

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 1 Boys 10 Year Olds 1500 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Jack Bamborough	10	Co Cardiff	20:16.11	
	36.31	41.17	41.27	42.81
	41.06	42.99	40.91	40.91
	42.06	41.35	41.41	41.25
	40.73	41.67	41.73	40.94
	41.74	41.37	41.81	40.87
	42.00	40.88	39.93	39.60
	39.63	39.21	38.96	39.00
	38.18	34.36		

Event 1 Boys 11 Year Olds 1500 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Joseph Parsons	11	Co Cardiff	19:41.53	
	34.82	38.00	38.68	38.68
	39.82	39.19	39.29	39.71
	40.30	40.17	40.16	40.12
	40.27	39.45	40.23	39.38
	39.73	40.47	39.58	40.43
	40.62	40.56	39.43	40.06
	39.57	39.79	38.83	38.91
	38.46	36.82		
2 Lewis Morgan	11	Bridgend Cty	21:01.15	
	37.57	42.20	42.97	42.53
	43.02	42.67	42.72	42.53
	42.47	42.65	41.33	41.63
	41.77	42.33	40.99	42.30
	42.68	42.38	42.83	42.30
	41.48	41.70	41.95	41.77
	42.28	42.19	41.76	42.95
	41.77	41.43		
3 Alexander Caddy	11	Merthyr Tydf	23:01.21	
	36.57	42.94	43.33	44.82
	45.94	45.54	46.86	45.71
	46.48	48.45	45.15	47.00
	49.69	45.06	46.34	48.71
	46.88	48.87	47.62	46.91
	47.60	48.52	46.53	46.34
	47.49	45.50	45.86	46.76
	45.16	42.58		
4 Tobie Cribb	11	Caerphilly	24:14.95	
	42.80	48.10	48.91	49.03
	49.80	49.30	50.00	49.88
	49.71	50.07	49.98	48.92
	50.16	49.18	48.94	46.84
	48.45	49.04	49.00	49.04
	49.74	49.33	48.67	48.40
	47.22	47.88	2:21.56	45.00

Event 1 Boys 12 Year Olds 1500 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Jack Rees-Jones	12	Merthyr Tydf	20:23.98	
	35.99	39.21	40.84	40.72
	40.50	40.54	40.76	40.68
	41.53	41.01	41.15	41.76
	41.24	41.42	41.45	41.00
	41.37	41.81	41.53	41.60
	41.63	41.28	40.88	41.47
	41.46	41.28	41.69	41.21
	40.11	36.86		
2 Archie Mclain	12	Heads Valley	20:29.79	
	35.93	39.48	40.51	40.89
	40.68	39.93	41.05	40.55
	40.83	41.08	40.77	40.48
	41.52	41.42	41.25	41.31
	41.71	41.78	41.49	42.03
	42.17	42.40	42.11	42.26
	42.54	41.23	42.18	41.27
	40.58	38.36		
3 Zachary A Davies	12	Torfaen D	21:55.17	
	36.66	42.83	43.13	45.06
	42.73	45.37	42.91	44.12
	44.58	43.61	44.70	43.99
	45.41	44.15	43.92	44.71
	45.24	44.60	46.36	43.28
	44.41	44.76	44.67	43.68
	45.47	44.69	44.42	43.28
	44.20	38.23		
4 Sam Owen	12	Merthyr Tydf	23:55.01	
	41.13	2:17.49	1:31.26	43.29
	1:30.20	1:34.07	3:07.99	46.35
	48.48	1:35.91	45.46	47.17
	2:23.73	48.29	1:34.56	46.09
	45.36	45.47	42.71	

Event 1 Boys 13 Year Olds 1500 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Dewi J Rosser	13	Torfaen D	18:56.50	
	33.02	36.80	37.49	37.51
	37.06	37.06	37.35	37.67
	38.26	37.80	38.32	37.89
	37.68	38.63	37.70	38.13
	38.48	38.78	38.05	39.20
	37.94	39.30	38.73	39.41
	38.87	39.37	39.06	39.51
	38.74	32.69		
2 James Ingram	13	Heads Valley	20:29.12	
	35.45	39.32	40.69	40.16
	40.22	41.22	40.86	41.48
	41.35	41.47	41.59	41.02
	41.34	41.29	41.64	41.07
	41.34	41.47	41.97	41.20
	41.45	41.56	42.01	40.97
	41.49	41.16	41.49	42.16
	41.20	39.48		

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 1 Boys 13 Year Olds 1500 SC Meter Freestyle)

Name	Age	Team	Finals Time
3 Owen Griffiths	13	Merthyr Tydf	22:50.55
37.84	2:09.38	2:16.50	46.28
46.06	46.26	45.28	45.66
47.26	47.16	2:20.42	47.53
2:21.47	2:22.20	46.94	45.82
47.08	45.06	44.76	41.59

Event 1 Boys 14 Year Olds 1500 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Hari Elias	14	Co Cardiff	19:11.92
33.23	37.53	38.64	38.14
38.47	38.53	39.08	38.97
38.48	38.48	38.84	38.91
38.59	39.89	38.73	39.07
39.14	38.98	38.80	38.69
38.77	38.61	38.47	38.93
39.06	38.95	38.12	37.90
38.12	35.80		
2 Elur Urkola	14	Co Newport	19:42.59
35.66	38.82	38.97	39.31
39.52	39.42	39.15	39.38
39.64	39.33	39.40	39.55
39.60	39.35	40.01	39.36
39.91	39.69	39.65	39.91
40.10	39.87	40.00	39.77
40.00	39.88	40.27	39.68
39.30	38.09		
3 Dylan R Havard	14	Heads Valley	20:07.88
33.57	37.53	38.94	39.91
40.22	39.90	40.94	40.00
41.27	40.74	40.68	40.44
40.21	40.32	41.85	41.19
42.13	41.44	40.38	41.45
40.37	41.20	41.42	41.39
40.53	40.67	39.55	41.26
40.22	38.16		
4 George Falloon	14	Caerphilly	22:28.90
38.83	42.21	44.66	45.00
45.11	45.74	44.91	45.22
45.50	45.55	45.85	45.31
45.17	45.15	45.88	45.75
45.59	45.69	45.42	45.95
46.44	46.92	45.90	47.60
44.79	45.57	43.87	44.36
46.29	38.67		

Event 1 Boys 15 & Over 1500 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Joshua Mullins	18	Merthyr Tydf	18:37.14
31.29	35.03	35.61	36.36
36.08	36.74	36.85	36.75
37.77	36.92	37.56	37.30
37.23	38.07	37.48	37.15
37.40	37.99	38.07	38.13
38.20	38.52	38.47	38.93
38.11	38.15	38.54	39.00
37.96	35.48		
2 Alexander Layzell	15	Merthyr Tydf	19:09.67
35.46	38.26	38.56	38.79
38.74	38.81	38.24	38.93
38.38	38.58	38.44	39.07
38.59	38.17	38.42	38.13
38.49	38.30	38.73	38.89
38.66	38.56	38.62	38.39
38.65	38.20	37.85	38.76
38.04	35.96		
3 Ryan T Steven	16	Co Newport	19:11.62
34.03	37.50	37.22	37.53
38.54	38.07	38.29	38.07
38.44	38.28	38.40	38.53
38.59	38.59	38.60	38.93
39.23	39.23	39.23	38.86
39.31	39.51	38.89	39.09
38.71	39.24	39.12	39.12
39.05	35.42		
4 Finlay M Jones	16	Rhondda	19:14.73
31.96	35.71	36.94	37.48
38.09	37.89	38.24	38.17
38.93	39.67	37.89	39.16
39.11	38.42	39.04	38.48
39.76	39.13	38.88	39.59
39.21	40.18	39.43	39.66
39.17	39.38	39.74	40.66
38.33	36.43		
5 Jac Wood-Jones	15	Rhondda	20:21.18
35.03	38.87	39.64	41.05
40.77	40.34	40.41	40.86
40.29	40.60	42.21	39.85
40.25	39.64	40.55	40.76
1:23.77	40.59	41.44	42.56
1:24.02	41.77	42.64	41.72
41.22	41.52	41.10	37.71
21.17			
6 Thomas J Williams	15	Rhondda	20:39.74
32.54	38.04	38.77	40.33
40.59	41.68	41.23	39.72
41.36	41.90	43.50	39.92
41.12	45.43	37.73	45.75
44.38	42.88	45.48	39.69
42.67	45.46	42.23	42.03
41.39	42.59	44.15	40.09
38.77	38.32		

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 1 Boys 15 & Over 1500 SC Meter Freestyle)

Name	Age	Team	Finals Time	
7 Leon Matthews	16	Cwmbran	22:00.84	
	36.75	42.76	43.51	43.52
	44.45	45.46	44.54	44.97
	45.22	44.01	45.27	45.35
	44.95	45.71	45.58	44.98
	45.28	44.87	43.91	45.50
	43.55	43.57	45.49	44.65
	44.66	43.74	44.28	44.64
	43.76	35.91		

Event 2 Girls 10 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Gracie Owen	10	Merthyr Tydf	11:01.82	
	37.50	40.76	41.63	41.53
	41.89	41.72	41.73	41.77
	42.18	42.14	41.92	41.88
	41.86	42.73	42.79	37.79
2 Evie Jones	10	Merthyr Tydf	11:48.31	
	39.17	43.94	44.33	45.03
	45.10	45.31	44.71	45.09
	45.38	46.39	44.71	45.44
	45.05	45.31	42.19	41.16
3 Ella Jones	10	Caerphilly	12:11.50	
	38.63	42.72	44.10	44.78
	46.32	45.62	47.26	47.55
	48.48	46.51	46.64	48.85
	47.95	48.02	47.21	40.86
4 Mia Beach	10	Rhondda	12:38.68	
	39.59	44.20	47.59	47.94
	49.37	48.60	49.65	50.25
	48.74	49.82	48.04	47.44
	49.01	50.24	47.02	41.18
5 Emily J Crawshay-Williams	10	Torfaen D	13:18.12	
	40.54	47.20	49.66	50.19
	50.11	51.42	50.67	51.20
	51.38	51.01	52.39	52.18
	50.89	50.89	49.82	48.57

Event 2 Girls 11 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Harriet F Coleman	11	Torfaen D	11:05.20	
	37.63	41.25	41.97	42.48
	42.26	42.02	42.62	41.77
	42.30	42.30	41.45	41.85
	41.66	42.61	42.84	38.19
2 Bailey Briggs	11	Heads Valley	11:35.40	
	39.52	43.21	44.26	44.25
	44.05	44.09	44.17	44.40
	44.15	43.93	44.37	43.81
	43.99	43.53	43.36	40.31
3 Carys Williams	11	Merthyr Tydf	11:59.49	
	40.65	44.40	45.11	45.62
	45.19	46.00	45.81	46.34
	45.99	45.62	45.85	45.07
	46.05	45.03	44.76	42.00

4 Jessica Arnold	11	Cwmbran	13:18.83	
	40.13	47.39	48.94	49.92
	1:41.63	50.73	1:45.18	2:36.26
	51.24	53.27	49.65	44.49
5 Saranna Ashman	11	Cwmbran	13:29.74	
	40.31	46.75	50.82	52.74
	50.51	52.19	52.22	54.39
	51.39	53.61	53.41	52.16
	51.73	50.59	49.98	46.94

Event 2 Girls 12 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Olivia Manley	12	Co Cardiff	11:05.19	
	36.28	40.38	40.62	41.09
	41.72	40.74	41.84	41.56
	42.91	41.77	41.95	44.65
	42.70	43.14	42.83	41.01
2 Ellie Bryan	12	Co Cardiff	11:56.28	
	38.39	43.54	45.87	45.04
	45.95	46.01	46.33	45.90
	45.55	45.90	45.36	45.28
	44.82	45.27	44.43	42.64
3 Eleri Mulford	12	Pontypridd	12:38.84	
	42.19	46.42	47.57	47.46
	48.55	49.11	49.64	49.01
	48.79	48.82	48.67	48.22
	49.61	46.55	46.47	41.76
4 Lottie J Steel	12	Co Newport	13:13.24	
	41.57	48.94	49.91	50.53
	50.89	50.67	51.53	49.45
	50.85	51.46	50.62	50.67
	51.17	48.87	50.24	45.87

Event 2 Girls 13 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Karys L Clayton	13	Torfaen D	9:55.77	
	33.41	36.16	36.93	37.10
	37.37	37.60	37.52	38.28
	37.87	38.25	38.05	37.62
	38.18	37.96	37.91	35.56
2 Rebekah Ramsey	13	Heads Valley	10:31.18	
	34.56	38.27	38.52	39.65
	39.12	40.32	39.88	40.49
	40.28	40.14	39.87	41.21
	40.18	40.28	40.11	38.30
3 Summer Price	13	Heads Valley	11:02.83	
	35.04	37.93	40.11	40.32
	42.05	42.43	42.09	42.86
	43.13	42.94	42.88	43.27
	42.65	42.14	42.58	40.41
4 Seren Wood-Jones	13	Rhondda	11:25.50	
	36.81	42.17	43.99	42.97
	42.79	43.75	44.45	43.34
	43.59	44.20	44.83	43.07
	43.55	42.98	43.33	39.68

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 2 Girls 13 Year Olds 800 SC Meter Freestyle)

Name	Age	Team	Finals Time	
5 Gabriella Bowen	13	Merthyr Tydf	11:26.32	
			38.19	41.48
			42.82	42.34
			43.45	44.22
			44.15	43.75
			44.08	43.61
			44.13	43.48
			44.37	43.84
			43.08	39.33
6 Blythe Scannell	13	Merthyr Tydf	11:33.21	
			38.65	42.73
			43.09	44.20
			43.41	43.69
			44.17	44.78
			43.74	43.65
			42.99	43.27
			44.26	44.46
			42.72	43.40
7 Millie Cribb	13	Caerphilly	11:41.97	
			37.23	41.58
			43.40	43.35
			44.07	44.37
			44.26	44.58
			45.17	45.19
			45.09	45.62
			45.45	44.72
			44.84	43.05
8 Megan R Peacock	13	Co Newport	11:43.49	
			37.91	42.62
			44.31	44.57
			44.86	44.32
			44.74	44.66
			44.52	44.62
			44.34	44.42
			44.82	44.89
			45.52	42.37
--- Daisy Keigwin	13	Caerphilly	NS	

Event 2 Girls 14 Year Olds 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Carys L Whitelock	14	Torfaen D	9:53.24	
			34.11	36.83
			36.43	36.47
			36.96	37.13
			36.93	37.18
			37.61	37.79
			37.41	37.45
			37.67	37.41
			37.42	38.44
2 Grace Girling	14	Co Cardiff	9:54.87	
			32.32	35.63
			36.51	36.73
			37.55	37.72
			37.41	38.55
			38.11	37.69
			38.23	37.95
			37.81	38.64
			37.63	36.39
3 Alyssa R Baker	14	Torfaen D	10:08.52	
			34.28	36.98
			36.96	37.11
			37.68	38.18
			38.38	38.80
			39.02	38.66
			38.76	39.18
			39.03	39.50
			38.62	37.38
4 Niamh Stork	14	Co Cardiff	10:29.55	
			33.64	37.77
			38.72	40.06
			39.92	39.82
			39.77	40.77
			40.65	40.19
			40.57	41.09
			41.15	40.45
			40.08	34.90
5 Cerys Lunn	14	Co Cardiff	11:05.70	
			35.53	40.19
			40.71	41.48
			42.14	41.76
			42.03	42.71
			42.64	42.70
			44.04	44.02
			43.84	41.97
			40.88	39.06
6 Lauren Davies	14	Bridgend Cty	11:09.81	
			34.88	39.50
			41.21	42.12
			43.00	42.30
			41.57	42.39
			42.10	43.62
			43.60	43.63
			43.29	42.30
			42.72	41.58

7 Olivia N Jones	14	Rhondda	11:47.72	
			37.68	42.29
			44.10	43.81
			44.56	44.84
			45.36	45.18
			44.60	44.97
			46.76	46.08
			45.31	45.51
			44.63	42.04
8 Niamh Gregory	14	Caerphilly	12:03.80	
			37.66	43.93
			45.70	46.06
			45.10	46.11
			46.83	46.46
			46.94	46.64
			46.80	45.69
			47.34	45.96
			45.77	40.81

Event 2 Girls 15 & Over 800 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Lois J Davies	15	Co Cardiff	10:03.00	
			32.50	37.01
			37.61	38.08
			37.53	38.60
			38.80	38.77
			38.97	38.53
			38.47	37.93
			38.07	38.49
			37.90	35.74
2 Carys M Havard	15	Heads Valley	11:06.75	
			36.02	40.86
			42.75	42.15
			41.39	42.41
			42.05	42.44
			41.70	42.88
			43.69	43.06
			42.90	41.34
			41.61	39.50
3 Cerys Jones	15	Co Cardiff	11:13.45	
			34.41	39.43
			40.97	41.83
			42.18	42.36
			42.77	43.71
			43.24	44.08
			43.54	44.02
			44.06	43.48
			42.33	41.04
4 Arwen Teagle	17	Merthyr Tydf	11:34.77	
			36.54	41.39
			43.73	44.14
			44.23	45.55
			44.53	44.45
			44.27	45.91
			43.96	43.79
			43.64	43.39
			43.24	42.01
5 Jasmine Bryan	15	Merthyr Tydf	11:37.54	
			36.90	41.59
			43.48	43.48
			43.04	43.95
			43.85	44.01
			44.73	44.30
			45.17	45.62
			46.21	46.01
			45.44	39.76
6 Jayne Brown	26	Cwmbran	11:42.03	
			36.91	41.55
			44.38	43.57
			43.95	44.64
			44.45	44.34
			44.50	44.49
			44.17	45.42
			45.11	45.10
			44.62	44.83
7 Esme Jones	16	Cwmbran	12:01.94	
			35.42	40.74
			42.95	43.34
			44.33	44.46
			45.41	46.84
			46.86	47.63
			48.36	47.23
			48.03	47.65
			47.04	45.65
8 Rebecca Underwood	16	Cwmbran	12:04.03	
			36.59	42.13
			43.92	44.84
			45.11	45.66
			47.08	46.03
			47.23	47.26
			46.87	46.41
			48.38	48.45
			45.70	42.37
9 Emma Harvey	37	Cwmbran	12:34.36	
			34.84	40.10
			43.30	43.10
			43.45	43.80
			44.10	45.40
			45.77	45.70
			46.57	1:40.72
			40.92	43.56
			46.54	46.49

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 3 Boys 10 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Coel Adams	10 Cwmbran	37.34
2 Oliver Coombes	10 Co Cardiff	37.54
3 Logan Henschell	10 Co Cardiff	38.01
4 Noah J Rixon	10 Co Newport	39.24
5 Llyr O Robbins	10 Co Cardiff	40.05
6 Harri Titchner	10 Abertillery	40.55
7 Theo N Jenkins	10 Co Cardiff	41.25
8 Oscar K Watkins	10 Co Newport	41.71
9 Charlie J Malpas	10 Pontypridd	42.29
10 Cai Fernon	10 Rct Squad	43.14
11 Iwan H Davies	10 Co Cardiff	44.33
12 Alfie J Doyle	10 Co Newport	47.12
13 Ewan Mcdonagh	10 Rct Squad	53.70
--- Ciaran R Butler	10 Co Newport	NS

Event 3 Boys 11 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Jack S James	11 Torfaen D	35.05
2 Henry A Stevens	11 Co Cardiff	35.54
3 Ellis Price	11 Pontypridd	35.67
4 Connor Divers	11 Caerphilly	36.43
5 Caleb Norton	11 Rhondda	37.70
6 Harrison L Jones	11 Bridgend Cty	38.72
7 Kornelijus Rute	11 Brecon	39.74
8 Cohen S Fenn-Ellis	11 Torfaen D	41.49
9 Henri Jones-Dekerf	11 Chepstow	41.70
10 Gavin Davies	11 Co Newport	43.21
11 Caleb N Hilder	11 Torfaen D	46.57
--- Aled Evans	11 Pontypridd	NS
--- Kian Smith	11 Cwmbran	NS
--- Rafe E Bennett	11 Torfaen D	NS

Event 3 Boys 12 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Zachary A Davies	12 Torfaen D	33.02
2 luc Martin	12 Bridgend Cty	33.20
3 Evan Winstone	12 Co Cardiff	33.59
4 Evan M Davies	12 Co Newport	33.66
5 Alex White	12 Rhondda	34.45
6 Archie Mclain	12 Heads Valley	34.79
7 Tyler b Jones	12 Rhondda	35.48
8 William J Tett	12 Chepstow	35.82
9 Charlie Nash	12 Rhondda	36.34
--- Rhys Jones	12 Rct Squad	NS
--- Cian Epstein	12 Heads Valley	NS

Event 3 Boys 13 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Freddie Johnson	13 Heads Valley	30.84
2 Tomos Isaacs	13 Rct Squad	31.31
3 William J Watkins	13 Co Newport	31.67
4 Camron J Smallman	13 Torfaen D	31.70
5 Christian T Andrews	13 Chepstow	33.31
6 Gethin Chambers	13 Rhondda	34.22
7 Evan Williams	13 Rhondda	34.45
8 Callum Negrotti	13 Torfaen D	34.70

9 Alexander John	13 Rct Squad	36.98
--- John P Atkinson	13 Heads Valley	NS

Event 3 Boys 14 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Elur Urkola	14 Co Newport	29.02
2 Rhys Jones	14 Caerphilly	30.50
3 Dylan R Havard	14 Heads Valley	30.94
4 Dylan R Williams	14 Torfaen D	43.22
--- Calum Walker	14 Co Cardiff	NS

Event 3 Boys 15 & Over 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Kyran Jones	16 Caerphilly	27.90
2 Cynan Weber	17 Rhondda	28.56
3 Thomas J Williams	15 Rhondda	28.64
4 Oliver J Andrews	16 Chepstow	28.95
5 Oliver H Kindred	15 Torfaen D	29.14
6 Callum J Phillips	16 Chepstow	29.26
7 Cadyn Halstead	15 Co Cardiff	29.45
8 Sam W Clegg	17 Brecon	29.66
9 Rhys Lloyd	16 Rct Squad	30.13
10 Oskar Derehajlo	16 Merthyr Tydf	30.30
11 Ben Roberts	15 Caerphilly	31.02
12 Rhys A Belcher	15 Co Newport	32.29
13 Joel N Horsman	15 Caerphilly	33.44
14 Harry E White	15 Chepstow	33.66
--- Julian Roland	17 Chepstow	NS

Event 4 Girls 10 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Neve Avraam	10 Bridgend Cty	37.15
2 Laragh Epstein	10 Heads Valley	37.30
3 Ella Evans	10 Co Cardiff	37.35
4 Erin Smith	10 Rhondda	37.92
5 Ruby Barrington-Williams	10 Rct Squad	38.18
6 Celeste Redmond	10 Co Cardiff	38.34
7 Teagan E Bick	10 Torfaen D	38.53
8 Imogen Lewis	10 Co Cardiff	39.46
9 Cerys Coombes	10 Bridgend Cty	39.89
10 Amelia-Jane Kelly	10 Pontypridd	40.11
11 Seren E Davies	10 Bridgend Cty	40.21
12 Isabella C Pani	10 Co Cardiff	40.54
13 Darcey James	10 Caerphilly	40.95
14 Erin Hughes	10 Rct Squad	41.29
15 Nia S Rogers	10 Heads Valley	41.40
16 Kyla Pearce	10 Rct Squad	41.41
17 Lily-May Jones	10 Co Newport	41.57
18 Megan Haile	10 Abertillery	42.81
19 Poppy Scurlock	10 Co Cardiff	42.87
20 Porscha Evans	10 Co Cardiff	43.05
21 Hannah G Rogers	10 Chepstow	43.06
22 Niamh M Jenkins	10 Chepstow	43.25
23 Manon Reilly	10 Rct Squad	43.26
24 Gracie A Griffiths	10 Co Cardiff	43.55
25 Keira J Avery	10 Heads Valley	44.03
26 Seren Williams	10 Rhondda	44.47
27 Olivia F Williams	10 Co Cardiff	45.16
28 Eva Hartery	10 Rct Squad	46.27

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 4 Girls 10 Year Olds 50 SC Meter Freestyle)

Name	AgeTeam	Finals Time
29 Chloe Gallier-Morgan	10 Heads Valley	46.65
30 Olivia K Thomas	10 Co Newport	46.99
31 Abbie F Headen	10 Heads Valley	52.59
32 Maisy E Small	10 Co Newport	58.38
--- Ellie Jones	10 Rhondda	NS
--- Crystal Jones	10 Rhondda	NS
--- Lara Martin	10 Bridgend Cty	NS
--- Emily S Trace	10 Co Newport	NS

Event 4 Girls 11 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Kaiyah-Jade Staples-Vvind	11 Co Cardiff	34.73
2 Anais Watkins	11 Heads Valley	35.86
3 Caitlin I Barclay	11 Co Cardiff	35.98
4 Callie M Winter	11 Co Cardiff	36.15
5 Holly Thomas	11 Bridgend Cty	36.64
6 Evie G Coulson	11 Torfaen D	36.75
7 Emilia V John	11 Co Cardiff	36.77
8 Millie Cull	11 Bridgend Cty	36.83
9 Mari Evans	11 Rct Squad	37.08
10 Georgia Smele	11 Bridgend Cty	37.50
11 Ruby Scourfield	11 Bridgend Cty	37.71
12 Jennifer James	11 Pontypridd	37.72
13 Ellise F Williams	11 Rhondda	37.77
14 Isobel A Edwards	11 Co Cardiff	37.88
15 Ailsa Whitehead	11 Monnow	37.90
16 Lacey Reeves	11 Rhondda	38.57
17 Poppy Keigwin	11 Caerphilly	38.61
18 Trinity E Cousins	11 Co Cardiff	39.11
19 Sinead Jones	11 Brecon	39.68
20 Taryn S Jones	11 Chepstow	40.22
21 Sophia Mitina	11 Rct Squad	40.31
22 Fay G Russell	11 Chepstow	40.42
23 Olivia C Fairfax	11 Co Newport	40.90
24 Mali P Gruffydd	11 Co Cardiff	41.53
25 Jasmine M Carre	11 Rct Squad	41.60
26 Ellie Edwards	11 Caerphilly	43.76
27 Lois Dutton	11 Rhondda	43.94
--- Jessica Crawley	11 Bridgend Cty	NS
--- Meghan R Willis	11 Torfaen D	NS
--- Keira H Reynolds	11 Heads Valley	NS
--- Natalia M English	11 Co Newport	NS

Event 4 Girls 12 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Brooke Etchell	12 Monnow	32.45
2 Eve Bradley	12 Abertillery	33.62
3 Lucy Brasington	12 Heads Valley	33.85
4 Kathryn Woods	12 Brecon	33.87
5 Grace M Bateman	12 Bridgend Cty	34.82
6 Poppi Hampton	12 Bridgend Cty	35.31
7 Tesni Francis-Parker	12 Co Newport	35.73
8 Caitlyn Vincent	12 Pontypridd	36.48
9 Ruby Jeremiah	12 Rhondda	36.64
10 Emi J Walker	12 Co Cardiff	37.17
11 Hannah L Gibson	12 Chepstow	37.27

12 Isabella Durbin	12 Merthyr Tydf	37.28
13 Emmie Coombes	12 Rct Squad	37.29
14 Holly Anderson	12 Co Cardiff	37.32
15 Annie Picton	12 Rct Squad	37.59
16 Layla Peters	12 Rct Squad	37.69
17 Cadi Griffiths	12 Co Cardiff	37.78
18 Ellie Magee	12 Merthyr Tydf	38.04
19 Eleri Mulford	12 Pontypridd	38.32
20 Mia L Haeffner	12 Chepstow	38.47
21 Hattie G Jones	12 Rhondda	38.67
22 Lily H Hughes	12 Torfaen D	39.35
23 Charlotte Simcock	12 Rct Squad	39.51
24 Kirsten Daly	12 Bridgend Cty	40.85
25 Rhiannon Hughes	12 Caerphilly	41.39
26 Maddie M Malpas	12 Pontypridd	43.77
27 Isabella Ewings	12 Caerphilly	45.06
--- Tamsin P Edwards	12 Chepstow	DQ
4.4 Start before starting signal		
--- Mollie Nash	12 Abertillery	NS

Event 4 Girls 13 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Ryleigh Thompson	13 Rhondda	33.23
2 Charlotte M Hamer	13 Torfaen D	33.27
3 Jessica Brind	13 Co Cardiff	33.32
4 Megan R Peacock	13 Co Newport	33.53
5 Bethan Moodley	13 Rct Squad	33.84
6 Cassie Taylor	13 Abertillery	34.10
7 Rebecca Collins	13 Co Cardiff	34.61
8 Ella Buchanan	13 Cwmbran	35.12
9 Lily F Bigham	13 Co Newport	35.13
10 Hannah R Hilder	13 Torfaen D	36.26
11 Elsie R Webster	13 Chepstow	37.03
12 Honey Saunders	13 Rhondda	42.59

Event 4 Girls 14 Year Olds 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Thea E Strickland-Grant	14 Torfaen D	32.54
2 Morgan Sinclair	14 Cwmbran	35.41
3 Laura L Jones	14 Torfaen D	35.71
4 Libby R Thomas	14 Chepstow	41.09

Event 4 Girls 15 & Over 50 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Bethan Chadwick	17 Rct Squad	29.60
2 Katie Cameron	18 Monnow	30.58
3 Cerys Jones	15 Co Cardiff	31.47
4 Kaycee Napper	15 Rhondda	31.80
5 Cerys R Vaisey	15 Abertillery	31.92
6 Caitlin Walker	16 Co Cardiff	32.08
7 Morgan m Meredith	16 Rhondda	32.28
8 Jasmine K Athwal	16 Torfaen D	32.31
9 Lowri Spooner	15 Pontypridd	32.56
10 Jayne Brown	26 Cwmbran	32.63
11 Ella Deakin	16 Co Newport	32.91
12 Mckenzie L Johnston	15 Co Newport	33.98
13 Ffion Devonald-Jones	16 Rct Squad	34.03
14 Cora Davies	15 Rct Squad	34.08
15 Holly Nash	15 Rhondda	34.50

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 4 Girls 15 & Over 50 SC Meter Freestyle)

Name	Age	Team	Finals Time
16 Niamh Price	15	Heads Valley	35.20
17 Melani Nikodimova	15	Rct Squad	37.67
--- Lara E Othen	16	Torfaen D	NS
--- Llinos Cope	15	Heads Valley	NS

Event 5 Boys 10 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Jack Bamborough	10	Co Cardiff	5:57.69
			41.10 49.21 44.60 44.41
			51.44 50.64 38.42 37.87
2 Thomas Haines	10	Co Cardiff	6:25.32
			40.91 52.77 48.10 48.31
			56.16 57.58 42.75 38.74

Event 5 Boys 11 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
--- Aled Evans	11	Pontypridd	NS

Event 5 Boys 12 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Tristan Lee	12	Co Cardiff	5:53.07
			35.81 46.11 45.81 43.76
			49.34 50.75 40.80 40.69
2 Ethan Lee	12	Co Cardiff	5:57.44
			37.89 47.39 44.40 44.78
			51.82 53.28 40.16 37.72
3 Cai Williams	12	Bridgend Cty	5:57.50
			39.71 47.83 44.72 44.84
			51.53 53.14 40.16 35.57
4 Charlie D McGuinness	12	Torfaen D	6:05.27
			40.61 49.90 46.52 45.36
			53.06 51.79 40.45 37.58
5 Archie McLain	12	Heads Valley	6:10.32
			43.02 51.10 45.91 44.89
			54.50 53.57 39.61 37.72
6 Sam Owen	12	Merthyr Tydf	6:39.87
			41.91 52.01 50.35 50.82
			57.60 59.81 44.29 43.08
--- Lucas Tucker	12	Chepstow	DQ
			8.4 Did not touch at turn or finish with both hands or touch not simultaneous
			38.73 50.84 47.43 49.09
			51.94 55.55 44.74 42.88
--- Raphael Cackett	12	Monnow	NS

Event 5 Boys 14 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Rhys Jones	14	Caerphilly	6:04.40
			37.83 47.50 44.81 45.65
			53.79 54.44 41.59 38.79

Event 5 Boys 15 & Over 400 SC Meter IM

Name	Age	Team	Finals Time
1 Ryan T Steven	16	Co Newport	5:29.02
			33.79 40.42 43.07 41.69
			48.67 49.02 36.35 36.01
2 Rhys A Belcher	15	Co Newport	6:17.36
			39.96 48.91 45.23 45.31
			52.60 55.36 44.86 45.13

Event 6 Girls 10 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Gracie Owen	10	Merthyr Tydf	6:23.95
			41.29 52.33 48.33 48.79
			54.67 55.57 42.75 40.22
2 Evie Jones	10	Merthyr Tydf	6:43.44
			42.15 54.41 47.56 48.03
			1:01.12 1:00.79 46.65 42.73

Event 6 Girls 11 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Bailey Briggs	11	Heads Valley	6:26.97
			45.64 56.85 47.16 46.75
			50.84 52.59 44.70 42.44
2 Sophie G Davies	11	Co Cardiff	6:28.92
			46.04 56.34 47.27 47.25
			50.66 54.03 44.79 42.54
3 Emma Nock	11	Monnow	6:36.00
			45.27 53.70 51.32 50.31
			52.87 54.64 45.86 42.03
4 Chloe M Henshall	11	Co Cardiff	6:57.46
			45.94 53.47 54.32 53.15
			57.18 56.78 49.73 46.89
5 Carys Williams	11	Merthyr Tydf	7:00.24
			48.43 1:00.15 53.56 50.61
			59.40 1:00.45 45.35 42.29
6 Daisy Osborne	11	Brecon	7:14.72
			47.68 58.17 54.48 52.92
			1:00.02 1:01.18 52.09 48.18
--- Trinity E Cousins	11	Co Cardiff	NS

Event 6 Girls 12 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Mia Pritchard	12	Co Cardiff	6:06.49
			43.60 50.65 43.92 44.22
			53.25 51.83 40.86 38.16

Event 6 Girls 13 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Chloe Jones	13	Bridgend Cty	6:10.31
			40.79 54.44 45.62 44.50
			54.63 54.19 38.62 37.52
--- Seren Wood-Jones	13	Rhondda	DQ
			8.4 Did not touch at turn or finish with both hands or touch not simultaneous
			41.66 53.02 48.55 47.43
			53.74 53.65 43.30 40.95
--- Jessica Brind	13	Co Cardiff	NS

Event 6 Girls 14 Year Olds 400 SC Meter IM

Name	Age	Team	Finals Time
1 Abi S Corderoy	14	Co Cardiff	5:35.82
			34.83 40.37 41.74 41.28
			49.84 50.92 38.71 38.13
2 Olivia N Jones	14	Rhondda	6:28.64
			41.18 52.86 49.00 49.61
			54.91 55.91 42.78 42.39

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 6 Girls 15 & Over 400 SC Meter IM

Name	Age	Team	Finals Time
1 Emily Cox	15	Bridgend Cty	5:41.86
	38.97	43.57	44.08 41.47
	50.23	49.69	37.79 36.06
2 Helen Lewis	16	Merthyr Tydf	5:45.76
	34.70	40.44	45.25 44.80
	49.25	50.24	41.09 39.99
3 Lois J Davies	15	Co Cardiff	5:46.16
	36.79	46.08	44.37 43.50
	48.87	50.73	39.47 36.35
4 Niamh Price	15	Heads Valley	6:15.29
	41.49	49.71	48.31 48.66
	49.89	48.49	46.15 42.59
5 Arwen Teagle	17	Merthyr Tydf	6:36.15
	44.74	57.05	48.30 46.59
	53.69	55.47	46.54 43.77
--- Carys M Havard	15	Heads Valley	NS

Event 7 Boys 10 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Lucas J Mruk	10	Torfaen D	1:36.69
	43.82	52.87	
2 Oliver R Rixon	10	Co Newport	1:43.44
	48.80	54.64	

Event 7 Boys 11 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Charlie M Southwood	11	Torfaen D	1:27.34
	37.85	49.49	
2 Alberto Rescigno	11	Co Cardiff	1:32.36
	42.47	49.89	
3 Connor Divers	11	Caerphilly	1:45.42
	48.89	56.53	
--- James L Newton	11	Torfaen D	NS

Event 7 Boys 12 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Tristan Lee	12	Co Cardiff	1:17.54
	36.07	41.47	
2 Ethan Lee	12	Co Cardiff	1:23.40
	38.25	45.15	
3 Dylan Murphy-Kenny	12	Rct Squad	1:24.44
	38.21	46.23	
4 Cai Williams	12	Bridgend Cty	1:27.38
	40.65	46.73	
5 Archie McClain	12	Heads Valley	1:33.54
	42.78	50.76	
6 Sam Owen	12	Merthyr Tydf	1:34.87
	43.22	51.65	
7 Zachary A Davies	12	Torfaen D	1:35.05
	42.68	52.37	
8 Raphael Cackett	12	Monnow	1:44.26
	44.76	59.50	
--- William J Tett	12	Chepstow	DQ
	8.2 Arms not brought forward simultaneously or arms not brought forward		
	47.82	1:06.37	
--- Harvey C Lale	12	Torfaen D	NS

Event 8 Girls 10 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Mia Beach	10	Rhondda	1:35.71
	42.48	53.23	
2 Isabelle Kay	10	Rct Squad	1:40.17
	44.04	56.13	
3 Ella Evans	10	Co Cardiff	1:45.90
	45.30	1:00.60	
--- Crystal Jones	10	Rhondda	NS

Event 8 Girls 11 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Lillie Jones	11	Co Cardiff	1:31.71
	43.37	48.34	
2 Poppy Ward	11	Caerphilly	1:34.09
	43.10	50.99	
3 Chloe M Henshall	11	Co Cardiff	1:36.55
	44.18	52.37	
4 Kira Nutt	11	Caerphilly	1:37.10
	45.27	51.83	
5 Edith B Fletcher	11	Co Newport	1:37.21
	42.15	55.06	
6 Evie G Coulson	11	Torfaen D	1:40.29
	47.09	53.20	
7 Abi Agami	11	Monnow	1:40.34
	42.97	57.37	
8 Emilia V John	11	Co Cardiff	1:44.95
	47.60	57.35	
9 Callie M Winter	11	Co Cardiff	1:45.90
	48.26	57.64	
10 Jessica Arnold	11	Cwmbran	1:46.50
	49.90	56.60	
11 Mali P Gruffydd	11	Co Cardiff	1:55.64
	53.57	1:02.07	
12 Jasmine M Carre	11	Rct Squad	1:59.08
	55.32	1:03.76	
13 Lois Dutton	11	Rhondda	2:11.68
	59.92	1:11.76	
14 Ellie Edwards	11	Caerphilly	2:14.30
	1:04.84	1:09.46	
--- Trinity E Cousins	11	Co Cardiff	DQ
	8.4 Did not touch at turn or finish with both hands or touch not simultaneous		
	54.96	1:06.81	
--- Anya Elias	11	Co Cardiff	DQ
	4.4 Start before starting signal		
	42.47	49.87	
--- Poppy Keigwin	11	Caerphilly	DQ
	8.4 Did not touch at turn or finish with both hands or touch not simultaneous		
	52.38	1:01.59	
--- Freya Davis	11	Rct Squad	NS

Event 8 Girls 12 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Lucy Brasington	12	Heads Valley	1:18.41
	37.11	41.30	
2 Elli-May Hamm	12	Bridgend Cty	1:23.00
	38.01	44.99	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 8 Girls 12 Year Olds 100 SC Meter Butterfly)

Name	Age	Team	Finals Time
3 Olivia Manley	12	Co Cardiff	1:27.96
38.53	49.43		
4 Emmie Coombes	12	Rct Squad	1:28.74
42.94	45.80		
5 Anwen Nesham	12	Rct Squad	1:31.72
42.11	49.61		
6 Tesni Francis-Parker	12	Co Newport	1:32.48
41.43	51.05		
7 Mali Williams	12	Rct Squad	1:33.52
43.47	50.05		
8 Georgina Edwards	12	Abertillery	1:38.53
41.88	56.65		
9 Holly Anderson	12	Co Cardiff	1:39.28
45.60	53.68		
10 Seren Jones	12	Caerphilly	1:43.36
47.01	56.35		
--- Phoebe Badman	12	Rct Squad	NS

Event 9 Boys 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Joshua C O'Brien	13	Co Cardiff	2:34.22
37.15	39.34	39.33	38.40
2 Tomos Isaacs	13	Rct Squad	2:37.12
36.62	40.65	40.63	39.22
3 Noa W Griffith	13	Rct Squad	2:50.92
40.39	43.69	44.42	42.42
4 Oscar Newton	13	Torfaen D	2:54.21
39.81	43.69	46.06	44.65
5 William J Watkins	13	Co Newport	3:06.24
45.19	48.81	48.79	43.45

Event 9 Boys 14 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Dylan R Havard	14	Heads Valley	2:42.85
37.77	41.18	42.55	41.35
2 Rhys Jones	14	Caerphilly	2:51.61
38.37	43.94	44.97	44.33
--- Calum Walker	14	Co Cardiff	NS

Event 9 Boys 15 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Dan J Hall	16	Chepstow	2:29.69
32.38	37.81	40.38	39.12
2 Ellis Jenkins	16	Rct Squad	2:31.41
33.49	37.21	40.21	40.50
3 Rhys A Belcher	15	Co Newport	2:50.71
39.93	43.74	45.49	41.55

Event 10 Girls 13 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Ffion James	13	Rct Squad	2:47.68
39.55	43.00	43.74	41.39
2 Polly Marshall	13	Caerphilly	2:48.53
39.22	43.30	44.23	41.78
3 Shauna Reed	13	Torfaen D	2:50.87
38.80	43.39	44.70	43.98

4 Ellie May Waite	13	Co Cardiff	2:51.25
38.71	43.25	45.02	44.27
5 Bethan Moodley	13	Rct Squad	2:56.71
42.58	44.17	45.86	44.10
6 Jessica Brind	13	Co Cardiff	2:57.77
7 Ryleigh Thompson	13	Rhondda	3:00.13
8 Daisy Keigwin	13	Caerphilly	3:02.05
42.80	46.13	47.59	45.53
--- Hannah R Hilder	13	Torfaen D	DQ
6.4 Not on the back when leaving the wall			
--- Cerys Jones	13	Rct Squad	NS
--- Mia Reynolds	13	Heads Valley	NS

Event 10 Girls 14 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Sasha Bond	14	Rct Squad	2:40.54
38.39	40.95	41.39	39.81
2 Mia Smith	14	Torfaen D	2:43.99
37.23	40.16	43.73	42.87
3 Ashley Thomas	14	Rct Squad	2:49.34
39.58	43.09	44.10	42.57
4 Lauren Davies	14	Bridgend Cty	2:50.42
5 Evelyn N McMellin	14	Co Cardiff	2:59.39
6 Seren Leconte	14	Rct Squad	3:10.56

Event 10 Girls 15 & Over 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Ella Deakin	16	Co Newport	2:42.74
37.99	41.29	42.14	41.32
2 Helen Lewis	16	Merthyr Tydf	2:46.04
38.38	40.84	42.87	43.95
3 Mckenzie L Johnston	15	Co Newport	2:47.56
40.38	42.94	42.40	41.84
4 Esme Jones	16	Cwmbran	2:52.70
38.11	43.51	46.08	45.00
5 Arwen Teagle	17	Merthyr Tydf	2:58.05
6 Becky Lewis	15	Rct Squad	2:58.49
42.21	44.41	45.83	46.04
7 Cerys Jones	15	Co Cardiff	2:59.06

Event 11 Boys 10 Year Olds 50 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Coel Adams	10	Cwmbran	49.43
2 Ethan H Tucker	10	Chepstow	51.14
3 Lucas J Mruk	10	Torfaen D	51.22
4 Fabian Buczylo	10	Pontypridd	51.24
5 Oliver Coombes	10	Co Cardiff	51.58
6 Oliver R Rixon	10	Co Newport	53.84
7 Logan Henschell	10	Co Cardiff	54.99
8 Noah J Rixon	10	Co Newport	56.39
9 Harri Titchner	10	Abertillery	56.78
10 Theo N Jenkins	10	Co Cardiff	57.17
11 Llyr O Robbins	10	Co Cardiff	57.42
12 Alfie J Doyle	10	Co Newport	58.68
13 Oscar K Watkins	10	Co Newport	58.73
14 Iwan H Davies	10	Co Cardiff	59.58
15 Cai Fernon	10	Rct Squad	1:04.45

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 11 Boys 11 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Jack S James	11 Torfaen D	47.66
2 Charlie M Southwood	11 Torfaen D	47.76
3 Henri Jones-Dekerf	11 Chepstow	49.11
4 Ellis Price	11 Pontypridd	49.50
5 Henry A Stevens	11 Co Cardiff	50.55
6 Harrison L Jones	11 Bridgend Cty	51.16
7 Caleb Norton	11 Rhondda	51.85
8 Gavin Davies	11 Co Newport	53.03
9 Cohen S Fenn-Ellis	11 Torfaen D	56.11
10 Caleb N Hilder	11 Torfaen D	58.86
--- Aled Evans	11 Pontypridd	NS
--- Keian J Mruk	11 Torfaen D	NS
--- Kian Smith	11 Cwmbran	NS

Event 11 Boys 12 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Evan Winstone	12 Co Cardiff	41.89
2 Ethan Lee	12 Co Cardiff	42.83
3 Cai Williams	12 Bridgend Cty	44.09
4 Iuc Martin	12 Bridgend Cty	44.11
5 Tyler b Jones	12 Rhondda	44.74
6 Harry R Davey	12 Torfaen D	48.68
7 Alex White	12 Rhondda	49.26
8 William J Tett	12 Chepstow	50.50
9 Ethan Roberts	12 Co Cardiff	50.84
10 Charlie Nash	12 Rhondda	50.94
11 Raphael Cackett	12 Monnow	54.91
--- Rhys Jones	12 Rct Squad	NS

Event 11 Boys 13 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Calum Jones	13 Rhondda	40.75
2 Camron J Smallman	13 Torfaen D	42.75
3 Christian T Andrews	13 Chepstow	43.61
4 Gethin Tasker	13 Rct Squad	43.86
5 William J Watkins	13 Co Newport	45.20
6 Gethin Chambers	13 Rhondda	45.83
7 Evan Williams	13 Rhondda	46.11
8 Alexander John	13 Rct Squad	46.22
9 Callum Negrotti	13 Torfaen D	47.88
10 Freddie Johnson	13 Heads Valley	48.85
--- John P Atkinson	13 Heads Valley	NS

Event 11 Boys 14 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Jacob Jones	14 Rct Squad	38.84
2 George Falloon	14 Caerphilly	42.77
3 Rhys Jones	14 Caerphilly	43.11
--- Dylan R Williams	14 Torfaen D	DQ
7.4 Leg movements not on the same plane		
--- Joseph W Stacey	14 Torfaen D	NS
--- Thillai Sivaramakrishnan	14 Co Newport	NS
--- Calum Walker	14 Co Cardiff	NS

Event 11 Boys 15 & Over 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Sam W Clegg	17 Brecon	35.44

2 Kyran Jones	16 Caerphilly	36.70
3 Finlay M Jones	16 Rhondda	36.91
4 Cynan Weber	17 Rhondda	37.42
5 Jac Wood-Jones	15 Rhondda	38.50
6 Oliver J Andrews	16 Chepstow	38.53
7 Dan J Hall	16 Chepstow	38.69
8 Oliver H Kindred	15 Torfaen D	40.97
9 Harry E White	15 Chepstow	41.92
10 Rhys A Belcher	15 Co Newport	45.13
11 Joel N Horsman	15 Caerphilly	47.28
--- Cadyn Halstead	15 Co Cardiff	DQ
4.4 Start before starting signal		

Event 12 Girls 10 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Eva Lily Haddrell	10 Rct Squad	50.34
2 Evie Jones	10 Merthyr Tydf	51.80
3 Darcey James	10 Caerphilly	52.27
4 Ella Evans	10 Co Cardiff	52.54
5 Seren Williams	10 Rhondda	52.82
6 Neve Avraam	10 Bridgend Cty	53.03
7 Imogen Lewis	10 Co Cardiff	53.06
8 Niamh M Jenkins	10 Chepstow	53.09
9 Nia S Rogers	10 Heads Valley	53.47
10 Celeste Redmond	10 Co Cardiff	53.48
11 Lexie Johnson	10 Heads Valley	53.56
12 Megan Bendon	10 Cwmbran	53.72
13 Izaro Urkola	10 Co Newport	53.80
14 Cerys Coombes	10 Bridgend Cty	54.87
15 Poppy Scurlock	10 Co Cardiff	54.92
16 Isabella C Pani	10 Co Cardiff	56.76
17 Amelia-Jane Kelly	10 Pontypridd	57.15
18 Seren E Davies	10 Bridgend Cty	57.25
19 Abbie F Headen	10 Heads Valley	58.79
20 Ruby Barrington-Williams	10 Rct Squad	58.80
21 Keira J Avery	10 Heads Valley	59.32
22 Megan Haile	10 Abertillery	59.73
23 Eva Hartery	10 Rct Squad	59.77
24 Olivia K Thomas	10 Co Newport	1:00.04
25 Kyla Pearce	10 Rct Squad	1:01.48
26 Chloe Gallier-Morgan	10 Heads Valley	1:01.92
27 Gracie A Griffiths	10 Co Cardiff	1:02.26
28 Manon Reilly	10 Rct Squad	1:04.20
29 Olivia F Williams	10 Co Cardiff	1:06.12
--- Maisy E Small	10 Co Newport	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneous		
--- Crystal Jones	10 Rhondda	NS
--- Lara Martin	10 Bridgend Cty	NS
--- Lily-May Jones	10 Co Newport	NS
--- Ellie Jones	10 Rhondda	NS
--- Emily S Trace	10 Co Newport	NS

Event 12 Girls 11 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Edith B Fletcher	11 Co Newport	46.54
2 Fay G Russell	11 Chepstow	47.65
3 Kaiyah-Jade Staples-Vvind	11 Co Cardiff	49.38
*4 Emily A Duggan	11 Co Cardiff	49.57

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 12 Girls 11 Year Olds 50 SC Meter Breaststroke)

Name	AgeTeam	Finals Time
*4 Callie M Winter	11 Co Cardiff	49.57
6 Angharad Barr	11 Caerphilly	49.65
7 Poppy Ward	11 Caerphilly	50.01
8 Millie Cull	11 Bridgend Cty	50.42
*9 Kira Nutt	11 Caerphilly	50.84
*9 Carys Williams	11 Merthyr Tydf	50.84
11 Natalia M English	11 Co Newport	51.42
12 Ellise F Williams	11 Rhondda	51.74
13 Jennifer James	11 Pontypridd	52.38
14 Anais Watkins	11 Heads Valley	52.44
15 Isobel A Edwards	11 Co Cardiff	52.58
16 Taryn S Jones	11 Chepstow	52.72
17 Lillie Jones	11 Co Cardiff	52.85
18 Trinity E Cousins	11 Co Cardiff	53.20
19 Georgia Smele	11 Bridgend Cty	53.50
20 Sinead Jones	11 Brecon	54.44
21 Olivia C Fairfax	11 Co Newport	54.53
22 Ruby Scourfield	11 Bridgend Cty	54.54
23 Lacey Reeves	11 Rhondda	55.04
24 Ailsa Whitehead	11 Monnow	55.12
25 Mali P Gruffydd	11 Co Cardiff	55.54
26 Jessica Arnold	11 Cwmbran	56.05
27 Holly Thomas	11 Bridgend Cty	57.89
28 Ellie Edwards	11 Caerphilly	58.57
29 Sophia Mitina	11 Rct Squad	58.92
30 Jasmine M Carre	11 Rct Squad	1:01.49
--- Keira H Reynolds	11 Heads Valley	NS
--- Jessica Crawley	11 Bridgend Cty	NS

Event 12 Girls 12 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Hannah L Gibson	12 Chepstow	44.04
2 Olivia Manley	12 Co Cardiff	44.54
3 Mia Pritchard	12 Co Cardiff	45.08
4 Lucy Brasington	12 Heads Valley	45.42
5 Caitlyn Vincent	12 Pontypridd	45.50
6 Lauren Sturdy	12 Rct Squad	45.75
7 Elli-May Hamm	12 Bridgend Cty	46.02
8 Grace M Bateman	12 Bridgend Cty	47.40
9 Mali Williams	12 Rct Squad	48.00
10 Rhiannon Hughes	12 Caerphilly	48.03
11 Poppi Hampton	12 Bridgend Cty	48.23
12 Annie Picton	12 Rct Squad	49.07
13 Kathryn Woods	12 Brecon	49.14
14 Aratz Urkola	12 Co Newport	49.37
15 Ruby Jeremiah	12 Rhondda	49.46
16 Tesni Francis-Parker	12 Co Newport	49.65
17 Hattie G Jones	12 Rhondda	51.58
18 Charlotte Simcock	12 Rct Squad	51.70
19 Layla Peters	12 Rct Squad	51.89
20 Holly Anderson	12 Co Cardiff	52.41
21 Cadi Griffiths	12 Co Cardiff	52.93
22 Kirsten Daly	12 Bridgend Cty	53.10
23 Ellie Magee	12 Merthyr Tydf	53.24
24 Tamsin P Edwards	12 Chepstow	54.26
25 Emi J Walker	12 Co Cardiff	54.28

26 Lily H Hughes	12 Torfaen D	54.76
27 Isabella Durbin	12 Merthyr Tydf	55.82
28 Isabella Ewings	12 Caerphilly	56.19
29 Maddie M Malpas	12 Pontypridd	59.34
--- Ellie S Parsons	12 Chepstow	DQ
4.4 Start before starting signal		

Event 12 Girls 13 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Eve S Bowen	13 Co Newport	40.92
2 Polly Marshall	13 Caerphilly	41.94
3 Ffion James	13 Rct Squad	42.91
4 Megan R Peacock	13 Co Newport	43.70
5 Chloe Jones	13 Bridgend Cty	44.76
6 Gabrielle Anthony	13 Rct Squad	45.19
7 Elsie R Webster	13 Chepstow	45.67
8 Rebecca Collins	13 Co Cardiff	46.64
9 Lily F Bigham	13 Co Newport	46.90
10 Ryleigh Thompson	13 Rhondda	46.91
11 Charlotte M Hamer	13 Torfaen D	47.17
12 Ella Buchanan	13 Cwmbran	47.87
13 Estelle Ganderton	13 Rhondda	55.01
14 Hannah R Hilder	13 Torfaen D	55.09
15 Honey Saunders	13 Rhondda	58.04

Event 12 Girls 14 Year Olds 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Emily Meek	14 Rct Squad	42.14
2 Evelyn N McMellin	14 Co Cardiff	44.47
3 Morgan Sinclair	14 Cwmbran	45.67
4 Olivia N Jones	14 Rhondda	45.93
5 Libby R Thomas	14 Chepstow	46.22
6 Thea E Strickland-Grant	14 Torfaen D	46.76
7 Laura L Jones	14 Torfaen D	47.35
--- Mia Smith	14 Torfaen D	NS

Event 12 Girls 15 & Over 50 SC Meter Breaststroke

Name	AgeTeam	Finals Time
1 Bethan Chadwick	17 Rct Squad	36.91
2 Laura Willis	15 Monnow	39.45
3 Caitlin Walker	16 Co Cardiff	39.50
4 Alyssa Norris	15 Caerphilly	40.19
5 Cerys R Vaisey	15 Abertillery	40.38
6 Kaycee Napper	15 Rhondda	40.58
7 Jayne Brown	26 Cwmbran	41.76
8 Emma L Porter	15 Torfaen D	41.77
9 Jasmine K Athwal	16 Torfaen D	41.92
10 Ella Deakin	16 Co Newport	42.03
11 Elle D Harris-Thomas	16 Torfaen D	42.04
12 Katie Cameron	18 Monnow	43.66
13 Lowri Spooner	15 Pontypridd	44.12
14 Morgan m Meredith	16 Rhondda	44.81
15 Arwen Teagle	17 Merthyr Tydf	45.17
16 Ffion Devonald-Jones	16 Rct Squad	47.69
17 Melani Nikodimova	15 Rct Squad	52.48

Event 13 Boys 10 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Ethan H Tucker	10 Chepstow	42.44

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 13 Boys 10 Year Olds 50 SC Meter Backstroke)

Name	AgeTeam	Finals Time
2 Logan Henschell	10 Co Cardiff	45.46
3 Harri Titchner	10 Abertillery	46.97
4 Llyr O Robbins	10 Co Cardiff	47.33
5 Oliver Coombes	10 Co Cardiff	49.41
6 Theo N Jenkins	10 Co Cardiff	50.06
7 Oscar K Watkins	10 Co Newport	50.92
8 Iwan H Davies	10 Co Cardiff	52.25
9 Cai Fernon	10 Rct Squad	52.44
10 Ewan Mcdonagh	10 Rct Squad	1:02.22
--- Aaron Goddard	10 Co Cardiff	DQ
4.4 Start before starting signal		
--- Ciaran R Butler	10 Co Newport	NS

Event 13 Boys 11 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 James L Newton	11 Torfaen D	40.26
2 Harrison L Jones	11 Bridgend Cty	40.99
3 Rauley L Hunter	11 Co Cardiff	41.16
4 Alberto Rescigno	11 Co Cardiff	41.21
5 Henry A Stevens	11 Co Cardiff	41.38
6 Kornelijus Rute	11 Brecon	47.84
7 Gavin Davies	11 Co Newport	49.60
8 Cohen S Fenn-Ellis	11 Torfaen D	51.49
9 Caleb N Hilder	11 Torfaen D	53.21
--- Caleb Norton	11 Rhondda	DQ
6.4 Did not touch the wall during the turn		
--- Kian Smith	11 Cwmbran	NS

Event 13 Boys 12 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Morgan J Stones	12 Chepstow	36.78
2 Owen Price Davies	12 Brecon	37.61
3 luc Martin	12 Bridgend Cty	39.70
4 Luke Clarke	12 Co Cardiff	40.92
5 Archie McClain	12 Heads Valley	41.12
6 Charlie Nash	12 Rhondda	41.43
7 Tyler b Jones	12 Rhondda	42.74
8 Ethan Roberts	12 Co Cardiff	44.12
9 Harry R Davey	12 Torfaen D	45.59
--- Evan M Davies	12 Co Newport	DQ
6.4 Not on the back when leaving the wall		
--- William J Tett	12 Chepstow	DQ
6.4 Did not touch the wall during the turn		
--- Thomas J Davies	12 Chepstow	NS

Event 13 Boys 13 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Garyn Rees	13 Rhondda	34.31
2 Owen Griffiths	13 Merthyr Tydf	37.36
3 Noa W Griffith	13 Rct Squad	37.41
4 Calum Jones	13 Rhondda	37.73
5 Freddie Johnson	13 Heads Valley	37.78
6 Christian T Andrews	13 Chepstow	37.88
7 Oscar Newton	13 Torfaen D	38.63
8 Camron J Smallman	13 Torfaen D	40.98
9 William J Watkins	13 Co Newport	41.09
10 Gethin Chambers	13 Rhondda	43.85

11 Evan Williams	13 Rhondda	44.94
--- Gethin Tasker	13 Rct Squad	DQ
4.4 Start before starting signal		
--- John P Atkinson	13 Heads Valley	NS

Event 13 Boys 14 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Nicholas Tan	14 Pontypridd	35.20
2 Owen g Hughes	14 Rhondda	38.50
--- Dylan R Williams	14 Torfaen D	DQ
6.4 Not on the back when leaving the wall		
--- Calum Walker	14 Co Cardiff	NS
--- Joseph W Stacey	14 Torfaen D	NS

Event 13 Boys 15 & Over 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Ellis Jenkins	16 Rct Squad	31.14
2 Morgan L Selby	15 Rct Squad	31.27
3 Joshua Mullins	18 Merthyr Tydf	32.84
4 Rhys Lloyd	16 Rct Squad	33.68
5 Thomas J Williams	15 Rhondda	33.82
6 Kyran Jones	16 Caerphilly	34.13
7 Oliver J Andrews	16 Chepstow	34.28
8 Finlay M Jones	16 Rhondda	34.45
9 Jac Fernandez-John	16 Caerphilly	37.72
10 Harry E White	15 Chepstow	39.43
11 Joel N Horsman	15 Caerphilly	46.19

Event 14 Girls 10 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Erin Smith	10 Rhondda	42.25
2 Neve Avraam	10 Bridgend Cty	44.16
3 Ella Jones	10 Caerphilly	45.10
4 Ruby Barrington-Williams	10 Rct Squad	46.34
5 Isabella C Pani	10 Co Cardiff	46.56
6 Erin Hughes	10 Rct Squad	46.85
7 Porscha Evans	10 Co Cardiff	47.38
8 Eva Hartery	10 Rct Squad	48.14
9 Kyla Pearce	10 Rct Squad	48.35
10 Neave R Peckham	10 Chepstow	48.69
11 Megan Haile	10 Abertillery	48.81
12 Manon Reilly	10 Rct Squad	49.59
13 Hannah G Rogers	10 Chepstow	49.80
14 Abbie L Johnson	10 Co Newport	50.05
15 Poppy Scurlock	10 Co Cardiff	50.47
16 Nia S Rogers	10 Heads Valley	51.26
17 Gracie A Griffiths	10 Co Cardiff	52.74
18 Darcey James	10 Caerphilly	53.00
19 Niamh M Jenkins	10 Chepstow	53.28
20 Olivia F Williams	10 Co Cardiff	53.64
--- Ella Evans	10 Co Cardiff	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t		
--- Seren Williams	10 Rhondda	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t		
--- Olivia K Thomas	10 Co Newport	NS
--- Lily-May Jones	10 Co Newport	NS

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 14 Girls 11 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Lillie Jones	11 Co Cardiff	39.00
2 Angharad Barr	11 Caerphilly	40.99
3 Poppy Ward	11 Caerphilly	41.03
4 Kira Nutt	11 Caerphilly	41.08
5 Callie M Winter	11 Co Cardiff	41.93
6 Ellise F Williams	11 Rhondda	42.73
7 Carys Williams	11 Merthyr Tydf	42.96
8 Emily A Duggan	11 Co Cardiff	43.08
9 Chloe M Henshall	11 Co Cardiff	43.29
10 Holly Thomas	11 Bridgend Cty	43.30
11 Isobel A Edwards	11 Co Cardiff	43.31
12 Evie G Coulson	11 Torfaen D	43.44
13 Emilia V John	11 Co Cardiff	43.56
14 Catrin A Pryce	11 Co Cardiff	43.79
15 Georgia Smele	11 Bridgend Cty	43.81
*16 Anais Watkins	11 Heads Valley	45.46
*16 Jessica Arnold	11 Cwmbran	45.46
18 Millie Cull	11 Bridgend Cty	45.63
19 Lacey Reeves	11 Rhondda	45.75
20 Poppy Keigwin	11 Caerphilly	46.61
21 Trinity E Cousins	11 Co Cardiff	47.49
22 Natalia M English	11 Co Newport	47.70
23 Ailsa Whitehead	11 Monnow	48.31
24 Sinead Jones	11 Brecon	48.40
25 Fay G Russell	11 Chepstow	48.77
26 Jennifer James	11 Pontypridd	49.01
27 Ruby Scourfield	11 Bridgend Cty	50.17
28 Sophia Mitina	11 Rct Squad	50.39
29 Takara C Webber	11 Chepstow	55.76
--- Lois Dutton	11 Rhondda	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t		
--- Olivia C Fairfax	11 Co Newport	NS
--- Jessica Crawley	11 Bridgend Cty	NS

Event 14 Girls 12 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Lucy Brasington	12 Heads Valley	37.47
2 Pippa Wright	12 Rct Squad	38.16
3 Seren White	12 Rct Squad	38.69
4 Olivia Manley	12 Co Cardiff	38.97
5 Mali Williams	12 Rct Squad	39.33
6 Ffion Davies	12 Rct Squad	39.84
7 Elli-May Hamm	12 Bridgend Cty	40.14
8 Leia Pengelly	12 Rct Squad	40.70
9 Holly Loxton	12 Co Cardiff	41.84
10 Lauren Sturdy	12 Rct Squad	41.89
11 Caitlyn Vincent	12 Pontypridd	42.34
12 Poppi Hampton	12 Bridgend Cty	42.48
13 Eve Bradley	12 Abertillery	43.20
14 Grace M Bateman	12 Bridgend Cty	43.88
15 Ruby Jeremiah	12 Rhondda	43.95
16 Annie Picton	12 Rct Squad	44.78
17 Holly Anderson	12 Co Cardiff	44.87
18 Isabella Durbin	12 Merthyr Tydf	45.02
19 Charlotte Simcock	12 Rct Squad	45.34

20 Emi J Walker	12 Co Cardiff	45.35
21 Cadi Griffiths	12 Co Cardiff	45.66
22 Lottie J Steel	12 Co Newport	46.05
23 Mia L Haeffner	12 Chepstow	47.69
24 Lily H Hughes	12 Torfaen D	48.96
25 Layla Peters	12 Rct Squad	49.00
26 Hattie G Jones	12 Rhondda	49.04
27 Kirsten Daly	12 Bridgend Cty	49.88
28 Maddie M Malpas	12 Pontypridd	53.31
29 Isabella Ewings	12 Caerphilly	59.56
--- Tamsin P Edwards	12 Chepstow	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t		
--- Ellie Magee	12 Merthyr Tydf	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t		
--- Brooke Etchell	12 Monnow	NS
--- Mollie Nash	12 Abertillery	NS

Event 14 Girls 13 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Polly Marshall	13 Caerphilly	37.36
2 Bethan Moodley	13 Rct Squad	38.46
3 Eve S Bowen	13 Co Newport	38.53
4 Blythe Scannell	13 Merthyr Tydf	38.67
5 Lauren-Ann Page	13 Co Cardiff	39.08
6 Ryleigh Thompson	13 Rhondda	39.26
7 Lily F Bigham	13 Co Newport	40.53
8 Rebecca Collins	13 Co Cardiff	40.85
9 Ella Buchanan	13 Cwmbran	40.93
10 Sophie Knoyle	13 Co Cardiff	42.72
11 Elsie R Webster	13 Chepstow	44.71
12 Hannah R Hilder	13 Torfaen D	46.81
13 Honey Saunders	13 Rhondda	55.17
--- Isabel Pearce	13 Heads Valley	NS

Event 14 Girls 14 Year Olds 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Isabel Brasington	14 Heads Valley	35.94
2 Nell Thomas	14 Rct Squad	36.67
3 Sofia Fernandez-John	14 Caerphilly	37.92
4 Evelyn N McMellin	14 Co Cardiff	41.05
5 Thea E Strickland-Grant	14 Torfaen D	41.66
6 Olivia N Jones	14 Rhondda	41.70
--- Laura L Jones	14 Torfaen D	DQ
6.5 Not on the back at finish		
--- Libby R Thomas	14 Chepstow	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t		
--- Mia Smith	14 Torfaen D	NS

Event 14 Girls 15 & Over 50 SC Meter Backstroke

Name	AgeTeam	Finals Time
1 Kaycee Napper	15 Rhondda	35.95
2 Katie Cameron	18 Monnow	36.35
3 Cora Davies	15 Rct Squad	37.52
4 Elle D Harris-Thomas	16 Torfaen D	37.57
5 Cerys R Vaisey	15 Abertillery	38.83
6 Morgan m Meredith	16 Rhondda	39.04
7 Holly Nash	15 Rhondda	39.46
8 Caitlin Walker	16 Co Cardiff	39.55
9 Ffion Devonald-Jones	16 Rct Squad	41.11

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 14 Girls 15 & Over 50 SC Meter Backstroke)

Name	Age	Team	Finals Time
10 Jayne Brown	26	Cwmbran	41.45
--- Melani Nikodimova	15	Rct Squad	DQ
4.4 Start before starting signal			
--- Lara E Othen	16	Torfaen D	NS
--- Jasmine K Athwal	16	Torfaen D	NS

Event 15 Boys 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Tobie Cribb	11	Caerphilly	6:00.87
			39.06 44.86 45.33 46.26
			47.23 47.04 46.40 44.69
--- Keian J Mruk	11	Torfaen D	NS

Event 15 Boys 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Harvey C Lale	12	Torfaen D	5:31.44
			34.74 40.03 41.41 42.94
			43.20 43.43 43.01 42.68
2 Zachary A Davies	12	Torfaen D	5:32.92
			35.97 40.94 43.21 43.54
			43.07 43.37 43.33 39.49
3 Lucas Tucker	12	Chepstow	5:37.21
			37.00 40.70 42.42 43.60
			43.88 44.13 43.75 41.73
4 Owen Price Davies	12	Brecon	5:54.85
			38.85 43.97 46.00 45.78
			46.79 46.09 44.14 43.23
5 Iuc Martin	12	Bridgend Cty	5:56.36
			39.75 45.64 45.30 46.29
			45.73 46.93 45.37 41.35
--- Luke Clarke	12	Co Cardiff	DQ
4.4 Start before starting signal			
			40.92 48.14 48.99 49.52
			49.10 48.84 48.38 45.23

Event 15 Boys 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 James Ingram	13	Heads Valley	5:12.98
			33.04 37.45 39.08 39.69
			40.90 41.13 41.91 39.78
2 Elliot Lynch-Warden	13	Monnow	5:34.42
			36.97 41.95 43.70 43.05
			43.49 43.40 42.55 39.31
3 Garyn Rees	13	Rhondda	5:39.83
			35.57 41.20 42.76 42.94
			44.23 44.84 44.04 44.25
4 William J Watkins	13	Co Newport	5:51.24
			39.32 43.91 44.06 44.56
			45.85 45.68 44.44 43.42
--- Freddie Johnson	13	Heads Valley	NS

Event 15 Boys 14 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 James A Watkins	14	Co Newport	4:56.98
			33.68 37.78 38.12 38.23
			38.23 38.27 37.36 35.31

2 Dylan R Havard	14	Heads Valley	5:06.14
			34.05 37.67 38.94 39.40
			39.44 38.88 39.84 37.92
3 Morgan Watts	14	Abertillery	5:06.16
			33.41 39.29 37.99 40.05
			39.12 39.64 1:16.66

Event 15 Boys 15 & Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Alexander Layzell	15	Merthyr Tydf	4:46.81
			32.47 35.50 35.78 36.36
			36.90 37.43 37.05 35.32
2 Ryan T Steven	16	Co Newport	4:50.46
			33.49 37.74 36.94 37.37
			36.22 36.83 37.62 34.25
3 Oliver H Kindred	15	Torfaen D	4:50.62
			31.59 35.38 36.90 37.26
			37.28 38.27 37.93 36.01
4 Callum J Tucker	15	Chepstow	5:01.94
			32.43 37.30 38.84 39.47
			40.16 40.35 40.02 33.37
5 Brandon Rees	17	Rhondda	5:06.38
			33.73 38.80 39.44 39.75
			40.39 38.90 39.43 35.94
6 Dan J Hall	16	Chepstow	5:12.40
			31.53 38.02 40.10 38.88
			41.29 41.33 41.72 39.53
--- Ceirion Jones	16	Merthyr Tydf	NS
--- Dafyd R Jay	17	Torfaen D	NS

Event 16 Girls 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Lauren-Ann Page	13	Co Cardiff	1:29.15
			42.16 46.99
2 Ellie May Waite	13	Co Cardiff	1:29.95
			43.55 46.40
3 Polly Marshall	13	Caerphilly	1:30.66
			43.66 47.00
4 Eleanor J Emes	13	Torfaen D	1:31.77
			42.83 48.94
5 Eve S Bowen	13	Co Newport	1:32.21
			43.32 48.89
6 Ffion James	13	Rct Squad	1:34.15
			44.04 50.11
7 Chloe Jones	13	Bridgend Cty	1:36.93
			45.61 51.32
8 Rebecca Collins	13	Co Cardiff	1:39.57
			48.22 51.35
9 Sophie Knoyle	13	Co Cardiff	1:39.70
			47.15 52.55
10 Gabrielle Anthony	13	Rct Squad	1:42.31
			47.19 55.12
11 Cassie Taylor	13	Abertillery	1:42.97
			47.70 55.27
12 Blythe Scannell	13	Merthyr Tydf	1:44.08
			48.56 55.52
13 Charlotte M Hamer	13	Torfaen D	1:44.95
			48.85 56.10

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 16 Girls 13 Year Olds 100 SC Meter Breaststroke)

Name	Age	Team	Finals Time
14 Frances Osmond	13	Brecon	1:45.52
49.68	55.84		
15 Elsie R Webster	13	Chepstow	1:45.94
50.67	55.27		
16 Hannah R Hilder	13	Torfaen D	1:58.39
54.80	1:03.59		
--- Isabel Pearce	13	Heads Valley	NS
--- Cerys Jones	13	Rct Squad	NS

Event 16 Girls 14 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Eilir Teagle	14	Merthyr Tydf	1:26.55
41.46	45.09		
2 Grace Girling	14	Co Cardiff	1:27.08
40.16	46.92		
3 Sasha Bond	14	Rct Squad	1:28.91
42.33	46.58		
4 Meghan L Palmer	14	Rhondda	1:29.37
40.31	49.06		
5 Emily Meek	14	Rct Squad	1:32.39
43.61	48.78		
6 Evelyn N McMellin	14	Co Cardiff	1:35.75
46.10	49.65		
7 Sofia Fernandez-John	14	Caerphilly	1:40.89
46.84	54.05		
8 Laura L Jones	14	Torfaen D	1:41.76
48.75	53.01		
--- Libby R Thomas	14	Chepstow	DQ
7.4 Leg movements not on the same plane			
49.50	53.90		
--- Mia Smith	14	Torfaen D	NS

Event 16 Girls 15 & Over 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Bethan Chadwick	17	Rct Squad	1:19.73
37.87	41.86		
2 Lois J Davies	15	Co Cardiff	1:24.31
39.89	44.42		
3 Ruby Jones	15	Torfaen D	1:25.04
40.39	44.65		
4 Helen Lewis	16	Merthyr Tydf	1:26.18
40.80	45.38		
5 Caitlin Walker	16	Co Cardiff	1:29.81
41.41	48.40		
6 Alyssa Norris	15	Caerphilly	1:30.26
42.21	48.05		
7 Cerys R Vaisey	15	Abertillery	1:30.98
42.26	48.72		
8 Ella Deakin	16	Co Newport	1:31.92
42.88	49.04		
9 Krysta G Southwood	15	Torfaen D	1:34.96
44.82	50.14		
10 Arwen Teagle	17	Merthyr Tydf	1:38.55
45.54	53.01		
--- Carys M Havard	15	Heads Valley	NS
--- Jasmine K Athwal	16	Torfaen D	NS

Event 17 Boys 13 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Michael Pursey	13	Heads Valley	1:23.95
40.20	43.75		
2 Calum Jones	13	Rhondda	1:32.50
45.08	47.42		
3 Christian T Andrews	13	Chepstow	1:35.17
44.31	50.86		
4 Tomos Isaacs	13	Rct Squad	1:35.61
46.05	49.56		
5 Masih Pourdalir	13	Co Newport	1:36.31
46.00	50.31		
6 Elliot Lynch-Warden	13	Monnow	1:36.40
45.21	51.19		
7 Camron J Smallman	13	Torfaen D	1:41.85
47.16	54.69		
8 Evan Williams	13	Rhondda	1:42.67
47.95	54.72		
9 Gethin Chambers	13	Rhondda	1:43.27
48.30	54.97		
10 Jay Garland	13	Rct Squad	1:44.19
48.89	55.30		
11 Callum Negrotti	13	Torfaen D	1:45.76
49.85	55.91		
12 Noa W Griffith	13	Rct Squad	1:49.96
51.17	58.79		
--- Alexander John	13	Rct Squad	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo			
46.49	55.20		
--- John P Atkinson	13	Heads Valley	NS

Event 17 Boys 14 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Nicholas Tan	14	Pontypridd	1:24.76
39.50	45.26		
2 Jacob Jones	14	Rct Squad	1:27.70
40.33	47.37		
3 George Falloon	14	Caerphilly	1:34.53
45.63	48.90		
--- Calum Walker	14	Co Cardiff	NS

Event 17 Boys 15 & Over 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Kieran Garland	16	Rct Squad	1:15.74
36.41	39.33		
2 Joshua Mullins	18	Merthyr Tydf	1:17.67
35.39	42.28		
3 Morgan L Selby	15	Rct Squad	1:19.92
37.92	42.00		
4 Cadyn Halstead	15	Co Cardiff	1:21.26
39.05	42.21		
5 Jac Fernandez-John	16	Caerphilly	1:21.37
37.87	43.50		
6 Kyran Jones	16	Caerphilly	1:21.41
38.17	43.24		
7 Sam W Clegg	17	Brecon	1:21.60
38.62	42.98		

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 17 Boys 15 & Over 100 SC Meter Breaststroke)

Name	Age	Team	Finals Time
8 Finlay M Jones	16	Rhondda	1:23.91
39.83	44.08		
9 Oliver J Andrews	16	Chepstow	1:24.19
39.61	44.58		
10 Rhys Lloyd	16	Rct Squad	1:30.72
42.58	48.14		
11 Joel N Horsman	15	Caerphilly	1:39.11
47.57	51.54		
--- Tyler Collins	15	Rct Squad	NS

Event 18 Girls 10 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Ella Jones	10	Caerphilly	2:48.42
38.38	43.16	44.84	42.04
2 Lexie Johnson	10	Heads Valley	3:04.93
40.32	45.72	53.33	45.56
3 Teagan E Bick	10	Torfaen D	3:04.99
41.95	47.67	49.20	46.17
4 Cerys Coombes	10	Bridgend Cty	3:08.92
41.33	48.19	50.62	48.78
5 Ella Evans	10	Co Cardiff	3:09.50
40.79	48.47	50.34	49.90
6 Seren E Davies	10	Bridgend Cty	3:12.26
43.41	51.34	50.98	46.53
7 Porscha Evans	10	Co Cardiff	3:29.57
47.17	55.31	55.26	51.83
8 Isabella C Pani	10	Co Cardiff	3:32.45
48.28	54.52	56.22	53.43
9 Neave R Peckham	10	Chepstow	3:33.57
45.38	53.58	57.56	57.05
10 Abbie L Johnson	10	Co Newport	3:56.76
50.01	59.27	1:03.67	1:03.81
--- Abbie F Headen	10	Heads Valley	DNF
--- Crystal Jones	10	Rhondda	NS
--- Imogen Lewis	10	Co Cardiff	NS

Event 18 Girls 11 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Sophie G Davies	11	Co Cardiff	2:41.76
38.38	41.94	42.70	38.74
2 Kaiyah-Jade Staples-Vvind	11	Co Cardiff	2:47.41
37.61	42.91	45.38	41.51
3 Edith B Fletcher	11	Co Newport	2:48.13
37.81	42.62	45.24	42.46
4 Anya Elias	11	Co Cardiff	2:48.84
39.42	43.04	44.57	41.81
5 Poppy Ward	11	Caerphilly	2:49.21
38.68	43.16	45.63	41.74
6 Carys Williams	11	Merthyr Tydf	2:50.63
40.89	44.62	44.87	40.25
7 Emma Nock	11	Monnow	2:50.71
39.23	44.90	44.38	42.20
8 Emilia V John	11	Co Cardiff	2:57.23
40.35	46.09	47.30	43.49
9 Jessica Arnold	11	Cwmbran	2:58.89
40.88	46.23	47.28	44.50

10 Emily A Duggan	11	Co Cardiff	3:00.01
40.12	47.00	47.98	44.91
11 Daisy Osborne	11	Brecon	3:01.67
41.43	46.64	48.69	44.91
12 Chloe M Henshall	11	Co Cardiff	3:03.47
42.05	47.80	48.10	45.52
13 Saranna Ashman	11	Cwmbran	3:08.88
41.57	48.49	50.76	48.06
14 Sinead Jones	11	Brecon	3:12.88
45.24	49.11	51.70	46.83
15 Millie Cull	11	Bridgend Cty	3:14.32
40.82	48.50	53.09	51.91
16 Poppy Keigwin	11	Caerphilly	3:16.07
44.96	51.07	50.59	49.45
17 Trinity E Cousins	11	Co Cardiff	3:22.09
41.83	51.68	55.89	52.69
18 Lacey Reeves	11	Rhondda	3:22.59
47.40	54.42	51.96	48.81
--- Holly Thomas	11	Bridgend Cty	DQ
4.4 Start before starting signal			
41.42	46.21	45.33	45.13
--- Evie G Coulson	11	Torfaen D	NS
--- Freya Davis	11	Rct Squad	NS

Event 18 Girls 12 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Anwen Nesham	12	Rct Squad	2:37.35
35.61	40.11	40.89	40.74
2 Ellie S Parsons	12	Chepstow	2:38.29
35.89	40.46	42.57	39.37
3 Alysia Roberts	12	Co Cardiff	2:41.87
37.27	40.31	42.65	41.64
4 Elli-May Hamm	12	Bridgend Cty	2:42.03
36.54	41.30	42.68	41.51
5 Grace M Bateman	12	Bridgend Cty	2:45.48
38.58	42.15	43.05	41.70
6 Seren Jones	12	Caerphilly	2:50.44
39.41	42.73	44.68	43.62
7 Caitlyn Vincent	12	Pontypridd	2:53.79
39.93	44.83	45.94	43.09
8 Tesni Francis-Parker	12	Co Newport	2:54.82
39.38	45.27	46.05	44.12
9 Holly Loxton	12	Co Cardiff	2:55.60
40.90	45.48	45.62	43.60
10 Poppi Hampton	12	Bridgend Cty	2:59.07
40.62	46.79	47.49	44.17
11 Emi J Walker	12	Co Cardiff	3:00.04
40.82	46.65	48.36	44.21
12 Ellie Magee	12	Merthyr Tydf	3:00.24
41.27	46.74	48.17	44.06
13 Cadi Griffiths	12	Co Cardiff	3:00.63
39.68	47.52	49.29	44.14
14 Lottie J Steel	12	Co Newport	3:01.56
42.89	46.87	47.64	44.16
15 Ruby Jeremiah	12	Rhondda	3:08.21
40.56	47.60	51.46	48.59
16 Isabella Durbin	12	Merthyr Tydf	3:08.26
44.56	49.54	49.57	44.59

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 18 Girls 12 Year Olds 200 SC Meter Freestyle)

Name	Age	Team	Finals Time
17 Lily H Hughes	12	Torfaen D	3:11.25
44.85	49.24	49.40	47.76
18 Maddie M Malpas	12	Pontypridd	3:37.68
48.59	55.88	59.22	53.99
--- Isabella Ewings	12	Caerphilly	NS
--- Phoebe Badman	12	Rct Squad	NS

Event 19 Boys 10 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Alexander D George	10	Torfaen D	1:19.72
39.03	40.69		
2 Oliver R Rixon	10	Co Newport	1:20.16
39.45	40.71		
3 Jacob Temby	10	Co Cardiff	1:20.21
4 Coel Adams	10	Cwmbran	1:22.50
5 Oliver Coombes	10	Co Cardiff	1:25.40
41.32	44.08		
6 Ethan H Tucker	10	Chepstow	1:27.50
7 Harri Titchner	10	Abertillery	1:27.62
8 Llyr O Robbins	10	Co Cardiff	1:28.75
9 Logan Henschell	10	Co Cardiff	1:29.07
42.74	46.33		
10 Charlie J Malpas	10	Pontypridd	1:30.17
45.20	44.97		
11 Noah J Rixon	10	Co Newport	1:32.06
12 Cai Fernon	10	Rct Squad	1:41.62
46.41	55.21		
13 Iwan H Davies	10	Co Cardiff	1:42.24
14 Aaron Goddard	10	Co Cardiff	1:44.91
15 Alfie J Doyle	10	Co Newport	1:46.44
48.94	57.50		
16 Ewan Mcdonagh	10	Rct Squad	2:06.70
56.87	1:09.83		

Event 19 Boys 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 James L Newton	11	Torfaen D	1:14.47
35.95	38.52		
2 Keian J Mruk	11	Torfaen D	1:15.89
36.61	39.28		
3 Ellis Price	11	Pontypridd	1:17.08
36.51	40.57		
4 Jack S James	11	Torfaen D	1:19.23
37.66	41.57		
5 Henry A Stevens	11	Co Cardiff	1:19.57
38.57	41.00		
6 Ryan Brickell	11	Abertillery	1:19.82
39.39	40.43		
7 Caleb Norton	11	Rhondda	1:22.62
38.60	44.02		

8 Harrison L Jones	11	Bridgend Cty	1:26.04
40.89	45.15		
9 Gavin Davies	11	Co Newport	1:30.71
42.25	48.46		
10 Cohen S Fenn-Ellis	11	Torfaen D	1:34.12
44.48	49.64		
11 Caleb N Hilder	11	Torfaen D	1:49.82
51.38	58.44		
--- Rafe E Bennett	11	Torfaen D	NS

Event 19 Boys 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Finlay John	12	Rct Squad	1:09.28
32.93	36.35		
2 Morgan J Stones	12	Chepstow	1:09.97
33.43	36.54		
3 Dylan Murphy-Kenny	12	Rct Squad	1:11.75
34.38	37.37		
4 Archie Mclain	12	Heads Valley	1:13.44
35.76	37.68		
5 Iuc Martin	12	Bridgend Cty	1:14.44
35.30	39.14		
6 Tyler b Jones	12	Rhondda	1:16.24
37.25	38.99		
7 Charlie Nash	12	Rhondda	1:17.84
36.75	41.09		
8 Owen Price Davies	12	Brecon	1:18.14
36.40	41.74		
9 Sam Owen	12	Merthyr Tydf	1:18.42
36.57	41.85		
10 Raphael Cackett	12	Monnow	1:19.21
38.34	40.87		
11 Alex White	12	Rhondda	1:21.69
37.88	43.81		
12 Luke Clarke	12	Co Cardiff	1:21.96
39.09	42.87		
13 Harry R Davey	12	Torfaen D	1:22.58
39.53	43.05		
14 Ethan Roberts	12	Co Cardiff	1:24.29
40.35	43.94		
15 Evan M Davies	12	Co Newport	1:28.04
40.46	47.58		
16 Matthew Lynch-Warden	12	Monnow	1:31.42
42.19	49.23		
--- Cian Epstein	12	Heads Valley	NS

Event 20 Girls 10 Year Olds 50 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Neve Avraam	10	Bridgend Cty	40.81
2 Laragh Epstein	10	Heads Valley	41.92
3 Isabelle Kay	10	Rct Squad	42.31
4 Izaro Urkola	10	Co Newport	43.72
5 Eva Lily Haddrell	10	Rct Squad	43.94
6 Lexie Johnson	10	Heads Valley	43.99
7 Erin Smith	10	Rhondda	44.23
8 Cerys Coombes	10	Bridgend Cty	45.27
9 Ruby Barrington-Williams	10	Rct Squad	45.39
10 Celeste Redmond	10	Co Cardiff	46.26

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 20 Girls 10 Year Olds 50 SC Meter Butterfly)

Name	AgeTeam	Finals Time
11 Imogen Lewis	10 Co Cardiff	46.35
12 Ella Jones	10 Caerphilly	46.62
13 Ella Evans	10 Co Cardiff	46.95
14 Seren E Davies	10 Bridgend Cty	48.25
15 Megan Bendon	10 Cwmbran	50.93
16 Isabella C Pani	10 Co Cardiff	51.51
17 Hannah G Rogers	10 Chepstow	52.42
18 Neave R Peckham	10 Chepstow	53.29
19 Kyla Pearce	10 Rct Squad	55.08
20 Seren Williams	10 Rhondda	55.36
21 Amelia-Jane Kelly	10 Pontypridd	55.64
22 Manon Reilly	10 Rct Squad	59.33
23 Darcey James	10 Caerphilly	59.52
24 Niamh M Jenkins	10 Chepstow	1:01.36
25 Poppy Scurlock	10 Co Cardiff	1:02.70
--- Teyha R O'Brien	10 Co Newport	DQ
8.3 Movements of the legs not simultaneous or alternating movement of leg		
--- Lily-May Jones	10 Co Newport	NS
--- Gracie A Griffiths	10 Co Cardiff	NS

Event 20 Girls 11 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Poppy L Offside	11 Co Newport	38.12
2 Chloe M Henshall	11 Co Cardiff	39.67
3 Lillie Jones	11 Co Cardiff	39.98
4 Kaiyah-Jade Staples-Vvind	11 Co Cardiff	40.40
5 Abi Agami	11 Monnow	40.78
6 Kira Nutt	11 Caerphilly	40.90
7 Edith B Fletcher	11 Co Newport	41.77
8 Emilia V John	11 Co Cardiff	42.91
9 Bailey Briggs	11 Heads Valley	43.59
10 Emily A Duggan	11 Co Cardiff	44.41
11 Callie M Winter	11 Co Cardiff	45.42
12 Jennifer James	11 Pontypridd	46.12
13 Ellise F Williams	11 Rhondda	46.57
14 Angharad Barr	11 Caerphilly	46.87
15 Georgia Smele	11 Bridgend Cty	46.95
16 Mari Evans	11 Rct Squad	47.09
17 Sophie G Davies	11 Co Cardiff	47.18
18 Natalia M English	11 Co Newport	47.46
19 Holly Thomas	11 Bridgend Cty	47.89
20 Millie Cull	11 Bridgend Cty	48.44
21 Lois Dutton	11 Rhondda	51.12
22 Lacey Reeves	11 Rhondda	51.59
23 Jessica Arnold	11 Cwmbran	51.86
24 Jasmine M Carre	11 Rct Squad	53.07
25 Trinity E Cousins	11 Co Cardiff	53.43
26 Fay G Russell	11 Chepstow	53.60
27 Sophia Mitina	11 Rct Squad	55.46
--- Anais Watkins	11 Heads Valley	DQ
8.3 Movements of the legs not simultaneous or alternating movement of leg		

Event 20 Girls 12 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Cerys Davies	12 Rct Squad	36.31
2 Mali Williams	12 Rct Squad	37.28

*3 Elli-May Hamm	12 Bridgend Cty	37.54
*3 Alysia Roberts	12 Co Cardiff	37.54
5 Emmie Coombes	12 Rct Squad	37.85
6 Seren White	12 Rct Squad	38.90
7 Eve Bradley	12 Abertillery	39.32
8 Mia Pritchard	12 Co Cardiff	40.20
9 Ffion Davies	12 Rct Squad	40.80
10 Ellie Bryan	12 Co Cardiff	40.97
11 Tesni Francis-Parker	12 Co Newport	41.17
12 Caitlyn Vincent	12 Pontypridd	41.78
13 Alisha Morgan	12 Rct Squad	41.79
14 Holly Anderson	12 Co Cardiff	42.95
15 Lauren Sturdy	12 Rct Squad	43.03
16 Lowri C Trenchard	12 Co Newport	43.42
17 Eleri Mulford	12 Pontypridd	44.99
18 Holly Loxton	12 Co Cardiff	45.21
19 Annie Picton	12 Rct Squad	46.15
20 Ruby Jeremiah	12 Rhondda	47.68
21 Pippa Wright	12 Rct Squad	48.39
22 Kirsten Daly	12 Bridgend Cty	49.55
23 Charlotte Simcock	12 Rct Squad	51.58
24 Layla Peters	12 Rct Squad	52.20
--- Isabella Durbin	12 Merthyr Tydf	NS
--- Ellie Magee	12 Merthyr Tydf	NS
--- Isabella Ewings	12 Caerphilly	NS
--- Cadi Griffiths	12 Co Cardiff	NS
--- Mollie Nash	12 Abertillery	NS

Event 20 Girls 13 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Chloe Jones	13 Bridgend Cty	35.69
2 Jessica Brind	13 Co Cardiff	36.51
3 Rebecca Collins	13 Co Cardiff	40.04
4 Ryleigh Thompson	13 Rhondda	40.44
5 Sophie Knoyle	13 Co Cardiff	42.46
6 Mared Davies	13 Caerphilly	43.95
7 Sneha Engden	13 Cwmbran	44.52
8 Charlotte M Hamer	13 Torfaen D	45.40
9 Honey Saunders	13 Rhondda	58.20
--- Shauna Reed	13 Torfaen D	NS
--- Blythe Scannell	13 Merthyr Tydf	NS
--- Eleanor J Emes	13 Torfaen D	NS

Event 20 Girls 14 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Nell Thomas	14 Rct Squad	36.03
2 Izzy x Thomas	14 Bridgend Cty	36.13
3 Olivia N Jones	14 Rhondda	38.14
4 Morgan Sinclair	14 Cwmbran	39.14
5 Sofia Fernandez-John	14 Caerphilly	42.21
6 Thea E Strickland-Grant	14 Torfaen D	44.24
7 Laura L Jones	14 Torfaen D	44.26
--- Lauren E Tagg	14 Co Newport	NS
--- Libby R Thomas	14 Chepstow	NS
--- Evelyn N McMellin	14 Co Cardiff	NS

Event 20 Girls 15 & Over 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Bethan Chadwick	17 Rct Squad	32.60

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 20 Girls 15 & Over 50 SC Meter Butterfly)

Name	AgeTeam	Finals Time
2 Kaycee Napper	15 Rhondda	33.78
3 Aimee Freegard	16 Rct Squad	34.11
4 Laura Willis	15 Monnow	35.26
5 Katie Cameron	18 Monnow	35.27
6 Jasmine K Athwal	16 Torfaen D	36.31
7 Ella Deakin	16 Co Newport	36.54
8 Niamh Price	15 Heads Valley	36.76
9 Emma Harvey	37 Cwmbran	36.92
10 Morgan m Meredith	16 Rhondda	38.28
--- Lois J Davies	15 Co Cardiff	NS
--- Lara E Othen	16 Torfaen D	NS

Event 21 Boys 10 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Oliver R Rixon	10 Co Newport	43.97
2 Noah J Rixon	10 Co Newport	45.94
3 Coel Adams	10 Cwmbran	46.18
4 Logan Henschell	10 Co Cardiff	47.48
5 Oliver Coombes	10 Co Cardiff	50.55
6 Theo N Jenkins	10 Co Cardiff	50.56
7 Oscar K Watkins	10 Co Newport	53.40
8 Iwan H Davies	10 Co Cardiff	56.53
--- Alexander D George	10 Torfaen D	DQ
8.2 Arms not brought forward simultaneously or arms not brought forward		
--- Cai Fernon	10 Rct Squad	NS

Event 21 Boys 11 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Charlie M Southwood	11 Torfaen D	38.53
2 James L Newton	11 Torfaen D	39.41
3 Aled Evans	11 Pontypridd	40.64
4 Ryan Brickell	11 Abertillery	41.79
5 Ellis Price	11 Pontypridd	43.94
6 Jac Davies	11 Caerphilly	55.94
--- Keian J Mruk	11 Torfaen D	DQ
8.1 Body not on the breast during the swim or when leaving the wall after a		
--- Harrison L Jones	11 Bridgend Cty	NS
--- Lewis Morgan	11 Bridgend Cty	NS
--- Kian Smith	11 Cwmbran	NS

Event 21 Boys 12 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Finlay John	12 Rct Squad	36.62
2 Lucas Tucker	12 Chepstow	37.70
3 Harvey C Lale	12 Torfaen D	38.35
4 Archie McClain	12 Heads Valley	38.55
5 luc Martin	12 Bridgend Cty	40.79
6 Charlie Nash	12 Rhondda	43.26
7 Luke Clarke	12 Co Cardiff	44.36
8 Alex White	12 Rhondda	44.90
--- Zachary A Davies	12 Torfaen D	NS
--- Thomas J Davies	12 Chepstow	NS
--- Cian Epstein	12 Heads Valley	NS

Event 21 Boys 13 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Freddie Johnson	13 Heads Valley	35.15

2 James Ingram	13 Heads Valley	35.63
3 Gethin Tasker	13 Rct Squad	36.42
4 Evan Williams	13 Rhondda	39.21
5 Owen Griffiths	13 Merthyr Tydf	40.62
6 Callum Negrotti	13 Torfaen D	42.67
7 Gethin Chambers	13 Rhondda	43.01
8 Masih Pourdalir	13 Co Newport	45.51
9 Alexander John	13 Rct Squad	46.06

Event 21 Boys 14 Year Olds 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Elur Urkola	14 Co Newport	31.49
2 Dylan R Havard	14 Heads Valley	33.82
*3 Nathaniel H Edwards	14 Torfaen D	35.00
*3 Owen g Hughes	14 Rhondda	35.00
--- Dylan R Williams	14 Torfaen D	NS

Event 21 Boys 15 & Over 50 SC Meter Butterfly

Name	AgeTeam	Finals Time
1 Cynan Weber	17 Rhondda	31.13
2 Finlay M Jones	16 Rhondda	31.22
3 Callum J Tucker	15 Chepstow	31.77
4 Thomas J Williams	15 Rhondda	32.01
5 Sam W Clegg	17 Brecon	32.17
6 Oskar Derehajlo	16 Merthyr Tydf	32.56
7 Oliver J Andrews	16 Chepstow	34.09
8 Oliver H Kindred	15 Torfaen D	35.24
9 Jac Fernandez-John	16 Caerphilly	35.79
10 Harry E White	15 Chepstow	38.52
11 Joel N Horsman	15 Caerphilly	42.51

Event 22 Girls 13 Year Olds 100 SC Meter Freestyle

Name	AgeTeam	Finals Time
1 Eleanor Y Walker	13 Co Newport	1:10.98
33.36	37.62	
2 Lauren-Ann Page	13 Co Cardiff	1:11.61
34.80	36.81	
3 Bethan Moodley	13 Rct Squad	1:12.37
35.35	37.02	
4 Shauna Reed	13 Torfaen D	1:13.53
34.40	39.13	
5 Jessica Brind	13 Co Cardiff	1:13.70
35.34	38.36	
6 Lily F Bigham	13 Co Newport	1:14.17
35.67	38.50	
7 Rebecca Collins	13 Co Cardiff	1:14.32
36.51	37.81	
8 Ryleigh Thompson	13 Rhondda	1:15.59
36.84	38.75	
9 Charlotte M Hamer	13 Torfaen D	1:17.62
37.60	40.02	
10 Cassie Taylor	13 Abertillery	1:18.52
36.83	41.69	
11 Sophie Knoyle	13 Co Cardiff	1:19.67
37.63	42.04	
12 Mared Davies	13 Caerphilly	1:20.20
37.68	42.52	
13 Gabrielle Anthony	13 Rct Squad	1:21.12
38.97	42.15	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 22 Girls 13 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Finals Time
14 Elsie R Webster	13	Chepstow	1:24.19
	39.82	44.37	
15 Frances Osmond	13	Brecon	1:25.55
	40.53	45.02	
16 Sneha Engden	13	Cwmbran	1:38.25
	44.72	53.53	
17 Estelle Ganderton	13	Rhondda	1:41.72
	48.34	53.38	
--- Isabel Pearce	13	Heads Valley	NS
--- Blythe Scannell	13	Merthyr Tydf	NS

Event 22 Girls 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Isabel Brasington	14	Heads Valley	1:08.44
	33.54	34.90	
2 Cerys Lunn	14	Co Cardiff	1:09.78
	33.64	36.14	
3 Meghan L Palmer	14	Rhondda	1:11.08
	33.19	37.89	
4 Izzy x Thomas	14	Bridgend Cty	1:13.37
	34.42	38.95	
5 Olivia N Jones	14	Rhondda	1:13.47
	35.14	38.33	
6 Seren Leconte	14	Rct Squad	1:14.17
	35.92	38.25	
7 Niamh Gregory	14	Caerphilly	1:14.73
	35.55	39.18	
8 Thea E Strickland-Grant	14	Torfaen D	1:15.92
	35.81	40.11	
9 Sofia Fernandez-John	14	Caerphilly	1:17.50
	36.52	40.98	
10 Laura L Jones	14	Torfaen D	1:19.66
	37.79	41.87	
--- Lauren E Tagg	14	Co Newport	NS
--- Evelyn N McMellin	14	Co Cardiff	NS

Event 22 Girls 15 & Over 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Bethan Chadwick	17	Rct Squad	1:05.07
	31.42	33.65	
2 Elle D Harris-Thomas	16	Torfaen D	1:07.51
	32.27	35.24	
3 Ffion H Addecott	16	Rct Squad	1:08.51
	32.84	35.67	
4 Emma L Porter	15	Torfaen D	1:08.56
	33.27	35.29	
5 Kaycee Napper	15	Rhondda	1:09.42
	33.84	35.58	
6 Cerys R Vaisey	15	Abertillery	1:09.68
	33.89	35.79	
7 Caitlin Walker	16	Co Cardiff	1:09.71
	33.55	36.16	
8 Morgan m Meredith	16	Rhondda	1:10.08
	34.12	35.96	
9 Becky Lewis	15	Rct Squad	1:10.53
	33.35	37.18	

10 Emma Harvey	37	Cwmbran	1:10.72
	33.58	37.14	
11 Ella Deakin	16	Co Newport	1:10.98
	34.40	36.58	
12 Jasmine K Athwal	16	Torfaen D	1:11.01
	34.42	36.59	
13 Cora Davies	15	Rct Squad	1:12.56
	34.71	37.85	
14 Krysta G Southwood	15	Torfaen D	1:13.15
	35.07	38.08	
15 Niamh Price	15	Heads Valley	1:15.08
	35.90	39.18	
16 Arwen Teagle	17	Merthyr Tydf	1:16.51
	37.25	39.26	
17 Ffion Devonald-Jones	16	Rct Squad	1:17.00
	36.18	40.82	
18 Holly Nash	15	Rhondda	1:17.68
	36.88	40.80	
--- Llinos Cope	15	Heads Valley	NS

Event 23 Boys 13 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 James Ingram	13	Heads Valley	1:07.85
	32.36	35.49	
2 Calum Jones	13	Rhondda	1:09.38
	34.80	34.58	
3 Gethin Tasker	13	Rct Squad	1:10.07
	35.03	35.04	
4 Freddie Johnson	13	Heads Valley	1:10.67
	33.41	37.26	
5 Tomos Isaacs	13	Rct Squad	1:10.71
	33.41	37.30	
6 William J Watkins	13	Co Newport	1:11.79
	35.44	36.35	
7 Noa W Griffith	13	Rct Squad	1:14.32
	35.55	38.77	
8 Camron J Smallman	13	Torfaen D	1:14.52
	35.00	39.52	
9 Gethin Chambers	13	Rhondda	1:16.03
	36.58	39.45	
10 Elliot Lynch-Warden	13	Monnow	1:16.50
	36.84	39.66	
11 Jay Garland	13	Rct Squad	1:16.67
	36.35	40.32	
12 Evan Williams	13	Rhondda	1:18.80
	37.13	41.67	
13 Callum Negrotti	13	Torfaen D	1:19.67
	36.89	42.78	
14 Alexander John	13	Rct Squad	1:24.41
	40.68	43.73	
--- John P Atkinson	13	Heads Valley	NS
--- Oscar Newton	13	Torfaen D	NS

Event 23 Boys 14 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Jacob Jones	14	Rct Squad	59.80
	28.50	31.30	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 23 Boys 14 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Finals Time
2 Logan Clement	14	Rct Squad	1:02.80
	30.07	32.73	
3 Nicholas Tan	14	Pontypridd	1:06.24
	31.35	34.89	
4 Owen g Hughes	14	Rhondda	1:09.13
	34.40	34.73	
5 Nathaniel H Edwards	14	Torfaen D	1:09.14
	32.82	36.32	
--- Joseph W Stacey	14	Torfaen D	NS

Event 23 Boys 15 & Over 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Dan J Hall	16	Chepstow	59.54
	28.28	31.26	
2 Callum J Tucker	15	Chepstow	1:01.34
	29.38	31.96	
3 Finlay M Jones	16	Rhondda	1:01.58
	29.77	31.81	
4 Oliver H Kindred	15	Torfaen D	1:02.26
	30.06	32.20	
5 Cynan Weber	17	Rhondda	1:02.66
	30.76	31.90	
6 Ellis Jenkins	16	Rct Squad	1:02.87
	29.35	33.52	
7 Ryan T Steven	16	Co Newport	1:03.35
	29.65	33.70	
8 Callum J Phillips	16	Chepstow	1:03.49
	30.43	33.06	
9 Thomas J Williams	15	Rhondda	1:03.53
	30.32	33.21	
10 Jac Fernandez-John	16	Caerphilly	1:04.43
	30.60	33.83	
11 Cadyn Halstead	15	Co Cardiff	1:04.78
	31.17	33.61	
12 Sam W Clegg	17	Brecon	1:05.75
	31.82	33.93	
13 Rhys Lloyd	16	Rct Squad	1:07.48
	31.82	35.66	
14 Oliver J Andrews	16	Chepstow	1:07.65
	31.68	35.97	
15 Oskar Derehajlo	16	Merthyr Tydf	1:07.70
	32.18	35.52	
16 Joel N Horsman	15	Caerphilly	1:18.83
	37.85	40.98	
--- Ceirion Jones	16	Merthyr Tydf	NS

Event 24 Girls 10 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Eva Lily Haddrell	10	Rct Squad	1:31.24
	44.97	46.27	
2 Teagan E Bick	10	Torfaen D	1:32.93
	45.50	47.43	
3 Neve Avraam	10	Bridgend Cty	1:35.04
	47.36	47.68	
4 Imogen Lewis	10	Co Cardiff	1:35.30
	46.47	48.83	

5 Ella Jones	10	Caerphilly	1:37.00
	47.31	49.69	
6 Cerys Coombes	10	Bridgend Cty	1:39.90
	49.44	50.46	
7 Ella Evans	10	Co Cardiff	1:40.04
	47.74	52.30	
8 Isabella C Pani	10	Co Cardiff	1:42.13
	49.39	52.74	
9 Laragh Epstein	10	Heads Valley	1:43.35
	51.08	52.27	
10 Porscha Evans	10	Co Cardiff	1:43.82
	50.81	53.01	
11 Darcey James	10	Caerphilly	1:47.05
	52.83	54.22	
12 Kyla Pearce	10	Rct Squad	1:47.65
	52.13	55.52	
13 Manon Reilly	10	Rct Squad	1:48.81
	53.31	55.50	
14 Teyha R O'Brien	10	Co Newport	2:25.29
	1:09.97	1:15.32	
--- Ruby Barrington-Williams	10	Rct Squad	DQ
	6.4 More than one single or double simultaneous arm pull used to initiate t		
	47.60	51.66	

Event 24 Girls 11 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Sophie G Davies	11	Co Cardiff	1:23.53
	41.97	41.56	
2 Edith B Fletcher	11	Co Newport	1:24.28
	41.01	43.27	
3 Anya Elias	11	Co Cardiff	1:26.82
	43.07	43.75	
4 Poppy L Offside	11	Co Newport	1:28.05
	43.24	44.81	
5 Callie M Winter	11	Co Cardiff	1:28.76
	43.84	44.92	
6 Mari Evans	11	Rct Squad	1:29.15
	42.97	46.18	
7 Emilia V John	11	Co Cardiff	1:29.91
	43.53	46.38	
8 Ellise F Williams	11	Rhondda	1:31.49
	44.45	47.04	
9 Emma Nock	11	Monnow	1:31.79
	45.27	46.52	
10 Poppy Ward	11	Caerphilly	1:31.91
	44.30	47.61	
11 Angharad Barr	11	Caerphilly	1:32.56
	45.13	47.43	
12 Kira Nutt	11	Caerphilly	1:32.82
	45.22	47.60	
13 Holly Thomas	11	Bridgend Cty	1:33.13
	45.94	47.19	
14 Georgia Smele	11	Bridgend Cty	1:33.63
	45.96	47.67	
15 Catrin A Pryce	11	Co Cardiff	1:33.69
	45.12	48.57	
16 Chloe M Henshall	11	Co Cardiff	1:35.97
	47.43	48.54	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 24 Girls 11 Year Olds 100 SC Meter Backstroke)

Name	Age	Team	Finals Time
17 Emily J Walker	11	Co Newport	1:36.24
47.28	48.96		
18 Emily A Duggan	11	Co Cardiff	1:38.44
49.78	48.66		
19 Jessica Arnold	11	Cwmbran	1:40.72
49.49	51.23		
20 Natalia M English	11	Co Newport	1:45.88
50.51	55.37		
21 Trinity E Cousins	11	Co Cardiff	1:52.96
53.34	59.62		
22 Takara C Webber	11	Chepstow	1:54.46
56.07	58.39		
23 Ellie Edwards	11	Caerphilly	1:56.77
55.37	1:01.40		
--- Lois Dutton	11	Rhondda	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
53.61	54.62		
--- Sophia Mitina	11	Rct Squad	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
51.53	53.25		
--- Keira H Reynolds	11	Heads Valley	NS
--- Lillie Jones	11	Co Cardiff	NS

Event 24 Girls 12 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Alysia Roberts	12	Co Cardiff	1:22.72
40.92	41.80		
2 Pippa Wright	12	Rct Squad	1:24.70
40.79	43.91		
3 Ellie Bryan	12	Co Cardiff	1:24.71
42.16	42.55		
4 Georgina Edwards	12	Abertillery	1:24.80
41.34	43.46		
5 Anwen Nesham	12	Rct Squad	1:26.11
42.63	43.48		
6 Ffion Davies	12	Rct Squad	1:26.47
41.58	44.89		
7 Leia Pengelly	12	Rct Squad	1:30.67
45.57	45.10		
8 Poppi Hampton	12	Bridgend Cty	1:31.58
46.20	45.38		
9 Alisha Morgan	12	Rct Squad	1:31.62
44.74	46.88		
10 Lauren Sturdy	12	Rct Squad	1:32.69
46.61	46.08		
11 Annie Picton	12	Rct Squad	1:35.07
47.75	47.32		
12 Lowri C Trenchard	12	Co Newport	1:35.39
47.19	48.20		
13 Holly Anderson	12	Co Cardiff	1:39.05
49.76	49.29		
14 Layla Peters	12	Rct Squad	1:41.12
50.79	50.33		
--- Eve Bradley	12	Abertillery	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
44.56	42.78		

--- Mia Pritchard	12	Co Cardiff	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
41.84	41.88		
--- Brooke Etchell	12	Monnow	NS
--- Seren Jones	12	Caerphilly	NS
--- Cadi Griffiths	12	Co Cardiff	NS

Event 25 Boys 10 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Lucas J Mruk	10	Torfaen D	1:30.31
44.22	46.09		
2 Alexander D George	10	Torfaen D	1:35.56
47.53	48.03		
3 Fabian Buczylo	10	Pontypridd	1:36.67
46.93	49.74		
4 Luke T Williams	10	Co Newport	1:41.55
49.60	51.95		
5 Oscar K Watkins	10	Co Newport	1:51.88
56.52	55.36		

Event 25 Boys 11 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Alberto Rescigno	11	Co Cardiff	1:29.07
43.58	45.49		
2 Ellis Price	11	Pontypridd	1:29.75
44.29	45.46		
3 Harrison L Jones	11	Bridgend Cty	1:30.50
44.30	46.20		
4 Rauley L Hunter	11	Co Cardiff	1:31.27
45.66	45.61		
5 James L Newton	11	Torfaen D	1:32.32
45.46	46.86		
6 Henry A Stevens	11	Co Cardiff	1:33.31
46.59	46.72		
7 Ryan Brickell	11	Abertillery	1:37.49
48.10	49.39		
8 Caleb Norton	11	Rhondda	1:39.55
48.72	50.83		
9 Jac Davies	11	Caerphilly	1:48.01
51.80	56.21		
--- Cohen S Fenn-Ellis	11	Torfaen D	NS
--- Lewis Morgan	11	Bridgend Cty	NS
--- Keian J Mruk	11	Torfaen D	NS

Event 25 Boys 12 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Finlay John	12	Rct Squad	1:15.12
36.22	38.90		
2 Joseph Fowler	12	Rct Squad	1:19.34
38.10	41.24		
3 Dylan Murphy-Kenny	12	Rct Squad	1:20.35
39.39	40.96		
4 Morgan J Stones	12	Chepstow	1:20.98
39.98	41.00		
5 Owen Price Davies	12	Brecon	1:24.15
41.35	42.80		
6 Archie Mclain	12	Heads Valley	1:25.60
41.76	43.84		

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 25 Boys 12 Year Olds 100 SC Meter Backstroke)

Name	Age	Team	Finals Time
7 Evan Winstone	12	Co Cardiff	1:25.87
42.54	43.33		
8 Iuc Martin	12	Bridgend Cty	1:31.42
45.20	46.22		
9 Luke Clarke	12	Co Cardiff	1:34.82
45.72	49.10		
10 Evan M Davies	12	Co Newport	1:39.65
49.60	50.05		
11 Matthew Lynch-Warden	12	Monnow	1:41.88
49.92	51.96		
--- Raphael Cackett	12	Monnow	DQ
6.4 Not on the back when leaving the wall			
44.26	46.87		
--- Ethan Roberts	12	Co Cardiff	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
46.41	47.18		
--- Cian Epstein	12	Heads Valley	NS

Event 26 Girls 13 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Rebekah Ramsey	13	Heads Valley	2:59.82
39.42	48.07	46.56	45.77
2 Polly Marshall	13	Caerphilly	3:00.40
39.81	47.84	48.15	44.60
3 Jessica Brind	13	Co Cardiff	3:15.50
41.20	49.67	52.10	52.53

Event 26 Girls 14 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Eilir Teagle	14	Merthyr Tydf	2:38.43
34.62	39.60	41.50	42.71
2 Sasha Bond	14	Rct Squad	2:45.41
36.96	42.63	44.34	41.48
3 Grace Girling	14	Co Cardiff	2:45.87
33.82	41.72	44.25	46.08
4 Cerys Lunn	14	Co Cardiff	3:20.02
42.16	51.09	55.93	50.84

Event 26 Girls 15 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Cerys Jones	15	Co Cardiff	2:54.44
35.57	42.18	46.87	49.82

Event 27 Boys 13 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Owen Griffiths	13	Merthyr Tydf	3:41.05
44.81	58.80	1:01.09	56.35

Event 27 Boys 14 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Dylan R Havard	14	Heads Valley	3:03.84
39.03	46.36	49.46	48.99
2 Owen g Hughes	14	Rhondda	3:08.14
39.22	48.88	52.37	47.67
3 George Falloon	14	Caerphilly	3:24.44
43.04	56.07	57.19	48.14

Event 27 Boys 15 & Over 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Luke A Baker	17	Torfaen D	2:15.69
29.42	32.83	35.90	37.54
2 Jac Wood-Jones	15	Rhondda	2:38.04
32.84	39.39	44.42	41.39
3 Ryan T Steven	16	Co Newport	2:42.19
35.91	41.47	42.42	42.39
--- Tyler Collins	15	Rct Squad	NS

Event 28 Girls 10 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Isabelle Kay	10	Rct Squad	3:40.49
52.11	57.06	56.25	55.07
2 Laragh Epstein	10	Heads Valley	3:47.58
53.54	1:00.14	59.50	54.40
3 Neave R Peckham	10	Chepstow	4:16.77
56.42	1:07.30	1:06.21	1:06.84
4 Megan Bendon	10	Cwmbran	4:17.01
59.18	1:06.56	1:07.15	1:04.12
5 Niamh M Jenkins	10	Chepstow	4:18.05
57.69	1:04.23	1:08.95	1:07.18
6 Abbie F Headen	10	Heads Valley	4:21.35
59.05	1:07.47	1:07.94	1:06.89
7 Poppy Scurlock	10	Co Cardiff	4:22.43
58.75	1:05.85	1:11.89	1:05.94
8 Seren Williams	10	Rhondda	4:29.46
59.89	1:09.56	1:12.50	1:07.51
--- Cerys Coombes	10	Bridgend Cty	DQ
7.4 Leg movements not on the same plane			
52.71	56.68	58.82	58.42

Event 28 Girls 11 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Chloe M Henshall	11	Co Cardiff	3:32.93
49.09	55.41	54.20	54.23
2 Poppy L Offside	11	Co Newport	3:37.77
51.07	58.11	55.30	53.29
3 Emily J Walker	11	Co Newport	3:38.47
52.04	55.09	56.93	54.41
4 Daisy Osborne	11	Brecon	3:40.47
50.77	55.38	57.66	56.66
5 Emily A Duggan	11	Co Cardiff	3:46.42
53.88	58.75	58.29	55.50
6 Carys Williams	11	Merthyr Tydf	3:54.53
53.97	1:01.48	1:00.94	58.14
7 Saranna Ashman	11	Cwmbran	4:05.10
53.59	1:03.44	1:05.70	1:02.37
8 Takara C Webber	11	Chepstow	4:27.18
58.66	1:09.46	1:09.43	1:09.63
--- Georgia Smele	11	Bridgend Cty	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo			
1:02.14	1:10.41	1:10.16	1:09.77
--- Freya Davis	11	Rct Squad	NS
--- Caitlin I Barclay	11	Co Cardiff	NS

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 28 Girls 12 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Ellie Bryan	12	Co Cardiff	3:14.65	
44.93	49.41	50.83	49.48	
2 Alysia Roberts	12	Co Cardiff	3:19.58	
46.27	51.09	52.75	49.47	
3 Hannah L Gibson	12	Chepstow	3:20.55	
45.58	51.50	51.91	51.56	
4 Mia Pritchard	12	Co Cardiff	3:28.98	
49.52	53.39	54.76	51.31	
5 Iona Roderick	12	Co Cardiff	3:32.78	
49.66	53.70	54.86	54.56	
6 Grace M Bateman	12	Bridgend Cty	3:32.85	
49.24	53.70	55.28	54.63	
7 Caitlyn Vincent	12	Pontypridd	3:39.73	
50.39	57.38	57.12	54.84	
8 Tesni Francis-Parker	12	Co Newport	3:43.26	
49.34	56.77	58.73	58.42	
9 Holly Loxton	12	Co Cardiff	3:44.66	
52.74	57.22	58.68	56.02	
10 Poppi Hampton	12	Bridgend Cty	3:50.15	
52.20	59.77	1:00.01	58.17	
11 Kirsten Daly	12	Bridgend Cty	4:05.39	
55.91	1:01.91	1:04.39	1:03.18	
--- Seren Jones	12	Caerphilly	NS	

Event 29 Boys 10 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Luke T Williams	10	Co Newport	3:47.07	
54.15	57.79	59.78	55.35	
2 Jacob Temby	10	Co Cardiff	3:47.70	
51.43	59.01	58.85	58.41	
3 Fabian Buczylo	10	Pontypridd	3:54.63	
55.64	1:01.93	1:00.07	56.99	
4 Noah J Rixon	10	Co Newport	4:14.42	
1:02.11	1:05.29	1:05.72	1:01.30	
5 Alfie J Doyle	10	Co Newport	4:18.70	
59.71	1:08.74	1:03.99	1:06.26	
--- Oliver R Rixon	10	Co Newport	DQ	
7.5 Executed alternating or downward butterfly kick (except after start or a				
58.48	1:04.84	1:03.44	1:02.57	
--- Lucas J Mruk	10	Torfaen D	NS	
--- Alexander D George	10	Torfaen D	NS	

Event 29 Boys 11 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Rauley L Hunter	11	Co Cardiff	3:25.77	
48.14	53.31	53.19	51.13	
2 Jack S James	11	Torfaen D	3:42.42	
48.87	58.11	59.93	55.51	
3 Henry A Stevens	11	Co Cardiff	3:42.78	
52.07	56.82	57.95	55.94	

Event 29 Boys 12 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time	
1 Evan Winstone	12	Co Cardiff	3:16.91	
46.03	52.45	51.77	46.66	

2 Harvey C Lale	12	Torfaen D	3:16.94	
45.62	51.93	51.94	47.45	
3 Iuc Martin	12	Bridgend Cty	3:35.10	
48.60	55.36	57.23	53.91	
4 Luke Clarke	12	Co Cardiff	3:39.63	
50.03	56.22	57.38	56.00	
5 Alex White	12	Rhondda	3:49.45	
52.15	58.83	59.95	58.52	
--- Ethan Roberts	12	Co Cardiff	DQ	
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo				
51.87	59.14	1:01.49	56.55	
--- Harry R Davey	12	Torfaen D	NS	
--- Sam Owen	12	Merthyr Tydf	NS	
--- Cian Epstein	12	Heads Valley	NS	

Event 30 Girls 13 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Eve S Bowen	13	Co Newport	1:15.31	
34.83	40.48			
2 Cerys Jones	13	Rct Squad	1:16.12	
34.54	41.58			
3 Rebekah Ramsey	13	Heads Valley	1:21.01	
36.49	44.52			
4 Xantia Hobrough	13	Co Cardiff	1:21.89	
37.82	44.07			
5 Emilia A Jones	13	Bridgend Cty	1:24.93	
39.47	45.46			
6 Ryleigh Thompson	13	Rhondda	1:36.76	
42.78	53.98			
--- Chloe Jones	13	Bridgend Cty	NS	

Event 30 Girls 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Rosie A Domican	14	Co Cardiff	1:12.54	
34.61	37.93			
2 Deryn Skene	14	Co Cardiff	1:24.22	
37.81	46.41			
3 Izzy x Thomas	14	Bridgend Cty	1:28.86	
37.52	51.34			
4 Olivia N Jones	14	Rhondda	1:29.08	
40.05	49.03			
5 Seren Leconte	14	Rct Squad	1:38.97	
44.00	54.97			

Event 30 Girls 15 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time	
1 Alyssa Norris	15	Caerphilly	1:12.49	
32.71	39.78			
2 Cerys Jones	15	Co Cardiff	1:17.48	
35.04	42.44			
3 Becky Lewis	15	Rct Squad	1:21.69	
37.53	44.16			
4 Esme Jones	16	Cwmbran	1:22.99	
36.10	46.89			
5 Lois J Davies	15	Co Cardiff	1:24.27	
37.70	46.57			

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 31 Boys 13 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 James Ingram	13	Heads Valley	1:20.51
	37.76	42.75	
2 Freddie Johnson	13	Heads Valley	1:23.79
	37.72	46.07	
3 Evan Williams	13	Rhondda	1:29.36
	41.22	48.14	
4 Noa W Griffith	13	Rct Squad	1:35.83
	43.10	52.73	
5 Gethin Chambers	13	Rhondda	1:41.05
	43.56	57.49	
--- Alexander John	13	Rct Squad	DQ
8.4 Did not touch at turn or finish with both hands or touch not simultaneous			
	45.74	55.06	
--- Tomos Isaacs	13	Rct Squad	NS
--- Callum Negrotti	13	Torfaen D	NS
--- Michael Pursey	13	Heads Valley	NS

Event 31 Boys 14 Year Olds 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Owen g Hughes	14	Rhondda	1:18.67
	36.03	42.64	
2 Nathaniel H Edwards	14	Torfaen D	1:22.39
	37.09	45.30	
--- Joseph W Stacey	14	Torfaen D	NS
--- Arwyn R Grant	14	Co Newport	NS

Event 31 Boys 15 & Over 100 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Morgan L Selby	15	Rct Squad	1:05.28
	29.90	35.38	
2 Jac Wood-Jones	15	Rhondda	1:07.11
	30.88	36.23	
3 Joshua Mullins	18	Merthyr Tydf	1:07.28
	31.12	36.16	
4 Dan J Hall	16	Chepstow	1:08.59
	31.33	37.26	
5 Ryan T Steven	16	Co Newport	1:10.27
	32.51	37.76	
6 Oliver J Andrews	16	Chepstow	1:19.40
	36.67	42.73	
7 Rhys A Belcher	15	Co Newport	1:22.50
	37.33	45.17	
--- Tyler Collins	15	Rct Squad	NS

Event 32 Girls 10 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Eva Lily Haddrell	10	Rct Squad	3:09.72
	45.27	49.14	48.83 46.48
2 Isabelle Kay	10	Rct Squad	3:12.09
	44.96	49.85	50.74 46.54
3 Seren E Davies	10	Bridgend Cty	3:12.46
	45.03	51.05	49.55 46.83
4 Lexie Johnson	10	Heads Valley	3:13.33
	46.96	2:26.37	
5 Teagan E Bick	10	Torfaen D	3:15.22
	46.18	50.88	50.41 47.75

6 Imogen Lewis	10	Co Cardiff	3:15.51
	48.30	49.64	50.03 47.54

Event 32 Girls 11 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Sophie G Davies	11	Co Cardiff	2:56.10
	41.50	45.90	46.72 41.98
2 Callie M Winter	11	Co Cardiff	3:02.41
	43.91	46.48	47.38 44.64
3 Lillie Jones	11	Co Cardiff	3:03.59
	45.01	46.43	46.80 45.35
4 Isobel A Edwards	11	Co Cardiff	3:08.04
	45.59	48.04	47.38 47.03
5 Holly Thomas	11	Bridgend Cty	3:09.08
	45.90	48.12	48.35 46.71
6 Emma Nock	11	Monnow	3:10.36
	46.06	50.37	48.56 45.37
7 Emily A Duggan	11	Co Cardiff	3:22.42
	45.59	51.50	53.36 51.97
8 Chloe M Henshall	11	Co Cardiff	3:24.17
	48.21	52.65	52.76 50.55
--- Poppy Ward	11	Caerphilly	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
	44.57	48.63	50.97 48.47

Event 32 Girls 12 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Phoebe Taylor	12	Monnow	2:45.93
	37.22	42.26	43.91 42.54
2 Olivia Manley	12	Co Cardiff	2:52.66
	41.16	44.53	45.11 41.86
3 Mali Williams	12	Rct Squad	2:53.23
	40.71	44.57	45.26 42.69
4 Caitlin L Bound	12	Heads Valley	2:56.60
	41.59	44.91	46.13 43.97
5 Alysia Roberts	12	Co Cardiff	2:57.40
	42.00	45.92	47.46 42.02
6 Poppi Hampton	12	Bridgend Cty	3:06.31
	44.49	48.05	48.87 44.90
7 Seren Jones	12	Caerphilly	3:18.55
	46.82	49.50	51.75 50.48
--- Iona Roderick	12	Co Cardiff	DQ
6.4 More than one single or double simultaneous arm pull used to initiate t			
	47.43	49.69	51.54 48.74

Event 33 Boys 11 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Ellis Price	11	Pontypridd	3:08.07
	43.56	48.98	48.92 46.61
2 Henry A Stevens	11	Co Cardiff	3:12.44
	45.63	49.04	49.55 48.22
3 Harrison L Jones	11	Bridgend Cty	3:23.32
	45.26	52.24	55.46 50.36
--- Iolo R Warman-Powell	11	Torfaen D	DQ
6.4 Not on the back when leaving the wall			
	44.36	50.24	47.59 50.94

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 33 Boys 12 Year Olds 200 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Finlay John	12	Rct Squad	2:39.99	
			37.26	40.60
			41.80	40.33
2 Harvey C Lale	12	Torfaen D	2:49.46	
			39.69	43.37
			44.68	41.72
3 Joseph Fowler	12	Rct Squad	2:51.22	
			39.81	42.84
			44.50	44.07
--- Owen Price Davies	12	Brecon	DQ	
			4.4 Start before starting signal	
			1:23.07	44.03
			42.55	

Event 34 Girls 13 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Rebekah Ramsey	13	Heads Valley	2:27.33	
			32.31	36.83
			39.24	38.95
2 Summer Price	13	Heads Valley	2:27.80	
			33.78	36.52
			38.87	38.63
3 Ffion James	13	Rct Squad	2:32.99	
			34.22	38.71
			40.11	39.95
4 Lauren-Ann Page	13	Co Cardiff	2:36.56	
			35.80	40.11
			41.50	39.15
5 Charlotte M Hamer	13	Torfaen D	2:39.01	
			37.36	41.80
			42.13	37.72
6 Xantia Hobrough	13	Co Cardiff	2:41.69	
			36.91	41.95
			43.23	39.60
7 Megan R Peacock	13	Co Newport	2:42.01	
			36.01	41.98
			42.91	41.11
8 Shauna Reed	13	Torfaen D	2:45.72	
			35.49	42.59
			45.35	42.29
9 Ryleigh Thompson	13	Rhondda	2:45.95	
			37.70	41.76
			43.28	43.21
10 Sophie Knoyle	13	Co Cardiff	3:01.87	
			39.36	45.90
			49.25	47.36
--- Isabel Pearce	13	Heads Valley	NS	
--- Mia Reynolds	13	Heads Valley	NS	

Event 34 Girls 14 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Isabel Brasington	14	Heads Valley	2:25.93	
			33.90	36.91
			38.24	36.88
2 Ashley Thomas	14	Rct Squad	2:29.60	
			33.20	37.85
			39.83	38.72
3 Cerys Lunn	14	Co Cardiff	2:32.35	
			33.89	38.42
			40.69	39.35
4 Evelyn N McMellin	14	Co Cardiff	2:32.36	
			35.22	38.61
			40.32	38.21
5 Ffion Price	14	Brecon	2:38.16	
			36.23	39.53
			41.96	40.44
6 Olivia N Jones	14	Rhondda	2:46.40	
			37.45	43.62
			44.83	40.50
7 Izzy x Thomas	14	Bridgend Cty	2:48.34	
			38.20	43.33
			44.57	42.24
--- Niamh Gregory	14	Caerphilly	DQ	
			4.4 Start before starting signal	
			36.68	41.43
			43.27	44.67
--- Hannah Nicholls	14	Caerphilly	NS	

Event 34 Girls 15 & Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Alyssa Norris	15	Caerphilly	2:23.47	
			32.04	36.67
			38.57	36.19
2 Aimee Freegard	16	Rct Squad	2:25.20	
			33.66	37.23
			37.69	36.62
3 Elle D Harris-Thomas	16	Torfaen D	2:27.35	
			33.36	37.99
			38.46	37.54
4 Ella Deakin	16	Co Newport	2:30.66	
			34.37	37.72
			39.25	39.32
5 Emma L Porter	15	Torfaen D	2:31.32	
			33.80	38.82
			39.58	39.12
6 Alex Green	17	Chepstow	2:35.39	
			34.70	39.12
			41.09	40.48
7 Emma Harvey	37	Cwmbran	2:35.42	
			33.98	38.51
			41.26	41.67
8 Mckenzie L Johnston	15	Co Newport	2:36.05	
			35.91	39.40
			39.98	40.76
9 Cerys R Vaisey	15	Abertillery	2:38.24	
			35.44	40.67
			41.40	40.73
10 Rebecca Underwood	16	Cwmbran	2:39.24	
			34.67	39.99
			42.57	42.01
11 Esme Jones	16	Cwmbran	2:39.25	
			33.83	40.01
			43.47	41.94
12 Arwen Teagle	17	Merthyr Tydf	2:44.99	
			37.60	42.08
			43.49	41.82
--- Llinos Cope	15	Heads Valley	NS	
--- Caitlin Walker	16	Co Cardiff	NS	

Event 35 Boys 13 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 James Ingram	13	Heads Valley	2:29.46	
			33.39	37.50
			39.33	39.24
2 Freddie Johnson	13	Heads Valley	2:33.03	
			34.25	38.74
			40.74	39.30
3 William J Watkins	13	Co Newport	2:34.76	
			34.80	39.85
			40.57	39.54
4 Camron J Smallman	13	Torfaen D	2:38.61	
			35.29	41.38
			43.06	38.88
5 Sam Buckley	13	Bridgend Cty	2:57.81	
			38.00	45.50
			48.80	45.51
--- Elliot Lynch-Warden	13	Monnow	DQ	
			4.4 Start before starting signal	
			35.52	41.52
			41.68	38.73
--- John P Atkinson	13	Heads Valley	NS	
--- Michael Pursey	13	Heads Valley	NS	
--- Calum Jones	13	Rhondda	NS	

Event 35 Boys 14 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Nathaniel H Edwards	14	Torfaen D	2:26.75	
			33.83	37.61
			38.13	37.18
2 George Falloon	14	Caerphilly	2:28.02	
			33.59	36.96
			40.06	37.41
--- Morgan Watts	14	Abertillery	NS	
--- Arwyn R Grant	14	Co Newport	NS	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 35 Boys 15 & Over 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Joshua Mullins	18	Merthyr Tydf	2:13.52
	31.35	34.74	34.77 32.66
2 Alexander Layzell	15	Merthyr Tydf	2:15.25
	31.79	34.18	35.03 34.25
3 Thomas J Williams	15	Rhondda	2:16.22
	29.99	33.95	36.06 36.22
4 Finlay M Jones	16	Rhondda	2:17.96
	31.79	35.13	36.33 34.71
5 Ryan T Steven	16	Co Newport	2:18.88
	32.09	36.01	35.45 35.33
6 Callum J Phillips	16	Chepstow	2:22.37
	31.46	34.99	37.94 37.98
7 Oskar Derehajlo	16	Merthyr Tydf	2:29.33
	32.37	37.12	40.10 39.74
8 Rhys A Belcher	15	Co Newport	2:46.31
	35.37	40.94	45.05 44.95

Event 36 Girls 10 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Laragh Epstein	10	Heads Valley	1:49.34
	52.53	56.81	
2 Evie Jones	10	Merthyr Tydf	1:50.22
	52.06	58.16	
3 Imogen Lewis	10	Co Cardiff	1:52.34
	53.52	58.82	
4 Celeste Redmond	10	Co Cardiff	1:54.96
	52.77	1:02.19	
5 Megan Bendon	10	Cwmbran	2:00.14
	56.85	1:03.29	
6 Poppy Scurlock	10	Co Cardiff	2:00.54
	57.22	1:03.32	
7 Seren E Davies	10	Bridgend Cty	2:01.83
	58.76	1:03.07	
8 Isabella C Pani	10	Co Cardiff	2:06.23
	59.91	1:06.32	
9 Abbie F Headen	10	Heads Valley	2:06.55
	58.60	1:07.95	
10 Isabelle L Morgan	10	Co Newport	2:26.67
	1:07.29	1:19.38	
--- Neve Avraam	10	Bridgend Cty	DQ
	7.1 After the start or after each turn single butterfly kick not performed bef		
	52.50	56.91	
--- Niamh M Jenkins	10	Chepstow	DQ
	7.1 Head not breaking the surface before hands turn inward at widest point		
	52.60	1:01.52	
--- Chloe Gallier-Morgan	10	Heads Valley	NS
--- Eva Hartery	10	Rct Squad	NS

Event 36 Girls 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Emma Nock	11	Monnow	1:34.39
	45.32	49.07	
2 Chloe M Henshall	11	Co Cardiff	1:37.68
	46.06	51.62	
3 Edith B Fletcher	11	Co Newport	1:38.43
	47.00	51.43	

4 Kaiyah-Jade Staples-Vvind	11	Co Cardiff	1:41.77
	49.08	52.69	
5 Emily J Walker	11	Co Newport	1:42.50
	48.86	53.64	
6 Angharad Barr	11	Caerphilly	1:46.08
	51.03	55.05	
7 Poppy Ward	11	Caerphilly	1:46.17
	50.34	55.83	
8 Mia Bridgewater	11	Torfaen D	1:46.88
	49.66	57.22	
9 Kira Nutt	11	Caerphilly	1:47.02
	52.25	54.77	
10 Emily A Duggan	11	Co Cardiff	1:49.52
	53.72	55.80	
11 Carys Williams	11	Merthyr Tydf	1:51.35
	53.97	57.38	
12 Fay G Russell	11	Chepstow	1:51.50
	52.08	59.42	
13 Natalia M English	11	Co Newport	1:53.24
	52.34	1:00.90	
14 Jennifer James	11	Pontypridd	1:53.35
	52.75	1:00.60	
15 Ellise F Williams	11	Rhondda	1:53.46
	53.03	1:00.43	
16 Meghan R Willis	11	Torfaen D	1:53.99
	53.28	1:00.71	
17 Mari Evans	11	Rct Squad	1:59.09
	56.64	1:02.45	
18 Catrin A Pryce	11	Co Cardiff	2:00.15
	57.51	1:02.64	
19 Georgia Smele	11	Bridgend Cty	2:01.45
	58.01	1:03.44	
20 Jasmine M Carre	11	Rct Squad	2:07.97
	1:00.94	1:07.03	
--- Anais Watkins	11	Heads Valley	DQ
	7.6 Did not touch at turn or finish with both hands, or touch not simultaneo		
	55.03	1:00.03	
--- Keira H Reynolds	11	Heads Valley	NS
--- Ruby Scourfield	11	Bridgend Cty	NS
--- Harriet F Coleman	11	Torfaen D	NS
--- Poppie-Leigh L Woodward	11	Rhondda	NS
--- Jessica Crawley	11	Bridgend Cty	NS

Event 36 Girls 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Caitlin L Bound	12	Heads Valley	1:31.80
	43.73	48.07	
2 Hannah L Gibson	12	Chepstow	1:32.14
	43.82	48.32	
3 Seren White	12	Rct Squad	1:32.16
	43.74	48.42	
4 Georgina Edwards	12	Abertillery	1:32.85
	43.01	49.84	
5 Alysia Roberts	12	Co Cardiff	1:35.23
	44.68	50.55	
6 Olivia Manley	12	Co Cardiff	1:35.32
	45.78	49.54	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 36 Girls 12 Year Olds 100 SC Meter Breaststroke)

Name	Age	Team	Finals Time
7 Jaimee Adams	12	Co Cardiff	1:37.58
46.19	51.39		
8 Lauren Sturdy	12	Rct Squad	1:38.29
47.40	50.89		
9 Ellie S Parsons	12	Chepstow	1:39.26
47.13	52.13		
10 Cerys Davies	12	Rct Squad	1:40.32
46.81	53.51		
11 Caitlyn Vincent	12	Pontypridd	1:42.52
48.75	53.77		
12 Iona Roderick	12	Co Cardiff	1:44.18
49.96	54.22		
13 Poppi Hampton	12	Bridgend Cty	1:45.51
49.75	55.76		
14 Seren Jones	12	Caerphilly	1:46.75
50.49	56.26		
15 Annie Picton	12	Rct Squad	1:46.76
50.66	56.10		
16 Eleri Mulford	12	Pontypridd	1:47.88
51.40	56.48		
17 Rhiannon Hughes	12	Caerphilly	1:49.95
52.24	57.71		
18 Aratz Urkola	12	Co Newport	1:50.51
52.38	58.13		
19 Alisha Morgan	12	Rct Squad	1:51.06
51.93	59.13		
20 Layla Peters	12	Rct Squad	1:52.90
53.62	59.28		
21 Cadi Griffiths	12	Co Cardiff	1:54.71
54.57	1:00.14		
22 Kirsten Daly	12	Bridgend Cty	1:57.05
55.84	1:01.21		
23 Tamsin P Edwards	12	Chepstow	2:03.02
58.45	1:04.57		
24 Grace Elliott	12	Cwmbran	2:04.50
59.16	1:05.34		
25 Louise Gardener	12	Bridgend Cty	2:06.44
58.29	1:08.15		
--- Saffi Jarvis	12	Monnow	DQ
7.2 Body not on the breast during the swim or when leaving the wall after a			
54.90	1:00.75		

Event 37 Boys 10 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Coel Adams	10	Cwmbran	1:43.39
48.19	55.20		
2 Fabian Buczylo	10	Pontypridd	1:50.19
51.30	58.89		
3 Jacob Temby	10	Co Cardiff	1:51.11
53.97	57.14		
4 Noah J Rixon	10	Co Newport	1:54.38
53.77	1:00.61		
5 Oliver R Rixon	10	Co Newport	1:58.12
58.80	59.32		
6 Oscar K Watkins	10	Co Newport	2:03.38
58.70	1:04.68		

7 Alfie J Doyle 10 Co Newport 2:04.56
57.82 1:06.74

--- Iwan H Davies 10 Co Cardiff DQ
4.4 Start before starting signal

59.74 1:07.12
--- Lucas J Mruk 10 Torfaen D NS

Event 37 Boys 11 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Henry A Stevens	11	Co Cardiff	1:44.97
49.80	55.17		
2 Iolo R Warman-Powell	11	Torfaen D	1:45.11
50.01	55.10		
3 Ryan Brickell	11	Abertillery	1:48.73
51.63	57.10		
4 Caleb Norton	11	Rhondda	1:55.97
54.35	1:01.62		
--- Aled Evans	11	Pontypridd	NS

Event 37 Boys 12 Year Olds 100 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Alex White	12	Rhondda	1:44.03
49.03	55.00		
2 Matthew Lynch-Warden	12	Monnow	1:49.35
52.02	57.33		
--- Dylan Murphy-Kenny	12	Rct Squad	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo			
46.41	52.79		
--- Cian Epstein	12	Heads Valley	NS
--- Tyler b Jones	12	Rhondda	NS

Event 38 Girls 10 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Gracie Owen	10	Merthyr Tydf	5:34.25
37.25	40.93	42.26	43.42
43.45	43.02	43.00	40.92
2 Ella Jones	10	Caerphilly	5:57.74
38.61	43.15	45.11	46.57
47.32	47.07	46.03	43.88
3 Mia Beach	10	Rhondda	6:15.09
39.79	46.04	48.64	48.60
50.09	49.17	48.58	44.18

Event 38 Girls 11 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Caitlin I Barclay	11	Co Cardiff	5:38.20
38.50	43.44	43.56	44.34
43.36	42.60	41.98	40.42
2 Megan-Jane J Enoch	11	Caerphilly	5:51.20
36.96	44.30	45.81	45.36
46.25	47.06	46.34	39.12
3 Sophie G Davies	11	Co Cardiff	5:53.93
40.14	45.35	45.52	45.92
45.13	44.92	44.50	42.45
4 Carys Williams	11	Merthyr Tydf	6:00.89
41.96	45.63	45.26	46.46
46.73	45.97	45.90	42.98

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 38 Girls 11 Year Olds 400 SC Meter Freestyle)

Name	Age	Team	Finals Time	
5 Holly Thomas	11	Bridgend Cty	6:15.78	
			42.66	45.89
			47.95	48.23
			49.24	49.16
			47.92	44.73
6 Chloe M Henshall	11	Co Cardiff	6:23.10	
			41.57	47.98
			48.49	49.43
			49.96	50.41
			48.96	46.30
7 Poppy Keigwin	11	Caerphilly	6:27.57	
			43.18	48.63
			50.10	48.79
			50.50	50.98
			50.34	45.05
8 Jessica Arnold	11	Cwmbran	6:32.62	
			41.85	47.96
			49.60	50.27
			49.46	51.79
			52.17	49.52
9 Fay G Russell	11	Chepstow	7:53.79	
			52.70	1:00.97
			1:01.10	1:03.64
			1:03.90	1:02.09
			58.23	51.16
--- Poppie-Leigh L Woodward	11	Rhondda	NS	

Event 38 Girls 12 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Mia Pritchard	12	Co Cardiff	5:25.49	
			37.72	42.01
			42.77	42.37
			41.63	41.91
			40.49	36.59
2 Elli-May Hamm	12	Bridgend Cty	5:42.97	
			37.78	41.69
			44.07	44.56
			44.74	43.66
			43.19	43.28
3 Poppi Hampton	12	Bridgend Cty	6:14.40	
			41.02	46.46
			47.35	48.18
			49.59	49.86
			48.27	43.67
--- Ffion Davies	12	Rct Squad	NS	

Event 38 Girls 13 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Rebekah Ramsey	13	Heads Valley	5:05.10	
			34.67	38.41
			39.05	38.88
			39.19	38.70
			38.87	37.33
2 Summer Price	13	Heads Valley	5:10.83	
			35.12	38.33
			39.20	39.47
			39.60	39.82
			40.51	38.78
3 Rebecca Collins	13	Co Cardiff	5:34.81	
			37.70	42.05
			42.80	43.42
			42.94	42.04
			42.20	41.66
4 Gabriella Bowen	13	Merthyr Tydf	5:35.65	
			38.42	41.82
			42.57	42.50
			43.39	43.18
			43.75	40.02
5 Millie Cribb	13	Caerphilly	5:47.74	
			37.81	41.80
			43.38	44.61
			43.93	46.10
			45.62	44.49
--- Xantia Hobrough	13	Co Cardiff	NS	

Event 38 Girls 14 Year Olds 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Eilir Teagle	14	Merthyr Tydf	5:01.35	
			33.75	37.48
			38.15	38.86
			38.39	39.13
			38.86	36.73
2 Isabel Brasington	14	Heads Valley	5:05.08	
			35.03	38.22
			38.82	39.12
			39.05	38.78
			39.02	37.04

3 Thea E Strickland-Grant	14	Torfaen D	5:34.46	
			35.75	39.40
			42.54	43.43
			43.19	44.79
			44.22	41.14
4 Seren Leconte	14	Rct Squad	5:39.06	
			38.20	41.85
			42.77	43.44
			43.92	44.49
			44.14	40.25
5 Niamh Gregory	14	Caerphilly	5:55.02	
			38.37	43.28
			45.06	45.16
			46.11	46.01
			45.81	45.22

Event 38 Girls 15 & Over 400 SC Meter Freestyle

Name	Age	Team	Finals Time	
1 Lois J Davies	15	Co Cardiff	4:52.66	
			33.69	36.34
			36.90	38.10
			36.96	37.52
			37.99	35.16
2 Becky Lewis	15	Rct Squad	5:21.46	
			35.57	39.35
			40.22	40.63
			41.46	41.36
			41.60	41.27
3 Cerys Jones	15	Co Cardiff	5:23.81	
			34.25	39.05
			40.98	42.07
			42.47	42.78
			42.58	39.63
4 Emma Harvey	37	Cwmbran	5:34.44	
			35.44	40.11
			41.84	43.26
			43.58	43.57
			44.00	42.64
5 Arwen Teagle	17	Merthyr Tydf	5:39.49	
			39.17	41.95
			42.84	42.86
			43.18	42.53
			44.74	42.22
6 Jasmine Bryan	15	Merthyr Tydf	5:40.47	
			36.80	41.74
			44.37	44.46
			45.30	44.61
			44.57	38.62
--- Llinos Cope	15	Heads Valley	NS	
--- Caitlin Walker	16	Co Cardiff	NS	

Event 39 Boys 13 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time	
1 Joshua C O Brien	13	Co Cardiff	1:12.25	
			35.39	36.86
2 James Ingram	13	Heads Valley	1:21.98	
			39.66	42.32
3 Noa W Griffith	13	Rct Squad	1:22.46	
			41.45	41.01
4 Elliot Lynch-Warden	13	Monnow	1:24.84	
			41.85	42.99
5 William J Watkins	13	Co Newport	1:25.37	
			41.35	44.02
6 Jay Garland	13	Rct Squad	1:30.91	
			44.70	46.21
7 Gethin Chambers	13	Rhondda	1:31.60	
			44.37	47.23
8 Sam Buckley	13	Bridgend Cty	1:33.47	
			46.17	47.30
9 Toben Durrant	13	Co Cardiff	1:34.07	
			44.01	50.06
--- Freddie Johnson	13	Heads Valley	DQ	
			6.4 More than one single or double simultaneous arm pull used to initiate t	
			40.11	42.41
--- John P Atkinson	13	Heads Valley	NS	
--- Gethin Tasker	13	Rct Squad	NS	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 39 Boys 14 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Jacob Jones	14	Rct Squad	1:11.02
	34.05	36.97	
2 Owen g Hughes	14	Rhondda	1:23.93
	42.07	41.86	
--- Joseph W Stacey	14	Torfaen D	NS
--- Arwyn R Grant	14	Co Newport	NS

Event 39 Boys 15 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Dan J Hall	16	Chepstow	1:06.67
	31.98	34.69	
2 Morgan L Selby	15	Rct Squad	1:08.70
	32.94	35.76	
3 Thomas J Williams	15	Rhondda	1:14.25
	35.73	38.52	
4 Rhys Lloyd	16	Rct Squad	1:14.80
	35.94	38.86	
--- Ellis Jenkins	16	Rct Squad	NS

Event 40 Girls 13 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Cerys Jones	13	Rct Squad	1:16.72
	36.91	39.81	
2 Shauna Reed	13	Torfaen D	1:18.73
	37.59	41.14	
3 Ellie May Waite	13	Co Cardiff	1:18.86
	37.82	41.04	
4 Bethan Moodley	13	Rct Squad	1:19.05
	38.91	40.14	
5 Ffion James	13	Rct Squad	1:19.58
	39.42	40.16	
6 Polly Marshall	13	Caerphilly	1:19.79
	38.23	41.56	
7 Rebekah Ramsey	13	Heads Valley	1:22.65
	39.60	43.05	
8 Daisy Keigwin	13	Caerphilly	1:22.96
	41.12	41.84	
9 Xantia Hobrough	13	Co Cardiff	1:23.29
	41.02	42.27	
10 Ryleigh Thompson	13	Rhondda	1:24.00
	1:24.00		
11 Eve S Bowen	13	Co Newport	1:24.28
	40.32	43.96	
12 Lily F Bigham	13	Co Newport	1:24.98
	41.64	43.34	
13 Emilia A Jones	13	Bridgend Cty	1:25.96
	42.12	43.84	
14 Gabrielle Anthony	13	Rct Squad	1:30.75
	44.29	46.46	
--- Isabel Pearce	13	Heads Valley	NS

Event 40 Girls 14 Year Olds 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Isabel Brasington	14	Heads Valley	1:14.83
	36.97	37.86	

2 Eilir Teagle	14	Merthyr Tydf	1:15.81
	37.26	38.55	
3 Deryn Skene	14	Co Cardiff	1:18.69
	38.33	40.36	
4 Ffion Price	14	Brecon	1:19.53
	38.05	41.48	
5 Nell Thomas	14	Rct Squad	1:19.68
	38.91	40.77	
6 Cerys Lunn	14	Co Cardiff	1:20.86
	39.89	40.97	
7 Evelyn N McMellin	14	Co Cardiff	1:24.75
	41.79	42.96	
8 Izzy x Thomas	14	Bridgend Cty	1:26.24
	41.97	44.27	

Event 40 Girls 15 & Over 100 SC Meter Backstroke

Name	Age	Team	Finals Time
1 Aimee Freegard	16	Rct Squad	1:14.51
	36.58	37.93	
2 Ella Deakin	16	Co Newport	1:15.54
	36.31	39.23	
3 Lois J Davies	15	Co Cardiff	1:15.66
	36.66	39.00	
4 Kaycee Napper	15	Rhondda	1:17.87
	37.53	40.34	
5 Cora Davies	15	Rct Squad	1:20.52
	39.24	41.28	
6 Elle D Harris-Thomas	16	Torfaen D	1:21.55
	39.47	42.08	
7 Morgan m Meredith	16	Rhondda	1:22.64
	39.52	43.12	
8 Cerys R Vaisey	15	Abertillery	1:24.33
	40.18	44.15	
9 Arwen Teagle	17	Merthyr Tydf	1:25.71
	42.51	43.20	

Event 41 Boys 10 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Thomas Haines	10	Co Cardiff	3:16.27
	40.77	54.05	54.40 47.05

Event 41 Boys 11 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Alberto Rescigno	11	Co Cardiff	3:17.53
	42.01	50.79	54.30 50.43
2 Tobie Cribb	11	Caerphilly	4:04.51
	51.85	1:01.67	1:07.02 1:03.97

Event 41 Boys 12 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Joseph Fowler	12	Rct Squad	2:56.08
	37.49	44.50	47.14 46.95
--- Charlie D McGuinness	12	Torfaen D	NS

Event 42 Girls 10 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Gracie Owen	10	Merthyr Tydf	3:24.98
	42.63	53.57	55.85 52.93
2 Evie Jones	10	Merthyr Tydf	3:26.09
	43.27	54.16	55.30 53.36

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 42 Girls 11 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Poppy Ward	11	Caerphilly	3:29.46
	45.48	53.94	55.73 54.31
--- Evie G Coulson	11	Torfaen D	NS

Event 42 Girls 12 Year Olds 200 SC Meter Butterfly

Name	Age	Team	Finals Time
1 Jaimee Adams	12	Co Cardiff	2:49.86
	38.51	44.13	44.70 42.52
2 Emmie Coombes	12	Rct Squad	3:14.28
	44.22	50.59	49.95 49.52

Event 43 Boys 13 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Michael Pursey	13	Heads Valley	3:01.78
	41.33	46.42	47.40 46.63
2 Sam Buckley	13	Bridgend Cty	3:33.11
	49.74	54.91	55.29 53.17
3 Masih Pourdalir	13	Co Newport	3:34.19
	48.30	52.87	57.90 55.12
4 Toben Durrant	13	Co Cardiff	3:38.17
	50.11	55.70	58.22 54.14

Event 43 Boys 14 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Logan Clement	14	Rct Squad	2:50.70
	39.10	43.73	45.19 42.68
2 George Falloon	14	Caerphilly	3:20.52
	45.78	50.99	52.70 51.05

Event 43 Boys 15 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Cady Halstead	15	Co Cardiff	2:50.96
	39.08	43.86	44.18 43.84
2 Cynan Weber	17	Rhondda	2:57.81
	39.32	45.74	47.24 45.51
3 Callum J Tucker	15	Chepstow	3:04.00
	40.13	47.22	48.77 47.88
--- Sam W Clegg	17	Brecon	DQ
	7.1 Head not breaking the surface before hands turn inward at widest point		
	40.29	44.83	47.01 51.63

Event 44 Girls 13 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Polly Marshall	13	Caerphilly	3:13.03
	44.45	50.30	50.34 47.94
2 Lauren-Ann Page	13	Co Cardiff	3:15.44
	43.98	49.27	48.86 53.33
3 Ellie May Waite	13	Co Cardiff	3:18.08
	45.12	50.83	52.49 49.64
4 Megan R Peacock	13	Co Newport	3:19.71
	45.27	51.10	52.05 51.29
5 Rebecca Collins	13	Co Cardiff	3:25.08
	47.26	52.17	53.51 52.14
6 Rebekah Ramsey	13	Heads Valley	3:28.11
	47.42	52.83	54.38 53.48
7 Gabriella Bowen	13	Merthyr Tydf	3:33.27
	50.13	55.16	54.72 53.26

--- Mia Reynolds 13 Heads Valley NS

Event 44 Girls 14 Year Olds 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Sasha Bond	14	Rct Squad	3:10.48
	43.42	48.36	49.34 49.36
2 Deryn Skene	14	Co Cardiff	3:15.17
	45.11	50.40	51.04 48.62
--- Evelyn N McMellin	14	Co Cardiff	DQ
	7.6 Did not touch at turn or finish with both hands, or touch not simultaneo		
	47.89	51.97	52.70 50.89
--- Emily Meek	14	Rct Squad	NS

Event 44 Girls 15 & Over 200 SC Meter Breaststroke

Name	Age	Team	Finals Time
1 Bethan Chadwick	17	Rct Squad	2:55.72
	39.75	45.38	44.99 45.60
2 Ruby Jones	15	Torfaen D	3:00.58
	40.46	45.61	46.89 47.62
3 Helen Lewis	16	Merthyr Tydf	3:03.85
	42.33	46.39	47.66 47.47
4 Jasmine K Athwal	16	Torfaen D	3:14.43
	42.49	49.20	51.44 51.30
5 Rebecca Underwood	16	Cwmbran	3:35.60
	44.47	50.72	52.54 1:07.87
6 Arwen Teagle	17	Merthyr Tydf	3:35.94
	48.06	56.27	55.77 55.84
--- Krysta G Southwood	15	Torfaen D	NS

Event 45 Boys 10 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Jacob Temby	10	Co Cardiff	2:56.91
	38.63	46.30	48.48 43.50
2 Oliver R Rixon	10	Co Newport	3:03.57
	43.51	47.40	49.43 43.23
3 Fabian Buczylo	10	Pontypridd	3:08.15
	40.71	47.85	49.94 49.65
4 Ethan H Tucker	10	Chepstow	3:10.68
	42.52	48.92	44.90 54.34
5 Noah J Rixon	10	Co Newport	3:27.18
	47.67	55.20	52.94 51.37
6 Alfie J Doyle	10	Co Newport	3:57.01
	56.35	55.85	1:04.75 1:00.06

Event 45 Boys 11 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Charlie M Southwood	11	Torfaen D	2:34.48
	36.01	40.46	41.92 36.09
2 Keian J Mruk	11	Torfaen D	2:48.31
	37.81	43.72	44.42 42.36
3 Alberto Rescigno	11	Co Cardiff	2:49.58
	39.23	44.23	45.64 40.48
4 Harrison L Jones	11	Bridgend Cty	2:55.37
	38.47	44.96	46.51 45.43
5 Henry A Stevens	11	Co Cardiff	2:57.35
	40.69	45.87	46.77 44.02
6 Caleb Norton	11	Rhondda	3:01.36
	39.81	46.40	48.63 46.52

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 45 Boys 12 Year Olds 200 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Tristan Lee	12	Co Cardiff	2:24.13
	33.33	37.12	37.14 36.54
2 Lucas Tucker	12	Chepstow	2:34.72
	35.00	38.43	41.46 39.83
3 Luke Clarke	12	Co Cardiff	2:56.68
	39.80	46.51	46.08 44.29
4 Matthew Lynch-Warden	12	Monnow	3:13.48
	42.43	49.27	51.40 50.38
5 Jacob Bryan	12	Merthyr Tydf	3:15.93
	44.11	50.68	53.86 47.28
--- Zachary A Davies	12	Torfaen D	NS

Event 46 Girls 10 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Lexie Johnson	10	Heads Valley	1:20.12
	38.50	41.62	
2 Neve Avraam	10	Bridgend Cty	1:22.92
	40.62	42.30	
3 Teagan E Bick	10	Torfaen D	1:23.35
	39.53	43.82	
4 Eva Lily Haddrell	10	Rct Squad	1:24.70
	40.59	44.11	
5 Laragh Epstein	10	Heads Valley	1:26.84
	42.99	43.85	
6 Imogen Lewis	10	Co Cardiff	1:28.95
	42.15	46.80	
7 Seren E Davies	10	Bridgend Cty	1:29.42
	42.58	46.84	
8 Celeste Redmond	10	Co Cardiff	1:30.94
	43.44	47.50	
9 Megan Bendon	10	Cwmbran	1:32.28
	44.06	48.22	
10 Poppy Scurlock	10	Co Cardiff	1:33.32
	43.46	49.86	
11 Isabella C Pani	10	Co Cardiff	1:34.83
	43.81	51.02	
12 Niamh M Jenkins	10	Chepstow	1:45.11
	46.22	58.89	
13 Isabelle L Morgan	10	Co Newport	2:01.55
	54.91	1:06.64	
--- Ruby Barrington-Williams	10	Rct Squad	NS
--- Abbie F Headen	10	Heads Valley	NS
--- Gracie A Griffiths	10	Co Cardiff	NS
--- Manon Reilly	10	Rct Squad	NS

Event 46 Girls 11 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Sophie G Davies	11	Co Cardiff	1:14.33
	36.90	37.43	
2 Edith B Fletcher	11	Co Newport	1:15.08
	35.08	40.00	
3 Lillie Jones	11	Co Cardiff	1:16.69
	36.90	39.79	
4 Emily A Duggan	11	Co Cardiff	1:17.88
	37.34	40.54	

5 Emma Nock	11	Monnow	1:18.00
	37.85	40.15	
6 Chloe M Henshall	11	Co Cardiff	1:18.21
	37.16	41.05	
7 Holly Thomas	11	Bridgend Cty	1:19.30
	37.90	41.40	
8 Callie M Winter	11	Co Cardiff	1:19.38
	38.26	41.12	
9 Mari Evans	11	Rct Squad	1:20.35
	38.21	42.14	
*10 Isobel A Edwards	11	Co Cardiff	1:20.43
	37.94	42.49	
*10 Emilia V John	11	Co Cardiff	1:20.43
	37.75	42.68	
12 Anais Watkins	11	Heads Valley	1:20.90
	39.60	41.30	
13 Jessica Arnold	11	Cwmbran	1:23.59
	38.85	44.74	
14 Jennifer James	11	Pontypridd	1:23.74
	39.38	44.36	
15 Mia Bridgewater	11	Torfaen D	1:23.92
	39.77	44.15	
16 Meghan R Willis	11	Torfaen D	1:24.97
	40.39	44.58	
17 Catrin A Pryce	11	Co Cardiff	1:26.15
	41.43	44.72	
18 Emily J Walker	11	Co Newport	1:26.70
	40.64	46.06	
19 Lacey Reeves	11	Rhondda	1:28.25
	42.23	46.02	
20 Ellise F Williams	11	Rhondda	1:29.07
	41.63	47.44	
21 Jasmine M Carre	11	Rct Squad	1:32.78
	43.57	49.21	
22 Natalia M English	11	Co Newport	1:36.86
	45.01	51.85	
23 Fay G Russell	11	Chepstow	1:39.08
	48.24	50.84	
--- Georgia Smele	11	Bridgend Cty	DNF
	41.20		
--- Freya Davis	11	Rct Squad	NS
--- Keira H Reynolds	11	Heads Valley	NS
--- Jessica Crawley	11	Bridgend Cty	NS
--- Ruby Scourfield	11	Bridgend Cty	NS

Event 46 Girls 12 Year Olds 100 SC Meter Freestyle

Name	Age	Team	Finals Time
1 Cerys Davies	12	Rct Squad	1:09.56
	32.72	36.84	
2 Seren White	12	Rct Squad	1:13.32
	36.01	37.31	
3 Leia Pengelly	12	Rct Squad	1:13.98
	35.56	38.42	
4 Alysia Roberts	12	Co Cardiff	1:14.87
	35.51	39.36	
5 Caitlin L Bound	12	Heads Valley	1:15.19
	35.97	39.22	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 46 Girls 12 Year Olds 100 SC Meter Freestyle)

Name	Age	Team	Finals Time
6 Lauren Sturdy	12	Rct Squad	1:15.36
36.82	38.54		
7 Georgina Edwards	12	Abertillery	1:15.42
35.67	39.75		
8 Mali Williams	12	Rct Squad	1:15.57
35.73	39.84		
9 Elli-May Hamm	12	Bridgend Cty	1:15.67
35.77	39.90		
10 Eve Bradley	12	Abertillery	1:17.47
36.98	40.49		
11 Seren Jones	12	Caerphilly	1:19.01
38.65	40.36		
12 Caitlyn Vincent	12	Pontypridd	1:19.63
38.04	41.59		
13 Alisha Morgan	12	Rct Squad	1:20.94
40.19	40.75		
14 Poppi Hampton	12	Bridgend Cty	1:21.40
38.77	42.63		
15 Cadi Griffiths	12	Co Cardiff	1:21.47
39.20	42.27		
16 Annie Picton	12	Rct Squad	1:21.80
40.17	41.63		
17 Eleri Mulford	12	Pontypridd	1:22.05
40.29	41.76		
18 Iona Roderick	12	Co Cardiff	1:22.07
39.95	42.12		
19 Hattie G Jones	12	Rhondda	1:27.36
41.20	46.16		
20 Layla Peters	12	Rct Squad	1:29.65
41.70	47.95		
21 Saffi Jarvis	12	Monnow	1:30.75
42.80	47.95		
22 Kirsten Daly	12	Bridgend Cty	1:31.77
43.03	48.74		
23 Grace Elliott	12	Cwmbran	1:34.26
45.11	49.15		
24 Louise Gardener	12	Bridgend Cty	1:34.28
43.85	50.43		
25 Tamsin P Edwards	12	Chepstow	1:37.41
44.17	53.24		
26 Rhiannon Hughes	12	Caerphilly	1:37.77
44.10	53.67		
--- Phoebe Badman	12	Rct Squad	NS
--- Anwen Nesham	12	Rct Squad	NS
--- Lowri C Trenchard	12	Co Newport	NS

Event 47 Boys 10 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Coel Adams	10	Cwmbran	3:20.16
45.50	55.30	56.01	43.35
2 Oliver R Rixon	10	Co Newport	3:22.82
46.61	50.81	1:01.79	43.61
3 Alexander D George	10	Torfaen D	3:26.84
46.93	53.02	1:07.45	39.44
4 Oscar K Watkins	10	Co Newport	3:53.13
53.52	58.93	1:06.75	53.93

--- Oliver Coombes	10	Co Cardiff	DQ
7.1 Head not breaking the surface before hands turn inward at widest point			
51.40	56.19	1:05.57	47.17
--- Jacob Temby	10	Co Cardiff	DQ
6.4 More than one single or double simultaneous arm pull used to initiate tl			
46.70	52.25	59.62	45.39

Event 47 Boys 11 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Charlie M Southwood	11	Torfaen D	3:02.54
41.16	46.64	54.44	40.30
2 Alberto Rescigno	11	Co Cardiff	3:06.33
43.02	46.69	55.62	41.00
3 Keian J Mruk	11	Torfaen D	3:13.17
43.51	49.46	58.50	41.70
4 Ryan Brickell	11	Abertillery	3:15.50
42.69	52.00	58.29	42.52
5 Jac Davies	11	Caerphilly	3:58.39
58.46	59.64	1:05.22	55.07
--- Harrison L Jones	11	Bridgend Cty	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo			
43.97	50.92	1:04.26	46.26
--- Mariano C Gomez	11	Co Newport	NS
--- Henry A Stevens	11	Co Cardiff	NS

Event 47 Boys 12 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Finlay John	12	Rct Squad	2:51.01
37.28	40.23	56.28	37.22
2 Harvey C Lale	12	Torfaen D	2:53.43
39.67	44.90	50.93	37.93
3 Dylan Murphy-Kenny	12	Rct Squad	2:56.17
38.36	43.95	54.73	39.13
4 Archie Mclain	12	Heads Valley	2:56.42
39.35	45.57	53.60	37.90
5 Luke Clarke	12	Co Cardiff	3:11.88
42.84	49.76	56.96	42.32
6 Matthew Lynch-Warden	12	Monnow	3:37.62
52.19	53.29	1:00.52	51.62
--- Jacob Bryan	12	Merthyr Tydf	DQ
7.5 Executed alternating or downward butterfly kick (except after start or a			
55.82	58.08	1:14.02	48.44

Event 47 Boys 13 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Michael Pursey	13	Heads Valley	2:50.14
34.39	47.37	47.47	40.91
2 Freddie Johnson	13	Heads Valley	2:57.71
37.72	44.67	58.59	36.73
3 Elliot Lynch-Warden	13	Monnow	3:03.64
43.37	47.56	52.44	40.27
4 Jay Garland	13	Rct Squad	3:12.26
43.81	48.68	56.92	42.85
5 Evan Williams	13	Rhondda	3:12.29
41.33	52.64	56.21	42.11
6 Gethin Chambers	13	Rhondda	3:13.74
44.69	49.33	58.72	41.00

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 47 Boys 13 Year Olds 200 SC Meter IM)

Name	Age	Team	Finals Time
--- Noa W Griffith	13	Rct Squad	DQ
8.4 Did not touch at turn or finish with both hands or touch not simultaneous			
45.28	43.27	59.55	40.62
--- Sam Buckley	13	Bridgend Cty	NS
--- Gethin Tasker	13	Rct Squad	NS
--- Tomos Isaacs	13	Rct Squad	NS
--- Alexander John	13	Rct Squad	NS

Event 47 Boys 14 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Logan Clement	14	Rct Squad	2:35.63
33.93	40.28	45.52	35.90
2 Elur Urkola	14	Co Newport	2:36.29
32.66	40.51	46.52	36.60
3 Rhys Jones	14	Caerphilly	2:50.05
37.14	42.28	53.34	37.29
4 Nathaniel H Edwards	14	Torfaen D	2:57.23
36.38	45.23	57.77	37.85
--- Nicholas Tan	14	Pontypridd	DQ
9.2 Body not returned to breast during freestyle leg before kick or stroke pe			
32.02	42.15	48.95	38.25

Event 47 Boys 15 & Over 200 SC Meter IM

Name	Age	Team	Finals Time
1 Morgan L Selby	15	Rct Squad	2:28.39
31.12	38.32	46.07	32.88
2 Finlay M Jones	16	Rhondda	2:33.56
33.20	42.23	44.37	33.76
3 Kyran Jones	16	Caerphilly	2:34.76
32.50	39.66	47.12	35.48
4 Dan J Hall	16	Chepstow	2:36.13
30.96	38.20	50.10	36.87
5 Thomas J Williams	15	Rhondda	2:43.79
34.31	40.94	54.53	34.01
6 Jac Fernandez-John	16	Caerphilly	2:44.55
37.11	43.06	47.19	37.19
7 Sam W Clegg	17	Brecon	2:49.31
35.54	43.82	49.99	39.96
--- Oliver H Kindred	15	Torfaen D	DQ
8.2 Arms not brought forward simultaneously or arms not brought forward			
36.38	41.62	50.16	35.30
--- Rhys Lloyd	16	Rct Squad	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo			
35.81	42.31	57.10	40.95
--- Tyler Collins	15	Rct Squad	NS

Event 48 Girls 10 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Eva Lily Haddrell	10	Rct Squad	3:19.77
47.18	49.69	59.41	43.49
2 Ella Jones	10	Caerphilly	3:21.40
46.36	51.18	58.31	45.55
3 Neve Avraam	10	Bridgend Cty	3:22.26
44.28	50.93	1:02.90	44.15
4 Seren E Davies	10	Bridgend Cty	3:31.46
49.15	50.86	1:06.03	45.42

5 Imogen Lewis	10	Co Cardiff	3:38.62
49.84	53.12	1:03.01	52.65
6 Amelia-Jane Kelly	10	Pontypridd	3:48.92
52.83	57.13	1:10.85	48.11
7 Megan Bendon	10	Cwmbran	3:55.20
56.91	1:01.06	1:06.11	51.12
8 Poppy Scurlock	10	Co Cardiff	3:59.69
59.79	57.98	1:09.10	52.82
9 Isabelle L Morgan	10	Co Newport	4:54.80
1:05.82	1:16.83	1:21.87	1:10.28
--- Izaro Urkola	10	Co Newport	DQ
7.5 Executed alternating or downward butterfly kick (except after start or a			
45.71	57.77	1:04.15	49.60
--- Lexie Johnson	10	Heads Valley	DQ
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo			
45.12	52.78	1:05.13	44.10

Event 48 Girls 11 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time
1 Poppy L Offside	11	Co Newport	3:02.25
40.21	45.54	57.09	39.41
2 Edith B Fletcher	11	Co Newport	3:03.85
40.50	45.33	57.54	40.48
3 Emma Nock	11	Monnow	3:04.63
42.81	48.34	51.69	41.79
4 Sophie G Davies	11	Co Cardiff	3:07.42
47.30	46.87	50.40	42.85
5 Kaiyah-Jade Staples-Vvind	11	Co Cardiff	3:07.61
42.63	44.51	57.73	42.74
6 Lillie Jones	11	Co Cardiff	3:10.80
40.81	44.57	1:01.58	43.84
7 Chloe M Henshall	11	Co Cardiff	3:11.34
42.22	49.92	55.67	43.53
8 Poppy Ward	11	Caerphilly	3:12.68
41.87	48.76	56.65	45.40
9 Emily A Duggan	11	Co Cardiff	3:14.27
46.21	47.25	59.46	41.35
10 Callie M Winter	11	Co Cardiff	3:16.08
45.93	48.20	59.29	42.66
11 Emilia V John	11	Co Cardiff	3:17.96
46.81	48.97	1:00.96	41.22
12 Carys Williams	11	Merthyr Tydf	3:18.71
47.46	49.60	59.29	42.36
13 Emily J Walker	11	Co Newport	3:25.13
49.92	52.58	55.57	47.06
14 Holly Thomas	11	Bridgend Cty	3:27.01
47.26	49.43	1:07.82	42.50
15 Ellise F Williams	11	Rhondda	3:32.89
48.61	51.04	1:03.53	49.71
16 Jessica Arnold	11	Cwmbran	3:35.00
51.64	51.42	1:05.10	46.84
17 Lacey Reeves	11	Rhondda	3:38.24
54.01	52.85	1:04.28	47.10
18 Jennifer James	11	Pontypridd	3:43.10
48.30	1:00.55	1:06.82	47.43
19 Georgia Smele	11	Bridgend Cty	3:46.12
54.97	54.44	1:09.48	47.23

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 48 Girls 11 Year Olds 200 SC Meter IM)

Name	Age	Team	Finals Time	
20 Ellie Edwards	11	Caerphilly	4:03.69	
			1:03.00	1:01.19
			1:07.43	52.07
--- Anais Watkins	11	Heads Valley	DQ	
8.3 Movements of the legs not simultaneous or alternating movement of leg				
			51.31	54.92
			1:00.64	45.27
--- Kira Nutt	11	Caerphilly	DQ	
7.6 Did not touch at turn or finish with both hands, or touch not simultaneo				
			1:34.20	1:00.72
			39.91	

Event 48 Girls 12 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time	
1 Lucy Brasington	12	Heads Valley	2:49.74	
			36.53	41.81
			52.22	39.18
2 Caitlin L Bound	12	Heads Valley	2:55.49	
			41.32	44.52
			49.42	40.23
3 Seren White	12	Rct Squad	2:55.58	
			39.21	43.76
			51.92	40.69
4 Mia Pritchard	12	Co Cardiff	2:58.28	
			43.46	43.82
			53.14	37.86
5 Elli-May Hamm	12	Bridgend Cty	3:00.18	
			38.34	44.87
			52.92	44.05
6 Ellie S Parsons	12	Chepstow	3:00.30	
			40.34	42.78
			56.68	40.50
7 Caitlyn Vincent	12	Pontypridd	3:11.43	
			44.14	48.74
			55.48	43.07
8 Tesni Francis-Parker	12	Co Newport	3:11.93	
			42.06	50.00
			56.40	43.47
9 Leia Pengelly	12	Rct Squad	3:18.85	
			49.22	48.29
			1:02.74	38.60
10 Iona Roderick	12	Co Cardiff	3:23.60	
			50.24	49.80
			57.64	45.92
11 Alisha Morgan	12	Rct Squad	3:26.88	
			46.81	52.68
			1:02.44	44.95
12 Aratz Urkola	12	Co Newport	3:28.68	
			44.09	54.75
			1:03.46	46.38
13 Cadi Griffiths	12	Co Cardiff	3:32.35	
			51.43	52.59
			1:04.25	44.08
14 Saffi Jarvis	12	Monnow	3:41.22	
			55.12	56.00
			1:02.89	47.21
15 Hattie G Jones	12	Rhondda	3:41.65	
			54.95	58.01
			1:02.75	45.94
16 Kirsten Daly	12	Bridgend Cty	3:47.93	
			52.73	1:00.32
			1:05.19	49.69
17 Grace Elliott	12	Cwmbran	3:53.82	
			54.18	1:01.48
			1:09.12	49.04
--- Lowri C Trenchard	12	Co Newport	NS	
--- Phoebe Badman	12	Rct Squad	NS	
--- Georgina Edwards	12	Abertillery	NS	

Event 48 Girls 13 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time	
1 Ellie May Waite	13	Co Cardiff	2:51.24	
			40.10	41.62
			1:29.52	
2 Rebekah Ramsey	13	Heads Valley	2:52.19	
			39.19	45.20
			52.74	35.06

3 Emilia A Jones	13	Bridgend Cty	2:53.20	
			40.10	46.11
			48.91	38.08
4 Megan R Peacock	13	Co Newport	2:59.24	
			38.54	46.80
			53.11	40.79
5 Rebecca Collins	13	Co Cardiff	3:01.13	
			42.21	44.99
			54.91	39.02
6 Xantia Hobrough	13	Co Cardiff	3:01.33	
			37.00	47.07
			57.63	39.63
7 Lily F Bigham	13	Co Newport	3:06.67	
			42.78	46.45
			57.17	40.27
8 Ryleigh Thompson	13	Rhondda	3:06.80	
			41.26	46.76
			56.78	42.00
9 Gabriella Bowen	13	Merthyr Tydf	3:08.69	
			46.48	46.43
			54.85	40.93
10 Charlotte M Hamer	13	Torfaen D	3:09.25	
			43.60	49.14
			56.72	39.79
11 Sophie Knoyle	13	Co Cardiff	3:15.81	
			43.19	49.96
			55.94	46.72
12 Gabrielle Anthony	13	Rct Squad	3:18.52	
			44.28	51.62
			56.76	45.86
13 Mared Davies	13	Caerphilly	3:21.20	
			46.17	49.81
			1:01.87	43.35
--- Bethan Moodley	13	Rct Squad	DQ	
9.2 Body not returned to breast during freestyle leg before kick or stroke pe				
			40.54	42.75
			53.26	39.07
--- Ella Buchanan	13	Cwmbran	DQ	
8.3 Movements of the legs not simultaneous or alternating movement of leg				
			49.26	53.45
			1:05.93	52.33
--- Jessica Brind	13	Co Cardiff	DQ	
7.1 After the start or after each turn single butterfly kick not performed bef				
			37.56	44.70
			52.76	40.96
--- Mia Reynolds	13	Heads Valley	NS	
--- Honey Saunders	13	Rhondda	NS	
--- Cassie Taylor	13	Abertillery	NS	

Event 48 Girls 14 Year Olds 200 SC Meter IM

Name	Age	Team	Finals Time	
1 Nell Thomas	14	Rct Squad	2:44.15	
			36.66	41.93
			48.82	36.74
2 Isabel Brasington	14	Heads Valley	2:45.31	
			37.15	40.76
			49.91	37.49
3 Deryn Skene	14	Co Cardiff	2:50.20	
			37.45	42.82
			52.24	37.69
4 Ashley Thomas	14	Rct Squad	2:51.11	
			37.39	43.60
			52.05	38.07
5 Evelyn N McMellin	14	Co Cardiff	2:58.24	
			40.72	45.76
			53.56	38.20
6 Sofia Fernandez-John	14	Caerphilly	3:08.40	
			43.57	44.42
			58.61	41.80
7 Thea E Strickland-Grant	14	Torfaen D	3:12.10	
			44.06	47.05
			58.44	42.55
8 Seren Leconte	14	Rct Squad	3:14.23	
			41.95	48.35
			1:03.90	40.03
--- Hannah Nicholls	14	Caerphilly	NS	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 48 Girls 15 & Over 200 SC Meter IM

Name	Age	Team	Finals Time
1 Alyssa Norris	15	Caerphilly	2:40.40
	33.78	41.23 49.20 36.19	
2 Lois J Davies	15	Co Cardiff	2:45.78
	36.97	41.96 47.63 39.22	
3 Kaycee Napper	15	Rhondda	2:47.18
	35.49	43.27 48.43 39.99	
4 Ffion H Addecott	16	Rct Squad	2:48.66
	39.65	39.52 52.40 37.09	
5 Elle D Harris-Thomas	16	Torfaen D	2:53.17
	38.86	43.14 53.86 37.31	
6 Jasmine K Athwal	16	Torfaen D	2:54.75
	38.88	44.37 50.70 40.80	
7 Gwenllian Davies	15	Caerphilly	2:56.58
	37.43	43.99 55.54 39.62	
8 Emma Harvey	37	Cwmbran	2:57.25
	37.48	46.60 52.46 40.71	
9 Niamh Price	15	Heads Valley	2:57.50
	38.30	48.51 49.15 41.54	
10 Becky Lewis	15	Rct Squad	3:03.54
	37.21	43.13 1:01.91 41.29	
11 Arwen Teagle	17	Merthyr Tydf	3:04.44
	43.93	45.52 53.01 41.98	
12 Jasmine Bryan	15	Merthyr Tydf	3:08.90
	42.06	48.15 55.57 43.12	
--- Krysta G Southwood	15	Torfaen D	NS
--- Ruby Jones	15	Torfaen D	NS

Event 49 Boys 10-11 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Co Cardiff	A	2:23.96
	1) Oliver Coombes 10 2) Logan Henschell 10	
	3) Alberto Rescigno 11 4) Jacob Temby 10	
	37.94 37.83 33.88 34.31	
2 Pontypridd	A	2:26.66
	1) Ellis Price 11 2) Charlie J Malpas 10	
	3) Fabian Buczylo 10 4) Aled Evans 11	
	35.63 40.14 36.73 34.16	

Event 50 Girls 10-11 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Caerphilly	A	2:16.73
	1) Megan-Jane J Enoch 11 2) Poppy Ward 11	
	3) Kira Nutt 11 4) Angharad Barr 11	
	33.28 34.82 20.19 48.44	
2 Co Cardiff	A	2:20.31
	1) Caitlin I Barclay 11 2) Anya Elias 11	
	3) Emily A Duggan 11 4) Kaiyah-Jade Staples-Vvind 11	
	36.06 33.71 35.55 34.99	
3 Heads Valley	A	2:30.10
	1) Bailey Briggs 11 2) Anais Watkins 11	
	3) Laragh Epstein 10 4) Lexie Johnson 10	
	36.52 1:16.45 37.13	
4 Rhondda	A	2:34.90
	1) Ellise F Williams 11 2) Ellie Jones 10	
	3) Lacey Reeves 11 4) Mia Beach 10	
	38.51 42.12 40.43 33.84	

5 Co Cardiff	B	2:45.71
	1) Porscha Evans 10 2) Mali P Gruffydd 11	
	3) Isabella C Pani 10 4) Olivia F Williams 10	
	41.77 39.41 40.60 43.93	

Event 51 Boys 10-13 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Rhondda	A	2:08.79
	1) Garyn Rees 13 2) Gethin Chambers 13	
	3) Charlie Nash 12 4) Calum Jones 13	
	29.22 33.94 35.14 30.49	
2 Heads Valley	A	2:09.66
	1) James Ingram 13 2) Michael Pursey 13	
	3) Archie Mclain 12 4) Freddie Johnson 13	
	30.83 33.49 35.54 29.80	
3 Rhondda	B	2:22.98
	1) Alex White 12 2) Evan Williams 13	
	3) Caleb Norton 11 4) Tyler b Jones 12	
	36.20 34.72 37.67 34.39	

Event 52 Girls 10-13 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Heads Valley	A	2:08.10
	1) Summer Price 13 2) Lucy Brasington 12	
	3) Caitlin L Bound 12 4) Rebekah Ramsey 13	
	31.11 33.30 33.34 30.35	
2 Co Cardiff	A	2:08.23
	1) Jaimee Adams 12 2) Jessica Brind 13	
	3) Rebecca Collins 13 4) Xantia Hobrough 13	
	30.92 32.87 33.85 30.59	
3 Caerphilly	A	2:18.82
	1) Daisy Keigwin 13 2) Seren Jones 12	
	3) Millie Cribb 13 4) Mared Davies 13	
	33.11 35.65 34.92 35.14	
4 Rhondda	A	2:24.29
	1) Seren Wood-Jones 13 2) Hattie G Jones 12	
	3) Ruby Jeremiah 12 4) Ryleigh Thompson 13	
	32.87 39.40 36.54 35.48	
5 Rhondda	B	2:37.78
	1) Lacey Reeves 11 2) Estelle Ganderton 13	
	3) Ellise F Williams 11 4) Mia Beach 10	
	40.34 46.97 1:10.47	
6 Pontypridd	A	2:39.66
	1) Caitlyn Vincent 12 2) Maddie M Malpas 12	
	3) Eleri Mulford 12 4) Jennifer James 11	
	36.58 44.58 39.01 39.49	
--- Co Cardiff	B	DQ
	10.11 Swimmer #2 feet lost touch with starting place before preceding team	
	1) Lauren-Ann Page 13 2) Sophie Knoyle 13	
	3) Mia Pritchard 12 4) Holly Loxton 12	
	32.57 1:06.71 35.95	

Event 53 Boys 10-15 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Rhondda	A	2:00.46
	1) Thomas J Williams 15 2) Owen g Hughes 14	
	3) Garyn Rees 13 4) Jac Wood-Jones 15	
	29.21 31.49 30.53 29.23	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 53 Boys 10-15 4x50 SC Meter Freestyle Relay)

Team	Relay	Finals Time
2 Heads Valley	A	2:14.79
1) James Ingram 13	2) Michael Pursey 13	
3) Archie Mclain 12	4) Freddie Johnson 13	
31.92 33.86	34.74 34.27	
3 Pontypridd	A	2:18.51
1) Aled Evans 11	2) Fabian Buczylo 10	
3) Ellis Price 11	4) Nicholas Tan 14	
35.43 38.18	36.14 28.76	

Event 54 Girls 10-15 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Caerphilly	A	2:03.82
1) Alyssa Norris 15	2) Sofia Fernandez-John 14	
3) Polly Marshall 13	4) Gwenllian Davies 15	
29.91 32.41	30.76 30.74	
2 Heads Valley	A	2:09.28
1) Isabel Brasington 14	2) Rebekah Ramsey 13	
3) Niamh Price 15	4) Summer Price 13	
32.14 31.19	35.29 30.66	
3 Rhondda	A	2:09.39
1) Kaycee Napper 15	2) Olivia N Jones 14	
3) Seren Wood-Jones 13	4) Meghan L Palmer 14	
32.60 32.73	32.41 31.65	

Event 55 Boys 10 & Over 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Rhondda	A	1:52.53
1) Brandon Rees 17	2) Cynan Weber 17	
3) Finlay M Jones 16	4) Thomas J Williams 15	
26.09 28.17	28.89 29.38	
2 Caerphilly	A	1:57.54
1) Kyran Jones 16	2) George Falloon 14	
3) Rhys Jones 14	4) Jac Fernandez-John 16	
27.40 30.67	30.39 29.08	

Event 56 Girls 10 & Over 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Rhondda	A	2:21.85
1) Morgan m Meredith 16	2) Kaycee Napper 15	
3) Holly Nash 15	4) Meghan L Palmer 14	
33.33 36.22	36.25 36.05	

Event 57 Boys 10-11 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Co Cardiff	A	2:35.64
1) Alberto Rescigno 11	2) Jack Bamborough 10	
3) Thomas Haines 10	4) Rauley L Hunter 11	
41.18 43.01	36.87 34.58	
2 Pontypridd	A	2:57.54
1) Aled Evans 11	2) Fabian Buczylo 10	
3) Ellis Price 11	4) Charlie J Malpas 10	
39.05 51.24	43.99 43.26	

Event 58 Girls 10-11 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Caerphilly	A	2:45.72
1) Angharad Barr 11	2) Ella Jones 10	
3) Poppy Ward 11	4) Kira Nutt 11	
40.70 48.47	41.34 35.21	

2 Co Cardiff	A	2:53.88
1) Catrin A Pryce 11	2) Celeste Redmond 10	
3) Emilia V John 11	4) Chloe M Henshall 11	
44.51 51.18	44.22 33.97	
3 Rhondda	A	3:01.92
1) Ellise F Williams 11	2) Lacey Reeves 11	
3) Mia Beach 10	4) Ellie Jones 10	
43.38 54.34	41.59 42.61	
4 Co Cardiff	B	3:08.98
1) Emily A Duggan 11	2) Poppy Scurlock 10	
3) Imogen Lewis 10	4) Trinity E Cousins 11	
41.83 56.45	52.89 37.81	
--- Heads Valley	A	DQ
10.1 Stroke Infraction swimmer #1: 6.4 More than one single or double sim		
1) Lexie Johnson 10	2) Bailey Briggs 11	
3) Laragh Epstein 10	4) Anais Watkins 11	
44.22 44.40	46.05 38.74	

Event 59 Boys 10-13 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Heads Valley	A	2:28.38
1) Archie Mclain 12	2) Michael Pursey 13	
3) James Ingram 13	4) Freddie Johnson 13	
1:21.51 35.80	31.07	
2 Rhondda	A	2:29.00
1) Charlie Nash 12	2) Gethin Chambers 13	
3) Garyn Rees 13	4) Calum Jones 13	
40.63 46.50	32.31 29.56	
3 Rhondda	B	2:56.47
1) Tyler b Jones 12	2) Alex White 12	
3) Evan Williams 13	4) Caleb Norton 11	
45.08 51.97	39.59 39.83	

Event 60 Girls 10-13 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Co Cardiff	A	2:24.34
1) Alysia Roberts 12	2) Lauren-Ann Page 13	
3) Jaimee Adams 12	4) Ellie May Waite 13	
38.53 40.39	33.48 31.94	
2 Heads Valley	A	2:29.63
1) Lucy Brasington 12	2) Caitlin L Bound 12	
3) Rebekah Ramsey 13	4) Summer Price 13	
37.38 43.26	37.92 31.07	
3 Co Cardiff	B	2:34.66
1) Rebecca Collins 13	2) Sophie Knoyle 13	
3) Xantia Hobrough 13	4) Mia Pritchard 12	
41.13 44.78	35.00 33.75	
4 Caerphilly	A	2:45.16
1) Daisy Keigwin 13	2) Millie Cribb 13	
3) Seren Jones 12	4) Mared Davies 13	
39.84 1:29.59	35.73	
5 Rhondda	A	2:49.22
1) Hattie G Jones 12	2) Ruby Jeremiah 12	
3) Seren Wood-Jones 13	4) Ryleigh Thompson 13	
48.18 47.90	38.40 34.74	
6 Pontypridd	A	3:01.89
1) Amelia-Jane Kelly 10	2) Caitlyn Vincent 12	
3) Eleri Mulford 12	4) Jennifer James 11	
49.77 45.78	46.57 39.77	

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

(Event 60 Girls 10-13 4x50 SC Meter Medley Relay)

Team	Relay	Finals Time
--- Rhondda	B	DQ
10.1 Stroke Infraction swimmer #2: 7.1 After the start or after each turn sin		
1) Ellise F Williams 11	2) Estelle Ganderton 13	
3) Mia Beach 10	4) Lacey Reeves 11	
1:38.32	41.25	39.52

Event 61 Boys 10-15 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Rhondda	A	2:21.40
1) Thomas J Williams 15	2) Garyn Rees 13	
3) Jac Wood-Jones 15	4) Owen g Hughes 14	
35.52	42.79	31.29 31.80
2 Heads Valley	A	2:34.42
1) Archie Mclain 12	2) Michael Pursey 13	
3) James Ingram 13	4) Freddie Johnson 13	
39.76	41.20	37.77 35.69
3 Pontypridd	A	2:42.96
1) Aled Evans 11	2) Fabian Buczylo 10	
3) Nicholas Tan 14	4) Ellis Price 11	
40.61	53.98	32.14 36.23

Event 62 Girls 10-15 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Caerphilly	A	2:23.02
1) Alyssa Norris 15	2) Megan-Jane J Enoch 11	
3) Polly Marshall 13	4) Gwennlian Davies 15	
35.57	41.45	35.31 30.69
2 Heads Valley	A	2:26.68
1) Isabel Brasington 14	2) Niamh Price 15	
3) Rebekah Ramsey 13	4) Summer Price 13	
35.95	41.88	38.26 30.59
3 Rhondda	A	2:26.95
1) Kaycee Napper 15	2) Meghan L Palmer 14	
3) Olivia N Jones 14	4) Seren Wood-Jones 13	
37.48	39.71	37.57 32.19
4 Caerphilly	B	2:43.07
1) Niamh Gregory 14	2) Millie Cribb 13	
3) Daisy Keigwin 13	4) Sofia Fernandez-John 14	
41.09	47.06	41.61 33.31

Event 63 Boys 10 & Over 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Rhondda	A	2:09.82
1) Brandon Rees 17	2) Cynan Weber 17	
3) Jac Wood-Jones 15	4) Finlay M Jones 16	
31.82	36.61	30.55 30.84
2 Caerphilly	A	2:29.01
1) Jac Fernandez-John 16	2) George Falloon 14	
3) Kyran Jones 16	4) Rhys Jones 14	
38.98	44.37	32.28 33.38

Event 64 Girls 10 & Over 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Rhondda	A	2:37.38
1) Holly Nash 15	2) Meghan L Palmer 14	
3) Kaycee Napper 15	4) Morgan m Meredith 16	
41.01	45.16	37.42 33.79

Event 65 Mixed 10-11 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Co Cardiff	A	2:19.16
1) Jack Bamborough M10	2) Caitlin I Barclay W11	
3) Callie M Winter W11	4) Jacob Temby M10	
31.00	38.58	35.54 34.04
2 Caerphilly	A	2:20.18
1) Megan-Jane J Enoch W11	2) Connor Divers M11	
3) Tobie Cribb M11	4) Angharad Barr W11	
34.46	35.91	35.34 34.47
3 Pontypridd	A	2:35.24
1) Ellis Price M11	2) Amelia-Jane Kelly W10	
3) Fabian Buczylo M10	4) Jennifer James W11	
35.71	40.91	39.36 39.26
4 Co Cardiff	B	2:38.03
1) Isobel A Edwards W11	2) Aaron Goddard M10	
3) Iwan H Davies M10	4) Catrin A Pryce W11	
35.90	44.80	40.41 36.92

Event 66 Mixed 10-13 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Heads Valley	A	2:06.19
1) James Ingram M13	2) Summer Price W13	
3) Freddie Johnson M13	4) Rebekah Ramsey W13	
31.65	31.07	32.64 30.83
2 Rhondda	A	2:09.10
1) Calum Jones M13	2) Seren Wood-Jones W13	
3) Ryleigh Thompson W13	4) Garyn Rees M13	
30.97	32.56	34.54 31.03
3 Pontypridd	A	2:32.11
1) Aled Evans M11	2) Caitlyn Vincent W12	
3) Eleri Mulford W12	4) Ellis Price M11	
36.16	1:17.81	38.14
--- Co Cardiff	A	DQ
10.1 Stroke Infraction swimmer #1: 4.4 Start before starting signal - misc		
1) Toben Durrant M13	2) Ellie Bryan W12	
3) Mia Pritchard W12	4) Ethan Lee M12	
35.34	32.41	33.12 32.13

Event 67 Mixed 10-15 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Rhondda	A	2:04.92
1) Thomas J Williams M15	2) Jac Wood-Jones M15	
3) Olivia N Jones W14	4) Meghan L Palmer W14	
29.21	28.90	34.14 32.67
2 Heads Valley	A	2:19.76
1) Isabel Brasington W14	2) Michael Pursey M13	
3) Niamh Price W15	4) Archie Mclain M12	
32.86	34.97	36.78 35.15
3 Pontypridd	A	2:30.12
1) Nicholas Tan M14	2) Aled Evans M11	
3) Jennifer James W11	4) Maddie M Malpas W12	
29.26	36.58	1:24.28

SEW Sub Regional Meet Setup - 23/11/2018 to 25/11/2018

Results

Event 68 Mixed 10 & Over 4x50 SC Meter Freestyle Relay

Team	Relay	Finals Time
1 Caerphilly	A	1:58.07
1) Kyran Jones M16	2) Gwenllian Davies W15	
3) Alyssa Norris W15	4) Jac Fernandez-John M16	
28.51 30.32	29.97 29.27	
2 Rhondda	A	2:00.04
1) Kaycee Napper W15	2) Morgan m Meredith W16	
3) Brandon Rees M17	4) Finlay M Jones M16	
33.81 32.27	26.66 27.30	

Event 69 Mixed 10-11 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Co Cardiff	A	2:35.10
1) Rauley L Hunter M11	2) Anya Elias W11	
3) Thomas Haines M10	4) Sophie G Davies W11	
43.29 41.09	37.07 33.65	
2 Pontypridd	A	3:08.28
1) Amelia-Jane Kelly W10	2) Fabian Buczylo M10	
3) Aled Evans M11	4) Jennifer James W11	
52.00 51.85	42.63 41.80	
--- Co Cardiff	B	DQ
10.11 Swimmer #2 feet lost touch with starting place before preceding team		
1) Theo N Jenkins M10	2) Alberto Rescigno M11	
3) Kaiyah-Jade Staples-Vvind W11	4) Lillie Jones W11	
48.04 45.38	42.68 33.99	

Event 70 Mixed 10-13 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Heads Valley	A	2:28.21
1) Lucy Brasington W12	2) Caitlin L Bound W12	
3) Michael Pursey M13	4) Freddie Johnson M13	
37.45 44.07	34.79 31.90	
2 Co Cardiff	A	2:30.36
1) Evan Winstone M12	2) Tristan Lee M12	
3) Olivia Manley W12	4) Iona Roderick W12	
38.50 39.58	35.91 36.37	
3 Rhondda	A	2:30.56
1) Ryleigh Thompson W13	2) Seren Wood-Jones W13	
3) Garyn Rees M13	4) Calum Jones M13	
40.58 43.94	35.82 30.22	
4 Pontypridd	A	2:54.68
1) Ellis Price M11	2) Caitlyn Vincent W12	
3) Eleri Mulford W12	4) Aled Evans M11	
43.51 46.55	46.79 37.83	
5 Caerphilly	A	3:02.08
1) Tobie Cribb M11	2) Ella Jones W10	
3) Kira Nutt W11	4) Jac Davies M11	
45.40 49.21	43.90 43.57	

Event 71 Mixed 10-15 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Rhondda	A	2:20.75
1) Holly Nash W15	2) Meghan L Palmer W14	
3) Jac Wood-Jones M15	4) Thomas J Williams M15	
39.86 39.50	31.12 30.27	

2 Caerphilly	A	2:28.86
1) Sofia Fernandez-John W14	2) George Falloon M14	
3) Polly Marshall W13	4) Rhys Jones M14	
38.83 44.59	35.40 30.04	
3 Heads Valley	A	2:30.19
1) Isabel Brasington W14	2) Niamh Price W15	
3) James Ingram M13	4) Archie Mclain M12	
36.86 42.06	37.08 34.19	
4 Pontypridd	A	3:03.41
1) Charlie J Malpas M10	2) Maddie M Malpas W12	
3) Nicholas Tan M14	4) Caitlyn Vincent W12	
52.50 1:00.09	33.43 37.39	

Event 72 Mixed 10 & Over 4x50 SC Meter Medley Relay

Team	Relay	Finals Time
1 Caerphilly	A	2:13.03
1) Gwenllian Davies W15	2) Jac Fernandez-John M16	
3) Alyssa Norris W15	4) Kyran Jones M16	
35.70 36.88	32.72 27.73	
2 Rhondda	A	2:16.23
1) Kaycee Napper W15	2) Finlay M Jones M16	
3) Brandon Rees M17	4) Morgan m Meredith W16	
37.49 37.73	28.20 32.81	