, Rhiannon m	13	Pembs Cty	6:18.70
1	Broder, Libby R	12	TDOY	6:13.56
2	Gilligan, Gracie	11	NEAY	6:12.22
3	Knowles, Amy A	12	Pembs Cty	5:59.30
4	Marchant, Rhiannon	14	Rct Squad	5:56.65
5	Bond, Sasha	14	Rct Squad	5:56.77
6	Lewis, Caera	12	Pembs Cty	6:05.69
7	Jones, Chloe J	13	BRCY	6:12.80
8	Jones, Cerys	15	Co Cardiff	6:17.04
9	White, Eleanor R	12	Pembs Cty	6:27.40

**Heat 3 of 3 Finals**

0	White, Amy V	13	Pembs Cty	5:49.30
1	Cox, Emily V	15	BRCY	5:47.00
2	Dunglison, Kate L	12	BRCY	5:42.90
3	Stevens, Ruby	12	Co Cardiff	5:40.40
4	Twigg, Louisa	17	Pembs Cty	5:08.40
5	Rowe, Rhiannon M	14	TDOY	5:22.78
6	Lewis, Rachael E	14	Pembs Cty	5:41.00
7	Parry, Jessica	13	CANY	5:44.93
8	Iles, Georgia L	12	Co Cardiff	5:47.40
9	Hickman, Eve R	13	BRCY	5:52.90

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Event 18 Boys 9 & Over 200 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

3	Morgan, Ben	9	Pembroke	NT
4	Robbins, Llyr O	10	Co Cardiff	NT
5	Keane, Callum	9	Pembroke	NT

**Heat 2 of 4 Finals**

1	Whittaker, Daniel R	12	BRCY	NT
2	Davies, Adam	10	Nexus	4:47.97
3	Cozma, Sam	9	Co Cardiff	4:00.60
4	Parry, Guto E	10	CANY	3:57.74
5	Durrant, Toben	13	Co Cardiff	3:59.16
6	Dwyfor-Clarke, Caleb	11	CANY	4:24.49
7	Griffiths, George	10	Hsc	5:14.86
8	Johnson, Cai	11	Pembroke	NT

**Heat 3 of 4 Finals**

0	Warman-Powell, Iolo R	11	TDOY	3:52.27
1	Keane, Jayden	13	Pembroke	3:43.81
2	Buckley, Samuel G	13	BRCY	3:35.60
3	Winstone, Evan	12	Co Cardiff	3:28.30
4	Fowler, Joseph	12	Rct Squad	3:25.62
5	Fletcher, Owen T	11	Pembs Cty	3:27.10
6	Lloyd, Angus	13	Co Cardiff	3:29.80
7	Bird, Charles M	11	CHIY	3:38.27
8	Stevens, Henry A	11	Co Cardiff	3:50.20
9	Davies, Samuel	11	Co Cardiff	3:55.30

**Heat 4 of 4 Finals**

0	Jenkins, Ellis	16	Rct Squad	3:21.32
1	James, Ioan D	11	BRCY	3:11.50
2	Clement, Logan	14	Rct Squad	2:54.70
3	Sturley, Toby	14	Pembs Cty	2:47.80
4	Barrett, Sean A	16	Pembs Cty	2:33.06
5	White, Henry	14	Pembs Cty	2:38.70
6	Andrews, Rory	14	Pembs Cty	2:50.10
7	Shiels, Charlie J	14	Pembroke	2:58.91
8	Pritchard, Tomos	13	CANY	3:16.21
9	West, Zac	12	Pembs Cty	3:23.76

**Event 19 Girls 9 & Over 50 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Finals**

3	Cull, Pollyanna	9	Co Cardiff	NT
4	Montague, Keira	9	Pembroke	NT
5	Williams, Olivia	9	Rct Squad	NT
6	Francombe, Juno	9	BRCY	NT

**Heat 2 of 12 Finals**

0	Brady, Grace	9	Rct Squad	NT
1	Davies, Clemmie	10	Brecon	NT
2	Lord, Fleur	11	Pembroke	NT
3	Jones, Isabelle	14	TDOY	NT
4	Hughes, Erin	10	Rct Squad	1:08.69
5	Moseley, Sophie	12	Pembroke	1:11.98
6	Jones, Emilia A	13	BRCY	NT
7	Furlong, Amber P	11	BRCY	NT
8	Lima, Isabella-May F	10	BRCY	NT
9	Williams, Annabelle	9	Aberystwyth	NT

**Heat 3 of 12 Finals**

0	Thompson, Carys	11	Pembroke	1:02.19
1	Saunders, Honey	13	Rct Squad	58.90
2	Hoare, Jasmine G	11	Nexus	55.77
3	Chakraborty, Diya	11	Co Cardiff	55.30
4	Jones, Sinead	11	Brecon	53.53
5	Owen, Kessie E	10	Nexus	54.20
6	Bridgewater, Mia	11	TDOY	55.70
7	Thomas, Caitlyn	9	NEAY	56.50
8	Higgs, Cerys	9	Co Cardiff	1:00.70
9	Millan, Seren L	12	BRCY	1:03.00

**Heat 4 of 12 Finals**

0	Simcock, Charlotte	12	Rct Squad	52.28
1	Carre, Jasmine M	11	Rct Squad	50.39
2	Daly, Kirsten E	12	BRCY	49.90
3	Cull, Millie M	11	BRCY	48.80
4	Pani, Isabella C	10	Co Cardiff	47.90
5	Potter, Elin H	11	Co Cardiff	48.51
6	Dwyfor-Clarke, Efa	9	CANY	49.38
7	Watts, Rebecca M	13	CHIY	50.26
8	Addecott, Ffion H	16	Rct Squad	50.72
9	Worthington, Emma	10	CHIY	52.80

**Heat 5 of 12 Finals**

0	Davies, Sophie G	11	Co Cardiff	47.20
1	Winter, Callie M	11	Co Cardiff	46.80
2	Barrington-Williams, Ruby	10	Rct Squad	46.09
3	Donnithorne, Natasha E	14	BRCY	45.10
4	Carrington, Amber	13	CHIY	44.47
5	Howells-Aitken, Neve H	13	Co Cardiff	44.90
6	Horne, Victoria	10	Pembs Cty	45.50
7	Davis, Freya	11	Rct Squad	46.75
8	Picton, Annie	12	Rct Squad	46.85
9	Watts, Abigail M	11	CHIY	47.60

**Heat 6 of 12 Finals**

0	Gardener, Hannah B	9	BRCY	43.90
1	John, Emilia V	11	Co Cardiff	43.50
2	Anderson, Holly	12	Co Cardiff	43.00
3	Worthington, Heather	12	CHIY	42.55
4	Staples-Vvind, Kaiyah-Jade	11	Co Cardiff	41.96
5	McDonagh, Emily M	10	BRCY	42.10
6	Evans, Ella	10	Co Cardiff	42.64
7	Davies, Cora	15	Rct Squad	43.34
8	Coulson, Evie G	11	TDOY	43.66
9	Jones, Jessica	12	TDOY	43.90

**Heat 7 of 12 Finals**

0	Davies, Niamh	11	Co Cardiff	41.84
1	Schumm, Libby	9	TDOY	41.70
2	Davies, Ffion	12	Rct Squad	41.50
3	Krol, Sophie	13	Pembs Cty	41.30
4	Thomas, Abigail	13	NEAY	40.88
5	James, Nia	13	Pembs Cty	40.98
6	Avraam, Neve E	10	BRCY	41.30
7	Horne, Alexa	12	Pembs Cty	41.58
8	Moodley, Bethan	13	Rct Squad	41.73
9	Goddard, Evie E	12	Pembs Cty	41.91

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 8 Finals (#19 Girls 9 & Over 50 LC Meter Butterfly)**

0	Devonald-Jones, Ffion	16	Rct Squad	40.44
1	Webb, Alys	12	Pembs Cty	40.10
2	Francombe, Romy	12	BRCY	39.60
3	Stamp, Laylah	11	Co Cardiff	39.15
4	Griffiths, Enfys	12	Pembs Cty	38.65
5	Johnson Jones, Alaw F	12	CANY	38.98
6	Thomas, Nansi	12	Co Cardiff	39.50
7	Watkins, Amelia M	10	TDOY	39.63
8	Martin, Lara E	10	BRCY	40.20
9	Brain, Georgina	13	Co Cardiff	40.82

**Heat 9 of 12 Finals**

0	Taylor, Theodora A	9	TDOY	38.50
1	Owen, Elain M	12	CANY	38.14
2	Hamm, Elli May	12	BRCY	38.00
3	Jones, Neve	13	NEAY	37.87
4	Evans, Caitlin	12	NEAY	37.13
5	Cook, Seren M	14	BRCY	37.80
6	Faulkner, Marie	13	Co Cardiff	38.00
7	John, Lucy	12	Pembs Cty	38.10
8	James, Ffion	13	Rct Squad	38.48
9	Thomas, Abigail G	12	Pembroke	38.53

**Heat 10 of 12 Finals**

0	Thomas, Ffion	11	NEAY	36.99
1	Thomas, Izzy	14	BRCY	36.70
2	Beynon, Gracie L	11	BRCY	36.30
3	Manley, Olivia	12	Co Cardiff	36.20
4	Skene, Deryn	14	Co Cardiff	35.40
5	Matthews, Jodie	15	Rct Squad	35.76
6	Jones, Chloe J	13	BRCY	36.20
7	Waite, Ellie May	13	Co Cardiff	36.30
8	Badman, Phoebe	12	Rct Squad	36.72
9	Williams, Mali	12	Rct Squad	37.00

**Heat 11 of 12 Finals**

0	Froley, Megan R	14	BRCY	35.10
1	Cox, Emily V	15	BRCY	34.80
2	Johnson Jones, Ceri M	14	CANY	34.52
3	Hickman, Eve R	13	BRCY	34.20
4	Nicholas, Catrin E	15	BRCY	34.00
5	Evans, Bethan	14	NEAY	34.14
6	Edwards, Maddie	14	Nexus	34.37
7	Lewis, Lowri	12	NEAY	34.68
8	Griffiths, Seren	14	Pembs Cty	35.10
9	Iles, Georgia L	12	Co Cardiff	35.30

**Heat 12 of 12 Finals**

0	Gronow, Mia	12	BRCY	33.60
1	Croke, Carys S	11	TDOY	33.40
2	Short, Mollie	16	NEAY	33.15
3	Rowe, Rhiannon M	14	TDOY	31.42
4	Randell, Niamh	17	Rct Squad	30.54
5	Warrender, Meggan	17	TDOY	30.97
6	Nicholas, Megan L	18	BRCY	31.98
7	Chadwick, Bethan	17	Rct Squad	33.30
8	Mason, Teoni J	16	TDOY	33.43
9	Minas, Ella	14	Rct Squad	33.62

**Event 20 Girls 9 & Over 100 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 14 Finals**

3	Evans, Gwenllian	9	Co Cardiff	NT
4	Williams, Olivia	9	Rct Squad	NT
5	Lewis, Charlotte	9	Brecon	NT
6	Williams, Begw	9	Rct Squad	NT

**Heat 2 of 14 Finals**

0	Jackson, Tess	9	Brecon	NT
1	Townsend, Skye S	10	Co Cardiff	NT
2	Davies, Clemmie	10	Brecon	NT
3	Cosby, Nia	11	BRCY	NT
4	Meshor, Paula	11	Brecon	NT
5	Vamplew, Ffion	11	Brecon	NT
6	Dacey, Mollie M	10	Co Cardiff	NT
7	Hughes, Erin	10	Rct Squad	NT
8	Williams, Annabelle	9	Aberystwyth	NT
9	Brady, Grace	9	Rct Squad	NT

**Heat 3 of 14 Finals**

0	Jones, Sinead	11	Brecon	NT
1	Beynon, Gracie L	11	BRCY	NT
2	Davies, Nichole	13	Brecon	NT
3	O'Connell, Megan N	9	Nexus	2:23.79
4	Tarpey, Niamh A	10	BRCY	2:09.40
5	Hickman, Isla L	9	BRCY	2:19.20
6	Thompson, Carys	11	Pembroke	2:28.77
7	Cull, Millie M	11	BRCY	NT
8	John, Emilia V	11	Co Cardiff	NT
9	Payne, AmÃ©lie M	11	TDOY	NT

**Heat 4 of 14 Finals**

0	Thomas, Hannah L	9	Nexus	1:59.24
1	Williams, Georgia	11	Nexus	1:53.98
2	Reilly, Manon	10	Rct Squad	1:50.01
3	Evans, Ella	10	Co Cardiff	1:48.46
4	Pani, Isabella C	10	Co Cardiff	1:46.90
5	Simcock, Charlotte	12	Rct Squad	1:47.34
6	Jacklin, Isabelle F	10	Nexus	1:48.87
7	Watts, Abigail M	11	CHIY	1:50.02
8	Gardener, Louise R	12	BRCY	1:55.80
9	Hancock, Ruby C	10	Nexus	2:05.28

**Heat 5 of 14 Finals**

0	Barrington-Williams, Ruby	10	Rct Squad	1:45.49
1	Owens, Annie R	11	Nexus	1:43.20
2	Moseley, Sophie	12	Pembroke	1:41.38
3	Anderson, Holly	12	Co Cardiff	1:38.80
4	Robinson, Seren	13	Co Cardiff	1:37.30
5	Schumm, Libby	9	TDOY	1:37.58
6	Willis, Meghan R	11	TDOY	1:39.90
7	Evans, Porscha	10	Co Cardiff	1:41.60
8	Cole, Grace E	11	BRCY	1:43.80
9	O'Connell, Cerys E	10	Nexus	1:46.06

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 6 Finals (#20 Girls 9 & Over 100 LC Meter Backstroke)**

0	Osmond, Frances	13	Brecon	1:35.65
1	Beech, Catrin B	13	CANY	1:35.31
2	Martin, Lara E	10	BRCY	1:35.00
3	Loxton, Holly	12	Co Cardiff	1:34.22
4	Sturdy, Lauren	12	Rct Squad	1:33.89
5	Davies, Seren E	10	BRCY	1:34.10
6	Ball, Zara R	11	Co Cardiff	1:34.30
7	Gardener, Hannah B	9	BRCY	1:35.00
8	Hughes, Cari	11	Nexus	1:35.58
9	McDonagh, Emily M	10	BRCY	1:36.40

**Heat 7 of 14 Finals**

0	Coulson, Evie G	11	TDOY	1:33.64
1	Hampton, Poppi E	12	BRCY	1:32.50
2	Leconte, Seren	14	Rct Squad	1:32.13
3	Winter, Callie M	11	Co Cardiff	1:31.50
4	Horne, Victoria	10	Pembs Cty	1:31.26
5	Brain, Georgina	13	Co Cardiff	1:31.30
6	Carrington, Amber	13	CHIY	1:31.78
7	Haddrell, Eva Lily	10	Rct Squad	1:32.44
8	Thomas, Holly L	11	BRCY	1:33.30
9	Bick, Teagan E	10	TDOY	1:33.80

**Heat 8 of 14 Finals**

0	O'Mahoney, Kaitlin	10	NEAY	1:30.49
1	Francombe, Romy	12	BRCY	1:28.50
2	George, Caitlin	13	Co Cardiff	1:28.30
3	Rankin, Carys	11	Co Cardiff	1:28.10
4	Roberts, Alysia	12	Co Cardiff	1:26.53
5	Thomas, Nansi	12	Co Cardiff	1:26.70
6	Webb, Alys	12	Pembs Cty	1:28.20
7	Davies, Niamh	11	Co Cardiff	1:28.50
8	Manley, Olivia	12	Co Cardiff	1:30.23
9	Hamm, Elli May	12	BRCY	1:31.00

**Heat 9 of 14 Finals**

0	Jones, Cerys	15	Co Cardiff	1:26.20
1	Wright, Pippa	12	Rct Squad	1:25.90
2	Davies, Ffion	12	Rct Squad	1:25.29
3	Griffiths-Cole, Carys S	12	BRCY	1:24.90
4	Gronow, Mia	12	BRCY	1:24.60
5	Williams, Mali	12	Rct Squad	1:24.76
6	Waite, Ellie May	13	Co Cardiff	1:24.97
7	Jenkins, Beca	11	Co Cardiff	1:25.60
8	Thomas, Grace	11	Pembs Cty	1:26.10
9	Taylor, Theodora A	9	TDOY	1:26.33

**Heat 10 of 14 Finals**

0	James, Nia	13	Pembs Cty	1:24.00
1	John, Lucy	12	Pembs Cty	1:23.50
2	Lewis, Becky	15	Rct Squad	1:23.33
3	Thomas, Ffion	11	NEAY	1:22.40
4	Iles, Georgia L	12	Co Cardiff	1:22.20
5	Horne, Alexa	12	Pembs Cty	1:22.30
6	Badman, Phoebe	12	Rct Squad	1:22.71
7	Watkins, Amelia M	10	TDOY	1:23.44
8	Blake, Ffion	12	Co Cardiff	1:23.90
9	Davies, Sophie G	11	Co Cardiff	1:24.50

**Heat 11 of 14 Finals**

0	Salmon, Gwen	11	Rct Squad	1:21.64
1	Davies, Cora	15	Rct Squad	1:20.65
2	Griffiths, Seren	14	Pembs Cty	1:20.50
3	Moodley, Bethan	13	Rct Squad	1:20.25
4	Davies, Lauren M	14	BRCY	1:19.50
5	Jones, Neve	13	NEAY	1:20.14
6	Faulkner, Marie	13	Co Cardiff	1:20.26
7	Thomas, Nell	14	Rct Squad	1:20.57
8	James, Ffion	13	Rct Squad	1:20.78
9	Clapham, Rhiannon m	13	Pembs Cty	1:21.80

**Heat 12 of 14 Finals**

0	Matthews, Jodie	15	Rct Squad	1:19.04
1	Knowles, Amy A	12	Pembs Cty	1:18.00
2	Hickman, Eve R	13	BRCY	1:17.70
3	Nowell, Gabriella J	13	TDOY	1:17.30
4	Krol, Sophie	13	Pembs Cty	1:16.30
5	Lewis, Lowri	12	NEAY	1:17.03
6	Rowe, Rhiannon M	14	TDOY	1:17.32
7	Jones, Cerys	13	Rct Squad	1:17.92
8	Jones, Chloe J	13	BRCY	1:18.19
9	Omnet, Lauren	15	Pembs Cty	1:19.30

**Heat 13 of 14 Finals**

0	Lewis, Caera	12	Pembs Cty	1:16.00
1	Gilligan, Gracie	11	NEAY	1:15.62
2	White, Amy V	13	Pembs Cty	1:15.30
3	Twigg, Louisa	17	Pembs Cty	1:14.20
4	Cox, Emily V	15	BRCY	1:14.10
5	Davies, Tegan M	14	BRCY	1:14.20
6	Addecott, Ffion H	16	Rct Squad	1:15.13
7	Stevens, Ruby	12	Co Cardiff	1:15.40
8	Rowles, Freya A	17	TDOY	1:15.70
9	Croke, Carys S	11	TDOY	1:16.20

**Heat 14 of 14 Finals**

0	Tarpey, Aoife F	14	BRCY	1:13.60
1	Marchant, Rhiannon	14	Rct Squad	1:12.49
2	Parry, Jessica	13	CANY	1:10.97
3	Randell, Niamh	17	Rct Squad	1:09.24
4	Hunt, Imogen E	20	BRCY	1:04.50
5	Mason, Teoni J	16	TDOY	1:08.40
6	Evans, Bethan	14	NEAY	1:10.46
7	Morgan, Sophie	17	Rct Squad	1:11.38
8	Greenwood, Hannah	14	Pembroke	1:13.33
9	Davies, Cerys	12	Rct Squad	1:13.64

**Event 21 Boys 9 & Over 50 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 7 Finals**

1	Baker, Dan	9	Rct Squad	NT
2	Vaughan, William J	11	Nexus	NT
3	Lewis, Riley	12	Brecon	NT
4	Jones, Daniel I	11	CANY	59.98
5	Meshier, George	9	Brecon	1:04.95
6	Thomas, Iwan	11	BRCY	NT
7	Lewis, Euan	9	Brecon	NT



## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 2 Finals (#21 Boys 9 & Over 50 LC Meter Backstroke)**

0	Harris, Ryley	9	Rct Squad	57.66
1	Isaacs, Harri	11	Rct Squad	49.85
2	Pritchard, Rhys	10	CANY	48.10
3	Bloomfield, William J	11	BRCY	47.80
4	Robbins, Llyr O	10	Co Cardiff	47.30
5	Bird, Charles M	11	CHIY	47.68
6	Davies, Samuel	11	Co Cardiff	47.90
7	Fahey, Thomas J	13	BRCY	49.10
8	Bryant, Tomos G	10	BRCY	51.60
9	Woodward, Cullen G	9	BRCY	58.20

**Heat 3 of 7 Finals**

0	Aylen, James E	11	BRCY	46.40
1	Hoare, Joshua R	11	Nexus	46.06
2	Lloyd, Angus	13	Co Cardiff	45.70
3	West, Dexter	9	Flyers	44.60
4	Cozma, Sam	9	Co Cardiff	44.00
5	Dossett, Samson	9	Rct Squad	44.50
6	Buckley, Samuel G	13	BRCY	44.90
7	Griffiths, George	10	Hsc	46.02
8	Keane, Callum	9	Pembroke	46.17
9	Dwyfor-Clarke, Caleb	11	CANY	47.19

**Heat 4 of 7 Finals**

0	Eaton Sawford, Kier A	13	CHIY	42.75
1	Rosser, Ellis R	10	TDOY	42.30
2	Stroud, Iwan	14	Co Cardiff	41.76
3	McCarthy, Benedict	9	Co Cardiff	41.30
4	Jones, Joseph T	12	Nexus	40.86
5	Jones, Rhys M	12	Rct Squad	40.89
6	Jones, Harrison L	11	BRCY	41.50
7	Evans, Emrys	12	Co Cardiff	42.30
8	McGuinness, Charlie D	12	TDOY	42.40
9	Clarke, Luke	12	Co Cardiff	43.90

**Heat 5 of 7 Finals**

0	Stevens, Henry A	11	Co Cardiff	40.60
1	Martin, Luc A	12	BRCY	39.60
2	Winstone, Evan	12	Co Cardiff	39.00
3	Roberts, Dafydd	14	Nexus	38.18
4	Tasker, Gethin	13	Rct Squad	38.02
5	Keane, Jayden	13	Pembroke	38.11
6	Murphy-Kenny, Dylan	12	Rct Squad	38.92
7	Ralph, Robbie	13	Hsc	39.03
8	Brown, Jake	12	Co Cardiff	40.10
9	Newton, James L	11	TDOY	40.80

**Heat 6 of 7 Finals**

0	Newton, Oscar	13	TDOY	37.80
1	Thomas, Dewi	11	Pembs Cty	35.80
2	Shiels, Charlie J	14	Pembroke	34.57
3	Lloyd, Rhys	16	Rct Squad	33.94
4	Jones, Jacob	14	Rct Squad	33.54
5	Fitzsimmons, Arron	14	Pembroke	33.56
6	Isaacs, Tomos	13	Rct Squad	34.31
7	John, Finlay	12	Rct Squad	34.91
8	James, Ioan D	11	BRCY	37.60
9	Griffith, Noa W	13	Rct Squad	38.01

**Heat 7 of 7 Finals**

0	Rosser, Alex W	22	TDOY	32.10
1	Jenkins, Ellis	16	Rct Squad	31.74
2	Garland, Kieran	16	Rct Squad	31.31
3	Wells, Lewis	15	NEAY	30.65
4	Boladz, Tom A	19	TDOY	28.90
5	Thomas, Daniel J	21	Pembroke	30.08
6	Kettle, Rowan	18	Pembroke	31.01
7	Collins, Tyler	15	Rct Squad	31.38
8	Selby, Morgan L	15	Rct Squad	31.87
9	Sturley, Toby	14	Pembs Cty	33.20

**Event 22 Girls 9 & Over 200 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 12 Finals**

2	Francombe, Juno	9	BRCY	NT
3	Vamplew, Ffion	11	Brecon	NT
4	Jones, Sinead	11	Brecon	NT
5	Thomas, Holly L	11	BRCY	NT
6	Thomas, Hannah L	9	Nexus	NT
7	Williams, Annabelle	9	Aberystwyth	NT

**Heat 2 of 12 Finals**

0	Lott, Isabella F	12	BRCY	NT
1	Meshier, Harriet	11	Brecon	4:55.40
2	Bridgewater, Mia	11	TDOY	3:57.89
3	O'Connell, Cerys E	10	Nexus	3:46.19
4	Higgs, Cerys	9	Co Cardiff	3:43.40
5	James, Lilia	10	Nexus	3:46.11
6	Thompson, Carys	11	Pembroke	3:53.26
7	Hancock, Ruby C	10	Nexus	4:03.89
8	James, Ilenia	15	Nexus	NT
9	Millan, Seren L	12	BRCY	NT

**Heat 3 of 12 Finals**

0	Thomas, Caitlyn	9	NEAY	3:36.92
1	Pani, Isabella C	10	Co Cardiff	3:33.10
2	Carre, Jasmine M	11	Rct Squad	3:29.87
3	Robinson, Carys E	11	Co Cardiff	3:27.80
4	Martin, Lara E	10	BRCY	3:25.00
5	Cole, Grace E	11	BRCY	3:26.10
6	Jacklin, Isabelle F	10	Nexus	3:28.74
7	Dwyfor-Clarke, Efa	9	CANY	3:33.02
8	Owen, Kessie E	10	Nexus	3:33.21
9	Hoare, Jasmine G	11	Nexus	3:40.02

**Heat 4 of 12 Finals**

0	Picton, Annie	12	Rct Squad	3:18.89
1	Donnithorne, Natasha E	14	BRCY	3:15.50
2	Martin, Abigail	12	Co Cardiff	3:14.60
3	Dacey, Mollie M	10	Co Cardiff	3:11.40
4	Rankin, Carys	11	Co Cardiff	3:08.93
5	Coombes, Cerys	10	BRCY	3:10.80
6	Davies, Seren E	10	BRCY	3:14.10
7	Avraam, Neve E	10	BRCY	3:15.30
8	Cull, Millie M	11	BRCY	3:16.10
9	Moseley, Sophie	12	Pembroke	3:20.78

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 5 Finals (#22 Girls 9 & Over 200 LC Meter Freestyle)**

0	Bick, Teagan E	10	TDOY	3:06.90
1	John, Emilia V	11	Co Cardiff	3:06.00
2	Evans, Ella	10	Co Cardiff	3:05.20
3	Parry, Emily	10	CANY	3:02.11
4	Loxton, Holly	12	Co Cardiff	3:01.50
5	McDonagh, Emily M	10	BRCY	3:01.90
6	Owens, Annie R	11	Nexus	3:04.18
7	Carrington, Amber	13	CHIY	3:05.33
8	Ball, Zara R	11	Co Cardiff	3:06.00
9	Gardener, Hannah B	9	BRCY	3:08.20

**Heat 6 of 12 Finals**

0	Thomas, Abigail G	12	Pembroke	2:56.24
1	Williams, Georgia	11	Nexus	2:55.96
2	Anderson, Holly	12	Co Cardiff	2:55.30
3	Coulson, Evie G	11	TDOY	2:54.60
4	Krol, Sophie	13	Pembs Cty	2:52.20
5	Francombe, Romy	12	BRCY	2:53.10
6	John, Lucy	12	Pembs Cty	2:54.70
7	Stamp, Laylah	11	Co Cardiff	2:55.50
8	Horne, Victoria	10	Pembs Cty	2:55.99
9	Hampton, Poppi E	12	BRCY	3:01.00

**Heat 7 of 12 Finals**

0	Thomas, Grace	11	Pembs Cty	2:50.90
1	O'Mahoney, Kaitlin	10	NEAY	2:49.15
2	Brain, Georgina	13	Co Cardiff	2:48.08
3	Robinson, Seren	13	Co Cardiff	2:47.30
4	Owen, Elain M	12	CANY	2:44.56
5	Sturley, Maggie M	12	Pembroke	2:44.57
6	Hughes, Cari	11	Nexus	2:48.03
7	Roberts, Alysia	12	Co Cardiff	2:48.60
8	Goddard, Evie E	12	Pembs Cty	2:49.50
9	Pengelly, Leia	12	Rct Squad	2:51.38

**Heat 8 of 12 Finals**

0	Hamm, Elli May	12	BRCY	2:44.20
1	Thomas, Abigail	13	NEAY	2:43.82
2	Webb, Alys	12	Pembs Cty	2:42.60
3	George, Caitlin	13	Co Cardiff	2:42.50
4	Gronow, Mia	12	BRCY	2:40.10
5	Leconte, Seren	14	Rct Squad	2:42.37
6	Jenkins, Beca	11	Co Cardiff	2:42.55
7	James, Nia	13	Pembs Cty	2:43.00
8	Jones, Isabelle	14	TDOY	2:44.10
9	Davies, Sophie G	11	Co Cardiff	2:44.30

**Heat 9 of 12 Finals**

0	White, Amy V	13	Pembs Cty	2:39.88
1	Davies, Ffion	12	Rct Squad	2:39.13
2	Blake, Ffion	12	Co Cardiff	2:37.90
3	Davies, Lauren M	14	BRCY	2:37.30
4	Clapham, Rhiannon m	13	Pembs Cty	2:36.90
5	Griffiths, Enfys	12	Pembs Cty	2:37.10
6	Edwards, Maddie	14	Nexus	2:37.44
7	White, Eleanor R	12	Pembs Cty	2:38.40
8	Johnson Jones, Alaw F	12	CANY	2:39.42
9	Dunglison, Kate L	12	BRCY	2:39.90

**Heat 10 of 12 Finals**

0	Jones, Emilia A	13	BRCY	2:35.60
1	Nicholas, Catrin E	15	BRCY	2:32.80
2	Skene, Deryn	14	Co Cardiff	2:30.30
3	Greenwood, Hannah	14	Pembroke	2:29.98
4	Johnson Jones, Ceri M	14	CANY	2:29.22
5	Knowles, Amy A	12	Pembs Cty	2:29.60
6	Froley, Megan R	14	BRCY	2:30.00
7	Nowell, Gabriella J	13	TDOY	2:32.22
8	Manley, Olivia	12	Co Cardiff	2:34.90
9	James, Ffion	13	Rct Squad	2:35.61

**Heat 11 of 12 Finals**

0	Griffiths, Seren	14	Pembs Cty	2:27.90
1	Omnet, Lauren	15	Pembs Cty	2:26.60
2	Tarpey, Aoife F	14	BRCY	2:26.20
3	Hickman, Eve R	13	BRCY	2:24.80
4	Faulkner, Marie	13	Co Cardiff	2:24.00
5	Stevens, Ruby	12	Co Cardiff	2:24.50
6	Clayton, Karys L	13	TDOY	2:25.00
7	Lewis, Rachael E	14	Pembs Cty	2:26.50
8	Jones, Chloe J	13	BRCY	2:27.30
9	Emes, Eleanor J	13	TDOY	2:28.60

**Heat 12 of 12 Finals**

0	Griffiths-Cole, Carys S	12	BRCY	2:23.10
1	Smith, Mia	14	TDOY	2:22.20
2	Bond, Sasha	14	Rct Squad	2:20.28
3	Jones, Ruby	15	TDOY	2:17.98
4	Rosser, Cerys A	13	TDOY	2:12.57
5	Morgan, Bethan E	14	BRCY	2:15.90
6	Cox, Emily V	15	BRCY	2:19.70
7	Chayka, Sofia	12	Co Cardiff	2:20.40
8	Marchant, Rhiannon	14	Rct Squad	2:22.70
9	Parry, Jessica	13	CANY	2:23.75

**Event 23 Boys 9 & Over 200 LC Meter IM****Lane Name Age Team Seed Time****Heat 1 of 7 Finals**

0	Lewis, Euan	9	Brecon	NT
1	Rosser, Ellis R	10	TDOY	NT
2	Vaughan, William J	11	Nexus	NT
3	Jones, Harrison L	11	BRCY	NT
4	Thomas, Travis	12	Nexus	NT
5	Lewis, Riley	12	Brecon	NT
6	Aylen, James E	11	BRCY	NT
7	Henschell, Logan	10	Co Cardiff	NT
8	Morgan, Ben	9	Pembroke	NT

**Heat 2 of 7 Finals**

0	Thomas, Joe M	13	Nexus	NT
1	Jones, Daniel I	11	CANY	4:39.84
2	Hoare, Joshua R	11	Nexus	3:55.94
3	West, Dexter	9	Flyers	3:51.31
4	Dossett, Samson	9	Rct Squad	3:46.14
5	Dwyfor-Clarke, Caleb	11	CANY	3:47.16
6	Keane, Callum	9	Pembroke	3:54.26
7	Davies, Adam	10	Nexus	3:56.34
8	Edmiston, Marlin	14	TDOY	NT
9	Whittaker, Daniel R	12	BRCY	NT

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 3 Finals (#23 Boys 9 & Over 200 LC Meter IM)**

0	Froley, Iwan C	11	BRCY	3:44.80
1	Griffiths, George	10	Hsc	3:43.99
2	Pritchard, Rhys	10	CANY	3:37.10
3	Clarke, Luke	12	Co Cardiff	3:32.60
4	Buckley, Samuel G	13	BRCY	3:25.80
5	Stevens, Henry A	11	Co Cardiff	3:28.90
6	Parry, Guto E	10	CANY	3:35.79
7	Morgan, Jack	11	Pembroke	3:38.05
8	Bloomfield, William J	11	BRCY	3:44.40
9	Warman-Powell, Iolo R	11	TDOY	3:45.00

**Heat 4 of 7 Finals**

0	Lloyd, Angus	13	Co Cardiff	3:23.71
1	Tasker, Gethin	13	Rct Squad	3:22.67
2	Evans, Emrys	12	Co Cardiff	3:20.00
3	Rescigno, Alberto	11	Co Cardiff	3:16.41
4	Martin, Luc A	12	BRCY	3:10.70
5	Garland, Jay	13	Rct Squad	3:15.46
6	Griffith, Noa W	13	Rct Squad	3:19.28
7	Durrant, Toben	13	Co Cardiff	3:21.70
8	Brown, Jake	12	Co Cardiff	3:23.60
9	Bird, Charles M	11	CHIY	3:25.55

**Heat 5 of 7 Finals**

0	Newton, Oscar	13	TDOY	3:08.60
1	Morgan, Lewis R	11	BRCY	3:07.40
2	Owen, Cai	12	Pembs Cty	3:02.10
3	Thomas, Jac	12	NEAY	2:58.10
4	West, Zac	12	Pembs Cty	2:56.40
5	Price, Toby G	13	Pembs Cty	2:57.89
6	Goddard, Harrison J	14	Hsc	2:58.65
7	Fletcher, Owen T	11	Pembs Cty	3:03.00
8	Winstone, Evan	12	Co Cardiff	3:08.10
9	Jones, Joseph T	12	Nexus	3:09.00

**Heat 6 of 7 Finals**

0	Rosser, Dewi J	13	TDOY	2:54.61
1	Coulson, Evan T	13	TDOY	2:50.10
2	Pritchard, Tomos	13	CANY	2:48.49
3	James, Ioan D	11	BRCY	2:41.40
4	Fitzsimmons, Arron	14	Pembroke	2:38.15
5	Clement, Logan	14	Rct Squad	2:38.83
6	Shiels, Charlie J	14	Pembroke	2:44.15
7	Thomas, Dewi	11	Pembs Cty	2:49.90
8	Edwards, Sam C	12	Nexus	2:52.99
9	McGuinness, Charlie D	12	TDOY	2:55.55

**Heat 7 of 7 Finals**

0	Hunt, Tobias J	17	BRCY	2:32.89
1	Merriman, Ben W	13	TDOY	2:29.20
2	Sturley, Toby	14	Pembs Cty	2:27.30
3	Wisden, Dylan J	14	BRCY	2:26.60
4	Barrett, Sean A	16	Pembs Cty	2:18.50
5	Cook, Owain E	18	BRCY	2:25.70
6	Salmon, Carwyn	15	Rct Squad	2:26.83
7	Andrews, Rory	14	Pembs Cty	2:27.60
8	Chim, Danny K	17	BRCY	2:29.60
9	Collins, Tyler	15	Rct Squad	2:33.75

**Event 24 Girls 9 & Over 50 LC Meter Breaststroke**

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 14 Finals</b>				
0	O'Connell, Megan N	9	Nexus	NT
1	Williams, Olivia	9	Rct Squad	NT
2	Probert, Freya	9	Brecon	NT
3	Brady, Grace	9	Rct Squad	NT
4	Williams, Annabelle	9	Aberystwyth	NT
5	Jackson, Tess	9	Brecon	NT
6	Jacklin, Lily	9	Nexus	NT
7	Lewis, Charlotte	9	Brecon	NT
8	Francombe, Juno	9	BRCY	NT
<b>Heat 2 of 14 Finals</b>				
0	Owen, Kessie E	10	Nexus	NT
1	Furlong, Amber P	11	BRCY	NT
2	Millan, Seren L	12	BRCY	NT
3	Meshier, Paula	11	Brecon	1:23.81
4	Marchant, Calgary R	11	TDOY	1:15.63
5	Hickman, Isla L	9	BRCY	1:16.90
6	Davies, Nichole	13	Brecon	NT
7	Lott, Isabella F	12	BRCY	NT
8	Davies, Clemmie	10	Brecon	NT
9	Meshier, Anwen	9	Brecon	NT
<b>Heat 3 of 14 Finals</b>				
0	Jones, Sinead	11	Brecon	1:09.19
1	Everson-Baker, Amelia J	10	TDOY	1:07.30
2	Williams, Begw	9	Rct Squad	1:04.84
3	O'Connell, Cerys E	10	Nexus	1:04.20
4	Townsend, Skye S	10	Co Cardiff	1:02.34
5	Evans, Porscha	10	Co Cardiff	1:03.70
6	Tarpey, Niamh A	10	BRCY	1:04.40
7	Reilly, Manon	10	Rct Squad	1:05.20
8	Chakraborty, Diya	11	Co Cardiff	1:07.80
9	James, Lilia	10	Nexus	1:12.92
<b>Heat 4 of 14 Finals</b>				
0	Higgs, Cerys	9	Co Cardiff	1:01.10
1	Cull, Pollyanna	9	Co Cardiff	59.90
2	Barrington-Williams, Ruby	10	Rct Squad	59.15
3	Gardener, Louise R	12	BRCY	58.40
4	Pani, Isabella C	10	Co Cardiff	58.20
5	Jacklin, Isabelle F	10	Nexus	58.29
6	Saunders, Honey	13	Rct Squad	59.04
7	Hughes, Erin	10	Rct Squad	59.35
8	Thomas, Caitlyn	9	NEAY	1:01.06
9	Barnfield, Daisy R	10	BRCY	1:01.80
<b>Heat 5 of 14 Finals</b>				
0	Beech, Catrin B	13	CANY	57.27
1	Thompson, Carys	11	Pembroke	56.53
2	Cosby, Nia	11	BRCY	54.60
3	Dwyfor-Clarke, Efa	9	CANY	53.52
4	Robinson, Carys E	11	Co Cardiff	53.20
5	Owen, Elain M	12	CANY	53.49
6	Daly, Kirsten E	12	BRCY	53.70
7	John, Emilia V	11	Co Cardiff	54.80
8	Potter, Elin H	11	Co Cardiff	56.62
9	Davies, Seren E	10	BRCY	57.80

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 6 Finals (#24 Girls 9 & Over 50 LC Meter Breaststroke)**

0	Evans, Ella	10	Co Cardiff	53.10
1	Avraam, Neve E	10	BRCY	52.70
2	Anderson, Holly	12	Co Cardiff	52.20
3	Schumm, Libby	9	TDOY	51.86
4	Hoare, Jasmine G	11	Nexus	51.43
5	Simcock, Charlotte	12	Rct Squad	51.46
6	Howells-Aitken, Neve H	13	Co Cardiff	52.00
7	Wright, Pippa	12	Rct Squad	52.58
8	Winter, Callie M	11	Co Cardiff	53.00
9	Morgan, Alisha	12	Rct Squad	53.14

**Heat 7 of 14 Finals**

0	Gardener, Hannah B	9	BRCY	51.20
1	Loxton, Holly	12	Co Cardiff	51.20
2	McDonagh, Emily M	10	BRCY	51.00
3	Donnithorne, Natasha E	14	BRCY	50.40
4	Osmond, Frances	13	Brecon	50.23
5	Francombe, Romy	12	BRCY	50.30
6	Bridgewater, Mia	11	TDOY	50.90
7	Cull, Millie M	11	BRCY	51.00
8	Watkins, Amelia M	10	TDOY	51.20
9	Haddrell, Eva Lily	10	Rct Squad	51.34

**Heat 8 of 14 Finals**

0	Carrington, Amber	13	CHIY	49.85
1	Stamp, Laylah	11	Co Cardiff	49.70
2	Kay, Isabelle	10	Rct Squad	49.49
3	Martin, Lara E	10	BRCY	49.00
4	Evans, Gwenllian	9	Co Cardiff	48.90
5	Hampton, Poppi E	12	BRCY	48.90
6	Davies, Lauren M	14	BRCY	49.24
7	Dacey, Mollie M	10	Co Cardiff	49.50
8	Davies, Cora	15	Rct Squad	49.84
9	James, Ilenia	15	Nexus	49.89

**Heat 9 of 14 Finals**

0	Rankin, Carys	11	Co Cardiff	48.60
1	Thomas, Nansi	12	Co Cardiff	48.50
2	Davies, Cerys	12	Rct Squad	47.06
3	Robinson, Seren	13	Co Cardiff	46.80
4	Johnson Jones, Alaw F	12	CANY	46.50
5	Hamm, Elli May	12	BRCY	46.70
6	Jenkins, Beca	11	Co Cardiff	47.00
7	Watts, Abigail M	11	CHIY	48.24
8	Martin, Abigail	12	Co Cardiff	48.55
9	Thomas, Ffion	11	NEAY	48.83

**Heat 10 of 14 Finals**

0	Brain, Georgina	13	Co Cardiff	45.80
1	Moodley, Bethan	13	Rct Squad	45.78
2	Worthington, Emma	10	CHIY	45.50
3	Worthington, Heather	12	CHIY	45.40
4	Griffiths, Enfys	12	Pembs Cty	45.30
5	Davies, Niamh	11	Co Cardiff	45.40
6	Sturdy, Lauren	12	Rct Squad	45.46
7	Croke, Carys S	11	TDOY	45.53
8	Beynon, Gracie L	11	BRCY	45.80
9	Goddard, Evie E	12	Pembs Cty	45.80

**Heat 11 of 14 Finals**

0	Broder, Libby R	12	TDOY	44.62
1	Jones, Neve	13	NEAY	44.47
2	Cox, Emily V	15	BRCY	44.20
3	Thomas, Abigail	13	NEAY	44.00
4	Hughes, Cari	11	Nexus	43.68
5	Roberts, Alysia	12	Co Cardiff	43.80
6	White, Seren	12	Rct Squad	44.17
7	Watts, Rebecca M	13	CHIY	44.23
8	Skene, Deryn	14	Co Cardiff	44.50
9	Edwards, Maddie	14	Nexus	44.78

**Heat 12 of 14 Finals**

0	Jones, Cerys	13	Rct Squad	43.53
1	Taylor, Theodora A	9	TDOY	43.25
2	Salmon, Gwen	11	Rct Squad	42.68
3	Marchant, Rhiannon	14	Rct Squad	42.35
4	Evans, Caitlin	12	NEAY	42.18
5	Jones, Emilia A	13	BRCY	42.30
6	Waite, Ellie May	13	Co Cardiff	42.60
7	Davies, Sophie G	11	Co Cardiff	43.10
8	Lewis, Lowri	12	NEAY	43.50
9	Johnson Jones, Ceri M	14	CANY	43.67

**Heat 13 of 14 Finals**

0	Horne, Alexa	12	Pembs Cty	42.10
1	Cook, Seren M	14	BRCY	42.00
2	Callen, Holly-Jane	12	Pembroke	41.64
3	George, Caitlin	13	Co Cardiff	40.60
4	Mason, Teoni J	16	TDOY	40.04
5	Thomas, Nell	14	Rct Squad	40.17
6	Jones, Ruby	15	TDOY	41.60
7	Faulkner, Marie	13	Co Cardiff	42.00
8	Emes, Eleanor J	13	TDOY	42.10
9	James, Ffion	13	Rct Squad	42.12

**Heat 14 of 14 Finals**

0	Minas, Ella	14	Rct Squad	39.79
1	Dunglison, Kate L	12	BRCY	38.80
2	Iles, Georgia L	12	Co Cardiff	38.26
3	Chadwick, Bethan	17	Rct Squad	36.81
4	McRae, Mair K	16	TDOY	34.76
5	Nicholas, Megan L	18	BRCY	36.00
6	Warrender, Meggan	17	TDOY	37.65
7	Lewis, Caera	12	Pembs Cty	38.29
8	Morgan, Sophie	17	Rct Squad	39.59
9	Gilligan, Gracie	11	NEAY	39.88

**Event 25 Boys 9 & Over 100 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 5 Finals**

3	Cozma, Sam	9	Co Cardiff	NT
4	Morgan, Jack	11	Pembroke	NT
5	Henschell, Logan	10	Co Cardiff	NT

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 2 Finals (#25 Boys 9 & Over 100 LC Meter Butterfly)**

0	Jones, Joseph T	12	Nexus	NT
1	Thomas, Joe M	13	Nexus	NT
2	Clarke, Luke	12	Co Cardiff	1:49.50
3	Stroud, Iwan	14	Co Cardiff	1:38.33
4	Newton, James L	11	TDOY	1:35.12
5	Morgan, Lewis R	11	BRCY	1:35.90
6	Evans, Emrys	12	Co Cardiff	1:48.70
7	Jones, Jacob	14	Rct Squad	1:54.05
8	Edwards, Sam C	12	Nexus	NT

**Heat 3 of 5 Finals**

0	Fletcher, Owen T	11	Pembs Cty	1:32.20
1	Owen, Cai	12	Pembs Cty	1:30.80
2	West, Zac	12	Pembs Cty	1:27.20
3	Price, Toby G	13	Pembs Cty	1:24.30
4	Isaacs, Tomos	13	Rct Squad	1:20.17
5	Thomas, Jac	12	NEAY	1:23.96
6	Murphy-Kenny, Dylan	12	Rct Squad	1:25.84
7	Thomas, Dewi	11	Pembs Cty	1:28.60
8	Coulson, Evan T	13	TDOY	1:31.95
9	Rescigno, Alberto	11	Co Cardiff	1:35.00

**Heat 4 of 5 Finals**

0	Fowler, Joseph	12	Rct Squad	1:15.04
1	Salmon, Carwyn	15	Rct Squad	1:10.45
2	Andrews, Rory	14	Pembs Cty	1:09.90
3	Jenkins, Ellis	16	Rct Squad	1:09.42
4	White, Henry	14	Pembs Cty	1:06.90
5	Wells, Lewis	15	NEAY	1:08.49
6	Wisden, Dylan J	14	BRCY	1:09.50
7	Collins, Tyler	15	Rct Squad	1:10.33
8	Wojcik, Szymon	16	BRCY	1:10.70
9	Pritchard, Tomos	13	CANY	1:16.91

**Heat 5 of 5 Finals**

0	Merriman, Ben W	13	TDOY	1:06.10
1	Kettle, Rowan	18	Pembroke	1:04.61
2	Cook, Owain E	18	BRCY	1:03.40
3	Thomas, Daniel J	21	Pembroke	1:01.07
4	Richards, Owen T	17	TDOY	58.10
5	Barrett, Sean A	16	Pembs Cty	1:01.00
6	Garland, Kieran	16	Rct Squad	1:01.93
7	Rosser, Alex W	22	TDOY	1:04.00
8	Chim, Danny K	17	BRCY	1:05.54
9	Selby, Morgan L	15	Rct Squad	1:06.68

**Event 26 Girls 9 & Over 200 LC Meter Butterfly**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 2 Finals**

0	Thomas, Grace	11	Pembs Cty	NT
1	Dunglison, Kate L	12	BRCY	NT
2	Thomas, Abigail G	12	Pembroke	3:46.27
3	Matthews, Jodie	15	Rct Squad	3:29.36
4	Gronow, Mia	12	BRCY	3:22.20
5	Jones, Jessica	12	TDOY	3:24.10
6	Owen, Elain M	12	CANY	3:38.60
7	Knowles, Amy A	12	Pembs Cty	NT
8	Hampton, Poppi E	12	BRCY	NT

**Heat 2 of 2 Finals**

0	White, Eleanor R	12	Pembs Cty	3:14.50
1	Badman, Phoebe	12	Rct Squad	3:02.85
2	Minas, Ella	14	Rct Squad	2:50.89
3	Nicholas, Catrin E	15	BRCY	2:47.50
4	Twigg, Louisa	17	Pembs Cty	2:28.07
5	Lewis, Rachael E	14	Pembs Cty	2:47.10
6	Bond, Sasha	14	Rct Squad	2:48.21
7	Iles, Georgia L	12	Co Cardiff	3:02.70
8	Griffiths, Seren	14	Pembs Cty	3:05.20
9	Lewis, Becky	15	Rct Squad	3:15.14

**Event 27 Boys 9 & Over 200 LC Meter Backstroke**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 4 Finals**

3	Aylen, James E	11	BRCY	NT
4	Dossett, Samson	9	Rct Squad	3:34.74
5	Tasker, Gethin	13	Rct Squad	NT

**Heat 2 of 4 Finals**

0	Cozma, Sam	9	Co Cardiff	3:31.05
1	Buckley, Samuel G	13	BRCY	3:25.70
2	Roberts, Ethan	12	Co Cardiff	3:22.00
3	Jones, Joseph T	12	Nexus	3:20.00
4	Rosser, Ellis R	10	TDOY	3:15.07
5	Clarke, Luke	12	Co Cardiff	3:17.30
6	Jones, Rhys M	12	Rct Squad	3:21.78
7	Morgan, Jack	11	Pembroke	3:23.65
8	Stevens, Henry A	11	Co Cardiff	3:28.50
9	Froley, Iwan C	11	BRCY	3:34.70

**Heat 3 of 4 Finals**

0	Brown, Jake	12	Co Cardiff	3:10.20
1	Murphy-Kenny, Dylan	12	Rct Squad	3:02.81
2	Griffith, Noa W	13	Rct Squad	2:53.32
3	Lloyd, Rhys	16	Rct Squad	2:47.71
4	Shiels, Charlie J	14	Pembroke	2:44.93
5	Thomas, Dewi	11	Pembs Cty	2:45.30
6	West, Zac	12	Pembs Cty	2:52.50
7	Thomas, Travis	12	Nexus	2:57.21
8	McGuinness, Charlie D	12	TDOY	3:07.16
9	McCarthy, Benedict	9	Co Cardiff	3:14.20

**Heat 4 of 4 Finals**

0	Isaacs, Tomos	13	Rct Squad	2:38.41
1	Fitzsimmons, Arron	14	Pembroke	2:32.84
2	Andrews, Rory	14	Pembs Cty	2:26.40
3	White, Henry	14	Pembs Cty	2:25.37
4	Sturley, Toby	14	Pembs Cty	2:22.90
5	Hunt, Tobias J	17	BRCY	2:24.20
6	Merriman, Ben W	13	TDOY	2:26.08
7	Collins, Tyler	15	Rct Squad	2:28.70
8	Coulson, Evan T	13	TDOY	2:35.60
9	John, Finlay	12	Rct Squad	2:41.13

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

## Event 28 Girls 9 &amp; Over 100 LC Meter Breaststroke

Lane	Name	Age	Team	Seed Time
<b>Heat 1 of 11 Finals</b>				
3	O'Connell, Megan N	9	Nexus	NT
4	Cosby, Nia	11	BRCY	NT
5	Townsend, Skye S	10	Co Cardiff	NT
<b>Heat 2 of 11 Finals</b>				
1	Payne, AmÃ©lie M	11	TDOY	NT
2	Hickman, Isla L	9	BRCY	2:56.00
3	Hancock, Ruby C	10	Nexus	2:38.13
4	Thomas, Hannah L	9	Nexus	2:16.64
5	O'Connell, Cerys E	10	Nexus	2:17.20
6	Reilly, Manon	10	Rct Squad	2:52.51
7	Saunders, Honey	13	Rct Squad	NT
8	Cull, Millie M	11	BRCY	NT
<b>Heat 3 of 11 Finals</b>				
0	Higgs, Cerys	9	Co Cardiff	2:11.60
1	Pani, Isabella C	10	Co Cardiff	2:11.20
2	Thompson, Carys	11	Pembroke	2:05.99
3	Moseley, Sophie	12	Pembroke	2:04.99
4	Robinson, Carys E	11	Co Cardiff	1:59.90
5	Schumm, Libby	9	TDOY	2:01.53
6	Pengelly, Leia	12	Rct Squad	2:05.32
7	Carre, Jasmine M	11	Rct Squad	2:09.97
8	Barnfield, Daisy R	10	BRCY	2:11.50
9	Millan, Seren L	12	BRCY	2:14.40
<b>Heat 4 of 11 Finals</b>				
0	Daly, Kirsten E	12	BRCY	1:58.10
1	Avraam, Neve E	10	BRCY	1:56.30
2	Williams, Mali	12	Rct Squad	1:55.90
3	Rankin, Carys	11	Co Cardiff	1:55.44
4	Beech, Catrin B	13	CANY	1:54.26
5	Howells-Aitken, Neve H	13	Co Cardiff	1:54.60
6	Evans, Ella	10	Co Cardiff	1:55.70
7	Owens, Annie R	11	Nexus	1:55.92
8	Haddrell, Eva Lily	10	Rct Squad	1:57.87
9	Hamm, Elli May	12	BRCY	1:59.70
<b>Heat 5 of 11 Finals</b>				
0	Jacklin, Isabelle F	10	Nexus	1:53.89
1	Morgan, Alisha	12	Rct Squad	1:53.06
2	Watts, Abigail M	11	CHIY	1:51.54
3	James, Ilenia	15	Nexus	1:49.96
4	Winter, Callie M	11	Co Cardiff	1:49.30
5	Stamp, Laylah	11	Co Cardiff	1:49.50
6	Simcock, Charlotte	12	Rct Squad	1:51.20
7	Dacey, Mollie M	10	Co Cardiff	1:51.90
8	Gardener, Hannah B	9	BRCY	1:53.10
9	Carrington, Amber	13	CHIY	1:54.12

## Heat 6 of 11 Finals

0	Evans, Gwenllian	9	Co Cardiff	1:48.90
1	Parry, Emily	10	CANY	1:47.39
2	Devonald-Jones, Ffion	16	Rct Squad	1:46.37
3	Martin, Abigail	12	Co Cardiff	1:44.83
4	Thomas, Nansi	12	Co Cardiff	1:44.20
5	Kay, Isabelle	10	Rct Squad	1:44.83
6	Ball, Zara R	11	Co Cardiff	1:45.70
7	McDonagh, Emily M	10	BRCY	1:47.30
8	Rosser, Cerys A	13	TDOY	1:48.70
9	Martin, Lara E	10	BRCY	1:49.20

## Heat 7 of 11 Finals

0	Robinson, Seren	13	Co Cardiff	1:42.70
1	Brain, Georgina	13	Co Cardiff	1:41.19
2	Webb, Alys	12	Pembs Cty	1:40.20
3	Jenkins, Beca	11	Co Cardiff	1:39.00
4	Watts, Rebecca M	13	CHIY	1:38.75
5	Goddard, Evie E	12	Pembs Cty	1:39.00
6	Worthington, Emma	10	CHIY	1:40.02
7	Sturdy, Lauren	12	Rct Squad	1:40.29
8	Horne, Victoria	10	Pembs Cty	1:42.60
9	Beynon, Gracie L	11	BRCY	1:42.70

## Heat 8 of 11 Finals

0	Waite, Ellie May	13	Co Cardiff	1:37.75
1	Thomas, Abigail	13	NEAY	1:37.01
2	James, Ffion	13	Rct Squad	1:36.15
3	Jones, Isabelle	14	TDOY	1:35.00
4	John, Lucy	12	Pembs Cty	1:34.60
5	Broder, Libby R	12	TDOY	1:34.84
6	Griffiths, Enfys	12	Pembs Cty	1:36.10
7	Griffiths-Cole, Carys S	12	BRCY	1:37.00
8	Roberts, Alysia	12	Co Cardiff	1:37.30
9	Thomas, Grace	11	Pembs Cty	1:38.50

## Heat 9 of 11 Finals

0	Clapham, Rhiannon m	13	Pembs Cty	1:34.30
1	Horne, Alexa	12	Pembs Cty	1:33.80
2	Davies, Sophie G	11	Co Cardiff	1:33.00
3	Holley, Rebecca	13	Co Cardiff	1:32.50
4	Krol, Sophie	13	Pembs Cty	1:30.40
5	Cook, Seren M	14	BRCY	1:31.40
6	Taylor, Theodora A	9	TDOY	1:32.58
7	Salmon, Gwen	11	Rct Squad	1:33.45
8	White, Seren	12	Rct Squad	1:34.16
9	Davies, Niamh	11	Co Cardiff	1:34.60

## Heat 10 of 11 Finals

0	Hickman, Eve R	13	BRCY	1:30.00
1	Thomas, Nell	14	Rct Squad	1:29.16
2	Evans, Caitlin	12	NEAY	1:28.89
3	Callen, Holly-Jane	12	Pembroke	1:28.27
4	Jones, Ruby	15	TDOY	1:26.50
5	Gilligan, Gracie	11	NEAY	1:26.69
6	Faulkner, Marie	13	Co Cardiff	1:28.40
7	Marchant, Rhiannon	14	Rct Squad	1:28.98
8	Croke, Carys S	11	TDOY	1:29.16
9	Jones, Emilia A	13	BRCY	1:30.30

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 11 Finals (#28 Girls 9 & Over 100 LC Meter Breaststroke)**

0	Stevens, Ruby	12	Co Cardiff	1:26.00
1	Morgan, Sophie	17	Rct Squad	1:24.03
2	Lewis, Caera	12	Pembs Cty	1:22.37
3	Chadwick, Bethan	17	Rct Squad	1:21.73
4	McRae, Mair K	16	TDOY	1:15.50
5	Nicholas, Megan L	18	BRCY	1:18.60
6	Omnet, Lauren	15	Pembs Cty	1:22.10
7	Iles, Georgia L	12	Co Cardiff	1:23.73
8	Dunglinson, Kate L	12	BRCY	1:25.30
9	Parry, Jessica	13	CANY	1:26.36

**Event 29 Boys 9 & Over 100 LC Meter Freestyle**

Lane	Name	Age	Team	Seed Time
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**Heat 1 of 8 Finals**

0	Meshor, George	9	Brecon	NT
1	Bryant, Tomos G	10	BRCY	NT
2	Roberts, Ethan	12	Co Cardiff	NT
3	Edmiston, Marlin	14	TDOY	NT
4	Woodward, Cullen G	9	BRCY	1:54.70
5	Roberts, Dafydd	14	Nexus	NT
6	Thomas, Joe M	13	Nexus	NT
7	Vaughan, William J	11	Nexus	NT
8	Henschell, Logan	10	Co Cardiff	NT
9	Harris, Ryley	9	Rct Squad	NT

**Heat 2 of 8 Finals**

0	Morgan, Ben	9	Pembroke	1:52.09
1	Isaacs, Harri	11	Rct Squad	1:39.35
2	West, Dexter	9	Flyers	1:32.27
3	Bloomfield, William J	11	BRCY	1:32.20
4	Griffiths, George	10	Hsc	1:30.61
5	Morgan, Jack	11	Pembroke	1:31.33
6	Brown, Jake	12	Co Cardiff	1:32.20
7	Jones, Daniel I	11	CANY	1:38.18
8	Hoare, Joshua R	11	Nexus	1:50.40
9	Johnson, Cai	11	Pembroke	1:54.63

**Heat 3 of 8 Finals**

0	Froley, Iwan C	11	BRCY	1:29.70
1	Whittaker, Daniel R	12	BRCY	1:28.50
2	Parry, Guto E	10	CANY	1:27.91
3	Pritchard, Rhys	10	CANY	1:26.77
4	Buckley, Samuel G	13	BRCY	1:25.50
5	Jones, Harrison L	11	BRCY	1:26.00
6	Cozma, Sam	9	Co Cardiff	1:27.70
7	Clarke, Luke	12	Co Cardiff	1:28.20
8	Dossett, Samson	9	Rct Squad	1:29.30
9	Davies, Adam	10	Nexus	1:30.21

**Heat 4 of 8 Finals**

0	Jones, Rhys M	12	Rct Squad	1:21.93
1	Stroud, Iwan	14	Co Cardiff	1:18.76
2	Thomas, Travis	12	Nexus	1:17.64
3	McGuinness, Charlie D	12	TDOY	1:16.98
4	Griffith, Noa W	13	Rct Squad	1:15.92
5	Rosser, Ellis R	10	TDOY	1:16.47
6	Fletcher, Owen T	11	Pembs Cty	1:17.40
7	Garland, Jay	13	Rct Squad	1:18.27
8	Lloyd, Angus	13	Co Cardiff	1:20.50
9	McCarthy, Benedict	9	Co Cardiff	1:22.90

**Heat 5 of 8 Finals**

0	Newton, James L	11	TDOY	1:15.60
1	Eaton Sawford, Kier A	13	CHIY	1:13.60
2	Tasker, Gethin	13	Rct Squad	1:11.67
3	Thomas, Dewi	11	Pembs Cty	1:10.40
4	Edwards, Sam C	12	Nexus	1:10.10
5	Isaacs, Tomos	13	Rct Squad	1:10.15
6	John, Finlay	12	Rct Squad	1:10.88
7	West, Zac	12	Pembs Cty	1:13.10
8	Smallman, Camron J	13	TDOY	1:13.60
9	Martin, Luc A	12	BRCY	1:15.60

**Heat 6 of 8 Finals**

0	Newton, Oscar	13	TDOY	1:08.44
1	Price, Toby G	13	Pembs Cty	1:08.00
2	Fowler, Joseph	12	Rct Squad	1:07.91
3	Rosser, Dewi J	13	TDOY	1:06.73
4	Jenkins, Ellis	16	Rct Squad	1:04.47
5	Pritchard, Tomos	13	CANY	1:05.45
6	James, Ioan D	11	BRCY	1:06.80
7	Shiels, Charlie J	14	Pembroke	1:07.94
8	Thomas, Jac	12	NEAY	1:08.43
9	Lloyd, Rhys	16	Rct Squad	1:09.08

**Heat 7 of 8 Finals**

0	Fitzsimmons, Arron	14	Pembroke	1:03.20
1	Collins, Tyler	15	Rct Squad	1:01.66
2	Chim, Danny K	17	BRCY	1:01.20
3	Thompson, Morgan	16	Co Cardiff	1:00.80
4	Wells, Lewis	15	NEAY	59.96
5	Salmon, Carwyn	15	Rct Squad	1:00.11
6	Wisden, Dylan J	14	BRCY	1:01.10
7	Jones, Jacob	14	Rct Squad	1:01.40
8	Wojcik, Szymon	16	BRCY	1:02.10
9	Clement, Logan	14	Rct Squad	1:04.40

**Heat 8 of 8 Finals**

0	Hunt, Tobias J	17	BRCY	59.50
1	Price, Dafydd T	18	TDOY	59.21
2	Kettle, Rowan	18	Pembroke	57.96
3	Garland, Kieran	16	Rct Squad	56.33
4	Richards, Owen T	17	TDOY	55.10
5	Boladz, Tom A	19	TDOY	55.20
6	Rosser, Alex W	22	TDOY	57.40
7	Cook, Owain E	18	BRCY	58.40
8	Selby, Morgan L	15	Rct Squad	59.26
9	Sturley, Toby	14	Pembs Cty	59.60

## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

## Event 30 Girls 9 &amp; Over 50 LC Meter Freestyle

Lane	Name	Age	Team	Seed Time
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## Heat 1 of 16 Finals

3	Probert, Freya	9	Brecon	NT
4	Jackson, Tess	9	Brecon	NT
5	Lewis, Charlotte	9	Brecon	NT

## Heat 2 of 16 Finals

0	Francombe, Juno	9	BRCY	NT
1	Payne, AmÃ©lie M	11	TDOY	NT
2	Lott, Isabella F	12	BRCY	NT
3	Montague, Keira	9	Pembroke	1:03.10
4	Brady, Grace	9	Rct Squad	55.98
5	Hickman, Isla L	9	BRCY	59.40
6	Meshar, Anwen	9	Brecon	1:13.31
7	Furlong, Amber P	11	BRCY	NT
8	Hancock, Ruby C	10	Nexus	NT
9	Williams, Olivia	9	Rct Squad	NT

## Heat 3 of 16 Finals

0	Meshar, Paula	11	Brecon	52.02
1	Davies, Clemmie	10	Brecon	51.76
2	Williams, Begw	9	Rct Squad	49.94
3	O'Connell, Cerys E	10	Nexus	48.77
4	Cull, Pollyanna	9	Co Cardiff	48.10
5	O'Connell, Megan N	9	Nexus	48.42
6	Marchant, Calgary R	11	TDOY	49.24
7	Barnfield, Daisy R	10	BRCY	50.90
8	Meshar, Harriet	11	Brecon	51.83
9	Brock, Ffion	9	Rct Squad	53.58

## Heat 4 of 16 Finals

0	Millan, Seren L	12	BRCY	46.80
1	Thompson, Carys	11	Pembroke	46.10
2	Chakraborty, Diya	11	Co Cardiff	44.40
3	James, Lilia	10	Nexus	43.90
4	Saunders, Honey	13	Rct Squad	43.39
5	Everson-Baker, Amelia J	10	TDOY	43.80
6	Reilly, Manon	10	Rct Squad	44.06
7	Higgs, Cerys	9	Co Cardiff	44.70
8	Thomas, Caitlyn	9	NEAY	46.50
9	Tarpey, Niamh A	10	BRCY	46.90

## Heat 5 of 16 Finals

0	Carre, Jasmine M	11	Rct Squad	42.40
1	Robinson, Carys E	11	Co Cardiff	41.40
2	Gardener, Louise R	12	BRCY	41.00
3	Davies, Seren E	10	BRCY	40.70
4	Coombes, Cerys	10	BRCY	40.40
5	Potter, Elin H	11	Co Cardiff	40.48
6	Pani, Isabella C	10	Co Cardiff	40.90
7	Cosby, Nia	11	BRCY	41.30
8	Hughes, Erin	10	Rct Squad	42.09
9	Townsend, Skye S	10	Co Cardiff	42.70

## Heat 6 of 16 Finals

0	Evans, Gwenllian	9	Co Cardiff	40.10
1	Simcock, Charlotte	12	Rct Squad	39.93
2	John, Emilia V	11	Co Cardiff	39.40
3	Watts, Abigail M	11	CHIY	38.88
4	Donnithorne, Natasha E	14	BRCY	38.20
5	Gardener, Hannah B	9	BRCY	38.30
6	Barrington-Williams, Ruby	10	Rct Squad	38.96
7	Evans, Ella	10	Co Cardiff	39.90
8	Willis, Meghan R	11	TDOY	39.98
9	Haddrell, Eva Lily	10	Rct Squad	40.27

## Heat 7 of 16 Finals

0	Avraam, Neve E	10	BRCY	37.70
1	Kay, Isabelle	10	Rct Squad	37.48
2	Wright, Pippa	12	Rct Squad	37.36
3	Thomas, Holly L	11	Co Cardiff	37.20
4	Sturley, Maggie M	12	Pembroke	37.11
5	Winter, Callie M	11	Co Cardiff	37.20
6	Martin, Lara E	10	BRCY	37.30
7	Cull, Millie M	11	BRCY	37.40
8	Beech, Catrin B	13	CANY	37.48
9	Owen, Kessie E	10	Nexus	38.10

## Heat 8 of 16 Finals

0	Morgan, Alisha	12	Rct Squad	37.04
1	Williams, Georgia	11	Nexus	36.91
2	Worthington, Heather	12	CHIY	36.46
3	Davis, Freya	11	Rct Squad	36.24
4	Goddard, Evie E	12	Pembs Cty	36.02
5	James, Ilenia	15	Nexus	36.20
6	Rankin, Carys	11	Co Cardiff	36.30
7	Carrington, Amber	13	CHIY	36.86
8	Dacey, Mollie M	10	Co Cardiff	37.00
9	McDonagh, Emily M	10	BRCY	37.10

## Heat 9 of 16 Finals

0	Watts, Rebecca M	13	CHIY	35.85
1	Leconte, Seren	14	Rct Squad	35.51
2	Horne, Victoria	10	Pembs Cty	35.34
3	Francombe, Romy	12	BRCY	35.30
4	Stamp, Laylah	11	Co Cardiff	35.30
5	Beynon, Gracie L	11	BRCY	35.30
6	Watkins, Amelia M	10	TDOY	35.33
7	Schumm, Libby	9	TDOY	35.40
8	Martin, Abigail	12	Co Cardiff	35.71
9	Hampton, Poppi E	12	BRCY	35.90

## Heat 10 of 16 Finals

0	Sturdy, Lauren	12	Rct Squad	34.86
1	Davies, Sophie G	11	Co Cardiff	34.80
2	Thomas, Ffion	11	NEAY	34.60
3	Williams, Mali	12	Rct Squad	34.48
4	Devonald-Jones, Ffion	16	Rct Squad	34.45
5	Davies, Cora	15	Rct Squad	34.45
6	Roberts, Alysia	12	Co Cardiff	34.50
7	Badman, Phoebe	12	Rct Squad	34.74
8	O'Mahoney, Kaitlin	10	NEAY	34.81
9	Robinson, Seren	13	Co Cardiff	35.10



## RCT Level 3 New Year Open Meet - 05/01/2019 to 06/01/2019

## Meet Program

**Heat 11 Finals (#30 Girls 9 & Over 50 LC Meter Freestyle)**

0	Edwards, Maddie	14	Nexus	34.37
1	James, Nia	13	Pembs Cty	34.20
2	Cook, Seren M	14	BRCY	34.10
3	Salmon, Gwen	11	Rct Squad	33.94
4	Griffiths, Enfys	12	Pembs Cty	33.80
5	Thomas, Nansi	12	Co Cardiff	33.85
6	John, Lucy	12	Pembs Cty	34.10
7	Moodley, Bethan	13	Rct Squad	34.11
8	Webb, Alys	12	Pembs Cty	34.20
9	Brain, Georgina	13	Co Cardiff	34.40

**Heat 12 of 16 Finals**

0	Pengelly, Leia	12	Rct Squad	33.74
1	Lewis, Becky	15	Rct Squad	33.34
2	Clapham, Rhiannon m	13	Pembs Cty	33.20
3	Owen, Elain M	12	CANY	33.16
4	Waite, Ellie May	13	Co Cardiff	32.80
5	Jenkins, Beca	11	Co Cardiff	32.90
6	Horne, Alexa	12	Pembs Cty	33.20
7	Thomas, Abigail	13	NEAY	33.29
8	Thomas, Izzy	14	BRCY	33.60
9	Matthews, Jodie	15	Rct Squad	33.78

**Heat 13 of 16 Finals**

0	Omnet, Lauren	15	Pembs Cty	32.64
1	Jones, Emilia A	13	BRCY	32.20
2	Froley, Megan R	14	BRCY	32.00
3	Holley, Rebecca	13	Co Cardiff	31.80
4	Thomas, Nell	14	Rct Squad	31.67
5	Faulkner, Marie	13	Co Cardiff	31.78
6	Knowles, Amy A	12	Pembs Cty	32.00
7	Nicholas, Catrin E	15	BRCY	32.08
8	Davies, Cerys	12	Rct Squad	32.52
9	Addecott, Ffion H	16	Rct Squad	32.65

**Heat 14 of 16 Finals**

0	Iles, Georgia L	12	Co Cardiff	31.60
1	Minas, Ella	14	Rct Squad	31.53
2	Stevens, Ruby	12	Co Cardiff	31.44
3	Parry, Jessica	13	CANY	31.29
4	Krol, Sophie	13	Pembs Cty	31.10
5	Croke, Carys S	11	TDOY	31.27
6	Lewis, Caera	12	Pembs Cty	31.40
7	Rowles, Freya A	17	TDOY	31.50
8	Griffiths, Seren	14	Pembs Cty	31.57
9	Davies, Ffion	12	Rct Squad	31.64

**Heat 15 of 16 Finals**

0	Mason, Teoni J	16	TDOY	30.58
1	Lewis, Lowri	12	NEAY	30.37
2	Bond, Sasha	14	Rct Squad	30.13
3	Griffiths-Cole, Carys S	12	BRCY	30.10
4	Morgan, Sophie	17	Rct Squad	30.01
5	Emes, Eleanor J	13	TDOY	30.06
6	Hunt, Imogen E	20	BRCY	30.10
7	Clayton, Karys L	13	TDOY	30.20
8	Chadwick, Bethan	17	Rct Squad	30.40
9	Smith, Mia	14	TDOY	30.64

**Heat 16 of 16 Finals**

0	Short, Mollie	16	NEAY	29.93
1	Broder, Libby R	12	TDOY	29.90
2	Evans, Bethan	14	NEAY	29.89
3	Marchant, Rhiannon	14	Rct Squad	29.46
4	Warrender, Meggan	17	TDOY	29.19
5	Rosser, Cerys A	13	TDOY	29.43
6	Randell, Niamh	17	Rct Squad	29.55
7	Nicholas, Megan L	18	BRCY	29.90
8	Jones, Ruby	15	TDOY	29.91
9	Chayka, Sofia	12	Co Cardiff	30.00